

**Johnson County Schools**  
**Wellness Team Meeting Minutes**  
**October 2, 2023**

Wellness policy and current goals were discussed among team members in attendance.

- Goal development for SY25 was discussed and goals set by Wellness Team; continuation of same goals from prior years to be kept with additional goals listed below.
- Agriculture teachers and more stakeholders discussed to be included in next meetings.
- PE standards were discussed, and those teachers discussed how wellness meeting were there only time of meeting together – this was shared with curriculum directors as a need.
- Mental health and student wellness initiatives were determined needed due to lack of Social Emotional Learning Rotation this year at JCES. These concerns were shared with school counselors along with suggestions for mini mental health videos and/or memes that could be displayed in the lunchrooms.
- Next Wellness Team meeting to be scheduled Spring 2024.

**Goals for 2024-2025:**

**Goal:** Healthy foods will be taste tested at all school levels by school nutrition department to encourage new food items or healthier versions of food items. **Measure:** 100% of schools will hold at least two taste tests per year for students to try new items for further incorporation of these foods onto the school menu.

**Goal:** Schools Cafeteria Managers will complete the new Manager and Culinary Pathways offered by GaDOE SNP.

**Measure:** 100% of school cafeteria managers will be registered for and begin Pathways by January 2025.