



Start your day the healthy way with School Breakfast!

Breakfast is available to all students.

If your children are determined as free or reduced price lunch, they also qualify for FREE breakfast.

The cost of Breakfast for students paying full price is: \$1.95 Elementary, \$2.00 Middle, \$2.05 High School

Breakfast is served in the Ewing school cafeterias at the following times each day:

Antheil - 8:15-8:45 Lore - 8:15-8:45 Parkway - 8:00-8:45 Fisher Middle - 8:05-8:20 Ewing High - 7:15-7:45

The breakfast menus are listed below. We hope to see your children for school breakfast!

ELEMENTARY BREAKFAST MENU CHOICE OF MILK FOR ALL BREAKFASTS - Alternate Assorted Yogurts & Cereal							
Mondays Maple Mini Pancakes Nutri-Grain Bar Fresh Fruit Orange Juice	Tuesdays Cinnamon Toast Bar Biscuits Fresh Fruit Mixed Fruit	Wednesdays French Toast Animal Crackers Fresh Fruit Applesauce Cup	Thursdays Cereal Bar Biscuits Banana Apple Juice	Fridays Mini Waffles Nutri-Grain Bar Fresh Fuit Chilled Pears			

FISHER MIDDLE SCHOOL BREAKFAST MENU CHOICE OF MILK FOR ALL BREAKFASTS - Alternate Assorted Yogurts & Cereal						
Mondays	<u>Tuesdays</u>	Wednesdays	Thursdays	<u>Fridays</u>		
Maple Mini Pancakes Nutri-Grain Bar Fresh Fruit Applesauce Cup	Cinnamon Toast Bar Biscuits Orange Juice Mixed Fruit	French Toast Animal Crackers Fresh Fruit Applesauce Cup	Cereal bar Biscuits Apple Juice Banana	Mini Waffles Nutri-Grain Bar Fresh Fruit Chilled Pears		

EWING HIGH SCHOOL BREAKFAST MENU CHOICE OF MILK FOR ALL BREAKFASTS - Alternate Assorted Yogurts, Bagels or Cereal Daily Fruit							
Mondays Maple Mini Pancakes Nutri-Grain Bar Applesauce Cups	Tuesdays Cinnamon Toast Bar Biscuits Orange Jucie	Wednesdays French Toast Animal Crackers Applesauce Cups	Thursdays Cereal Bar Biscuits Apple Juice	Fridays Mini Waffles Nutri-Grain Bar Chilled Pears			