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Suffolk County Executive



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Hauppauge, NY 11788

2022

Suffolk County Directory of Behavioral Health Services

Guide to Services and Supports

Cari Faith Besserman, MS, CRC, CASAC-Master,
Director of Community Services

Suffolk County Division of Community Mental Hygiene Services
725 William J. Lindsay Complex - Building C016
Hauppauge, New York 11788-0099



COUNTY OF SUFFOLK



STEVEN BELLONE
SUFFOLK COUNTY EXECUTIVE

DEPARTMENT OF HEALTH SERVICES

GREGSON H. PIGOTT, MD, MPH
Commissioner

April 2022

Dear Suffolk County Resident,

I am pleased to present this updated comprehensive directory of behavioral health prevention, education, treatment, recovery services and supports. While not exhaustive of all resources in the county, the directory is the result of joint efforts put forth by the various subcommittees and workgroups organized through the Suffolk County Division of Community Mental Hygiene Services. Suffolk County possesses a vast array of services located throughout our geographical footprint. To make it easier to understand, we have provided a glossary of terms to explain the different services available. As we continue to focus on easing access to care, we have also prepared the guide to include locations as first reference under each category. Developed in 2021, www.SuffolkStopAddiction.org is an additional way to access resource information for Suffolk County substance use and mental health services, including this guide.

It is important for us all to acknowledge the difficulties of the last two (2) years. This has been a challenging time for us all, our County, our Nation, and the World. The impact of the COVID-19 pandemic continues to be felt throughout. As we continue to find our footing in this unfamiliar territory, we must be mindful of the effect the pandemic has had on each of us, and the impact we have yet to see. The weight of influence to overall health and wellness cannot be stressed enough. Sadly, in addition to the ravages brought on by the pandemic, we continue to experience a rise in deaths from suicide and overdose. As such, the services the behavioral health community provides have become more essential than ever: the importance of connection cannot be overstated. We encourage you to make use of our 24/7 Hotline number (631) 952-3333 to access immediate assistance available in various formats.

I am hopeful that this year, as a community, we can assist each other and the individuals that we serve, to overcome the challenges we have faced. Together, we can build a solid foundation to move forward in health and wellness.

If you have revisions or updates to the information found in this directory, please contact the Suffolk County Department of Health, Division of Community Mental Hygiene Services by telephone at (631) 853-8500.

Sincerely,

Cari Faith Besserman

Cari Faith Besserman, MS, CRC, CASAC - Master
Director, Suffolk County Division of Community Mental Hygiene Services



DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES
William J. Lindsay County Complex, Bldg. C016
725 Veterans Memorial Highway, PO Box 6100, Hauppauge, NY 11788
(631) 853-8500 | Fax (631) 853-3117

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EMERGENCY PHONE NUMBERS & CRISIS INTERVENTION SERVICES

| | |
|---|---------------------------|
| Suffolk County Crisis Response - DASH (Diagnostic, Assessment, and Stabilization Hub) - 90 Adams Ave., Hauppauge, NY 11788 | (631) 952-3333 |
| CPEP (Comprehensive Psychiatric Emergency Program) at Stony Brook (Psychiatric ER) | (631) 444-6050 |
| Domestic Violence, Sexual Assault 24-hr. Hotline | (631) 360-3606 |
| Rape Crisis/ Victims Hotline | (631) 332-9234 |
| Violent & Hate Crimes Hotline | (631) 626-3156 |
| Community Crisis Action Team – (Family Service League) | (888) 375-2228 |
| Joe’s Project – Family Service League – Post-vention for families affected by suicide | (888) 375-2228 |
| Response Hot Line - https://www.responsecrisiscenter.org/ | (631) 751-7500 |
| Suicide Prevention Lifeline | (631) 800-273-TALK (8255) |
| Talbot House, 24-hr. Substance Abuse Crisis | (631) 589-4144 |
| LICADD Substance Abuse Hotline 24-hr. Hotline | (631) 979-1700 |
| APS (Adult Protective Services) | (631) 854-3195 |
| CPS (Child Protective Services) | (800) 342-3720 |
| Long Island Crisis Center | (516) 679-1111 |
| SC Department of Social Services Emergency Services-Hotline (4:30pm- 8 am) | (631) 854-9100 |
| SC Department of Social Services Commissioner’s Response Unit (8am-4:30pm) | (631) 854-9935 |
| Sagamore Children’s Crisis Respite House & Suffolk Crisis Respite Bed Network | (631) 370-1701 |
| Children’s Home Based Crisis Intervention (WELLIFE Network LINK) | (631) 920-8302 |

MENTAL HEALTH - INPATIENT PROGRAMS

| Location | Program Name | Address | Phone | Pop. |
|----------------|--|---|--|--------------------------------|
| Amityville | BRUNSWICK HALL (Division of Brunswick Hospital) | 81 Loudon Ave Amityville, NY 11701 | (631) 789-7130 | Adult & Children |
| Amityville | SOUTH OAKS HOSPITAL | 400 Sunrise Hwy Amityville, NY 11701 | (631) 608-5610 | Adult & Children |
| Dix Hills | SAGAMORE CHILDREN’S PSYCHIATRIC CENTER | 197 Half Hollow Rd Dix Hills, NY 11746 | (631) 370-1700 | Children |
| Greenport | STONY BROOK EASTERN LONG ISLAND HOSPITAL | 201 Manor Place Greenport, NY 11944 | (631) 477-5268 | |
| Huntington | HUNTINGTON HOSPITAL | 270 Park Avenue Huntington, NY 11743 | (631) 351-2434 | |
| Northport | VETERANS ADMINISTRATION MEDICAL CENTER | 79 Middleville Rd Northport, NY 11768 | (631) 261-4400 x2785 | |
| Patchogue | LONG ISLAND COMMUNITY HOSPITAL | 101 Hospital Road Patchogue, NY 11772 | (631) 654-7760 | |
| Port Jefferson | JOHN T. MATHER MEMORIAL HOSPITAL | 75 N Country Rd Port Jefferson, NY 11777 | (631) 473-1320 x 5800 (18+) x 5820 (12-17) | Adult & Adolescents (12-17) |
| Smithtown | ST. CATHERINE OF SIENA MEDICAL CENTER | 50 Rte. 25A Smithtown, NY 11787 | (631) 862-3000 | |
| Stony Brook | STONY BROOK UNIVERSITY HOSPITAL | 101 Nichols Rd Stony Brook, NY 11794 | (631) 687-8333 | Adult & Children |

| | | | | |
|----------------|--------------------------------------|---|----------------|--|
| West Brentwood | PILGRIM PSYCHIATRIC CENTER (NYS OMH) | 998 Crooked Hill Rd W. Brentwood, NY 11717 | (631) 761-3500 | |
|----------------|--------------------------------------|---|----------------|--|

| MENTAL HEALTH - PARTIAL HOSPITALIZATION & DAY TREATMENT | | | | |
|--|---|--|--|-----------------------------------|
| Location | Program Name | Address | Phone | Pop. |
| Amityville | SOUTH OAKS HOSPITAL PARTIAL HOSPITALIZATION PROGRAM | 400 Sunrise Hwy Amityville, NY 11701 | (631) 608-5340 (631) 608-5885 | Children |
| Port Jefferson | JOHN T. MATHER MEMORIAL HOSPITAL, PARTIAL HOSPITALIZATION PROGRAM | 100 Highland Blvd Suite 201 Port Jefferson, NY 11777 | (631) 473-3877 x 17955 (A) x 14858 (C) | Adult & Adolescents (12-17) |
| Dix Hills | SAGAMORE CHILDREN'S PSYCHIATRIC CENTER, DAY TREATMENT PROGRAM | 197 Half Hollow Rd Dix Hills, NY 11746 | (631) 370-1895 | Children |

| SUBSTANCE USE – DETOXIFICATION (Withdrawal/Stabilization) | | | | |
|--|--|---|----------------|---------------------|
| Location | Program Name | Address | Phone | Pop. |
| Amityville | SOUTH OAKS | 400 Sunrise Highway Amityville, NY 11701 | (631) 608-5610 | Adult & Children |
| Bohemia | CATHOLIC CHARITIES TALBOT HOUSE | 30-C Carlough Road Bohemia, NY 11716 | (631) 589-4144 | Adults |
| Brentwood | Sunrise Detox | 141 8 th Street Brentwood, NY 11717 | (631) 857-3800 | |
| Calverton | WELLBRIDGE | 525 Jan Way, Calverton, NY 11933 | (631)508-5523 | |
| Greenport | STONY BROOK, EASTERN LONG ISLAND HOSPITAL | 201 Manor Place Greenport, NY 11944 | (631) 477-1000 | |
| Hampton Bays | LONG ISLAND CENTER FOR RECOVERY | 320 W. Montauk Hwy Hampton Bays, NY 11946 | (631) 728-3100 | |
| Lake Ronkonkoma | PHOENIX HOUSE of LI, Inc. | 153 Lake Shore Rd Lake Ronkonkoma, NY 11779 | (631) 306-5710 | |
| Port Jefferson | ST. CHARLES HOSPITAL | 200 Belle Terre Road Port Jefferson, NY 11777 | (631) 474-6981 | |
| Westhampton Beach | SEAFIELD CENTER | 7 Seafield Lane Westhampton Beach, NY 11978 | (631) 288-1122 | |

