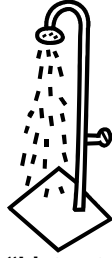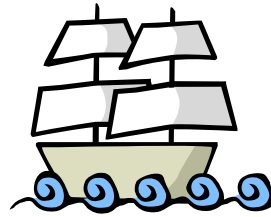# REVISIONS AND REPAIRS - THE FIXED-UP-ONE ROUTINE FOR PALATAL FRONTING

shower

Say to your child, "Listen to this. If I accidentally said 'sour' when I wanted to say 'shower' it wouldn't sound right. I would have to fix it up and say 'shower' wouldn't I? Did you hear that fixed-up-one? I said 'sour' then I fixed it up and said 'shower'".
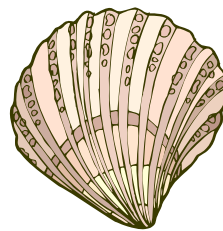
ship

"Listen. If I said 'sip' it wouldn't sound right. I would have to fix it up and say 'ship'".
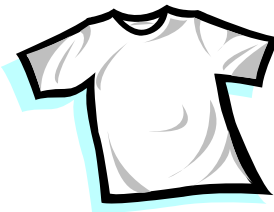
shoe

"If I said 'sue' instead of 'shoe' I would have to do a fixed-up-one again. I would have to think to myself not 'sue' its 'shoe'. Did you hear that fixed-up-one?"

shell
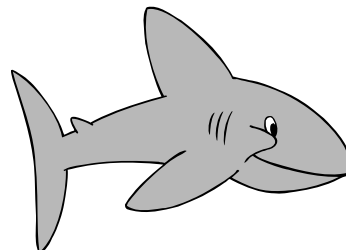
"'I found a sell' isn't right is it? I need to do a fixed-up-one and say 'I found a shell".

shirt

"What would I have to do if I accidentally said 'cert' for this one? I would have to do a ..." [fixed-up-one]

shark

Would I have to do a fixed-up-one if I said 'sark' for this one?"

Now say them slowly to _____, stretching the vowel a little but don't over emphasise "sh"
1. Listen: shower-sour ship-sip shoe-Sue shell-sell shirt-cert shark-sark
2. Listen: shower-shower ship-ship shoe-shoe shell-shell shirt-shirt shark-shark

Self-corrections for replacing "sh" with "s"
Adults continually make little mistakes when they speak. They barely notice them, quickly correcting themselves, and going on with what they are saying. This process of noticing speech mistakes and correcting them as we go is called making revisions and repairs, or self-correcting. Many children with speech sound difficulties are not good at self-correcting. They find it difficult to monitor their speech (i.e., listen to it critically) and make corrections.

Fixed-up-ones
At home this week, introduce the idea of a "fixed-up-one", or the process of noticing speech mistakes and then saying the word(s) again more clearly, specifically in relation to saying "s" when is should have been "sh". Go through the routine above 2 or 3 times, and talk about fixed-up-ones. Have some fun making up other "mistakes" with "s" vs. "sh".