

Dear Parent or Guardian,

If your child is unable to drink milk due to a medical or special dietary need, the Food Service Department is offering to provide a milk substitute with School Breakfast and Lunch.

Because the substitute must meet specific USDA guidelines, the product will be White, Fat Free Lactose-Free Milk (Lactaid®). No other substitution will be provided.

If you would like to request that your child receive this substitution, please complete and return the form below and send it to the school cafeteria or the Food Service Office at 220 Ewingville Rd., Ewing, NJ 08638. The form must be completed in its entirety, including the medical or special dietary reason for the request. A doctor's note is no longer necessary.

If you have questions, you may call the Food Service Office at (609)538-9800 x7106 or e-mail drevayshaw@ewingboe.org.

Debra Revay Shaw
Dietitian



MILK SUBSTITUTION REQUEST

My child, _____, a student at _____ School cannot drink milk due to the following medical or special dietary need:

_____.

I am requesting that my child receive a substitute for milk when he/she has a meal in the School Breakfast or Lunch Program. I understand that the substitution provided will be Fat Free, White Lactose Free Milk (Lactaid®).

Signature: _____ Date: _____

Parent's Name: _____

Parent's Phone #: _____ E-mail _____

Kindly discuss this with your child to be sure that he/she will be willing to take and drink the Fat Free Lactaid® before making this request.

The school cafeteria will try to have sufficient quantities of Lactaid® to make it available for students whose parent/guardian has requested that they receive it. We ask that you help us with this by providing the following information:

On average, how many days per week do you expect your child to have Breakfast in the cafeteria with Lactaid®? _____

On average, how many days per week do you expect your child to have Lunch in the cafeteria with Lactaid®? _____

Please return this form to the school cafeteria or Food Service Office.

Thank you!