



LOWER DAUPHIN GIRLS YOUTH LACROSSE

LD Girls Lacrosse wants to provide girls throughout the school district an opportunity to learn and play Lacrosse. Practices are held at the Middle School. All games and tournaments take place between March and May.

REGISTRATION IS OPEN: LDGirlsLacrosse.com

REQUIRED FOR ALL PLAYERS – Stick, Goggles, Mouthpiece

LITTLE LAXERS – 1st & 2nd Grade – With a focus on FUNdamentals, this is a great introduction to developing skills, team play, and a love of the sport of lacrosse. This team will practice once per week, with possible game based on numbers and interest. Registration includes a tshirt. Cost: \$60.00

3RD/4TH GRADE – The 3/4 team is the next step in developing positional and team play as well as increased stick skills. While still utilizing a short-field, traditional rules are added to the mix. This team will practice 1-2 per week, with games (8v8) based on numbers. Registration includes a reversible jersey, and all game costs. Cost: \$120.00

5TH/6TH GRADE – The 5/6 team transitions to a full-sized field and learn more advanced skills. This team will practice 1-2 per week, with games (8v8) based on numbers. Registration includes a reversible jersey, and all game costs. Cost: \$120.00

7TH/8TH GRADE – The 7/8 team continues to develop stick skills and game IQ as we prepare the girls for high-school lacrosse. This team will practice twice per week and have games (12v12) on Saturdays. Registration includes a reversible jersey, and all game costs. Cost: \$150.00

VOLUNTEER TO COACH – The high school team and players with assist with practices. All coaches are required to have a US Lacrosse membership, background check and join the Positive Coaches Alliance. If interested, Contact Bobby Eismann, Girls Varsity Coach at LDGirlsLacrosse@gmail.com

This program is not sponsored or endorsed by Lower Dauphin School District