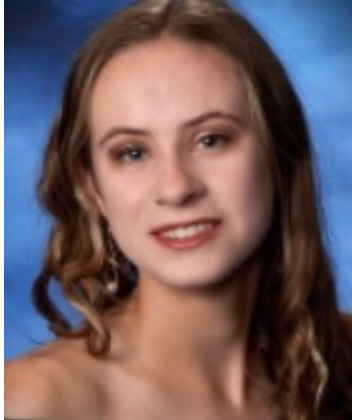




Immediate Release
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EHS November 2023 Senior Spotlight: Meet Sarah Ashenfelter



What do you want people to know about Ewing High School that they might not know?

It is definitely worth working hard and trying your best in every class every year, especially your senior year, because if you get an A average in a class during your senior year, you are not required to take a final exam.

What classes are you taking this year?

This year I am taking AP Calculus AB, AP Calculus BC, AP Lit, ASL as a college course, French 4 Honors, PE, and one other college course that I haven't decided on yet, but it will most likely be Statistics.

What is your favorite subject?

My favorite subjects are chemistry and physics.

Who is your favorite teacher or coach and why?

I have really enjoyed having Mr. Halpern and Mr. Hammer as teachers, but all of my teachers have been amazing and they have played a huge role in my success. I also love all of my coaches and cannot pick a favorite because they are all amazing and they have truly helped me thrive and develop my craft, so I will shout out all of them (Coach Devlin- Swimming, Coach Perkins- Field Hockey, Coach Kaplan- Lacrosse, Coach Hickey- Lacrosse).

What activities do you participate in school?

At Ewing High School, I am a part of the Varsity Swimming, Lacrosse, and Field Hockey teams. I am also a member of the Key Club, Sports Medicine Club, and FBLA. I also participate in the peer tutoring program.

What activities do you participate in outside of school?

Outside of school, I tutor for the local program A-Z tutoring and the online learning platform Schoolhouse. I also teach swim lessons and I have a summer job working as a lifeguard at the Funplex of Mount Laurel.



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What awards or acknowledgements have you received in school or outside of school?

I have won awards for sports, such as the most dedicated player and the rookie of the year. I have also won most improved player for swimming and student athlete of the month twice. Once in December 2022 for swimming and again in March 2023 for swimming. I have also become a member of the NHS and NSHSS. I have also been named as the Lifeguard of the month at work.

What accomplishments are you most proud of?

One of the accomplishments that I am most proud of is being named as one of the team captains for the 2023 lacrosse season. I am also proud of being named to the Ewing High chapter of the National Honor Society.

What is your favorite memory of high school to date?

My favorite memory of high school has been playing lacrosse for the Ewing High Girl's Lacrosse team and swimming for the Ewing High Swim Team. I remember when I scored my first goal for the lacrosse team in an away game against Nottingham.

How do you define success?

I define success as the personal accomplishments that we achieve in our daily lives. It is our goals that have been fulfilled and it is the amount of time and effort that we dedicate every day to achieving our goals and bettering ourselves. And success will vary from person to person, but it always comes back to how hard you choose to work.

What is your favorite quote or book?

My favorite quote is, "The Heart has its reasons, of which reason knows nothing!" -Blaise Pascal

Our understanding is you are an avid reader. Our guess is you might just have more than one favorite book. Do you have any recommendations for books you would suggest we should read and why? Or a possible favorite author?

One of my favorite books is: *All The Light We Cannot See* by Anthony Doerr. It is a fantastic WWII novel written from the perspective of two different teenagers who have different experiences, but their stories are connected. It is a well-crafted combination of mystery and historical fiction. I am also a fan of Robert Jordan's *Wheel of Time* series and any books written by Jennifer Lynn Barnes.

Thanksgiving is right around the corner. What are you thankful for this year?

I am thankful for the opportunities that I have been able to experience over the course of this year. I was lucky enough to have the opportunity to travel to Chicago to study medicine in a week-long medical program for high school students.

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What are your plans after you graduate from Ewing High School?

After high school, I plan on attending a four-year university double majoring in Biochemistry and French on a Pre-medicine track, with the hopes of one day becoming a Cardiothoracic Surgeon.

What do you want people to remember about you after you graduate from high school?

I want people to remember the kind of person that I am and how hard I have worked to get to where I am today. I have dedicated countless hours to my academic career and my social life. I have had to develop a balance between my time so I can get all of my work done while still having a great time with my teammates out on the field or in the pool.