

All Abilities Classes

Cardio Drumming and Zumba



love2beeFIT.com

We provide a safe and inclusive environment for people of all ages and abilities.

Networking with other parents.

Exercise for the whole family.

This is a free class for everyone!

First and third Sundays of each month
at 4pm at the South Hanover Township
Building



This event is not sponsored by Lower Dauphin School District.

