



# ARGYLE 6th Grade

## 2024 Pre-ATHLETICS OVERVIEW

### I. Pre-Athletics Coaching Staff

Ben Ramsey

Boys Athletic Coordinator

[ben.ramsey@argyleisd.com](mailto:ben.ramsey@argyleisd.com)

Lindsay Griffin

Girls Athletic Coordinator

[lindsay.griffin@argyleisd.com](mailto:lindsay.griffin@argyleisd.com)

Alicia Deranger

PE Teacher

[alicia.deranger@argyleisd.com](mailto:alicia.deranger@argyleisd.com)

### II. Pre-Athletics Uniforms

A. Boys and Girls athletes are required to purchase athletic uniforms to wear everyday - Red shirts with Black shorts

B. Athletic uniforms can be purchased through A-Town Apparel:



### III. Athletic Physicals

A. ALL athletes are required to submit an updated physical in order to participate

B. Email physical paperwork to [alicia.deranger@argyleisd.com](mailto:alicia.deranger@argyleisd.com)

C. Physical Evaluation Forms can be found here:

