

**23/24 Athletic Participation Summary**

**The data below reflects the total number of players on a team roster on the official first day of competition.**

School Name	Count of female athletes	Total count of female students in grades 4-12	% of athletic participation of 4th-12th grade female enrollment	Count of male athletes	Total count of male students in grades 4-12	% of athletic participation of 4th-12th grade male enrollment
American Lakes	67	153	44%	71	176	40%
Bannon Creek	65	125	52%	73	160	46%
H. Allen Hight Elementary	41	124	33%	33	154	21%
Heron	104	281	37%	137	320	43%
Inderkum High	314	1068	29%	419	1173	36%
Jefferson	73	183	40%	97	217	45%
Leroy Greene Academy	109	339	32%	142	400	36%
Natomas High	155	539	34%	190	663	29%
Natomas Middle	55	288	19%	67	321	21%
Natomas Park Elementary	52	112	46%	56	115	49%
Paso Verde	117	233	50%	107	230	47%
Two Rivers Elementary	52	107	49%	56	99	57%
Witter Ranch Elementary	47	81	58%	61	109	56%
<b>Grand Total</b>	<b>1251</b>	<b>3633</b>	<b>Avg: 34%</b>	<b>1509</b>	<b>4137</b>	<b>36%</b>

School Name	Count of female athletes	Total count of female students in grades 4-12	% of athletic participation of 4th-12th grade female enrollment	Count of male athletes	Total count of male students in grades 4-12	% of athletic participation of 4th-12th grade male enrollment
Discovery High	0	61	0%	14	67	21%
Larry G. Meeks Academy	0	74	0%	0	70	0%

**The table below shows the total number of students, by gender, participating in elementary and middle school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, resulting in these numbers being higher than the total number of students reported in the above table.**

**Elementary/Middle Boys Sports**

Sport	ALS	BCS	HAH	HES	JFS	LGA	NMS	NPE	PVS	TRE	WRE	Total
Basketball 4th Boys	6	6	15	18	11			11	15	12	17	111
Basketball 5th Boys	9	9		15	12			15	19	21	11	111
Basketball 6th Boys	11	13		13	9	11	10		17			84
Basketball 7/8 Boys	15	10		13	14	12	13					77
Cross Country 4th Boys		1		4	4			2		3	6	20
Cross Country 4th Girls									12			12
Cross Country 5th Boys	1	3		7	5			4		8	8	36
Cross Country 6th Boys	2	1		5	1	2						11
Cross Country 6th Girls						1						1
Cross Country 7/8 Boys				3		10	1					14
Flag Football 4/5 Boys			12					23				35

Flag Football 4th Boys	7		16	14	4					7		48
Flag Football 4th CoEd		1							11		11	23
Flag Football 5th Boys	5			16	10				20	15		66
Flag Football 5th CoEd		5							21		7	33
Flag Football 6th Boys	13					11	11					35
Flag Football 6th CoEd		13		18	9				12			52
Flag Football 7/8 Boys	10	12		16	13	16	17		12			96
Soccer 4/5 Boys					21			27				48
Soccer 4th Boys	11	8	14	15					9	11	23	91
Soccer 5th Boys	10	9		21					20	24	17	101
Soccer 6th Boys	6	15		18	13	12	13		9			86
Soccer 6th Girls							1					1
Soccer 7/8 Boys	13	12		16	19	20	16		14			110
Soccer 7/8 Girls					1							1
Volleyball 4/5 Boys								5				5
Volleyball 4/5 Girls								4				4
Volleyball 4th Boys				2								2
Volleyball 4th CoEd									1		3	4
Volleyball 5th Boys				1								1
Volleyball 5th CoEd			2								2	4
Volleyball 6th CoEd		1		2	2				3			8
Volleyball 7/8 Boys									3			3
Volleyball 7/8 CoEd				1								1
Volleyball 7/8 Girls					3	2						5
Volleyball MS Girls							5					5
<b>Grand Total</b>	<b>119</b>	<b>119</b>	<b>59</b>	<b>218</b>	<b>151</b>	<b>97</b>	<b>87</b>	<b>91</b>	<b>198</b>	<b>101</b>	<b>105</b>	<b>1345</b>

