

CENTRAL SQUARE SENIOR CENTER SCHEDULE

August 2024

The South St. Paul Senior Center promotes and provides opportunities in the area of socialization, recreation, education, and health to residents age 55 and up. Become a member for only \$12/year.

S	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S
<i>Schedules and fees are subject to change</i>				1 Hand & Foot Card Games 1:00-3:00 pm	2 500 Cards 11:30 am-2:00 pm	3
4	5 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	6 Woodcarvers 9:00-11:00 am Craft time 1:00-3:00 pm	7 500 Cards 11:30 am-2:00 pm	8 Hand & Foot Card Games 1:00-3:00 pm Paint and Sip 1:00-3:00 pm	9 500 Cards 11:30 am-2:00 pm	10
11	12 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm Downsizing in the Current Housing Market 6:00-8:00 pm	13 Happy Feet 9:00 am-4:00 pm Woodcarvers 9:00-11:00 am Craft time 1:00-3:00 pm	14 500 Cards 11:30 am-2:00 pm Medicare Basic 6:30-8:00 pm	15 LaCrosse River Boat Cruise Bus departs 7:30 am Driver's Safety Refresher Course 9:00 am-1:00 pm Hand & Foot Card Games 1:00-3:00 pm	16 500 Cards 11:30 am-2:00 pm <i>Registration deadline for Schell's Brewery Trip</i>	17
18	19 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	20 Woodcarvers 9:00-11:00 am Craft time 1:00-3:00 pm	21 500 Cards 11:30 am-2:00 pm	22 Senior Social-Salad Bar 11:30 am-1:00 pm Hand & Foot Card Games 1:00-3:00 pm	23 500 Cards 11:30 am-2:00 pm	24
25	26 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	27 Woodcarvers 9:00-11:00 am Craft time 1:00-3:00 pm Fair for All and Shoe Bus 4:00-6:00 pm	28 500 Cards 11:30 am-2:00 pm	29 Hand & Foot Card Games 1:00-3:00 pm	30 500 Cards 11:30 am-2:00 pm	31

ONGOING ACTIVITIES

WALK THE SQUARE

Come walk the Square – we're not big, but we are temperature controlled.

Monday - Friday (daily) 7:30 am - 3:00 pm

SSP BUZZ

Join your neighbors for a cup or two of joe and get your local buzz of what's happening around the community.

Monday - Friday (daily) 8:30 - 11:00 am

CRIBBAGE

The classic card/board game.

Mondays from 12:00 - 2:30 pm

PENNY BINGO

Be the first to turn all your cards face down.

Mondays from 1:00 - 2:30 pm

WOODCARVERS

Woodcarvers Group at Central Square is a social group, without formal instruction. Get together with others who share your hobby and learn from each other! Please bring your own tools and supplies.

Tuesdays from 9:00 - 11:00 am

LINE DANCING

Dance to a variety of music genres. It's fun, good for the soul, and no partner is needed. Instructor Margaret Christians.

Tuesdays from 10:30 - 11:30 am

HAPPY FEET

Happy Feet is scheduled the second Tuesday of the month. A qualified nurse will soak and treat foot ailments from trimming, corns, calluses and walk away with a soothing foot massage.

9:00 am - 4:00 pm, \$45 - call for appointment 763-346-3390

CRAFT DAY

Grab your craft and come on over. Whether you knit, crochet, color, draw, stamp, make cards, etc. We have room for you. You can socialize with other crafters, pick up a pointer or two, and maybe even start a new hobby.

Tuesdays from 1:00 - 3:00 pm

500 CARDS

Beginners 500 is for new players to learn the game. 500 is a trick-taking game with some ideas from Bridge. The game described here is for four players. The game is played over a series of hands. You win the game by earning 500 points or forcing your opponents to reach - 500 points.

Wednesdays and Fridays from 11:30 am - 2:00 pm

HAND & FOOT CARD GAMES

Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards - the hand, which is played first, and the foot, which is played when the hand has been used up. There are numerous variations of this game and no standard rules.

Thursdays from 1:00 - 3:00 pm

UPCOMING TRIPS

Register for social trips at the Central Square front desk, by phone 651-306-3632, or at communityed.sspps.org.

LA CROSSE, WI RIVER CRUISE

Lunch and river cruise on a modern day replica of the Mississippi grand riverboats in La Crosse. Register by July 12.

Thursday, August 15

Bus departs Central Square at 8:45 am

\$99/person includes lunch, transportation, and boat tour

SCHELL'S BREWERY AND NEW ULM TOUR

A trip to the New Ulm to Tour Schell's Brewery and lunch at Kaiserhoff's Restaurant. Register by August 16.

Thursday, September 18

Bus departs Central Square at 7:30 am

\$99/person includes lunch, transportation, and tour fee

SPIRIT OF HASTINGS

Visit the LeDuc Historic Estates and tour St. Luke's Episcopal Church. Lunch and wine at Alexis Bailly Vineyard. Register by September 27.

Tuesday, October 29

Bus departs Central Square at 9:45 am

\$92/person includes lunch, transportation, and tour fees