At the 2007 Homecoming the Lower Dauphin Alumni Association announced and presented its FIRST Distinguished Alumnus Award in conjunction with honoring the Lower Dauphin Wrestling Program for which approximately fifty wrestlers were gathered. For his many accomplishments, service, and personal character LDAA selected for that first honor **Mr. Randall L. Umberger, Class of 1965.** Forty-seven years earlier, in the fall of 1960 when Lower Dauphin first opened its doors, Randy entered Lower Dauphin Junior-Senior High School as an eighth grader among a group of youngsters who found themselves in a mix of friends and strangers, each wondering how he or she would ever be comfortable in a building so large and unfamiliar. One of the things that made it easier making friends was the variety of activities this brand new school offered its students through clubs, performance groups, and sports. It was exciting to be a part of a new school whose football team won a championship its first year on the field. This portended the sports powerhouse that Lower Dauphin would become. Little did Randy know at that time just what importance this would hold in his own life and subsequent career!

As part of a class that has remained extraordinarily strong in their friendships, Randy stands out as the one most identified with LD sports. He earned three letters in football, serving as co-captain of the 1964 team. He also earned three letters in wrestling and was the co-captain his senior season. He was three-time District III Sectional Champion in wrestling, and the 1965 District III, PIAA Champion at 180 lbs. He also lettered in track and field. He is a graduate of the University of Maryland which he attended on a wrestling scholarship. While in college he was a two-time ACC Champion and a two-time NCAA Wrestling Champion qualifier.

Eight years after graduating from Lower Dauphin High School, Mr. Umberger returned to his Alma Mater where he was high school librarian for 24 years, assistant high school principal for 10 years, and for 20 of those 34 years, he was concurrently the school's athletic director. Among the many other posts he held at LD are varsity assistant, co-head, and head wrestling coach, assistant high school and junior high football coach, and junior varsity baseball coach.

In 1980 Coach Umberger was named, along with Coach Cleon Cassel, as the AAA State Wrestling Coach and in 2005 Mr. Umberger was named the Pennsylvania State Athletic Director of the Year for Region IV. Most of all, however, the Lower Dauphin Alumni Association honors its son for his integrity, work ethic, dedication to and role modeling for youth, steadfastness, sports promotion, athletic ability, humility, and the honor he has brought to his own Alma Mater.