

Jips and Iricks

"The Sandwich Sound"



Young kids may remember a sound better when you associate the sound with a familiar image.

Tips and Tricks

Make sure the tongue stays between the teeth when making the "th" sound! Practice together in a mirror. Have your child look for your tongue in the mirror while making the "th" sound. Then trade roles! If the "th" is sounding slushy, practice getting the air out the middle of the mouth by placing your hand in front of the mouth to feel for a little puff of air.

How to Make the "TH" Sound



The "th" sound is made by sticking the tongue lightly between the front teeth and gently blowing air though the front of the mouth. If you listen closely, you will hear that some "th" words are quiet sounds, so the voice ("buzzer") is off, such as the word "think". Others are noisy sounds, so the voice ("buzzer") is on, such as the word "they".

Time to Practice

Take time to practice for a few minutes every day. Just 5-10 minutes each day can help your child make steady progress. Try reading a book and finding all of the words or pictures with a "th" sound. Pick out things around this house and ask your child if he/she likes "this one" or "that one" better. Play I Spy at the grocery store and find all the "th" words!