

REQUIRED MATERIALS
2024-2025

Allied Health



Dear Parents/Guardians and Students:

Welcome to EASTERN's Allied Health Program. This program is designed for students who plan to continue their post-secondary schooling in a health-related career. The students will have job shadowing opportunities. We are expecting to go to Jefferson Abington Hospital & Christ's Home this year for clinical experiences based on availability. These experiences provide the students with opportunities to explore various health careers and help students with their future post-secondary career paths. It is expected that the students will behave in a mature, professional manner always since they will be dealing with patients, doctors, nurses, and other health care professionals. Clinical experiences are optional.

Job shadowing sites have strict appearance policies, and we follow these policies without exception. Failure to adhere to these appearance policies will exclude you from the site. Adherence to the school policies as written in the school handbook, compliance with the site and program policies, and compliance with the requirements are mandatory to provide the foundation for the necessary health care profession skills, attitudes, and behaviors. Due to the nature and academic demands of this program, students must complete or be taking Algebra I and II, College Prep Biology with a lab, and College Prep Chemistry with a lab. Please discuss it with your counselor.

To assure that students are ready to begin the program in September, we are providing the information concerning the program and its requirements. Student uniforms will be needed for the classroom and clinical experiences. I suggest students buy the EASTERN Allied Health black jacket with their uniform as no sweatshirts are allowed in class for lab or clinical. We are contracted with SLOM's Professional Uniforms. Please mention Eastern Allied Health Program for the uniform selections. Order early as the uniforms will take time to come in.

SLOM's Professional Uniforms
1125 Old York Road Abington, PA 19001
(P) 215-576-6170
www.slomsuniforms.com

All forms and information you will need to meet these requirements are enclosed for your convenience. All requirements must be met for acceptance into the program. We ask that students obtain their PA State and Child Abuse Clearances and all immunization requirements before the start of the school year. **The completed forms must be returned to EASTERN by Friday, September 13, 2024.** We have also enclosed some general information and a program cost sheet for your convenience.

In addition, the Allied Health program will offer the opportunity for students to enroll in college classes at Montgomery County Community College. We will offer Medical Terminology and Medical Law and Ethics courses for dual enrollment credits. Thank you for your cooperation in meeting the program requirements. I look forward to having you in class this year. See you on the first day of school, September 4, 2024.

Sincerely,

Allison Latzo, MSN, RN, Allied Health Instructor
215-784-4800 Ext. 266
alatzoeastech.org

Allied Health

REQUIRED MATERIALS FOR CLASS

The following supplies are required to complete the ALLIED HEALTH course:

- Pens-Black ink
- 3-inch, 3 ring binder (2)
- 5 tabs inserts to section binders (2)
- 2 packages of 3x5 index cards
- MCCC Dual Enrollment: Medical Terminology and Medical Law and Ethics Course, 3 credits each – approximately \$223 per course (subject to change)

Dress Code Requirement: Students are expected to look, act professional, and must always be in full uniform in class at ECAT or outside agencies.

- Kelly green program scrub top, black scrub pants, and black jacket (All available at SLOM's Professional Uniforms)
- Watch with a second-hand
- White or black leather sneakers (solid white or black only) No crocs or clogs.
- Photo ID (will be provided by Jefferson Abington Hospital)

Students are not allowed to wear:

- Pajamas
- Ripped jeans or jeans with holes
- Inappropriate shirts including crop or belly showing, low cut, strapless.
- Hoodies
- No hats
- No slippers, crocs, or sandals. Closed toe shoes only.

Clearances or Forms Required for Admittance to the Program

- Physical exam including listing all immunizations (Form provided by Eastern & Jefferson Health)
- Current Mantoux Test (PPD) (This must be done after June 1, 2024)
- Covid 19 Vaccination or booster & FLU Vaccine –must be for the 2024-2025 Flu Season documentation due by September 13, 2024
- Pennsylvania Criminal Record Check-available online at <https://epatch.pa.gov/home>
- Completion and submission of the "Pennsylvania Child Abuse History Clearance." This can be done online (<https://www.compass.state.pa.is/CWIS>)

EASTERN CENTER FOR ARTS AND TECHNOLOGY ALLIED HEALTH PROGRAM

General Information for School Year 2024-2025

Medical Terminology HCP 224 Course

- This course is offered through Montgomery County Community College at EASTERN in the Fall.
- More information will be provided on this opportunity once school resumes this Fall.
- You will earn 3 College Credits
- The cost to you for these courses is approximately \$223 per 3 credit dual enrollment course.
- The textbook cost for Medical Terminology has been paid by EASTERN this year.
Leonard, Peggy. (2018). *Building a Medical Vocabulary with Spanish Translations* (11th Edition). New York: Elsevier
- **You MUST earn a minimum grade of “B” to earn the 3 credits to transfer through MCCC (grade scale B=83 to 85%) and at least a “C” (70 to 75%) to achieve a Certificate of Completion for the Allied Health Program**
- This course is very much like taking a Foreign Language – it is complex and challenging.
- Registration for this course will take place in fall and MCCC will bill you directly.
- MCCC requires a minimum enrollment of 10 students to provide the dual enrollment course at EASTERN. If minimum enrollment is not met, the course will not be offered.

