

MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT

PARENT RESOURCE GUIDE

HOTLINES

Child Abuse Hotline (anonymous)	1-800-342-3720
Dept. of Social Services Emergency (after 4pm).....	631 854-9100
Emergencies.....	911
L.I. Council on Alcoholism & Drug Dependence & Suffolk County Hotline www.licadd.org	631 979-1700 & 516 747-2606
Long Island Crisis Center	516 679-1111
www.longislandcrisiscenter.org - 24 hour crisis intervention, rape, self-injury, runaway & crisis intervention	
National Council on Alcoholism & Drug Dependence, Inc. www.ncadd.org	1-800-NCA-CALL (622-2255) National
Suicide Prevention Lifeline www.suicidepreventionlifeline.org	1-800-273-TALK(8255)
Poison Control.....	1-800-222-1222
Response (24 hour crisis intervention).....	631 751-7500
www.responsehotline.org	
Runaway Emergency Hotline.....	1-800-Runaway (786-2929)
Suicide & Veterans Hotline.....	1-800-273-8255
Victim's Information Bureau (VIBS).....	631 360-3606
Domestic Violence, Rape & Incest Crisis.....	www.vibs.org

SERVICES

Adelante Counseling Center Spanish speaking community.....	631 234-1049
Adult/Child Bereavement Program of.....	631 666-6863
Hospice Care Network www.hospicecarenetwork.org	
Alternatives For Youth	631 439-0480
Al-Anon/Al-Ateen	631 669-2827

www.al-anon-suffolk-ny.org

Alcoholics Anonymous.....	631 669-1124
www.suffolkny-aa.org	
Association for Mental Health & Wellness.....	631 226-3900
www.mhasuffolk.org	
Bias Help, Inc.....	1-877-363-2427
www.biashelp.org	
Brookhaven Youth Bureau	631
451-8011 Sanctuary for Runaway & Homeless Youth www.brookhavenny.gov	
Catholic Charities Chemical Dependence Service.....	631 543-6200
Eating Disorders Associates	631 724-7152
Eating Disorders Council (NEDA)	1-800-931-2237
www.nationaleatingdisorders.org	
www.foodpantries.org	
Horizons, Smithtown Counseling Center.....	631 360-7578
Islip Town Youth & Family Counseling Center	631 231-4333
LI Gay & Lesbian Youth (LIGALY).....	631 665-2300
Middle Country Public Library	631 585-9393
Narcotics Anonymous.....	631 689-6262
Nassau & Suffolk Health Council.....	631 656-9783
(insurance assistance & information)	
NYS Office for People with Developmental Disabilities (OPWDD).....	631 434-6000
Parents, Families & Friends of Lesbians & Gays	www.pflag.org
Parents for Megan's Law.....	631 689-2672
www.parentsformeganslaw.org	
Social Media Awareness.....	www.stopbullying.org
Sunshine Prevention Counseling Center.....	631 476-3099

Please refer to the school website under department tab and click on social workers if you require more assistance.