| SUBSTANCE USE – INPATIENT REHABILITATION | | | | |
|---|---|---|----------------|------|
| Location | Program Name | Address | Phone | Pop. |
| Amityville | SOUTH OAKS | 400 Sunrise Highway, Amityville NY 11701 | (631) 608-5610 | |
| Brentwood | CHARLES K. POST ATC | 998 Crooked Hill Road, Bldg. 1, W Brentwood, NY 11717 | (631) 434-7207 | |
| Calverton | WELLBRIDGE | 525 Jan Way Calverton, NY 11933 | (631) 508-5523 | |
| Greenport | STONY BROOK EASTERN LONG ISLAND HOSPITAL | 201 Manor Place Greenport, NY 11944 | (631) 477-8877 | |
| Hampton Bays | LONG ISLAND CENTER FOR RECOVERY | 320 W. Montauk Hwy. Hampton Bays, NY 11946 | (631) 728-3100 | |
| Port Jefferson | ST. CHARLES HOSPITAL | 200 Belle Terre Rd Port Jefferson, NY 11777 | (631) 474-6233 | |
| Westhampton Beach | SEAFIELD CENTER | 7 Seafield Lane Westhampton Beach, NY 11978 | (631) 288-1122 | |

| SUBSTANCE USE – RESIDENTIAL | | | | |
|------------------------------------|---|---|----------------|---------------------------------------|
| Location | Program Name | Address | Phone | Pop. |
| Brentwood | CHARLES K. POST ATC | 998 Crooked Hill Rd, Bldg. 1 PPC Campus, W. Brentwood, NY 11717 | (631) 434-7200 | |
| Brentwood | OUTREACH House II | 400 Crooked Hill Road, Brentwood, NY 11717 | (631) 231-3232 | Adolescent |
| Brentwood | OUTREACH Recovery Center at Pilgrim State | 998 Crooked Hill Rd, Bldg. 5, Brentwood, NY 11717 | (631) 521-8400 | Adult |
| Brentwood | OUTREACH Recovery Residential for Women | 400 Crooked Hill Road, Brentwood, NY 11717 | (631) 469-6200 | |
| Dix Hills | SCO MADONNA HEIGHTS Morning Star I | 151 Burrs Lane, Dix Hills, NY 11746 | (631) 643-0849 | Adult Women |
| Dix Hills | SCO MADONNA HEIGHTS Morning Star II | 151 Burrs Lane, Dix Hills, NY 11746 | (631) 643-6663 | Adult Women / Child to age 5 |
| East Hampton | THE DUNES | 201 Ford Pond Blvd, Suite 1 E. Hampton, NY 11937 | (631) 604-5405 | |
| Hauppauge | PHOENIX HOUSE of LI, Inc. | 220 Veterans Hwy, Hauppauge, NY 11788 | (631) 979-0922 | |
| Lake Ronkonkoma | PHOENIX HOUSE of LI, Inc. | 153 Lake Shore Rd Lake Ronkonkoma, NY 11779 | (631) 306-5710 | |
| Wainscott | PHOENIX HOUSE of LI, Inc. | 95 Industrial Rd, Wainscott, NY 11975 | (631) 537-2891 | |

MENTAL HEALTH - OUTPATIENT CLINICS

| Location | Program Name | Address | Phone | Pop. |
|-----------------|--|--|----------------------------------|----------------------------------|
| Amityville | SOUTH OAKS AFFILIATE | 400 Sunrise Hwy Amityville, NY 11701 | (631) 608-5620 (631) 608-5900 | Adult & Children |
| Bay Shore | CATHOLIC CHARITIES Bay Shore Center | 21 4 th Ave Bay Shore, NY 11706 | (631) 665-6707 | Adult & Children |
| Bay Shore | FAMILY SERVICE LEAGUE The Iovino South Shore Family Center | 1448 Fifth Ave. Bay Shore, NY 11706 | (631) 647-3100 | Adult |
| Brentwood | BRENTWOOD MENTAL HEALTH CLINIC | 1841 Brentwood Rd. Brentwood, NY 11717 | (631) 853-7300 | Adult & Children |
| Center Moriches | COMMUNITY COUNSELING SERVICES | 408 Main St South, Ste. 3 Ctr Moriches, NY 11934 | (631) 874-0185 | |
| Central Islip | FAMILY SERVICE LEAGUE The Central Islip Clinic | 320 Carleton Ave, Central Islip, NY 11722 | (631) 663-4300 | Adult & Children |
| Copiague | New Horizons Counseling Center | 445 Oak Street Copiague, NY 11726 | (631) 257-5173 | Adult & Children |
| Dix Hills | SCO MADONNA HEIGHTS | 151 Burrs Lane Dix Hills, NY 11746 | (631) 253-3480 | Adult & Children |
| East Hampton | FAMILY SERVICE LEAGUE East Hampton Center | 316 Accabonac Rd, E. Hampton, NY 11937 | (631) 324-3344 | Adult & Children |
| Farmingville | FARMINGVILLE MENTAL HEALTH CENTER | 15 Horseblock Pl, Farmingville, NY 11738 | (631) 854-2552 | Adult & Children |
| Greenport | FAMILY SERVICE LEAGUE Greenport Clinic | Sterling Commons, Unit 27, Front Street, Greenport, NY 11944 | (631) 298-8642 | Adult & Children |
| Hauppauge | FAMILY WELLNESS CENTER (FREE) | 120 Plant Ave. Hauppauge, NY 11788 | (631) 273-1300 | Adult |
| Huntington | FAMILY SERVICE LEAGUE | 55 Horizon Dr. Huntington, NY 11743 | (631) 396-2300 | Adult & Children |
| Islip | YOUTH ENRICHMENT SERVICES (YES) | 401 Main Street, Room 108, Islip, NY 11751 | (631) 446-1950 | Children & Youth to age 21 |
| Mastic | FAMILY SERVICE LEAGUE Mastic Center | 1235 Montauk Highway, Mastic, NY 11950 | (631) 924-3741 | Adult & Children |
| Mattituck | FAMILY SERVICE LEAGUE Mattituck Center – North Fork Counseling | 7555 Main Rd., Mattituck, NY 11952 | (631) 298-8642 | Adult & Children |
| Medford | CATHOLIC CHARITIES Medford Center | 1727 North Ocean Avenue, Medford, NY 11763 | (631) 654-1919 | Adult & Children |
| Medford | YAPHANK ADULT & GERIATRIC Pilgrim Outpatient Center | 31 Industrial Blvd., Medford, NY 11763 | (631) 924-4411 | Adult |
| Oakdale | FREE SUCCESS COMMUNITY CARE CLINIC | 405 Locust Avenue, Oakdale, NY 11769 | (631) 868-1244 | Adult |

| | | | | |
|-------------------|---|---|--|------------------|
| Patchogue | FEDERATION OF ORGANIZATIONS Wyandanch Mental Health Clinic, Eastern Satellite | 456 Waverly Ave. Patchogue, NY 11772 | (631) 782-6200 | Adult |
| Patchogue | SAGAMORE CHILDREN'S CENTER Waverly Avenue Clinic | 440-14 Waverly Ave Patchogue, NY 11772 | (631) 654-2077 | Children |
| Port Jefferson | JOHN T. MATHER OUTPATIENT Mental Health Clinic | 125 Oakland Ave, Ste. 303 Port Jefferson, NY 11777 | (631) 729-2140 | Adult |
| Port Jefferson | HOPE HOUSE MINISTRIES | 1 High St, Port Jefferson, NY 11777 | (631) 928-2377 | Adult |
| Riverhead | FAMILY SERVICE LEAGUE Riverhead Center | 400 West Main St. Riverhead, NY 11901 | (631) 369-0104 | Adult |
| Riverhead | PECONIC CENTER Pilgrim Outpatient Center | 550 E. Main St. Ste. 103, Riverhead, NY 11901 | (631) 369-1277 | Adult |
| Smithtown | NEW HORIZONS COUNSELING CENTER | 1056 West Jericho Tnpke Smithtown, NY 11787 | (631) 656-9550 | Adult & Children |
| Stony Brook | UNIVERSITY HOSPITAL AT STONY BROOK Clinic Treatment Program | 2500 Nesconset Hwy, Bldg. 2 Stony Brook, NY 11790 | (631) 632-9510 New pt: x 5878 Current pt: 490-3044 | Adult MM |
| Stony Brook | UNIVERSITY MEDICAL CENTER SUNY STONY BROOK Child Psychiatry Clinic | Putnam Hall, South Campus Stony Brook, NY 11794 | (631) 632-8850 (631) 632-9510 | Children |
| West Brentwood | BUCKMAN CENTER | 998 Crooked Hill Rd. Bldg. 47, W. Brentwood, NY 11717 | (631) 761-2289 | |
| West Brentwood | WESTERN SUFFOLK CENTER | 998 Crooked Hill Rd. Bldg. 56, W. Brentwood, NY 11717 | (631) 761-2082 | |
| Westhampton Beach | HAMPTON PSYCHOLOGICAL CENTER | 12 Oak Street, Westhampton Beach, NY 11978 | (631) 255-7715 | Adult |
| Wyandanch | FEDERATION OF ORGANIZATIONS | 240-A Long Island Ave. Wyandanch, NY 11798 | (631) 782-6200 | Adult & Children |

MENTAL HEALTH – ON TRACK NY (Specialized clinic program, 16 and up)

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|-------------------------------|--------------------------------|----------------|
| Suffolk On Track - South Oaks | 400 Sunrise Hwy, Amityville NY | (631) 608-5558 |
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MENTAL HEALTH – JAIL BASED BEHAVIORAL HEALTH SERVICES

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|--|---------------------------------|----------------|
| Suffolk County Division of Community Mental Hygiene | 100 Center Drive, Riverhead, NY | (631) 852-1851 |
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SUBSTANCE USE – OPIOID TREATMENT PROGRAMS

For more information on Suboxone Providers see Buprenorphine Practitioner Locator:

www.samhsa.gov/medication-assisted-treatment

| Location | Program Name | Address | Phone | Pop. |
|--------------------|--|--|----------------|------|
| Hauppauge | SUFFOLK COUNTY DEPARTMENT OF HEALTH SERVICES, INC. DIVISION OF COMMUNITY MENTAL HYGIENE | 725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. 151, Hauppauge, NY 11788 | (631) 853-6410 | |
| Hauppauge | | 200 Wireless Blvd. Hauppauge, NY 11788 | (631) 853-7373 | |
| Huntington Station | | 689 E. Jericho Tpke. Huntington Station, NY 11746 | (631) 854-4400 | |
| Riverhead | | 300 Center Drive 2nd Floor Riverhead, NY 11901 | (631) 852-2680 | |

SUBSTANCE USE – OUTPATIENT CLINICS

| Location | Program Name | Address | Phone | Pop. |
|------------|--|---|----------------|-----------------------|
| Amityville | HOPE FOR YOUTH | 201 Dixon Avenue Amityville, NY 11701 | (631) 842-7900 | |
| Amityville | SEAFIELD SERVICES | 37 John Street Amityville, NY 11701 | (631) 424-2900 | Adult & Adolescent |
| Amityville | SOUTH OAKS | 400 Sunrise Hwy. Amityville, NY 11701 | (631) 608-5610 | Adults |
| Amityville | SOUTH OAKS | 400 Sunrise Hwy. Amityville, NY 11701 | (631) 608-5028 | Adolescent |
| Bay Shore | FAMILY SERVICE LEAGUE The Iovino South Shore Family Center | 1448 Fifth Avenue Bay Shore, NY 11706 | (631) 647-3100 | Adult & Adolescent |
| Bellport | OUTREACH | 11 Farber Dr. Bellport, NY 11713 | (631) 286-0700 | Adult & Adolescent |
| Brentwood | OUTREACH | 452 Suffolk Ave, Brentwood, NY 11717 | (631) 436-6065 | Adult |
| Brentwood | OUTREACH Recovery Center at Pilgrim State | 998 Crooked Hill Rd. Building 5 Brentwood, NY 11717 | (631) 521-8400 | Adult & Veteran |
| Brentwood | OUTREACH Family & Training Center | 400 Crooked Hill Rd. Brentwood, NY 11717 | (631) 286-0700 | Adolescent |
| Coram | BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE TREATMENT (B.E.S.T.) | 6-7 Middle Country Rd. Coram, NY 11727 | (631) 946-6060 | |
| Coram | WELLLIFE NETWORK | 3600 Route 112, Coram, NY 11727 | (631) 920-8324 | |

| | | | | |
|----------------|--|---|----------------|---------------------|
| Copiapue | Federation of Organizations | 1375 Akron St. Copiapue, NY 11726 | (631) 552-4240 | Adult & Adolescents |
| Copiapue | New Horizons Counseling Center | 445 Oak Street Copiapue, NY 11726 | (631) 257-5173 | Adult & Children |
| Deer Park | BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE TREATMENT (B.E.S.T.) | 770 Grand Blvd. Suite 17, Deer Park, NY 11729 | (631) 392-4357 | |
| Dix Hills | SCO Family of Services | 151 Burrs Lane Dix Hills, NY 11746 | (631) 213-0146 | Adult & Children |
| East Hampton | THE DUNES | 201 Ford Pond Blvd, Ste 1 E Hampton, NY 11937 | (631) 604-5405 | |
| East Hampton | PHOENIX HOUSE of LI, Inc. | 287 Springs Fireplace Rd. East Hampton, NY 11937 | (631) 329-0373 | |
| Farmingville | VICTORY RECOVERY PARTNERS | 100 Granny Rd., Ste 1 Farmingville, NY 11738 | (631) 696-4357 | |
| Hampton Bays | CATHOLIC CHARITIES | 31 Montauk Hwy East Hampton Bays, NY 11946 | (631) 723-3362 | |
| Hauppauge | THE KENNETH PETERS CENTER FOR RECOVERY | 300 Motor Parkway Suite 110 Hauppauge, NY 11788 | (631) 273-2221 | |
| Holtsville | YMCA FAMILY SERVICES | 1150 Portion Rd Holtsville, NY 11742 | (631) 580-7777 | |
| Huntington | SAMARITAN DAYTOP VILLAGE | 2075 New York Ave. Huntington Sta., NY 11746 | (631) 351-7112 | |
| Huntington | HUNTINGTON DRUG AND ALCOHOL | 423 Park Avenue Huntington, NY 11743 | (631) 271-3591 | Adult & Adolescent |
| Huntington | WELLIFE NETWORK | 55 Horizon Dr. Huntington, NY 11743 | (631) 920-8324 | |
| Huntington | MOUNTAINSIDE CHAPPAQUA | 141 E, Main St. Huntington, NY 11743 | (631) 456-4646 | |
| Mastic | FAMILY SERVICE LEAGUE | 1235 Montauk Hwy. Mastic, NY 11950 | (631) 924-3741 | Adult & Adolescent |
| Medford | SEAFIELD SERVICES | 3251 Route 112 Bldg. 9, Ste. 2 Medford, NY 11763 | (631) 451-6007 | Adult & Adolescent |
| North Babylon | TOWN OF BABYLON Beacon Family Wellness Center | 281 Phelps Lane North Babylon, NY 11703 | (631) 422-7676 | |
| Patchogue | SEAFIELD SERVICES | 475 E Main St Ste. 101 E. Patchogue, NY 11772 | (631) 363-2001 | Adult & Adolescent |
| Port Jefferson | JOHN T. MATHER MEMORIAL HOSPITAL Outpatient Chemical Dependency Clinic | 100 Highlands Blvd. Ste. 201, Pt. Jefferson, NY 11777 | (631) 331-8200 | |
| Port Jefferson | Voyage Health | 251 Oakland Avenue Suite B Port Jefferson, NY 11777 | (631) 228-8700 | |

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|------------|---|---|----------------|--------------------|
| Riverhead | STONY BROOK MEDICINE QUANNACUT | 905 E Main Street Riverhead, NY 11901 | (631) 369-8966 | |
| Riverhead | FAMILY SERVICE LEAGUE | 400 W. Main St. Riverhead, NY 11901 | (631) 369-0104 | Adult & Adolescent |
| Riverhead | SEAFIELD SERVICES | 240 W. Main St. Riverhead, NY 11901 | (631) 369-7800 | |
| Ronkonkoma | COMMUNITY COUNSELING CENTER | 3281 Veterans Mem. Hwy. Suite E-14 Ronkonkoma, NY 11779 | (631) 471-3122 | |
| Sayville | BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE TREATMENT (B.E.S.T.) | 33 Foster Avenue Sayville, NY 11782 | (631) 750-0746 | |
| Setauket | BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE TREATMENT (B.E.S.T.) | 21 Technology Dr. E. Setauket, NY 11733 | (631) 675-2400 | |
| Shirley | LONG ISLAND COMMUNITY HOSPITAL | 550 Montauk Hwy Shirley, NY 11967 | (631) 852-1070 | |
| Shirley | VICTORY RECOVERY PARTNERS | 2 Coraci Blvd #16 Shirley, NY 11967 | (631) 696-4357 | |
| Smithtown | EMPLOYEE ASSISTANCE RESOURCES SERVICES, INC. | 278 E Main St. Smithtown, NY 11787 | (631) 361-6960 | |
| Smithtown | NEW HORIZONS COUNSELING CENTER | 1056 West Jericho Tnpke Smithtown, NY 11787 | (631) 656-9550 | |
| Smithtown | WELLIFE NETWORK | 11 Route 111 Smithtown, NY 11787 | (631) 920-8324 | |
| Smithtown | TOWN OF SMITHTOWN HORIZONS COUNSELING AND EDUCATION CENTER | 161 East Main St. Smithtown, NY 11787 | (631) 360-7578 | Adult & Adolescent |
| Wyandanch | WELLIFE NETWORK | 234 Long Island Ave. Wyandanch, NY 11798 | (631) 920-8324 | |

| MENTAL HEALTH, PERSONAL RECOVERY ORIENTED SERVICES (PROS) | | | | |
|--|---|---|----------------|-------------|
| Location | Program Name | Address | Phone | Pop. |
| Copliague | FEDERATION OF ORGANIZATIONS RECOVERY CONCEPTS at COPIAGUE | 1375 Akron St. Copliague, NY 11726 | (631) 552-4240 | Adult |
| Coram | WELLIFE NETWORK PROS EAST | 3600 Route 112 Coram, NY 11727 | (631) 920-8500 | |
| Huntington | FAMILY SERVICE LEAGUE Stepping Stones | 790 Park Avenue Huntington, NY 11743 | (631) 427-4001 | Adult Only |
| Oakdale | FREE SUCCESS PROS | 405 Locust Avenue Oakdale, NY 11769 | (631) 567-1626 | Adult |