Medical Law and Ethics MAS 114 Course

- This course is offered through Montgomery County Community College at EASTERN in the Spring.
- More information will be provided on this opportunity once school resumes this Fall.
- You will earn 3 College Credits
- The cost to you for these courses is approximately \$223 per 3 credit dual enrollment course.
- The textbook cost for Medical Law & Ethics has been paid by EASTERN this year.
Fregman, Bonnie. (2016). *Medical Law and Ethics* (5th ed.). New York, NY: Pearson.
- **You MUST earn a minimum grade of “B” to earn the 3 credits to transfer through MCCC (grade scale B=83 to 85%) and at least a “C” (70 to 75%) to achieve a Certificate of Completion for the Allied Health Program**
- Registration for this course will take place in fall and MCCC will bill you directly.
- MCCC requires a minimum enrollment of 10 students to provide the dual enrollment course at EASTERN. If minimum enrollment is not met, the course will not be offered.

Uniforms:

- All students must be in complete uniform to attend job shadowing or be in the Allied Health Lab.
- You will need to purchase the clinical uniform from Eastern approved provider –SLOM’s Professional Uniforms, 1125 Old York Road Abington, PA 19001
- It is recommended to order 2 pants, 2 tops, and 1 jacket.
- The **classroom and clinical uniforms** will be black pants, green tops (with Eastern Logo), black lab jacket (with Eastern Logo)
- You will also need to purchase a pair of all black or white clinical shoes/sneakers. They must be of a leather type material – no canvas, suede, nylon. All shoes must be clean at all times.
- Failure to be in appropriate uniform will preclude you from attending clinical and working in the lab.
- You may wear either a **white or black short/long sleeved t-shirt** under the uniform shirt.
- **NO Hoodies will be allowed to be worn.**

Clinical Shadowing Requirements:

ALL Clearances, Immunizations, and Physical must be completed prior to the start of school!!!!

- Pennsylvania State Police Criminal History Record (cost is \$10.00 – done on-line)
Completion and submission of the “Request for Criminal Record Check”. Applicant to log onto: <https://epatch.pa.gov/home> and select “submit a new record check.”
- Pennsylvania Child Abuse History Clearance (cost is \$10.00 – done on-line)
Completion and submission of the “Pennsylvania Child Abuse History Clearance”. This can be done online (<https://www.compass.state.pa.us/CWIS>). Select “create a new account” and enter profile information.
- Physical listing all immunizations (Form to be provided by EASTERN)
- Current PPD (Must be done AFTER JUNE 1, 2024)
- Current FLU VACCINE – must be for the 2024-2025 Flu Season due September 13, 2024
- Covid 19 immunization will be required as well as boosters if needed to show proof of vaccination.
- Documentation of Physical, PPD, immunization record, and Flu will be due at Eastern by September 13, 2024.
- CPR/AED/First Aid for Health Care Providers (training and certification will take place at Eastern in January 2025) through the ESCI.
- **Per Clinical Dress Code: No Crocs, No Dangle Earrings, Necklaces, Rings, Facial Piercings, No Acrylic or Gel Nails, No Visible Tattoos**
- **Failure to meet any of the above listed clinical requirements will preclude you from attending clinical at the health facilities.**

COSTS FOR ALLIED HEALTH PROGRAM

CPR/AED/First Aid Training and Certification (including cards good for 2 years): Paid by Eastern

Uniforms (Top & jacket must be ordered SLOM’s Professional Uniforms due to embroidery)

Approximately: \$100.00

MCCC Tuition for Medical Terminology: Approximately \$223.00 per course

Textbook for Medical Terminology: N/A

Textbook for Medical Law & Ethics: N/A

PA State Police Criminal History Record \$ 10.00

PA Child Abuse History Clearance \$ 10.00

Physical Including PPD, Flu Vaccine, immunization history
(Due 9/13/2024) Varies

Clinical Shoes: Plain black or white leather sneakers Varies
Do not need clogs. No Crocs allowed.

PHYSICIAN'S Examination and Immunization Report

PLEASE NOTE: All students must have the following ***completed and returned by September 13, 2024***, for admission to this program. If an immunization is given in school or somewhere other than by the examining physician, it is the parent responsibility to obtain that record and return it with the physician's records.