## Elementary/Middle Girls Sports

Sport	ALS	BCS	HAH	HES	JFS	LGA	NMS	NPE	PVS	TRE	WRE	Total
Basketball 4/5 Girls					10			24				34
Basketball 4th Girls	7	11	6	22					17	15	12	90
Basketball 5th Girls	9	7	15	12					10	15	10	78
Basketball 6th Boys	1											1
Basketball 6th Girls	9	7		14	8	12	9		12			71
Basketball 7/8 Boys				1								1
Basketball 7/8 Girls	10	3		6	6	10	10		9			54
Cross Country 4th Girls		3		3	5			5	13	2	2	33
Cross Country 5th Girls	1		6	1				4		11	7	30
Cross Country 6th Boys						1						1
Cross Country 6th Girls	1	3		4	1		1					10
Cross Country 7/8 Boys									2			2
Cross Country 7/8 Girls		8		4		1	5					18
Flag Football 4/5 Boys			1									1
Flag Football 4th Boys	1			3								4
Flag Football 4th CoEd		2							1		1	4
Flag Football 5th Boys	1			2	2							5
Flag Football 5th CoEd											2	2
Flag Football 6th Boys	1						1					2
Flag Football 6th CoEd		1		3	6				5			15
Flag Football 7/8 Boys	1					1	3		1			6
Soccer 4/5 Girls					15			34				49
Soccer 4th Girls	5	3	10	17					16	17	10	78
Soccer 5th Girls	11	11	12	9					7	22	14	86
Soccer 6th Girls	12	12		14	17	14	9		20			98
Soccer 7/8 Girls	10	7		12	15	17	19		19			99

Volleyball 4/5 Boys								32				32
Volleyball 4/5 Girls								30				30
Volleyball 4th CoEd		9							21		11	41
Volleyball 4th Girls	8		7	16					19	15		65
Volleyball 5th CoEd		10	16						18		16	60
Volleyball 5th Girls	12			10	6				16	15		59
Volleyball 6th CoEd		13		12	11	15			17			68
Volleyball 6th Girls	11						9					20
Volleyball 7/8 Boys									15			15
Volleyball 7/8 CoEd				10								10
Volleyball 7/8 Girls	12	19			12	11						54
Volleyball MS Girls							15					15
<b>Grand Total</b>	<b>123</b>	<b>129</b>	<b>73</b>	<b>175</b>	<b>114</b>	<b>82</b>	<b>81</b>	<b>129</b>	<b>238</b>	<b>112</b>	<b>85</b>	<b>1341</b>

**The tables below show the total number of students, by gender, participating in high school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, so these numbers will be higher than the total number of students reported in the summary table above.**

## High School Boys Sports

<b>Sport</b>	<b>DHS</b>	<b>IHS</b>	<b>LGA</b>	<b>NHS</b>	<b>Total</b>
Baseball 9th		16			16
Baseball JV		17	13		30
Baseball Varsity		24	14	15	53
Basketball 9th Boys		18		11	29
Basketball JV Boys		14		14	28
Basketball Varsity Boys	14	16	12	16	44
Cheer JV		2			2
Cross Country Boys		17	12	4	33
Football 9th		52			52
Football JV		42		21	63
Football Varsity		47		56	103
Golf Boys		14	6	2	22
Soccer 9th Boys		20			20
Soccer JV Boys		21		19	40
Soccer Varsity Boys		22	19	19	60
Swim & Dive Boys		15		9	24
Tennis Boys		27			27
Tennis CoEd				6	6
Track & Field Boys		49		14	63
Volleyball 9th Boys		14			14
Volleyball JV Boys		13		9	22
Volleyball Varsity Boys		13	17	8	38
Water Polo Boys		30			30
Wrestling Boys		46		32	78
<b>Grand Total</b>	<b>14</b>	<b>549</b>	<b>93</b>	<b>255</b>	<b>911</b>

## **High School Girls Sports**

<b>Sport</b>	<b>DHS</b>	<b>IHS</b>	<b>LGA</b>	<b>NHS</b>	<b>Total</b>
Basketball 9th Girls		8			8
Basketball JV Girls		10			10
Basketball Varsity Girls		12	10	16	38
Cheer JV		33		10	43
Cheer Varsity		29		15	44
Cross Country Boys		7			7
Cross Country Girls		5	6	3	14
Flag Football - High School		29			29
Golf Boys			2		2
Golf Girls		19			19
Soccer 9th Girls		25			25
Soccer JV Girls		19		25	44
Soccer Varsity Girls		28	18	37	83
Softball JV		20			20
Softball Varsity		16	18	19	53
Swim & Dive Girls		29		10	39
Tennis CoEd				20	20
Tennis Girls		22			22
Track & Field Girls		18		11	29
Volleyball 9th Girls		13			13
Volleyball JV Girls		13			13
Volleyball Varsity Girls		13	15	36	64
Water Polo Boys		18			18
Water Polo Girls		21			21
Wrestling Boys		4			4
Wrestling Girls		6		13	19
<b>Grand Total</b>	<b>0</b>	<b>417</b>	<b>69</b>	<b>215</b>	<b>701</b>

**In summary: In 23/24 there was an overall 3% participation increase in female athletes, to 34%, and also a 3% for male athletes, to 36%.**

Jefferson had the largest % increase for MS/K-8's with a total of 40% participation of all girls (a 4% increase from 2022-23) and 45% participation of all boys (a 7% increase from 2022-23).

Witter Ranch had the largest % increase for Elementary with a total of 58% of all girls (a 10% increase) and 56% for all boys (a 13% increase), this is the 2nd year in a row that Witter had the highest participation increase.

Inderkum (29% of girls- up 4% and 36% of boys- up 6%) and Natomas HS (24% of girls- up 3% and 29% of boys- up 9%) showed overall increases in both girls and boys participation.