



SAINT BERNARD SCHOOL

Mrs. Jackie Hernandez, RN
SCHOOL NURSE

Dear Parents and Guardians,

Greetings from the Saint Bernard School Nurse! The health office requires the following forms in order for your student to start school.

- All new students require a current physical (within the last 13 months) with up to date immunizations. See attached list of all required immunizations for students enrolled in Connecticut schools. Updated physicals are also required to be on file for all incoming 7th and 11th graders.
- Every student must turn in a new **emergency health form** each year. This is very important in the event your child gets ill at school. Students will only be released to individuals listed on the emergency form. An additional electronic medical update will be available on Saints Connect. Both the paper form and the electronic form need to be completed. Please notify the school nurse throughout the school year of any changes or updates regarding your student's health.
- If you would like your student to receive ibuprofen, acetaminophen or cough drops at school, you must sign and send in the **medication permission slip**. I cannot give these medicines without the signed permission slip on file and it needs to be updated every school year.
- Any other medications, including epi-pens and inhalers, require a separate order from the physician and this must be updated every school year.
- All students who participate in sports must have a current physical (within the past 13 months) to participate.

All forms can be accessed on the health office page in Saints Connect. Completed forms can be brought in to the school nurse, emailed to nurse@saint-bernard.com, or faxed to 860-848-1274 attn: school nurse.

If you have any questions, feel free to email the nurse at nurse@saint-bernard.com, or call at 860-848-1271.

Thank you, and have a wonderful school year!

Jackie Hernandez RN



SAINT BERNARD SCHOOL

School Nurse

The following are the required immunizations for students enrolled in Connecticut schools:

GRADE 6

Hep B: 3 doses, last dose on or after 24 weeks of age

DTaP/Td: At least 4 doses. The last dose must be given on or after 4th birthday.

Students who start the series at age 7 or older only need a total of 3 doses.

Polio: At least 3 doses. The last dose must be given on or after 4th birthday

MMR: 2 doses separated by at least 28 days, 1st dose on or after 1st birthday

Varicella: 2 doses separated by at least 3 months-1 st dose on or after 1st birthday; or verification of disease. 28 days between doses is acceptable if the doses have already been administered.

Hepatitis A: 2 doses given six calendar months apart, 1st dose on or after 1st birthday

GRADES 7-8

Hep B: 3 doses, last dose on or after 24 weeks of age

Tdap/Td: 1 dose for students who have completed their primary DTaP series. Students who start the series at age 7 or older only need 3 doses of tetanus-diphtheria containing vaccine, one of which must be Tdap

Polio: At least 3 doses. The last dose must be given on or after 4th birthday

MMR: 2 doses separated by at least 28 days, 1st dose on or after 1st birthday

Varicella: 2 doses separated by at least 3 months-1 st dose on or after 1st birthday; or verification of disease. 28 days between doses is acceptable if the doses have already been administered.

Hepatitis A: 2 doses given six calendar months apart, 1st dose on or after 1st birthday

Meningococcal: 1 dose

GRADES 9-12

Hep B: 3 doses, last dose on or after 24 weeks of age

Tdap/Td: 1 dose for students who have completed their primary DTaP series. Students who start the series at age 7 or older only need 3 doses of tetanus-diphtheria containing vaccine, one of which must be Tdap

Polio: At least 3 doses. The last dose must be given on or after 4th birthday

MMR: 2 doses separated by at least 28 days, 1st dose on or after 1st birthday

Varicella: 2 doses separated by at least 3 months-1 st dose on or after 1st birthday; or verification of disease. 28 days between doses is acceptable if the doses have already been administered.

Meningococcal: 1 dose