Student Name _____

Date _____

Mandatory Documentation	Date Completed	Comments
Physical Examination (after June 1, 2024) - must include Due September 13, 2024 Ability to perform skills (lift 15 pounds, any Communicable Disease and updated Vaccine History)		
Diphtheria & Tetanus	Date: _____	
Polio Booster	Date: _____	
Measles, Mumps, Rubella	Date: _____	
Hepatitis B Series*	1. _____ 2. _____ 3. _____	
Flu Vaccine will be updated for September 2024-2025 school year	Date: _____	
Tuberculosis (Mantoux) Must be done after June 1, 2024	Date: _____ Read: _____	
~PPD **Chest X-Ray (If PPD is positive)	Date: _____ Results: _____	
Covid-19 vaccine documentation *booster if/when required*	Date: #1 _____ Date: #2 _____	

EASTERN
CENTER FOR ARTS AND TECHNOLOGY
ALLIED HEALTH PROGRAM

3075 TERWOOD ROAD
WILLOW GROVE, PA 19090
TELE: 215-784-4800
FAX: 215-784-4801
www.eastbch.org

The physician's signature below provides verification that the physician has explained the risks of refusal to the student and parent and that they decline this series of immunizations.

****As indicated in the policy statement, the student must have a NEGATIVE Tuberculosis screening in order to participate in the program.**

Provider's Statement:

I certify that this student is current with all immunizations and is free of disease and/or disability which would impair the well being of the student and/or the resident/patient during participation in the Allied Health program.

Date

Provider's Name (PRINT)

Provider's Signature

Provider's Address (PRINT)

***NOTE: THIS FORM MUST BE SIGNED BY THE PHYSICIAN**

Automotive Technology

Automotive Technology

REQUIRED MATERIALS FOR CLASS

The following supplies are required to complete the AUTOMOTIVE TECHNOLOGY course:

- Pens
- Pencils
- 3" Binder
- Work Shoes/Boots – approx. \$35-\$45
- Dark Blue Work shirt* – approx. \$18
- Blue Work pants – approx. \$30
- Mobile Air Conditioning Certification (MACS) - \$25
- ASE Student Certification- approx. \$45

*Work shirts to be purchased by visiting <http://www.darterschools.com/eastech/>

Shop Requirements:

- Work clothes, safety glasses and shoes are required.
- Sneakers, sandals, dress shoes are not permitted for safety reasons.
- Loose, baggy, torn, or damaged clothes are not allowed.
- No hats are allowed in the shop.
- No cell phone usage during class

Business and Technology Professional

Business and Technology Professional

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the BUSINESS AND TECHNOLOGY PROFESSIONAL course:

- Pens
- Pencils
- Microsoft Office Specialist (MOS) Certification for Word – approx. \$100

Optional:

- MCCC Dual Enrollment:
 - 2024-2025: 2 courses/ 3 credits each – approx. \$223 per course (subject to change)
 - 2025-2026: 1 course/ 3 credits – approx. \$223 (subject to change)

Dress Code Requirements:

- Students are expected to look and act as a professional
- Business casual attire might be required at events
- Students are not allowed to wear:
 - Pajamas
 - Slippers
 - Ripped jeans or dirty jeans
 - Inappropriate shirts including belly, low cut, strapless
 - Hats or hoods

Collision Repair Technology

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the COLLISION REPAIR TECHNOLOGY course:

- Pencils
- 3" Binder
- Work shirt* – approx. \$ 12-\$15
- Work pants – approx. \$ 15
- Work Shoes/Boots – approx. \$ 50-100
- Respirator – approx. \$25

*Work shirts to be purchased by visiting <http://www.darterschools.com/eastech/>

Shop Requirements:

- Work clothes and shoes are required.
- Sneakers, sandals, dress shoes are not permitted for safety reasons.
- Loose, baggy, torn, or damaged clothes are not allowed.
- No hats are allowed in the theory room .
- No cell phone usage.

Construction Technology

REQUIRED MATERIALS FOR CLASS

The following supplies are required to complete the CONSTRUCTION TECHNOLOGY course:

- Pencils
- Notebook
- Folder
- Work shirt* – approx. \$15
- Work pants/Jeans – approx. \$ 25
- Work Shoes/Boots – approx. \$50-100
- Tape Measure (3/4"-1" wide x 25' 1/16th Stanley) – approx. \$10

*Work shirts to be purchased by visiting <http://www.darterschools.com/eastech/>

REQUIRED COURSEWORK FOR CERTIFICATIONS

The following coursework is required to receive certification in the CONSTRUCTION TECHNOLOGY course:

- OSHA-10 course – approx. \$25 (**check with instructor prior to purchase**)

Shop Requirements:

- Work clothes and shoes are required.
- Sneakers, sandals, dress shoes are not permitted for safety reasons.
- Loose, baggy, torn, or damaged clothes are not allowed.
- No hats are allowed in the shop.