| | | | | |
|----------------|--|---|----------------|-------|
| Patchogue | FEDERATION OF ORGANIZATIONS RECOVERY CONCEPTS at PATCHOGUE | 456 Waverly Avenue Patchogue, NY 11772 | (631) 447-6460 | |
| Riverhead | ST. CATHERINE OF SIENA | 127 West Main Street Riverhead, NY 11901 | (631) 727-4044 | Adult |
| Riverhead | SYNERGY CENTER (MHAW) | 1380 Roanoke Ave Riverhead, NY 11901 | (631) 369-0022 | Adult |
| Ronkonkoma | POLLACK CENTER (MHAW) | 939 Johnson Ave. Ronkonkoma, NY 11779 | (631) 471-7242 | |
| Smithtown | WELLIFE NETWORK PROS NORTH | 11 Route 111 Smithtown, NY 11787 | (631) 920-8306 | Adult |
| West Brentwood | PHOENIX HOUSE MENTAL HEALTH SERVICES PROS FIRST | 998 Crooked Hill Rd. Bldg. 5 W. Brentwood, NY 11717 | (631) 306-5732 | |

| MENTAL HEALTH - PREVENTION, RECOVERY & COMMUNITY BASED SERVICES | | | | |
|--|---|---|----------------|---------------------------|
| Location | Program Name | Address | Phone | Pop. |
| Amityville | ADOPTION & GUARDIANSHIP ASSISTANCE PROGRAM FOR EVERYONE (AGAPE) | 21 Green Avenue Amityville, NY 11701 | (631) 598-1983 | |
| Bay Shore | LEARN, ENRICH, ACHIEVE, DREAM (LEAD) | 1444 Fifth Avenue Bay Shore, NY 11706 | (631) 650-0105 | |
| Bay Shore | RECESS | 1444 Fifth Avenue Bay Shore, NY 11706 | (631) 650-0105 | |
| Hauppauge | ALTERNATIVES FOR YOUTH (AFY) | 60 Plant Avenue Hauppauge, NY 11788 | (631) 853-7889 | |
| Islandia | VICTIMS INFORMATION BUREAU (VIBS) | 185 Oval Drive Islandia, NY 11749 | (631) 360-3730 | |
| Middle Island | JUST KIDS | 35 Longwood Road Middle Island, NY 11953 | (631) 924-0008 | 0-5 y/o |
| Rocky Point | NORTH SHORE YOUTH COUNCIL | 525 Route 25A Rocky Point, NY 11778 | (631) 744-0207 | |
| Ronkonkoma | CRIME VICTIMS CENTER | 100 Comac St Ronkonkoma, NY 11779. | (631) 689-2672 | Youth, Adoscents & Adults |

| SUBSTANCE USE - PREVENTION, RECOVERY & COMMUNITY BASED SERVICES | | | | |
|--|--|--|----------------|-------------|
| Location | Program Name | Address | Phone | Pop. |
| Amityville | HOPE FOR YOUTH | 201 Dixon Avenue Amityville, NY 11701 | (631) 782-6523 | |
| Bay Shore | LONG ISLAND PREVENTION RESOURCE CENTER - FSL | 1444 Fifth Avenue Bay Shore, NY 11706 | (631) 650-0135 | |

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|------------------------|---|---|----------------|--|
| Hauppauge | LONG ISLAND COUNCIL ON ALCOHOL AND DRUG DEPENDENCY (LICADD) | 1324 Motor Parkway, Suite 102 Hauppauge, NY 11749 | (631) 979-1700 | |
| Hauppauge | SUFFOLK COUNTY DEPARTMENT OF HEALTH SERVICES, INC | 725 Vets Memorial Hwy William J. Lindsay Complex, Bldg. C016, Hauppauge, NY 11788 | (631) 853-8500 | |
| Hauppauge | THRIVE RECOVERY COMMUNITY AND OUTREACH CENTER | 1324 Motor Parkway Suite 102 Hauppauge, NY 11749 | (631) 822-3396 | |
| Holtsville | YMCA FAMILY SERVICES | 1150 Portion Rd, Ste 6 Holtsville, NY 11742 | (631) 580-7777 | |
| Huntington | HUNTINGTON DRUG AND ALCOHOL | 423 Park Avenue, Huntington, NY 11743 | (631) 271-3591 | |
| Huntington | WELLIFE NETWORK | 55 Horizon Drive, Huntington, NY 11743 | (631) 920-8000 | |
| Mastic | FAMILY SERVICE LEAGUE | 1235 Montauk Highway Mastic, NY 11950 | (631) 924-3741 | |
| Medford | EASTERN SUFFOLK BOCES | 1741D North Ocean Ave. Medford, NY 11763 | (631) 289-0078 | |
| Port Jefferson Station | SUNSHINE PREVENTION CENTER YOUTH & FAMILY SERVICES | 468 Boyle Road Port Jefferson Station, NY 11776 | (631) 476-3099 | |
| Riverhead | LONG ISLAND COUNCIL ON ALCOHOL AND DRUG DEPENDENCY (LICADD) | 877 East Main Street Suite 107 Riverhead, NY 11901 | (631) 979-1700 | |
| Riverhead | RIVERHEAD COMMUNITY AWARENESS PROGRAM, INC (CAP) | 518 E. Main Street Suite 106 Riverhead, NY 11901 | (631) 727-3722 | |
| Smithtown | TOWN OF SMITHTOWN HORIZONS COUNSELING AND EDUCATION CTR | 161 East Main Street Smithtown, NY 11787 | (631) 360-7578 | |
| Stony Brook | CENTER FOR PREVENTION AND OUTREACH | Stony Brook University Student Union, Rm # 216, Stony Brook, NY 11790 | (631) 632-6729 | |
| West Islip | YOUTH ENRICHMENT SERVICES (YES) | 555 Clayton Street Central Islip, NY 11722 | (631) 348-3513 | |
| Westhampton Beach | HUMAN UNDERSTANDING & GROWTH SERVICES (HUGS), INC | 108C Mill Road Westhampton Beach, NY 11978 | (631) 288-9505 | |
| Westhampton Beach | THRIVE RECOVERY COMMUNITY AND OUTREACH CENTER | 110A Mill Road Westhampton Beach, NY 11978 | (516) 939-1743 | |

ADULT SINGLE POINT OF ACCESS (A-SPOA)

ASSISTED OUTPATIENT TREATMENT (AOT)

As per Section 9.60 of Mental Hygiene Law (a/k/a “Kendra’s Law”), AOT “provides for court- ordered outpatient treatment for certain people with diagnoses of mental illnesses who, in view of their treatment history and present circumstances, are unlikely to survive safely in the community without supervision.” A person may be ordered to obtain Assisted Outpatient Treatment (AOT) if the court finds that he or she is:

- At least 18 years of age and suffers from mental illness; and
- Is unlikely to survive in the community without supervision, based on a clinical determination; and
- Has history of non-compliance with treatment for mental illness which has led to either 2 hospitalizations from mental illness in the preceding 3 years, or resulted in at least 1 act of violence toward self or others or threats of serious physical harm to self or others within the preceding 4 years; and
- Is unlikely to accept the treatment recommended in the treatment plan; and
- Is in need of AOT to avoid a relapse or deterioration that would likely result in serious harm to self or others; and
- Will likely benefit from AOT.

The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the SuffolkCounty Division of Community Mental Hygiene Services AOT Unit. AOT recipients will receive Care Coordination services via a Care Coordination Agency or an Assertive Community Treatment (ACT) team.

| AOT - ASSISTED OUTPATIENT TREATMENT | | | | |
|-------------------------------------|---|--|----------------|----------------|
| Location | Program Name | Address | Phone | Fax. |
| Hauppauge | SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES | 725 Vets Mem. Hwy. William J. Lindsay Complex, Bldg. C016 Hauppauge, NY 11788 | (631) 853-6204 | (631) 853-6451 |

CARE COORDINATION

Adult SPOA (Single Point of Access) coordinates referrals for care coordination to Health Home Care Management agencies and ACT Team providers. An individual receiving care coordination services can expect assistance with accessing services that support an improved quality of life. Care coordination can involve assistance with housing, outpatient treatment, vocational services, day programs and disability benefits. Additionally, the Adult SPOA unit provides referrals for care coordination services for those individuals without Medicaid coverage, and is available to offer assistance as you navigate the mental health system. Clients with Medicaid may also make a direct referral to a Health Home for care coordination services. **All requests for clients without Medicaid are made through the Adult SPOA unit. For assistance or more information about the application process, please call 853-6204, or to access the ASPOA application online visit the website at:**

<http://www.suffolkcountyny.gov/departments/healthservices/mentalhygiene>

Individuals that have Medicaid may be eligible for Health Home Care Management. For more information, contact either: Sun River Health Care at 1-888-980-8410 x 3 or Northwell Health at 1-888-680-6501.

| Care Coordination Program Name | Phone | Fax |
|--|----------------|----------------|
| Suffolk County Care Coordination | (631) 853-3860 | (631) 853-6451 |
| Pilgrim Psychiatric Care Coordination | (631) 761-4182 | (631) 761-4184 |
| Association for Mental Health and Wellness | (631) 369-4418 | (631) 369-4421 |
| Family Service League- Amityville | (631) 844-5900 | (631) 608-6640 |
| Family Service League- Bay Shore | (631) 647-3111 | (631) 647-3117 |
| Federation of Organizations | (631) 447-6460 | (631) 207-1976 |
| Well Life Network | (631) 920-8303 | (631) 920-8463 |
| Sayville Project – Stony Brook University | (631) 563-2290 | (631) 563-2360 |
| EAC Network | (631) 648-7100 | (631) 389-2893 |
| Brightpoint Care | (631) 450-9026 | (845) 762-9383 |
| New Horizons Counseling Center | (718) 945-2273 | (718) 412-1129 |
| Options for Community Living, Inc. | (631) 361-9020 | (631) 361-9204 |
| EOC Chronic Health Care Coordination | (631) 968-8000 | (631) 968-8131 |

ASSERTIVE COMMUNITY TREATMENT (ACT)

A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement. The target population is those whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports.

All referrals for ACT services must be made through the Adult SPOA unit. For assistance or more information about the application process, please call 853-6204, or to access the ASPOA application online visit the website at: <http://www.suffolkcountyny.gov/departments/healthservices/mentalhygiene>

| ACT – ASSERTIVE COMMUNITY TREATMENT | | | | |
|-------------------------------------|--------------------------------------|--|--------------------------|----------------|
| Location | Program Name | Address | Phone | Fax |
| Central Islip | Family Service League Central ACT | 1444 5 th Ave. Bay Shore, NY 11706 | (631) 663-4350 | (631) 439-4067 |
| Central Islip | Family Service League West ACT | 1444 5 th Ave. Bay Shore, NY 11706 | (631) 647-2048 | (631) 647-2057 |
| Huntington | WELLLIFE Network West ACT | 55 Horizon Dr. Huntington, NY 11743 | (631) 920-8088 | (631) 920-8166 |
| Medford | Federation of Organizations East ACT | 3390 Route 112 Medford, NY 11763 | (631) 512-4092 x 4261 | (631) 514-3572 |
| Patchogue | Pilgrim Psychiatric Center (PPC) ACT | 3 Grove Ave. Patchogue, NY 11772 | (631) 475-7108 | (631) 475-9601 |

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|--------------|--|---|----------------|----------------|
| Smithtown | WELLIFE Network East ACT | 11 Route 111 Smithtown, NY 11787 | (631) 920-8351 | (631) 920-8353 |
| Riverhead | Family Service League East ACT | 208 Roanoke Ave. Riverhead, NY 11901 | (631) 284-2565 | (631) 284-2541 |
| West Babylon | Federation of Organizations West ACT | One Farmingdale Rd. Route 109 West Babylon, NY 11704 | (631) 669-5355 | (631) 669-1471 |

MENTAL HEALTH – MOBILE COMMUNITY-BASED SUPPORT TEAMS (ADULTS)

| | |
|---|--|
| Concern for Independent Living Mobile Residential Support Team (MRST) 12 Renaissance Blvd Middle Island, NY 11953 | (631) 947-2906 x 1670 |
| Options for Community Living Mobile Residential Support Team (MRST) 600 Albany Avenue Amityville, NY 11701 | (631) 361-9020 x 3171 |
| Federation of Organizations Residential Transitional Support Team (RTS) | (631) 299-2530 x 5111 |
| NYS Office of Mental Health Mobile Integration Teams (MIT) | (631) 370-1701 Children & Adolescents (631) 924-4411 x 244 Adults |

MENTAL HEALTH – ADULT CRISIS RESIDENCE/RESPITE HOUSING

| | |
|---|----------------|
| HOUSING SPECIALIST Adult Single Point of Access Unit | (631) 853-3097 |
| Concern for Independent Living Crisis Respite Beds | (631) 947-2900 |
| Federation of Organizations Crisis Respite Beds | (631) 236-4299 |
| Family Residences and Essential Enterprises (FREE) Hospital Diversion (HD) Program | (631) 676-3299 |
| Crisis Residence (Pilgrim) | (631) 761-2929 |

SINGLE POINT OF ACCESS (SPA) HOUSING UNIT

| | |
|---|---------------------|
| Phone: (631) 231-3562 | Fax: (516) 667-2856 |
| <p>Single Point of Access (SPA) is committed to providing housing to Nassau and Suffolk county residents with serious behavioral health issues regardless of race, creed or color, in an effort to promote recovery through a strength based support system. The SPA strives to reduce stigma and provide opportunities for recovery and is responsive to individual recipient wishes and needs in an effort to reduce hospitalization and homelessness</p> | |
| <p>Supervised Community Residence - CR <i>These programs are supervised 24 hours per day. These residences typically house 8 – 15 individuals in one large house. Food is provided. Residents are offered all restorative services, generally with an emphasis on Daily Living Skills such as cooking, cleaning, personal hygiene, food shopping and money management. Medication is supervised as needed.</i></p> | |

SRO Community Residence (CR-SRO)

This level offers individuals their own bedrooms usually in a large building with up to 50 residents. Staff supervision is present 24 hours per day. It is recommended that residents prepare their own meals. A meal plan may be available for purchase depending on location. Restorative services are available.

Apartment Treatment - ATP

These programs typically receive staff visits several times each week, depending on level of need. There are generally 2 – 3 residents per house or apartment. Residents are expected to have good daily living skills, and be able to hold their own medication. Food is not provided. Instead, residents receive an allowance, which is used to purchase food and cleaning supplies. Applicants should have some ability to manage their own medications

Supported Housing - SHP

Supported Housing programs vary. Programs may offer shared apartments, houses for three individual adults, or families. Individuals residing in Supported Housing pay 30% of their monthly income toward their rent. The rest of their rent is subsidized. Residents of these programs live fairly independently, and may receive visits 1- 4 times monthly. Supported Housing is considered long term housing.

CHILDREN’S SINGLE POINT OF ACCESS (C-SPOA)

The Children’s Single Point of Access system began in 2001 to simplify and coordinate the process of linking children with serious emotional disturbance and their families to the services that can assist in meeting their needs. The goal of SPOA is to identify children at highest risk of placement in out-of-home settings; develop appropriate strategies to manage those children in their home communities; and monitor and track progress through the system. The Children’s SPOA is characterized by a multi-disciplinary representation of agencies. Referrals may be made to SPOA for children, age five through 18 years (some to 21), with a major psychiatric diagnosis who meet the NYS OMH criteria for Serious Emotional Disturbance (SED).

| Location | Program Name | Address | Phone | Fax. |
|-----------|---|---|----------------|----------------|
| Hauppauge | SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES | 725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016 , Hauppauge, NY 11788 | (631) 853-8513 | (631) 853-8518 |

C-SPOA IN-HOME PROGRAMS

FAMILY CONNECT: Child and Family Support program designed to provide short-term crisis intervention, respite linkages, support, information, referral and advocacy to children and youth with or at risk of developing serious emotional and behavioral challenges and their families. Family Connect program seeks to bridge the gap between families in need and community resources. Mobile Crisis and ER/CPEP referrals are not appropriate and should continue to be referred to LINK.

YOUTH AND FAMILY INTEGRATION (Y-FI): A preventive in-home service program, Y-FI provides integrated mental health coordination, family support and youth peer advocacy for youth at risk of developing SED and their families. Working as a team, the program provides integrated care coordination and skill development as well as support, advocacy and education.

SERVICES, SUPPORTS, TRANSITIONS, ADVOCACY AND ACCESS FOR YOUTH (SSTAAY): The SSTAAY program enhances the ability of youth (ages 5-21) who have or are at risk of developing SED to maintain emotional and behavioral stability, strengthen their support systems, and avert the need for higher levels of care and/or out-of-home placement. Services and supports include advocacy, service linkage, skill building, service education, and crisis prevention.

CHILDREN’S CARE COORDINATION AND CHILDREN’S HEALTH HOME CARE MANAGEMENT: All develop service plans based on the specific needs and desires of the child and the family. Programs provide care coordination services, including service linkage, coordination and monitoring and crisis intervention to maximize each youth’s potential for growth

and emotional stability within their natural support system and maintain the youth in their home and community. Frequency of visits range from 2-4 times per month.

COORDINATED CHILDREN’S SERVICES INITIATIVE (CCSI): The CCSI program targets children who are at risk for out of home placement. Worker provides weekly visits requiring parental commitment. Requires a parenting skills enhancement course; anger management courses are available for the child.

HIGH FIDELITY WRAPAROUND (HFWR): HFWR is a nationally recognized model that empowers youth and families to advocate for and manage their needs as well as strengthen social supports. Each family will work with a care coordinator, family support partner and youth support partner to identify and work toward agreed upon goals. The team will assist the youth and their family in navigating systems to obtain services to meet their needs.

MOBILE EARLY INTERVENTION PROGRAM (MEIP): Supports children/youth returning to their homes and communities sooner from Out-of-Home Placement, as well as potentially diverts Out-of-Home Placement for youth and their families through the provision of Mobile Early Intervention Services.

FAMILY PEER SUPPORT SERVICES: Family Peer Support Service (FPSS) programs enhance the capacity of families to care for their at-risk child, reducing the risk of hospitalization. The goal is to maintain the child in the home by providing a variety of supports and services to the family for the benefit of the child.

YOUTH ASSERTIVE COMMUNITY TREATMENT (YACT): YACT teams are designed to address the significant needs of children ages 10 up to 21, who are at risk of entering, or returning home from high intensity services, such as inpatient settings or residential services. Interventions are focused on enhancing family functioning to foster health/well-being, stability and re-integration for the child/youth. Youth ACT teams deliver intensive, highly coordinated, individualized services and skilled therapeutic interventions through an integrated, multi-disciplinary team approach to better achieve success and maintain the child in the home, school and community.

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| Hope For Youth | 22 Shore Lane, Bayshore, NY | 631 647-4525 |
|----------------|-----------------------------|--------------|

C-SPOA COMMUNITY-BASED RESIDENTIAL SERVICES

COMMUNITY RESIDENCES (CR): Community Residences are residential programs for eight children that include structured daily living activities, development of problem-solving skills, a behavior management system and caring adult relationships. Program staffing provides for 24-hour awake supervision.

RESIDENTIAL TREATMENT FACILITY (RTF): Residential Treatment Facilities provide fully integrated MH treatment and special education services under the direction of a psychiatrist, in a well-supervised residential setting. RTFs can serve youngsters between 5 and 21 years of age. Most youngsters are served for an extended stay between 6 months and 2 years. Access to an RTF is through the Authorization Review Process under the guidance of the Office of Mental Health (OMH).

| PEER SUPPORT/ FAMILY SUPPORT | |
|---|-----------------------|
| Association for Mental Health and Wellness (MHAW) (Recovery Center East) | (631) 369-0022 x 1901 |
| Association for Mental Health and Wellness (MHAW) Peer Support Line | (631) 471-7242 x 1217 |
| Association for Mental Health and Wellness (MHAW) Family Support Line | (631) 226-3900 |
| Association for Mental Health and Wellness (MHAW) Long Island Peer Networking Meeting | (631) 471-7242 x 1341 |
| Association for Mental Health and Wellness (MHAW) Healing Connections Peer Support Groups | (631) 471-7242 x 1390 |
| Hands Across Long Island | (631) 234-1925 |
| Federation of Organizations – | |

| | |
|--|----------------------------------|
| <i>The Peer Outreach with Evening Recreation (POWER)</i> | (631) 447-6460 x 2114 |
| <i>The Respite Plus</i> | (631) 447-6460 x 2188 |
| <i>The Jr. Sr. Companion</i> | (631) 447-6460 x 3130 |
| <i>The Advocacy Program</i> | (631) 447-6460 x 2203 |
| Friendship Network | (516) 326-6111 |
| Long Island Gay and Lesbian Youth (LIGALY) | (631) 665-2300 |
| Family Service League: Parent to Parent | (631) 853-2793 |
| Suffolk County Veterans Service Agency: | Hauppague Office: (631) 853-VETS |
| | Riverhead Office: (631) 852-1410 |

| SUBSTANCE USE DISORDER PEER/FAMILY SUPPORT | |
|---|-----------------------------|
| Center of Treatment Innovation (COTI) Mobile Recovery- FSL | (631) 656-1020 |
| CN Guidance & Counseling Services Peer Engagement | *Referrals come from the ED |
| Easter Seals New York, Inc. Peer Engagement | (516) 451-1479 |
| Family & Children's Association (Sherpa) Family Support Navigator | (516) 592-7385 |
| Thomas' Hope Foundation, Inc. Family Support Navigator / Peer Engagement | (631) 817- HOPE |
| New Horizons Counseling Center Family Support Navigator | (516) 872-9698 |

| SELF HELP SUPPORT | |
|--|--------------------------------------|
| Association for Mental Health and Wellness <i>Helpline</i> <i>PFC Joseph P. Dwyer Project (PTSD Peer- to-Peer Support)</i> | (631) 471-7242 x 2 (631) 853-8345 |
| Alcoholics Anonymous (AA) Suffolk Intergroup Association office | (631) 654-1150 |
| Al-Anon/Ala-teen | (888) 425-2666 |
| Suffolk Office | (631) 669-2827 |
| Brookhaven Hospice | (631) 758-3600 |
| Children, Adults with ADD (CHADD) | (631) 626-6280 |
| Co-Dependents Anonymous | (516) 500-2632 |
| Emotions Anonymous | (651) 647-9712 – National Hotline |
| Good Shepard Hospice | (631) 465-6300 |
| Hospice Care Network | (631) 666-6863 |

| | |
|---|----------------------|
| Living Hope for Mental Health | (631) 675-6831 |
| Long Island Families Together (LIFT) Adoption Support Group | (631) 264-5438 x 103 |
| Long Island Against Domestic Violence | (631) 666-8833 |
| NAMI Huntington | (631) 385-0754 |
| NAMI New York State | (800) 950-3228 |
| Narcotics Anonymous of Suffolk | (631) 689-6262 |
| Recovery International | (631) 724-5190 |
| Suffolk YJCC Commack | (631) 462-9800 |
| Sunshine Prevention Center | (631) 476-3099 |

| 12 STEP PROGRAMS | |
|---------------------------|-----------------------------------|
| Alcoholics Anonymous (AA) | (631) 669-1124 |
| Families Anonymous | (516) 221-0303 |
| LI Gamblers Anonymous | (855) 222-5542 |
| Narcotics Anonymous | (631) 689-6262 |
| Al-Anon | (631) 669-2827 |
| Co-Dependents Anonymous | (516) 500-2632 |
| Gam-Anon 24-hr Hotline | (718) 352-1671 |
| Overeaters Anonymous | (505) 891-2664 – National Hotline |

| ANGER MANAGEMENT | |
|--|----------------|
| Long Island Center for Alcoholism and Drug Dependence (LICADD) | (516) 747-2606 |
| The Life Center | (631) 673-5433 |
| Bellport Hagerman East Patchogue Alliance | (631) 286-9236 |
| Babylon Consultation Center | (631) 587-4622 |
| Family Service League | (631) 647-3100 |
| Islip Youth & Family Counseling | (631) 231-4333 |
| Education & Assistance Corporation | (516) 489-7929 |
| Parent Resource Center | (631) 360-7517 |
| Sunrise Counseling Center | (631) 666-1615 |
| Sunshine Prevention Center | (631) 476-3099 |
| Batterers Intervention Program through VIBS (HALT) | (631) 360-2270 |

PERINATAL MOOD & ANXIETY DISORDER SERVICES

| | |
|---|----------------------------------|
| Postpartum Resource Center of New York | (631) 422-2255 |
| Suffolk Perinatal Coalition, Inc. | (631) 475-5400 |
| Postpartum Support International | (800) 944-4773 |
| An Angel's Embrace: Pregnancy and Postpartum Depression | (516) 697-1682 |
| Long Island Doula Association (LIDA) | (631) 574-2205 |
| Mothers' Circle of Hope <i>St. Catherine of Siena, Smithtown</i> <i>Good Samaritan Hospital</i> | (631) 862-3330 (631) 376-4444 |
| Maternal Wellness Pregnancy & Postpartum Depression | (631) 265-3133 |

YOUTH CENTERS

| | |
|-----------------------------------|----------------|
| Babylon Youth Bureau | (631) 422-7660 |
| Brookhaven Youth Bureau | (631) 451-8011 |
| Huntington Youth Bureau | (631) 351-3061 |
| Islip Youth Bureau | (631) 224-5320 |
| Long Island Gay and Lesbian Youth | (631) 665-2300 |
| Smithtown Youth Bureau | (631) 360-7595 |
| Southampton Youth Bureau | (631) 702-2425 |
| Southold Youth Bureau | (631) 765-8251 |
| Suffolk County Youth Bureau | (631) 853-8270 |

DROP-IN CENTERS

| | |
|--|-----------------------|
| Federation of Organizations – West Babylon | (631) 669-5355 x 2122 |
| Federation of Organizations – Patchogue | (631) 447-6460 |
| Hands Across Long Island (H.A.L.I) | (631) 234-1925 |
| Long Island Gay and Lesbian Youth (LIGALY) | (631) 665-7874 |
| WELLLIFE Network – Huntington | (631) 920-8000 |

