

Tips and Tricks

“The Tick Tock Sound”

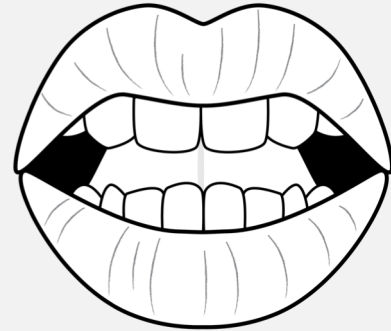


Young kids may remember a sound better when you associate the sound with a familiar image.

Tips and Tricks

Make sure the tongue tip is up when making the “t” sound! If your child is having trouble getting his or her tongue in the right spot, try sitting together in front of a mirror. You could also put a bit of peanut butter behind the front teeth and practice placing the tongue up towards the peanut butter to get the tongue moving in the right direction!

How to Make the “T” Sound



The “t” sound is made by quickly pushing the tip of the tongue to the top of the mouth right behind the front teeth. When the tongue tip pushes away, the “t” sound is produced when the air is released from the mouth in an explosive manner. The “t” sound is a quiet sound, so the voice (“buzzer”) is off while releasing air out from the mouth.

Time to Practice

Take time to practice for a few minutes every day. Just 5-10 minutes each day can help your child make steady progress. Try reading a book and finding all of the words or pictures with a “t” sound. Build a *tower* together and see how blocks you can stack on *top*. Practice getting the tongue up by placing a cheerio on the tongue tip and holding it behind the top teeth for 5 seconds.

D

Tips and Tricks

"The Drum Sound"

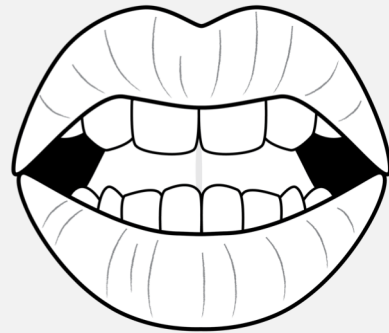


Young kids may remember a sound better when you associate the sound with a familiar image.

Tips and Tricks

Make sure the tongue tip is up when making the "d" sound! If your child is having trouble getting his or her tongue in the right spot, try sitting together in front of a mirror. You could also put a bit of peanut butter behind the front teeth and practice placing the tongue up towards the peanut butter to get the tongue moving in the right direction!

How to Make the "D" Sound



The "d" sound is made by quickly pushing the tip of the tongue to the top of the mouth right behind the front teeth. When the tongue tip pushes away, the "d" sound is produced when the air is released from the mouth in an explosive manner. The "d" sound is a noisy sound, so the voice ("buzzer") is on while releasing air out from the mouth.

Time to Practice

Take time to practice for a few minutes every day. Just 5-10 minutes each day can help your child make steady progress. Try reading a book and finding all of the words or pictures with a "d" sound. Play some music and *dance!* Practice getting the tongue up by placing a cheerio on the tongue tip and holding it behind the top teeth for 5 seconds.