Cosmetology 1

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the COSMETOLOGY 1 course:

- Cosmetology Application for Enrollment (will be mailed separately) to be completed and returned on the first day of school September 9th as a graded homework assignment. Social Security number is required for licensure.
- Pencils
- Notebook with paper
- Folder for notes and handouts
- Uniform pants (black) – approx. \$15-\$20-can be found at Walmart or Amazon
- Black Clinic Shoes (no shoelaces) – approx. \$15-\$40 can be found at Walmart or Amazon
- Students will be expected to be in full uniform on the first day of school, so ordering uniform components early is key.

See the enclosed form to purchase these items:

- Cosmetology Kit - \$317.25
- Stylist Shirt
Natural Uniforms Scrub Jacket, XS-5XL Women's Scrub Jacket
<https://www.walmart.com/ip/507760265>
Cosmetology 1 (first year) Teal
- 14th edition Hardcover Cosmetology textbooks and 2 year CIMA student enrollment.
\$320.00

2024-2025 COSMETOLOGY PAYMENT FORM

REQUIRED ITEMS:

Cosmetology Kit (**first year students only**)\$317.25

Stylist Shirt (smock)
Natural Uniforms Scrub Jacket, XS-5XL Women's Scrub Jacket.....\$20.00 approx.
<https://www.walmart.com/ip/507760265>
Cosmetology 1 (first year) Teal
Cosmetology 2 (returning students) Black

First year- 14th Edition Hardcover Cosmetology Textbooks and 2-year CIMA student enrollment. - \$320.00

All items except for uniforms can be purchased on EASTERN's E-store. You will receive your items first week of school.

Refunds cannot be issued for an opened Cosmetology Kit

Acceptable forms of payment include, check, cash, money order.

Check or money order will be accepted starting **immediately thru August 23, 2024**. Credit card payments will be accepted **September 16, 2024, online only** on EASTERN's E-Store thru Eastern Center for Arts and Technology's website www.eastech.org Check/money order payments can be mailed to EASTERN at 3075 Terwood Road, Willow Grove, PA 19090. Payment questions contact Michele Zimmerman at 215-784-4800 x 111 between 8:00 a.m. – 2:30 p.m., Tuesday thru Friday.

Student Name: _____ Parent/Guardian Name: _____

Participating School: _____ Parent/Guardian Contact Phone No. _____

REQUIRED ITEMS:

Cosmetology Kit - **\$317.25 (first year students only)**
14th Edition Hardcover Cosmetology Textbooks and 2-year CIMA student enrollment. - \$320.00

OPENED COSMETOLOGY KITS ARE NON-REFUNDABLE

Cosmetology 2

Cosmetology 2

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the COSMETOLOGY 2 course:

- Pencils
- Notebook
- Folder
- Restock items in kits as needed
- 2nd Year Smock*
- Replace Uniform pants (black) – approx. \$20
- Replace Black Clinic Shoes as needed -approx. \$20
- Licensure fee (paid in 4th marking period) – approx. \$140

*Please see enclosed form to purchase smock

2024-2025 COSMETOLOGY PAYMENT FORM

REQUIRED ITEMS:

Cosmetology Kit (**first year students only**)\$317.25

Stylist Shirt (smock)
Natural Uniforms Scrub Jacket, XS-5XL Women's Scrub Jacket.....\$20.00 approx.
<https://www.walmart.com/ip/507760265>
Cosmetology 1 (first year) Teal
Cosmetology 2 (returning students) Black

First year- 14th Edition Hardcover Cosmetology Textbooks and 2-year CIMA student enrollment. - \$320.00

All items except for uniforms can be purchased on EASTERN's E-store. You will receive your items first week of school.

Refunds cannot be issued for an opened Cosmetology Kit

Acceptable forms of payment include, check, cash, money order.

Check or money order will be accepted starting **immediately thru August 23, 2024**. **Credit card** payments will be accepted **September 16, 2024, online only** on EASTERN's E-Store thru Eastern Center for Arts and Technology's website www.eastech.org Check/money order payments can be mailed to EASTERN at 3075 Terwood Road, Willow Grove, PA 19090. Payment questions contact Michele Zimmerman at 215-784-4800 x 111 between 8:00 a.m. – 2:30 p.m., Tuesday thru Friday.

Student Name: _____ Parent/Guardian Name: _____

Participating School: _____ Parent/Guardian Contact Phone No. _____

REQUIRED ITEMS:

Cosmetology Kit - **\$317.25 (first year students only)**
14th Edition Hardcover Cosmetology Textbooks and 2-year CIMA student enrollment. - \$320.00

OPENED COSMETOLOGY KITS ARE NON-REFUNDABLE

Culinary Arts



Here is what students should do to prepare by September 4th 2024 (The first day of EASTERN)

Step 1: (YEAR 1 ONLY) Students need to Log into the “Remind” app: (This will make it possible to communicate with you and your student about assignments, scholarships, job openings, and caterings we might be doing.)

Website: <https://www.remind.com/classes/chefzachma>
Smartphone app code: @chefzachma

Step 2: Buy/Order Kitchen Shoes: You are **required** to wear non-skid, black footwear every day in the lab area. Other kinds of shoes are **not permitted** in the culinary arts lab, for safety. (SEE BELOW)

Step 3: Buy/Order Culinary Uniform: Chef uniform (chef jacket, chef pants, chef hat, apron, & shoes) must be worn **at all times** in the culinary arts lab. Uniform must be cleaned regularly (dirty uniforms = germs). Regular clothes are prohibited in the culinary arts lab, for safety. (SEE BELOW)

Step 4: Bring all above materials and Laptop/Chromebook to Eastern everyday: Almost all assignments and the student’s notebook will be on Eastern’s Microsoft “Teams” account that all students will be provided with while here at Eastern. It is important that they bring their device every day.

If you are having trouble with any of this process, please email me (czachmann@eastech.org) or message me on “Remind”

Uniform Requirements

<u>Quantity</u>	<u>Item</u>	<u>Approx. Fee</u>
2	Chef Jacket (white)	\$24.50 each
2	Hats (white)	\$8.70 each
2	Aprons (white)	\$12.00 each
2	Pants (Check)	\$23.00 each
1	Safety Shoes (black)	\$40-60.00 a pair

**These are approximate charges. There may be up to a two-week turnaround time for the logo and name imprinted on the jacket.*

Uniform

- Link- <https://www.slomsuniforms.com/ecul> (Go to the store in Abington, to try on first!)
- OR, visit the “Uniform Store” on the Culinary Arts page at www.eastech.org

Shoes

(ALL SHOES need to be closed toed and non-slip)

- Sketchers, Center Point Place, Warminster, PA
- Walmart, 2101 Blair Mill Rd. Willow Grove, PA 19090
- Slom’s Professional Uniforms, 1125 Old York Rd. Abington, PA 19001
- Shoes for Crews, www.shoesforcrews.com

Theory Materials

- Pencils
- One, 2 inch - 3 ring binder with 7 to 10 tabs

IT IS HIGHLY RECOMMENDED to purchase your uniform ASAP!! The student's chef jacket can be embroidered with EASTERN's logo and the student's name. This is recommended to help keep students from losing their uniforms. *There may be a two-four week turnaround for uniform orders.* (Please write the students name in ALL other clothing articles as well.)

Since we begin hands-on activities immediately at the beginning of the school year, please purchase your uniforms prior to the start of the school year.

All students must be in full uniform by the second week of school. Students must have a full uniform and safe work shoes in order to work in the kitchen. Failure to meet these requirements will result in a loss of Employability Grade.

The chefs' uniform has certain utilitarian aspects relating to safety and sanitation, but also represents pride and professionalism. It will be expected that all students enrolled in the Culinary Arts Program wear CLEAN uniforms EVERYDAY with pride and professionalism!

Electrical Technology

Electrical Technology

REQUIRED MATERIALS FOR CLASS

The following supplies are required to complete the ELECTRICAL TECHNOLOGY course:

- Pens
- Pencils
- Several black Sharpie markers
- Hard plastic pencil box
- Work Shirt* – approx. \$ 12-18
- Cotton work pants or jeans w/ belt – approx. \$ 25
- Leather work boots – approx. \$ 70
- 16" or 25" Tape Measure \$ 25-35

* Work shirts to be purchased by visiting <http://www.darterschools.com/eastech/>

Clothing Requirements:

- Work clothes and shoes are required.
- Sneakers, sandals, dress shoes are not permitted for safety reasons.
- No sweats or workout pants
- Loose, baggy, torn, or damaged clothes are not allowed.
- No hats are allowed in the shop.

Design, Photography and Illustration

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the DESIGN, PHOTOGRAPHY, AND ILLUSTRATION course:

- Pens and pencils
- Notebook (1-1½" 3-ring binder)
- 2 SD Cards* - approx. \$10 each
- Camera*
- Adobe Certification* in various course software's
- Portfolio* – approx. \$30
- External Storage Device*

* Please see the enclosed document for further details

At least once each marking period, students rotate through the studio to formally photograph commercial products. This does require inexpensive products and props to be purchased. We recommend local dollar stores for such.

Some of the photography homework does require students to think beyond the confines of their bedrooms. Parents/guardians can encourage their student's creativity by asking about our homework themes which are posted on <https://tms185.wixsite.com/coaweb> and our winners for each rotation are posted on Instagram@easterndpi.

DRESS CODE REQUIREMENTS

In the DESIGN, PHOTOGRAPHY, AND ILLUSTRATION course, there are ongoing opportunities for students to have Live Work throughout our building. We ask that they look and act as professionals each day:

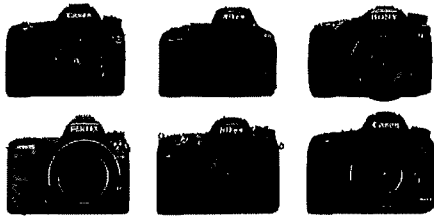
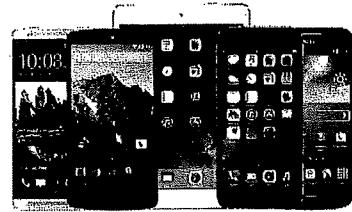
- Business casual attire is required
- No pajamas or slippers
- No workout clothes, sweatpants, inappropriate shirts, flip flops, slide sandals, etc.



