

Gyeonggi Suwon International School Menu

<August>

	Mon	Tue	Wed(8.7)	Thu(8.8)	Fri(8.9)
Korean Menu			Stir Fried Rice Cake w/ Bulgogi (ES-w/ Soy Sauce) 2,4,5,13 Steamed Rice Gimbab Fride Rice 1,2,4,5,8,10,12,13,15,17 Udon Soup 4,5,6,7 Fried Seaweed Roll & Yakki Dumpling 1,2,4,5 Pickled Radish 17 White Kimchi Kimchi 4,7	Stir Fried Chicken w/ Spicy Rosé Sauce 2,4,5,12 (ES- w/ Soy Sauce) 4,5,12 Steamed Rice Bean Sprout Soup 4,5 Steamed Egg 1,4,5 Seasoned Greens 4,5 Pickled Radish 17 White Kimchi Radish Kimchi 4,7	Stir Fried Pork Bulgogi 4,5,8 Steamed Rice Kimchi Soup 4,5,7 (ES-Tofu Bean Paste Soup) 4,5 Stir Fried Potatoes 1,2,4,5,8,10,12,13,15 Seasoned Bean Sprout (ES-Seasoned Bean Sprout) 4,5 White Kimchi Radish Kimchi 4,7
International Menu			Barbequed Chicken 2,4,5,10,12,13,15 Steamed Rice Grilled Vegetables 4,5,15 Butter Corn 2,4,5 Cream of Mushroom Soup 2,4,5,12	Shoyu Ramen 1,4,5,8 Takoyaki 1,4,5 Lotus Root Salad 4,5,10	Chicken Wrap 1,2,4,5,12 Fried Potatoes 4,5 & Ketchup 10 Coleslaw 1,4,5
	Mon(8.12)	Tue(8.13)	Wed(8.14)	Thu(8.15)	Fri(8.16)
Korean Menu	Gyodong Style Spicy Noodle (ES-Gyodong Style Noodle) 4,5,8,12,14,15 Steamed Rice Fried Dumpling 1,4,5,8,12,13,15 Seasoned Zhacai 4,5 (ES-Seasoned Zhacai) White Kimchi Kimchi 4,7	Bossam 4,5,8 Steamed Rice / Multigrain Rice Bean Paste Soup 4,5 Tofu & Stir Fried Kimchi 4,5,7 Cabbage Wraps 4,5 White Kimchi Radish Kimchi 4,7	<Malbok Chicken Day> Fried Chicken 1,2,4,5,12 Steamed Rice Bean Paste Soup 4,5 Cabbge Salad 1,4,10 Pickled Radish White Kimchi Kimchi 4,7	No School	Stir Fried Chicken (ES-w/ Soy Sauce) 2,4,5,12 Seaweed Rice Bean Paste Soup 4,5 Chive Pancakes 1,2,4,5 Buckwhear Noodle w/ Perilla Oil 4,5 White Kimchi Radish Kimchi 4,7
International Menu	Grilled Pork 1,2,4,5,8,10,12,13,15 Steamed Rice Broccoli & Cauliflower 4,5,15 Durch Salad 1,2,4,5,8	Cream Lemon Chicken 1,2,4,5,12 Steamed Rice Mixed Vegetavles 4,5,15 Cucumber & Tomato Salad 10	Bacon Carbonara 2,4,5,8,12 Garlic Bread 1,2,4,5 Jalapeno & Pickle		Japanese Pork Rice Bowl 1,2,4,5,8 Fried Shirimp 4,5,7 Mandarin Salad 10,13
* This menu can be changed depending on its ingredients.					
<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple					

