

ARGYLE MS

2024 MS ATHLETICS OVERVIEW

I. SportsYou

- A. All parents & guardians please join the AMS Athletics SportsYou Group below - this is an app and our main form of communication for all things related to AMS Athletics
- B. The Access Code to join 8th Grade AMS Athletics - 2029 is: **4GMX - YBSF**
- C. The Access Code to join 7th Grade AMS Athletics - 2030 is: **HHCR - SB54**
- D. Each individual sport will have their own SportsYou Group once their seasons begin

II. Athletic Uniforms

- A. Boys and Girls athletes are required to purchase athletic uniforms to wear everyday of athletics - Red shirts with Black shorts
- B. Athletic uniforms can be purchased through A-Town Apparel:



III. Athletic Physicals

- A. **ALL athletes are required to submit an updated physical and athletic paperwork**
- B. Paperwork MUST be completed by the first day of practice:



IV. UIL Fee

- A. **ALL athletes must submit this payment prior to the first day of practice**
- B. Payment may be submitted here:



V. Practice Times

- A. 8th Grade Athletics is the first period of the day, 1st Period (8:30 - 9:20)
Football begins at 7:15am; Volleyball at 7:30am; and CC at 7:45am
- B. 7th Grade Athletics is the last period of the day, 8th Period (3:05 -3:55)
Football ends at 4:45pm; Volleyball at 4:30pm; CC at 4:15pm
- C. Due to these practice times, **8th grade athletes are NOT able to ride the bus before school and 7th grade athletes are NOT able to ride the bus after school - please make the appropriate arrangements.**
- D. **Tennis is a separate class period from Athletics, and it is year-round. Competitive athletes will have after-school practice responsibilities set by their coaches.**

VI. Athletics - Sports by Season

- A. Football and Cross Country do not make cuts, every athlete will make a team. All other sports do make cuts; if an athlete does not make the cut for a sport, they will be in off-season.
- B.

Fall (Aug.- Oct.)	Winter (Nov.-Jan.)	Spring 1 (Feb.-Mar.)	Spring 2 (Apr.-May)
1. Football 2. Volleyball 3. Cross Country 4. Basketball Offseason (girls only)	1. Basketball 2. Off-Season	1. Track & Field 2. Off-Season	1. Soccer & Wrestling (after school only) 2. Off-Season

VII. AMS Coaching Staff

Ben Ramsey	Boys Athletic Coordinator / Head Football & Track Coach	ben.ramsey@argyleisd.com
Lindsay Griffin	Girls Athletic Coordinator/Head Basketball & Track Coach	lindsay.griffin@argyleisd.com
Danny Munster	Head Boys Cross Country / Head Basketball Coach	daniel.munster@argyleisd.com
Amy Mosley	Head AMS Girls Cross Country	amy.mosley@argyleisd.com
Kim North	Head AMS Volleyball Coach	kimberly.north@argyleisd.com
Chance Rose	Head AMS Boys Soccer Coach	chance.rose@argyleisd.com
Erika Lucido	Head AMS Girls Soccer Coach	erika.lucido@argyleisd.com
Bobby Morse	Head AMS Wrestling Coach	robert.morse@argyleisd.com
Adam Mihok	Head AMS Tennis Coach	adam.mihok@argyleisd.com