• Mandatory 2 SD Cards*** (Recommended 8GB or higher)

Your cell phone camera will work for photography homework, but you will need **2 SD cards** for studio work.

*** REQUIRED ON THE FIRST DAY OF SCHOOL!!



- We provide DSLRs to use in studio. You are welcome to purchase your own, but this is NOT required.

• Contact tsimmler-totaro@eastech.org with any questions

• Adobe Product Certification

is required for all EASTERN Design, Photography and Illustration students by the state.



• DPI Portfolio Book

All students are required to purchase a portfolio book. You can purchase your portfolio book at www.eastech.org/store. Your portfolio will be delivered to the DPI instructor.

• External Storage Device - Seniors Only (Recommended 16GB or higher)

All exiting Seniors need to have an external storage device. This can be either a flash drive, external hard-drive, cloud storage, or additional memory card (not to be used for studio work).

This will be used to transfer completed artwork, images and files out of EASTERN. Files are not saved on our server after Graduation.



Exercise Science and Rehabilitation

Exercise Science and Rehabilitation

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the EXERCISE SCIENCE & REHABILITATION course:

- Pens/Pencils/
- 3 ring binder with Tab Dividers
- CPR Adult/Infant Pocket mask- @ \$10
 - Amazon: <https://a.co/d/bf0SDrR>
- CPR certification card - \$35
- Sports Medicine Essentials: Core Concepts in Athletic Training and Fitness Instruction 3rd Edition – Workbook

Amazon: https://www.amazon.com/Workbook-Clovers-Sports-Medicine-Essentials/dp/1133281257/ref=sr_1_1?crid=2DKQXMZD1DONG&keywords=sports+medicine+essentials%2C+jim+clover&qid=1656432923&prefix=sports+medicine+essential%2Caps%2C151&sr=8-1

Dress Code Requirements:

- Students are expected to wear uniform:
 - <https://schools.dartergroup.com/easterntech/trades/sports-medicine.html>
 - Both colors in t-shirt/polo/long sleeve/sweatshirt are all acceptable
- Athletic pants/shorts are acceptable
- Sneakers

- Students are not allowed to wear:
 - Pajamas
 - Slippers
 - Ripped jeans or dirty jeans
 - Inappropriate shirts including belly, low cut, strapless
 - Sandals
 - Crocs

Heating, Ventilation and Air Conditioning

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required with in the first week of school to complete the Heating, Ventilation and Air Conditioning course:

- Pens
- Pencils and colored pencils
- Notebook or packet of paper
- Work shirt* – approx. \$10-\$15
- Work pants (khaki work pants/carpenter jeans with belt) – approx. \$20
- Work Shoes/Boots – approx. \$50-\$100
- Tool Kit-approx. \$60-purchased thru EASTERN in September
- *Work shirts to be purchased by visiting <http://www.darterschools.com/eastech/>
- EPA Test \$85- \$90
- OSHA 10 course \$59

REQUIRED COURSEWORK FOR CERTIFICATIONS

The following coursework is required to receive certification in the HEATING, VENTILATION AND AIR CONDITIONING course. This is due before certifications are taken. The instructor will give students two weeks' notice to pay for the certifications:

- OSHA-10 course – approx.\$32.
- EPA certification and study guide approx.\$ 85 -90

Shop Requirements:

- Work clothes and shoes are required.
- Sneakers, sandals, dress shoes are not permitted for safety reasons.
- Loose, baggy, torn, or damaged clothes are not allowed.
- No hats or hoods are allowed to be worn in the shop.

- Phones need to be put in the phone locker every day.
- No headphone or ear buds are allowed to be used during class.
- A charged laptop, Pencil, pen, colored pencils, a sharpie, and paper are needed for class.
- Laptops need to be charged for class every day.

Networking and Cybersecurity

Networking and Cybersecurity

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the NETWORKING AND CYBERSECURITY course:

- Pens/Pencils/Paper for note taking
- Course materials: Microsoft and CCNA Security approx. \$100 each
- Test Out Microsoft Server certification – Included in course cost
- CompTIA IT Fundamentals + Certification (optional) - \$123
- CompTIA A + Certification (optional) - \$226
- CompTIA Network + Certification (optional) - \$329
- CompTIA Security + Certification (optional) - \$349
- MCCC Dual Enrollment (optional) - 4-three credit courses approx. \$200.00 each

NETWORKING AND CYBERSECURITY is a dual enrollment program. You can earn up to 12 college credits from Montgomery County Community College (MCCC) at 1/3 the cost of regular student tuition plus books. These credits transfer to most major colleges and universities. You will also have an opportunity to obtain industry certifications in this program.

