

Food Allergy & Meal Accommodations Requests

Return this form to your child's school. This form must be filled out completely and submitted before any meal substitutions can be made for children who have a medical condition or other disabilities. This form must be signed by a medical authority.

1. School Division Richmond Public Schools	2. School Name	3. School Phone Number .
4. Name of Child		5. Age of Child .
6. Name of Parent or Guardian		7. Phone Number .

Schools and agencies participating in federal nutrition programs are not required to provide substitutions for special meal and/or accommodations, and are permitted to do so **ONLY** when omitted foods, substitutions and/or accommodations are specified by a medical authority. If diet modifications are implemented by the school, they will continue until a medical authority specifies that they should be changed or stopped.

Student Diagnosis OR Condition:

<input type="checkbox"/> Food Intolerance	<input type="checkbox"/> Food Allergy	<input type="checkbox"/> "Life Threatening Food Allergy – Check appropriate box:
<input type="checkbox"/> Disability (Specify):		
<input type="checkbox"/> Other (Specify):		

10. Explanation of Diet Prescription and/or Accommodation to Ensure Proper Implementation:

Diabetic meal plan. Please specify _____

Gluten-free meal plan. Please omit all products containing wheat, rye, barley and oats.

Lactose Intolerance: _____

Modified Texture: Regular Chopped Ground Pureed

Other (describe)

Modified thickness of liquids: Regular Nectar Honey Pudding

Other (describe): _____

11. Adaptive Equipment to be Used:

12. Omit Foods Listed Below:	Substitute Foods Listed Below:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

For this purpose, a state licensed health care professional in Virginia is a licensed physician, a physician assistant, or a nurse practitioner. The information on this form should be updated to reflect the current medical and/or nutritional needs of the participant.

12. Signature of State Licensed Healthcare Professional	13. Printed Name	14. Phone Number	15. Date
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In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
- **fax:**
(833) 256-1665 or (202) 690-7442; or
- **email:**
Program.Intake@usda.gov

This institution is an equal opportunity provider.

Definition of Disability:

Federal regulations governing the Child Nutrition Programs provide that schools must make substitutions in breakfasts, lunches and afterschool snacks for students who are considered to have a disability and whose disability restricts their diet.

Under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA), a "person with a disability" means "any person who has a physical or mental impairment which substantially limits one or more major life activity, has a record of such impairment, or is regarded as having such an impairment." The term "physical or mental impairment" includes, but is not limited to, such diseases and conditions as:

- Cancer
- Cerebral Palsy
- Drug addiction and alcoholism
- Emotional illness
- Epilepsy
- Food anaphylaxis (severe food allergy)
- Heart disease
- HIV
- Mental retardation
- Metabolic diseases, such as diabetes or phenylketonuria

(PKU)

- Multiple Sclerosis
- Muscular Dystrophy
- Orthopedic, visual, speech and hearing impairments
- Specific learning disabilities
- Tuberculosis

- Major life activities covered by this definition include caring for one's self, eating, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working

The Individuals with Disabilities Education Act (IDEA) includes the following conditions:

- Autism
- Deaf-blindness
- Deafness or other hearing impairments
- Emotional disturbance
- Mental retardation
- Multiple disabilities
- Orthopedic impairments
- Other health impairments due to chronic or acute health problems, such as asthma, diabetes, nephritis, sickle cell anemia, a heart condition, epilepsy, rheumatic fever, hemophilia, leukemia, lead poisoning, or tuberculosis
- Specific learning disabilities
- Traumatic brain injury
- Visual impairment, including blindness which adversely affects a child's educational performance

USDA Non-Discrimination Statement (Spanish)

De acuerdo con la ley federal de derechos civiles y las normas y políticas de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta entidad está prohibida de discriminar por motivos de raza, color, origen nacional, sexo (incluyendo identidad de género y orientación sexual), discapacidad, edad, o represalia o retorsión por actividades previas de derechos civiles.

La información sobre el programa puede estar disponible en otros idiomas que no sean el inglés. Las personas con discapacidades que requieren medios alternos de comunicación para obtener la información del programa (por ejemplo, Braille, letra grande, cinta de audio, lenguaje de señas americano (ASL), etc.) deben comunicarse con la agencia local o estatal responsable de administrar el programa o con el Centro TARGET del USDA al (202) 720-2600 (voz y TTY) o comuníquese con el USDA a través del Servicio Federal de Retransmisión al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe llenar un formulario AD-3027, formulario de queja por discriminación en el programa del USDA, el cual puede obtenerse en línea en: <https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf>, de cualquier oficina de USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida a USDA. La carta debe contener el nombre del demandante, la dirección, el número de teléfono y una descripción escrita de la acción discriminatoria alegada con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR) sobre la naturaleza y fecha de una presunta violación de derechos civiles. El formulario AD-3027 completado o la carta debe presentarse a USDA por:

Correo:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o

Fax:

(833) 256-1665 o (202) 690-7442; o

Correo electrónico:

program.intake@usda.gov

Esta institución es un proveedor que brinda igualdad de oportunidades.

Definición de Discapacidad:

Las regulaciones federales que rigen los Programas de Nutrición Infantil (*Child Nutrition Programs* en inglés) establecen que las escuelas deben hacer sustituciones en los desayunos, almuerzos y meriendas después de la escuela para los estudiantes que se considera que tienen una discapacidad y cuya discapacidad restringe su dieta.

Según la Sección 504 de la Ley de Rehabilitación de 1973 y la Ley de Estadounidenses con Discapacidades (Rehabilitation Act of 1973 and the Americans with Disabilities Act en inglés), una "persona con una discapacidad" significa "cualquier persona que tiene un impedimento físico o mental que limita sustancialmente una o más actividades importantes de la vida, tiene un registro de tal impedimento, o se considera que tiene tal impedimento". El término "deficiencia física o mental" incluye, pero no se limita a, enfermedades y condiciones tales como:

- Cáncer
- Parálisis cerebral
- Adicción a drogas y alcoholismo
- Enfermedad emocional
- Epilepsia
- Anafilaxia alimentaria (alergia severa alimentaria)
- Enfermedad cardíaca
- VIH
- Retraso mental
- Enfermedades metabólicas, como diabetes o fenilcetonuria
- Esclerosis múltiple
- Distrofia muscular
- Discapacidades ortopédicas, visuales, del habla y auditivas
- Discapacidades específicas del aprendizaje
- Tuberculosis
- Las actividades principales de la vida cubiertas por esta definición incluyen cuidarse a sí mismo, alimentarse, realizar tareas manuales, caminar, ver, oír, hablar, respirar, aprender y trabajar.

La Ley de Educación para Personas con Discapacidades (IDEA) incluye las siguientes condiciones:

- Autismo
- Sordoceguera
- Sordera u otras discapacidades auditivas
- Trastorno emocional
- Retraso mental
- Discapacidades múltiples
- Discapacidades ortopédicas
- Otras discapacidades de salud debido a problemas de salud crónicos o agudos, como asma, diabetes, nefritis, anemia falciforme, una condición cardíaca, epilepsia, fiebre reumática, hemofilia, leucemia, intoxicación por plomo o tuberculosis
- Discapacidades específicas de aprendizaje
- Lesión cerebral traumática
- Discapacidad visual, incluyendo ceguera, que afecta adversamente el rendimiento educativo del niño.

Declaración y Solicitud del Médico para Alimentos Especiales y Adaptaciones