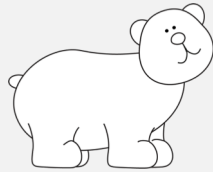




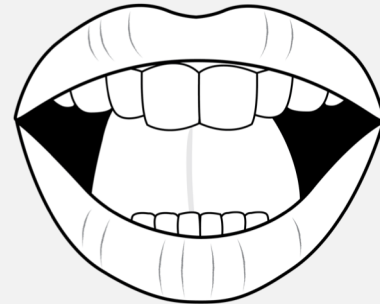
Tips and Tricks

"The Bear Sound"



Young kids may remember a sound better when you associate the sound with a familiar image.

How to Make the "R" Sound



The "r" sound can be quite tricky to both teach and learn. There are actually many different types of "r" sounds because the way you produce "r" changes if a vowel is in front of it. Generally, the tongue bunches up and back in the mouth. The corners of the lips tighten. The "r" sound is a noisy sound, so the voice ("buzzer") is on while air flows through the mouth.

Tips and Tricks

If the "r" is sounding like a "w", remind your child to tighten his/her lips. Practice saying "r" with a smile to force the lips tighter. Still not sounding quite right? Remember that the tongue needs to go up and back in the mouth. Try saying a "g" sound before the "r" word to get the tongue in the right spot, such as "g" - "row" to practice the word "row".

Time to Practice

Take time to practice for a few minutes every day. Just 5-10 minutes each day can help your child make steady progress. Try reading a book and finding all of the words or pictures with an "r" sound. Pretend you are animals - Roarr! Grrr! Rrruff! Practice talking like a pirate - Arrrgh matey! Pretend it is cold outside - Brrrr! Make up silly stories with "'r" names!