We also have an agreement with Penn State Abington that any qualified student from this program will be given preferential admission into their four-year major in Information Sciences and Technology (IST) and the admissions application cost will be paid for by Penn State Abington.

Dress Code Requirements:

- You are expected to look and act as a professional
- Business casual attire is required.
- No workout clothes, pajamas, slippers, sweatpants, hoodies, ripped jeans, inappropriate shirts, flip flops, slide sandals or shorts (after October 1), etc.

Protective Services



PROTECTIVE SERVICES – REQUIRED CLASS MATERIALS

The following supplies and documentation are required to complete the PROTECTIVE SERVICES Program of Instruction:

- **Black or Blue Ink Pens, Pencils.**
 - Students are not permitted to use red pens for class assignments.
 - Students will be required to attend class prepared.
- **Large loose-leaf notebook.**
 - Loose-leaf notebooks and notes taken during class need to be organized.
 - Notes could be graded during the program.
- **Pocket notepad**
 - Should fit into the back or side pocket of the uniform pants.
- **Wristwatch (analog not digital)**
- **Lightweight Stethoscope – (will be used during the EMS session of the class)**
- **Duty Uniform:**
 - The Protective Services uniform will be worn daily by the student.
 - Not wearing the uniform will result in losing Daily Employability points which will impact the students overall grade.
 - Duty uniform (Black Polo Shirt with the class emblem, Tan Pants, Black Boots) is the uniform for the class. This uniform will identify the students of this class.
 - Uniform shirts can be purchased at the Darter Group.
 - The parts of the uniform are indicated on the spreadsheet enclosed with this letter. Men's and women's uniforms are the same. You will need a credit card and a personal email address to order uniforms. To order uniforms go to <https://schools.dartergroup.com/easterntech/trades/protective-services.html>. Also, black sweatshirts and t-shirts can be ordered from the school website and used as Physical Fitness clothing.
 - Order the uniforms as soon as possible as it takes between 3-6 weeks for shipping of completed orders.

Purchase Items (or comparable):

- Proper Black, Polyester/cotton Uniform Shirt – Short Sleeve (EASTERN does have class patches)
- Proper Tan, tactical trousers
- 1.5-inch Tactical Duty Belt (TDU)
- Boots 8-inch-high. (No boots lower than 3 inches are acceptable and none higher than 8-inch)

EASTERN

CENTER FOR ARTS AND TECHNOLOGY
Protective Services

Local Purchase Items:

- 2 Black T-Shirts – Crew Neck [worn with Physical Training]. Physical training, (PT), is at least 2 times per week. No writing on T-shirts unless using the shirts ordered through the school store for the program.
- Performance Shorts, 9-inch inseam, maximum length 7-inch inseam minimum length (both male and female), no writing on shorts unless ordered through the school store.
- White or Black athletic socks
- Running/athletic shoes

Optional uniform items include a long sleeve matching color undershirt that can be worn under the uniform shirt. This can be ordered through any vendor, but the sleeves should not have any writing or images.

****Physical fitness training and physical fitness is part of the program of instruction. Students will receive an initial assessment and the students will be partnering with the Exercise Science and Rehabilitation class to create a baseline/plan for each student. Physical fitness training will be conducted bi-weekly with the intent for progressive improvement. This will include push-ups, sit-ups, walking, running, pull-ups, chin-ups, weightlifting and other exercises.**

Upon placing your order please email Mr. Raggi, the Protective Services instructor, at MRaggi@eastech.org to inform him that the order was placed, include your personal email address and a telephone number where you can be reached to allow him to follow up if there are issues with your student's order.

PROCEDURE FOR ORDERING

1. Click on the website (<https://schools.dartergroup.com/easterntech/trades/protective-services.html>)
2. Go to each location on the website and select the appropriate size for the student in shirts, trousers, etc.
3. Class emblem will automatically be pressed on the uniform shirts.
4. Complete the purchase and a proper shipping address for the items.
5. Notify Mr. Raggi at MRaggi@eastech.org of your purchase, the student's name for the purchase and a telephone number he can reach you at if there are any issues. Similarly, provide an email address to Mr. Raggi
6. Await the delivery of the uniform items. Please be aware the order time can be more than 4 weeks for delivery. If the uniform does not arrive in time the student will wear the PT uniform.

Feel free to email with any questions that arise during the summer. Please be patient waiting on responses.