ADVOCACY

| | |
|--|----------------|
| Community Health Access to Addiction and Mental Healthcare Project (CHAMP) | (888) 614-5400 |
| Families in Support of Treatment (F.I.S.T) | (516) 316-6387 |
| Hands Across Long Island (H.A.L.I) | (631) 234-1925 |
| Islip/Babylon Consumer Council | (631) 587-1886 |
| Long Island Advocacy Center (LIAC) | (631) 234-0467 |
| Long Island Families Together Inc. | (631) 264-5438 |
| Long Island Gay and Lesbian Youth (LIGALY) | (631) 665-2300 |
| Long Island Recovery Association (LIRA) | (631) 552-5472 |
| P.O.W.E.R. Program (Federation of Organizations) | (631) 447-6460 |
| Suffolk County Office for the Aging Hauppauge | (631) 853-8200 |
| Riverhead | (631) 852-1420 |
| Suffolk Independent Living Organization (SILO) | (631) 880-7929 |
| United Way | (631) 940-3700 |

| DISASTER RESOURCES | |
|-----------------------------|----------------|
| Disaster Distress Hotline | (800) 985-5990 |
| The Crisis Response Service | (631) 289-2200 |

| LEGAL SERVICES | |
|--|--|
| The NYS Justice Center | 1 (855) 373-2122 - Hotline |
| Legal Aid Society of Suffolk County – Central Islip <i>District Court</i> <i>Family Court</i> <i>Children’s Law Bureau</i> <i>Riverhead Office</i> | (631) 853-5212 (631) 853-4343 (631) 439-2450/2453 (631) 852-1650/1655 |
| Mental Hygiene Legal Service Courthouse Corporate Center | (631) 208-5319 |
| Nassau/Suffolk Law Services Islandia Riverhead | (631) 232-2400 (631) 369-1112 |
| Suffolk County Bar Association | (631) 234-5511 |
| Supreme Court Building | (516) 493-3963 |

| REPRESENTATIVE PAYEE SERVICES | |
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| FREE | (631) 273-1300 x 1007 |
| Federation of Organizations | (631) 321-9556 x 1 |

| FREE/LOW COST MEDICATION | |
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| Bureau of Prescription Health | (573) 996-7300 |
| <p>The Medicine Program assists patients who cannot afford to pay for prescription medication. This program is used when a consumer is unable to pay for medications, pending Medicaid approval. There are also some pharmaceutical companies that offer free medications to low-income families. They require a doctor’s consent and proof of your financial status. Depending on what your insurance covers, you may be able to apply. A few companies allow family incomes as high as \$40,000 annually (offset by expenses). For a listing of current pharmaceutical companies and the medications they offer visit www.nami.org</p> | |

| VOCATIONALLY-ORIENTED PROGRAMS | |
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| ACCES-VR | (631) 952-6357 |
| Family Wellness Center | (631) 273-1300 |
| Federation of Organizations | (631) 669-5355 |
| FREE Career Opportunity Program | (631) 234-8694 |
| Hands Across Long Island (H.A.L.I) | (631) 234-1925 |
| Maryhaven Center of Hope – Port Jefferson | (631) 474-4120 |
| Maryhaven Center of Hope – Yaphank | (631) 924-5900 |
| MHAW Careers in Recovery & Wellness Training | (631) 471-7242 x 1323 |
| FREE | (631) 567-3320 |
| South Oaks Hospital Career & Education Counseling Program | (631) 608-5052 |
| Suffolk County Department of Labor Youth Career Center | (631) 853-6526 |

| LITERATURE ON MENTAL ILLNESS OR SUBSTANCE USE DISORDERS | |
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| National Institute of Mental Health (NIMH) | (866) 615-6464 |
| Substance Abuse and Mental Health Services Administration (SAMHSA) | 1 (800) 662-HELP |

| NEW YORK STATE OFFICES | |
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| NYS OFFICE OF MENTAL HEALTH (OMH) (link to: Find a Mental Health Program) | https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages |
| NYS OFFICE OF ADDICTION SERVICES AND SUPPORTS (OASAS) (link to: Find Addiction Treatment) | https://findaddictiontreatment.ny.gov/ |

| PROFESSIONAL ASSOCIATIONS | |
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| NYS Psychological Association – for PhD/Testing/Treatment | (800) 445-0899 (518) 437-1050 |
| NYS National Association of Social Workers (NASW) | (800) 724-6279 |
| Suffolk County Medical Society | (631) 851-1400 |
| Mental Health America | (800) 969-6642 |

| LOS RECURSOS PARA LOS QUE HABLAN ESPANOL | |
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| Adelante of Suffolk County – Brentwood | (631) 434-3481 |
| BEST | (631) 392-4357 |
| Catholic Charities – Bay Shore | (631) 665-6707 |
| Hispanic Counseling Center | (631) 328-4959 |
| Huntington Drug and Alcohol | (631) 271-3591 |
| Long Island Council on Alcohol and Drug Dependency (LICADD) | (631) 979-1700 |
| Long Island Gay and Lesbian Youth (LIGALY) | (631) 665-2300 |
| National Association of Puerto Rican Hispanic Social Workers | (631) 864-1536 |
| Parientes Clinic | (631) 665-0229 |
| Pilgrim Psychiatric Center | (631) 761-3500 |
| South Shore Counseling | (631) 665-6244 |

GLOSSARY OF TERMS

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| Adolescent Treatment | The Agency provides specialized services for adolescents. |
| Ancillary Withdrawal | Ancillary Withdrawal services are the medical management of mild or moderate symptoms of withdrawal within an OASAS certified inpatient/outpatient clinic setting who have protocol for providing ancillary withdrawal services approved by the OASAS Medical Director. |
| Assertive Community Treatment (ACT) | <p>A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement. The target population is those whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports.</p> <p>All referrals for ACT Team services must be made through the Adult SPOA Unit.</p> |
| Assessment- | The process of gathering a client's personal and family history and any other data necessary for determining client's treatment needs. |
| Assisted Outpatient Treatment (AOT) | <p>The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the Suffolk County Division of Community Mental Hygiene Services AOT Unit. Client's referred and eligible for AOT will receive Care Coordination services with Care Coordination Agencies, Suffolk County Management (ICM) or Assertive Community Treatment (ACT) services.</p> <p>All referrals for Care Coordination, ACT or AOT must be on the Adult SPOA application</p> |
| Bilingual Services | Treatments services offered in dual language other than English. |
| CASAC | Credentialed Alcoholism and Substance Abuse Counselor Credentials are issued by The New York State Office of Alcohol & Substance Abuse Services and are intended for individuals who provide COUNSELING services, for individuals with a substance use disorder. |
| Case Management | Case management is the coordination of community services for mental health patients by allocating a professional to be responsible for the assessment of need and implementation of care plans. It is usually most appropriate for people who, as a result of a serious mental illness, have ongoing support needs in areas such as housing, employment, social relationships, and community participation. In particular, service users with a major psychotic disorder are most often suited to receiving services within this model. |
| Codependent | Codependent is a common condition in people raised in dysfunctional families, and in the partners and children of alcoholics and addicts. It is characterized by living through or for another, attempts to control others, blaming others, a sense of victimization, attempts to "fix" others, and intense anxiety around intimacy. |
| CPP/CPS | Credentialed Prevention Professional and Credentialed Prevention Specialists Credentials issued by The New York State Office of Alcohol & Substance Abuse Services which are intended for individuals who provide alcohol and substance use PREVENTION services in approved work and community settings. |
| Criminal Justice Group | Specialized group treatment for those involved in the criminal justice system. |

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| Crisis Intervention | Chemical dependence crisis services manage the treatment of alcohol and/or substance withdrawal, as well as acute disorders associated with alcohol and/or substance use, resulting in a referral to continued care. These services are often provided early in a person’s course of recovery and are relatively short in duration, typically in the three to five day range. Crisis services include: medically managed detoxification; medically supervised withdrawal in either an inpatient/residential or outpatient setting; and medically monitored withdrawal. |
| Day Treatment | Day Treatment a level of care that provides a community based, coordinated set of individualized treatment services to individuals with psychiatric disorders who are not able to function full-time in a normal school, work, and/or home environment and need the additional structured activities of this level of care. While less intensive than hospital based day treatment, this service includes diagnostic, medical, psychiatric, psychosocial, and adjunctive treatment modalities in a structured setting. |
| Detoxification (Medically Managed) | This service addresses the needs of patients who are acutely ill from alcohol-related and/or substance-related addictions or dependence, including the need for medical management of persons with severe withdrawal or risk of severe withdrawal symptoms, and may include individuals with or at risk of an acute physical or psychiatric co-morbid condition. This level of crisis service is the only one capable of accommodating individuals who are incapacitated and require an involuntary, emergency admission |
| Domestic Violence | Specialized group treatment for victims of domestic violence |
| DWI | In every state, it is a crime for a driver to operate a vehicle while impaired by the effects of alcohol or drugs. The specific offense may be called driving under the influence (DUI), driving while intoxicated (DWI), operating under the influence (OUI), and even operating a motor vehicle intoxicated (OMVI). |
| Family Therapy | Treatment for substance use disorders that involves all members of the nuclear or extended family. |
| Gambling Treatment | These services assist individuals who are affected by problem and pathological gambling, including family members and/or significant others. These services may be provided in free-standing settings or may be co-located in chemical dependency outpatient clinics or other mental health settings. |
| Inpatient Rehabilitation | Chemical dependence inpatient rehabilitation services provide intensive management of chemical dependence symptoms and medical management/monitoring of physical or mental complications from chemical dependence to clients who cannot be effectively served as outpatients and who are not in need of medical detoxification or acute care. These services can be provided in a hospital or free-standing facility. Lengths of stay are primarily in the 20-40 day range. |
| Inpatient Services – Mental Health | Hospitalization may be needed to allow for a period during which the individual can be closely monitored to provide accurate diagnosis, to help adjust or stabilize medications, or during an acute episode where a person’s mental illness temporarily worsens. There are times when a person becomes so ill that they are at risk of hurting themselves or others and hospitalization becomes necessary even though the individual does not wish to enter a hospital. While seeking help voluntarily is always preferable, if that is at all possible, the decision to hospitalize involuntarily can be more caring than it seems if that is the only way your family member or friend can get the care they need, especially if there is a risk of suicide or harm to others. Article 9 of the Mental Hygiene Law (1978) discusses hospitalization persons with a mental illness. Under the law there are three major classifications of admission. |