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<August>

	Mon(8.19)	Tue(8.20)	Wed(8.21)	Thu(8.22)	Fri(8.23)
Korean Menu	Stir Fried Smoked Duck 4,5,15 Steamed Rice Janchi Noodles 1,4,5 Sweet Pumpkin Salad Seasoned Radish (ES-Seasoned Radish) White Kimchi Radish Kimchi 4,7	Stir Fried Pork 4,5,8 Steamed Rice Soft Tofu Soup (ES-Clear Soft Tofu Soup) 4,5 Seafood & Green Onion Pancake 1,4,5,7,14 Acorn Jelly Salad (ES-Acorn Jelly Salad) 4,5 White Kimchi Radish Kimchi 4,7	Charcoal-Flavored Chicken 4,5,10,12 Steamed Rice Seaweed Flakes Rice Bean Paste Soup 4,5 Stewed Burdock 4,5 Three Color Pickle White Kimchi Kimchi 4,7	Stir Fried Pork w/ Kimchi 4,5,7,8 (ES-w/ Soy Sauce) 4,5,8 Steamed Rice Seaweed Soup 4,5 Steamed Tofu 4,5 Jabchae 4,5 White Kimchi Radish Kimchi 4,7	Spicy Beef Soup (ES-Clear Beef Soup) 4,5,13 Steamed Rice Steamed Dumpling 1,4,5,8,10,12,13 Steamed Potato 4,5 Stewed Black Bean 4,5 White Kimchi Radish Kimchi 4,7
International Menu	Salisbury Steak 1,4,5,8,10,12,13 Steamed Rice Beans & Onion 4,5,15 Honey Carrot 4,5	Chicken Tikka Masala 2,4,5,10,12 Steamed Rice Cucumber Salad	Beef Rice Noodles 4,5,13 Samosa 4,5 Grilled Eggplant Salad 4,5,17	<Pizza Day> Pepperoni Pizza 1,2,4,5,8,10,12,13,15 Cheese Pizza 1,2,4,5,10 Wedge Potatoes 4,5 & Ketchup 10 Fiasco Salad 4,5	Curry w/ Roast Egg 1,2,4,5,8,10,12,13,15 Steamed Rice Sweet Potato Croquette 4,5,10 Japanese Salad
	Mon(8.26)	Tue(8.27)	Wed(8.28)	Thu(8.29)	Fri(8.30)
Korean Menu	Mixed Ham Stew (ES-Mixed Ham Stew) 1,2,4,5,8,10,12,13,15,17 Steamed Rice Fish Cutlet 1,4,5 Stir Fried Mushroom 4,5,19 Mung Bean Jelly Salad White Kimchi Radish Kimchi 4,7	Korean Meatballs 1,2,4,5,8,10,12,13,15 Steamed Rice Bean Paste Soup 4,5 Roaste Seaweed 4,5 Spicy Chewy Noodle (ES-Chewy Noodle) 4,5 White Kimchi Kimchi 4,7	Steamed Chicken w/ Soy Sauce 4,5,12 Steamed Rice Pepper Paste Soup (ES-Bean Paste Soup) 4,5 Stir Fried Fishcake 4,5 Seasoned Greens 4,5 White Kimchi Radish Kimchi 4,7	Stir Fried Pork (ES-w/ Soy Sauce) 4,5,8 Steamed Rice Bean Paste Soup 4,5 Seasoned Bean Sprout 4,5 Lettuce Wrap 4,5 White Kimchi Kimchi 4,7	Seollung-tang 2,4,5,13 Steamed Rice Meat Pancakes 1,2,4,5,8,10,12,13,15 Hard Boiled Tofu (ES-Hard Boiled Tofu) 4,5 Seasoned Chili 4,5 White Kimchi Radish Kimchi 4,7
International Menu	Chicken Steak 2,4,5,10,12,13,15,17 Steamed Rice Mixed Vegetables 2,4,5 Caesar Salad 1,2,4,5,8	Texas Chili 4,5,8,10,12,13 Steamed Rice Tortilla Chips 4,5 Mexican Corn 4,5	Phat thai 1,2,4,5,7,8,10,12,15 Spring Roll 4,5 Chickpease Salad 1,4 * This menu can be changed depending on its ingredients.	Chicken Taco 2,4,5,10,12 Fried Potatoes 4,5 & Ketchup 10 Nacho Salad 4,5,10	Katchdon 1,2,4,5,8 Braised Bacon Cabbage 4,5,8,15

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<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

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<Speical Bar>

S p e c i a l B a r			Wed(8.7)	Thu(8.8)	Fri(8.9)
			Self-Bibimbap-Bar 4,5	Self-Gimbap-Bar 2,4,5,8,10,12,13,17	Self-Rice ball-Bar 4,5
	Mon(8.12)	Tue8.13)	Wed(8.14)	Thu(8.15)	Fri(8.16)
	Self-Spring roll-Bar 4,5	Self-Rice ball-Bar 4,5	Snack-Bar 4,5,7,8	-	Self-Yogurt-Bar 2,4,5,20
	Mon(8.19)	Tue(8.20)	Wed(8.21)	Thu(8.22)	Fri(8.23)
	Self-Bibimbap-Bar 4,5	Self-Fried tofu Sushi-Bar 4,5	Self-Gimbap-Bar 2,4,5,8,10,12,13,17	Snack-Bar 4,5,7,8	Self-Shaved Ice Bar
	Mon(8.26)	Tue(8.27)	Wed(8.28)	Thu(8.29)	Fri(8.30)
	Self-Bibimbap-Bar 4,5	Self-Spring roll-Bar 4,5	Self-Yogurt-Bar 2,4,5,20	Self-Fried tofu Sushi-Bar 4,5	Self-Rice ball-Bar 4,5
	<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple				
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