Protective Services Uniforms 2024-2025 Academic Year

<u>Item Description</u>	<u>Stock #</u>	<u>Price</u>	<u>Individual</u>
https://schools.dartergroup.com/easterntech/trades/protective-services.html		<u>Each</u>	<u>Expense</u>
PT Uniform Optional Vendor: example- Walmart / School / Amazon			
Duty Uniform			
Short Sleeve Black Collard Shirts	SM616	\$32.00	\$32.00
Tactical Tan Trousers	TJ295	\$10.99	\$10.99
Specify Sizes when ordering (from website)	xxxxxx	xxx	xxx
T-Shirt Physical Fitness (2 each) Crew Neck - Black	(ex: Amazon)	\$6.00	\$12.00
Gym Shorts - Black	(ex: Amazon)	\$23.40	\$23.40
Sweatshirt - Black	(ex: Amazon)	\$13.00	\$13.00
Sweatpants - Black	(ex: Amazon)	\$14.00	\$14.00
	xxxxx	xxx	xxx
Propper Tactical Duty Belt	F5603	\$10.00	\$10.00
Boot - 6", 8" or 10" High Duty Boot	FX081	\$40.00	\$40.00
Physical Fitness Uniform			
**Performance Shorts, 9 inch inseam, no writing, black (1 pr)	(ex: Walmart)	\$24.00	\$24.00
White or Black Athletic Socks - Length is student choice	xxxxxx	xxx	xxx
Running/Athletic Shoes - student choice of color/brand	xxxxxx	xxx	xxx
Optional Items (cold weather/fall-winter season)			
5.11 Tactical Response Jacket	JA431	\$67.96	\$67.96
Non-Uniform Program Expenses			
Lightweight Stethoscope	843484116955		\$6.00
Shoe shine kit, available through Amazon, Walmart, Target			\$15.00

Robotics and Automated Technology



Uniform Requirements

- Long Pants (No sweatpants or warm-ups)
- Closed toe shoes (No sandals, flip-flops, Crocs, or slides)
- No unnecessarily baggy clothing, hats, or hoods worn in class

Theory Materials

- Pen or Pencil
- 2" three ring binder with 7-10 divider tabs and paper

Veterinary Science

Veterinary Science

Slom's Professional Uniforms

1125 Old York Road
Abington, PA 19001

215-576-6170

<u>Quantity</u>	<u>Item</u>	<u>Cost</u>
2	Chest pocket scrub tops w/ EASTERN logo-gray for incoming juniors	\$ 17.00 each*
2	One back pocket scrub pants-gray	\$ 15.00 each*

^ There is a two week turnaround time for the logo imprinted on the scrub tops. Please plan accordingly to order uniforms and pick them up prior to the start of school. Students are expected to be prepared and in uniform the first day.

* These are approximate charges. Add \$3 for plus *or* tall sizes, add \$5 for plus *and* tall sizes.

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the VETERINARY SCIENCE course:

- Pencils
- Pens, in black or blue ink only
- Notebook
- 3 Ring Binder or folders
- Scrub top w/ one chest pocket and EASTERN logo* - approx. \$17 each (Gray for incoming Juniors)
- Scrub pants w/ one back pocket* - approx. \$15 each (Gray for incoming Juniors)
- Non-slip, water resistant shoes, or sneakers are required. Shoes need to be close toed.
- Lint roller
- Healthcare OSHA Certification – approx. \$25*(please do not purchase until your student discusses OSHA with the instructor)
- Elsevier's Veterinary Assisting Textbook (The instructor will distribute a copy for your student to borrow. This book must be returned at the end of the school year.)

*Uniforms are required for class by start of school. It is recommended that each student purchase at least two sets of scrubs. Scrubs for first year students will be gray and are to be purchased at Slom's Uniform. Shoes must be close toed and able to get wet (no Uggs, slides, slipper, or flip flops permitted).

Slom's Professional Uniforms
1125 Old York Road
Abington, PA 19001
215-576-6170

Welding Technology

REQUIRED MATERIALS FOR CLASS

The following supplies and documentation are required to complete the WELDING TECHNOLOGY course:

- Pencils and pens
- Work Shoes/Boots (steel-toe recommended) – approx. \$ 50-100.
- Welding Jacket – approx. \$ 50
- Welding Helmet – approx. \$ 75-100
- Coveralls (optional) – approx. \$ 60
- Jeans or thick cotton work pants – approx. \$30
- 100% cotton T shirt – approx. \$5-10
- Welding Gloves (tig-yellow/white) – approx. \$ 35
- Welding Gloves (mig-blue) – approx. \$ 25
- ***Welders Pliers (welpers) – approx. \$ 20
- Tip Cleaner for oxyfuel cutting – approx. \$ 5
- Respirators for grinding (N95) (20 units)* – approx. \$20 – If available
- OSHA-10 certification course – approx. \$ 25 (first year students only)

***TOOL IS RECOMMENDED

Students do not need a jacket AND coveralls, one or the other is okay. Some students like to have both options. If students choose to wear just a jacket, jeans or thick cotton work pants are required

Supplies may be purchased online at stores like Amazon or Grainger. Supplies may also be purchased in person or online at any Airgas store.