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| | <ol style="list-style-type: none"> 1) Voluntary Admission - Any person 18 years of age or over in need of care or treatment may voluntarily sign himself/herself into a hospital if the admitting physician agrees that hospitalization is required. 2) Involuntary Admission - Any person 18 years of age or over may be admitted involuntarily upon the certification of two examining physicians or by a physician serving as a commissioner's designee with the concurrence of the hospital staff physician. 3) Emergency Admission (9.39) - Any psychiatric hospital or general hospital with a psychiatric unit which has facilities for emergency admission and is certified by the State Office of Mental Health for this purpose may admit a patient for immediate observation, care and treatment if the person's behavior is likely to result in serious harm to oneself or others. |
| Intensive Outpatient Services | Intensive Outpatient Services are an intermediate level of care to treat mental health and/or substance use disorders. Individuals are seen as a group 2 to 5 times a week (depending on the structure of the program) for 2 to 3 hours at a time. The clinical work is primarily done in a group setting, with individual sessions scheduled periodically generally outside group hours. |
| LCSW | Licensed Clinical Social worker: has a graduate academic degree, has had supervised clinical work experience, and has passed a national- or state-certified licensing exam. This advanced professional can receive health-care Private Insurance reimbursements. |
| LMFT | Licensed Marriage and Family Therapist has a graduate academic degree, clinical work experience, and has passed state-certified licensing exams. Along with a two- to three-year master's programs with a practicum and internship, LMFTs are required to complete clinical training in individual or family therapy. Some states require completion of 3000 hours of service. |
| LMHC | Licensed Mental Health Counselor has advanced training, a graduate academic degree, clinical work experience, and has completed a state-certified licensing examination. Counselors often treat people dealing with substance use disorders or eating disorders. Some specialize in marriage, family, or child counseling. |
| LMSW | Licensed Master Social Worker: A non-clinical social work license, but is permitted to engage in private/independent practice. LMSW-CC is permitted to perform clinical social work but only under the direct consultation of a LCSW/CSW-IP. Also, a LMSW-CC cannot engage in private/independent practice. |
| MD | Doctor of Medicine is the most common degree held by physicians and surgeons. Most MDs who work in mental health are psychiatrists. After completing medical school, they receive an additional four years of clinical training in mental health specialties. Psychiatrists treat emotional and mental disorders and are licensed to prescribe medication. These professionals may treat psychiatric disorders with therapy in conjunction with psychotropic medications. |
| Medically Monitored Withdrawal Service | Medically monitored withdrawal services (crisis centers) provide monitoring of mild withdrawal symptoms and uncomplicated withdrawal. The crisis centers also provide services for those in situational crises at risk for relapse |
| Medically Supervised Withdrawal Service | Medically supervised withdrawal services provide treatment to individuals with moderate withdrawal symptoms and non-acute physical or psychiatric complications coupled with situational crisis, or who are unable to abstain with an absence of past withdrawal complications. Medically supervised outpatient withdrawal and stabilization services are appropriate for persons with above symptoms and have a stable environment. |

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| Medication Assisted Treatment | Medication Assisted Treatment means treatment of substance use disorders and concomitant conditions with medications requiring a prescription or order from an authorized prescribing professional. This may also be referred to as Medication Supported Recovery. |
| Medication Management | Medication Management is a level of outpatient services where the sole service provided by the qualified physician is the evaluation of the client’s need for psychotropic medications, provision of prescription, and ongoing medical monitoring of those medications. |
| Methadone Services | METHADONE TREATMENT is a medical service designed to manage heroin addiction. Methadone treatment programs (MTPs) administer methadone by prescription, in conjunction with a variety of other rehabilitative assistance, to control the physical problems associated with heroin dependence and to provide the opportunity for patients to make major life-style changes over time. Methadone treatment is delivered primarily on an ambulatory basis, with most programs located in either a community or hospital setting. Some specialized programs deliver services in a residential setting, while a few programs deliver services in a prison setting. |
| Mobile Integration Team (MIT) | Services offered: Psychiatric Rehabilitation & Recovery; Family & Caregiver support and Skill Building; Health Teaching; Community Linkage; Crisis Intervention; Outreach and Engagement; Physical Health Care; In-Home Respite; In-school Support; Brief Therapeutic Support |
| Outpatient Services | Chemical dependence outpatient services assist individuals who suffer from a substance use disorder and their family members and/or significant others. Outpatient services may be delivered at different levels of intensity responsive to the severity of the problems presented by the client. These services may be provided in a free-standing setting, or may be co-located in a variety of other health and human service settings. Sponsorship may be voluntary, proprietary or county operated. There are three chemical dependence outpatient service categories: medically supervised outpatient services, outpatient rehabilitation services; and non-medically supervised outpatient services. The length of stay and the intensity of services as measured by frequency and duration of visits vary from one category of outpatient services to another and intensity will vary during the course of treatment within a specific category. In general, persons are engaged in outpatient treatment up to a year and visits are more frequent earlier in the treatment process becoming less frequent as treatment progresses. |
| Par-Other Group | A special treatment group for parents who are experiencing the negative effects of living with an adolescent, young adult or adult child, who is using substances and refusing treatment. |
| Prevention Counseling | Prevention counseling is a short term, problem resolution focused service that concentrates on resolving identified problems and/or assessing and improving the level of youth and family risk and protective factors that are predictive of substance use disorders and/or problem gambling. It includes screening and referral for individuals who are abusing substances or may be developing gambling problems and require referral to appropriate treatment services. It does not include treatment for mental illnesses or addictions. |
| Prevention Education | Prevention Education uses activities and educational presentations to: teach family and youth the consequences of substance use; improve attitudes regarding substance use and other problem behavior, and teach drug refusal and other social skills. |

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| Prevention Services | The NYS Office of Alcoholism and Substance Abuse Services defines prevention as a proactive, evidenced-based process utilizing effective programs and strategies to prevent or reduce substance use and problem gambling in individuals, families, and communities. |
| Personalized Recovery Oriented Services (PROS) | PROS is a comprehensive recovery program for individuals diagnosed with severe and persistent mental illness. The goal of the program is to integrate treatment, support and rehabilitation in order to promote an individual's goals, abilities interests so that individuals will be prepared to live independently in the community. Services include vocational support. PROS agencies listed below have on-site clinical services. |
| Psychiatric Evaluation | The assessment of a person's mental, social, psychological functionality. |
| Psychologist | A person trained in the science of human behavior and personality. Licensure as a psychologist in New York State requires a doctoral degree (Ph.D., Psy.D., or Ed.D.), at least two years of supervised experience, and the completion of a state licensing examination. Only licensed psychologists or non-licensed psychologists working in "exempt settings" (schools, government agencies) can use the term "psychologist" or "psychological" in describing their practice. Psychologists help the health and well-being of individuals. They are doctorally trained professionals who conduct research, perform testing, evaluate and treat a full range of emotional and psychological challenges. They admit, diagnose, and coordinate the care of individuals in both outpatient and hospital settings. Psychologists conduct individual and group therapy with adults, adolescents, and children. |
| Relapse Prevention group- | A specialized group focused on teaching a set of skills designed to reduce the likelihood that symptoms will worsen or that a person will return to an unhealthy behavior, such as substance use. Skills include, for example, identifying early warning signs that symptoms may be worsening, or recognizing high risk situations for relapse. |
| Residential Services | Chemical dependence residential services assist individuals who suffer from chemical dependence, who are unable to maintain abstinence or participate in treatment without the structure of a 24-hour/day, 7 day/week residential setting and who are not in need of acute hospital or psychiatric care or chemical dependence inpatient services. There are three levels of intensity of procedures offered by this service: intensive residential treatment and rehabilitation, community residential services, and supportive living services. Length of stay ranges from an average of four months in a community residential service to up to two years in the other residential service categories. |
| RN | Many Registered Nurses are eligible to be licensed as therapists. They provide a range of primary mental health care services to individuals, families, and groups. |
| Sliding Scale | Sliding scale fees are variable costs for services based on one's ability to pay. Such fees are thereby reduced for those who have lower incomes or less money to spare after their personal expenses, regardless of income. |
| Suboxone® Treatment | Suboxone® is a drug primarily used to treat addiction to opiates such as morphine, heroin and codeine. It is administered as a film or tablets that are dissolved under the tongue. |
| Treatment Planning | Treatment planning refers to the development of a written document that outlines the progression of treatment. The client should always be involved in developing the treatment plan, although this is generally accomplished through informal discussion of the situation. Many therapists present a written copy of the treatment plan to the client. |
| Vocational Services | Vocational services are a set of services offered to individuals with mental or physical disabilities. These services are designed to enable participants to attain skills, resources, attitudes, and expectations needed to compete in the interview process, get a job, and keep a job. Services offered may also help an individual retrain for employment after an injury or mental disorder has disrupted previous employment. |

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| Women's group | Specialized group treatment for women with substance use disorders. |
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A copy of this Directory can be found on the Suffolk County Division of Community Mental Hygiene Services Website, using the below link:

<https://suffolkcountyny.gov/Departments/Health-Services/Mental-Hygiene/Directory-of-Behavioral-Health-Services>