



**MEAL BENEFITS  
FORM**

# AUGUST 2024

## TUSCALOOSA COUNTY SCHOOL SYSTEM

**Lunch Options:**

Seasonal fruit, Juice, Fresh Garden Salad,  
Assorted 1% & Skim Milk offered daily.

*Additional items may be added to the menu. Please check  
w/ your local schools for additional choices.*

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**\*MENUS ARE SUBJECT TO  
CHANGE\***

**MY SCHOOL BUCKS** **PAY FOR MEALS ONLINE**  
MySchoolBucks.com

Breakfast Croissants <sup>8</sup>

Lasagna  
Chicken Tender Basket  
French Fries  
Green Beans

Biscuit, Eggs, & Bacon <sup>9</sup>

Taco Burger  
Mini Corn Dogs  
Refried Beans  
Corn

Sausage Biscuit <sup>12</sup>

Jambalaya W/ Hushpuppies  
French Bread Pizza  
Sweet Potato Fries  
Green Beans

Waffle Sticks W/ Sausage Links <sup>13</sup>

Slow Simmered Spaghetti w/  
Garlic Knot  
Grilled Chicken Sandwich  
Whole Kernel Corn  
Herb Butter Carrots

Donut W/Seasonal Fruit <sup>14</sup>

Cheeseburger  
Corn Dog  
Lemon Roasted Carrots  
Green Peas

French Toast Minis <sup>15</sup>

Crispitos w/ Chili & Cheese  
Fish Boat  
Sidewinders  
Baked Beans

Chicken Biscuit <sup>16</sup>

Sweet Baby Ray's® Pulled Pork  
Sandwich  
Cheese Sticks W/ Marinara  
Vegetable Medley  
Turnip Greens

Waffles W/Yogurt <sup>19</sup>

Tangerine Chicken, Fried Rice, &  
Egg Roll  
Choice of Pizza  
Stir Fry Vegetables  
Whole Kernel Corn

Sausage, Egg, & Cheese Wrap <sup>20</sup>

Steak Fingers w/Cornbread  
Chicken Fajita Soup W/ Roll  
Black Eyed Peas  
Vegetable Medley

Mini Bagels w/ Yogurt <sup>21</sup>

Quesadilla W/ Salsa  
Chili Dog  
Green Peas  
Waffle Fries

Breakfast Pizza <sup>22</sup>

Fiesta Cheese Bread  
Sweet Baby Ray's® Chicken  
Sandwich  
French Fries  
Lemon Roasted Carrots

Chicken Biscuit <sup>23</sup>

Herb Roasted Chicken W/ Warm  
Roll  
Pizza Poppers W/ Marinara  
Turnip Greens  
Sweet Potato Fries

Biscuit, Eggs, & Bacon <sup>26</sup>

Country Fried Steak W/ Warm Roll  
BBQ Chicken Sandwich  
Mashed Potatoes W/Gravy  
Green Beans

French Toast Sticks W/ Sausage <sup>27</sup>

Choice of Pizza  
Savory Chicken W/ Warm Roll  
Herb Butter Carrots  
Corn

Donut W/ Seasonal fruit <sup>28</sup>

Chicken Tetrazzini W/ Warm Roll  
Rib-B-Que Sandwich  
Baked Beans  
French Fries

Sausage Biscuit <sup>29</sup>

Crispy Chicken Sandwich  
Cheesy Bread Bites W/Marinara  
Sweet Potato Fries  
Farm Fresh Veggie Casserole

Chicken Biscuit <sup>30</sup>

Buffalo Chicken Dip  
Corn Dog  
French Fries  
Fresh Veggie Dip Cup