



2024 VOLLEYBALL TRYOUT INFO

OPEN GYM! WEDNESDAY AUG 14th 4:00-4:45 (BOTH GRADES)*

Thursday and Friday, AUGUST 15-16th

7:15 AM 8TH GRADE TRYOUTS BEGIN

7TH GRADE TRYOUTS UNTIL 4:30 PM

FIRST ROUND CUTS WILL BE POSTED ON FRIDAY AFTER SCHOOL

Monday and Tuesday, AUGUST 19-20th (SAME TIMES)

FINAL CUT & TEAMS POSTED AT END OF SCHOOL ON TUESDAY, AUGUST 20th

1st Team Practice on Wednesday, Aug 21st (8th grade @ 7:15 AM, 7th until 4:30)

PARENT MEETING- WEDNESDAY, AUGUST 21st @ 5:00 AMS GYM

FOR THOSE WHO MADE THE TEAM

*THIS IS OPTIONAL, BUT HIGHLY ENCOURAGED!

TRY OUT CHECK LIST

- UIL PHYSICAL COMPLETE AND TURNED IN ON RANK ONE
- ONLINE ATHLETIC RELEASE FORMS COMPLETE (RANK ONE)
- PROPER GEAR:
 - ATHLETIC SHOES, KNEE PADS, ATHLETIC UNIFORM
 - IF YOU ARE NEW TO ARGYLE, WEAR A T-SHIRT AND DRESS CODE APPROPRIATE SHORTS: NO SPANDEX
- SKILLS TO WORK ON: PASSING, SETTING, OVERHAND SERVING, & HITTING FOOTWORK.
- ALWAYS BE COACHABLE & BRING A GOOD ATTITUDE!

Email Coach Day at jessica.day@argyleisd.com if you have any questions!