

Sexual Assault, Family Violence & Violent Crime Victim Services and Prevention Support

PREVENTION EDUCATION PROGRAMS

Our evidence-informed prevention workshops are designed to empower people of all ages with knowledge and skills aimed at protecting against sexual abuse.

The Apple of My Eye - Guardian for Children*: **Parents & Community Members**

***Available on our Online Classroom**

This program consists of three modules designed to prevent, detect and report child sexual abuse as well as adult rape prevention tips. The program includes prevention tips, red flags, and tricks abusers use to access children. The program educates about the grooming process, types of child predators, Megan's Law and information the Registry provides. Parents will learn skills to protect their child from sexual abuse and services available to crime victims. FREE Certificate included for all attendees that complete the course and FREE Tool-Kit upon completion for Suffolk County residents.

You're in Charge: **Preschool – 3rd Grade**

You're in Charge enforces child safety by teaching empowerment and body-autonomy through an explanation of boundaries, good touches and bad touches, our 10 Rules for Safety, The Touching Rule, importance of not keeping secrets, and the importance of saying "no" and telling a trusted adult.

When Should You Tell?: **4th – 7th Grade**

When Should You Tell? discusses the importance of boundaries and of telling a trusted adult if a boundary is violated. The program covers our 10 Rules for Safety, how to be assertive in saying "no" and a discussion about defining the roles of those in our lives. The children role-play to learn the best ways to respond to certain potentially dangerous scenarios.

Katie's Secret I & II: **7th – 9th Grade; 10th – 12th Grade**

Teens learn to protect themselves through role-playing, dramatic improvisation and "what if" scenarios. The program covers warning signs that someone you know may be a victim of abuse, common fears teens have about disclosing, and available support services.

Katie's Secret II will additionally cover a discussion on effects of certain date rape drugs.

Teen Sexting Prevention & Cyber Safety: **7th – 12th Grade; Adult Version Available**

This program provides information about the laws pertaining to sexting and child pornography and discusses the potentially devastating long-term consequences. Students will gain a better understanding of the digital trail and how to better protect themselves from online predators, including the importance of being mindful of content they share online, the grooming process, and how to report suspicious or concerning activity.

The adult version will include an additional discussion on online dating.

Staying Safe: **9th – 12th Grade; Adult Version Available**

This workshop equips students with the necessary tools to understand, recognize, and prevent sexual assault, harassment, dating violence, and stalking. Students will learn about the warning signs and risk factors related to these issues. Content also includes a discussion of affirmative consent and rape culture and its impact. Victim-blaming is also discussed in order to educate and build empathy.

The adult version also includes a discussion on nonconsensual porn.



Hate Crime Prevention: 9th – 12th Grade; Community Members

This program defines the conduct that constitutes a Hate Crime as well as how it can be reported. Participants learn about prejudice, discrimination, stereotyping, and the seriousness of Hate Crimes and how they affect victims and communities. Overviews of the criminal justice and judicial processes are provided along with a detailed description of the rights of crime victims, the services to which they are entitled under the law, and how to access these resources.

The Men's Program: Male-Identifying College Students

This **evidence-based** workshop is specifically tailored for male-identifying college students and teaches men to better understand how to assist a woman after a sexual assault occurs and how to intervene as a bystander if they observe a situation that could turn into rape. The program focuses on empathy-building, bystander education, and defining consent.

Staying Safe: Enough is Enough*: College Students

This program provides necessary tools to understand, recognize, and prevent sexual assault, harassment, dating violence, and stalking. Participants will learn warning signs and risk factors related to these issues and gain a greater understanding of the kinds of environments that can perpetuate and facilitate them. Risk factors and abusive dating relationships are examined, providing participants with the knowledge to help them to recognize and avoid dangerous situations. Additionally, participants will be informed of their on and off campus rights and resources. This workshop is customized for each individual institution to reflect campus culture and to include specific campus policies, procedures, and protocols.

Staying Safe: Enough is Enough II*: College Faculty & Staff

Adapted for college faculty, administration, and counseling staff, this workshop will help educate employees about their rights and responsibilities under NYS Education Law, Article 129-B. Participants will also gain insight on how best to approach these topics with students and how to recognize post-traumatic responses. The workshop is customized for each individual institution to reflect campus culture and to include campus policies, procedures, and protocols.

Bringing in the Bystander*: College Students, Faculty, Staff, & Parents

Utilizing a "community of responsibility" approach, this workshop uses real-life examples to teach bystanders how to safely intervene. The program was developed by leading researchers and helps students, faculty, and staff to identify behaviors of violence, develop empathy for those who have been victims, and practice safe and appropriate intervention skills.

***Ask about our Staying Safe/Bringing in the Bystander Combination program!**

One Love: Escalation Workshop: College Students

The workshop consists of a film, *Escalation*, followed by a guided discussion led by a trained facilitator. The film follows a college-aged couple through the sweet beginnings of their relationship and shows how unhealthy behaviors can escalate into abuse. After watching the film, workshop participants dive into a discussion of the film and the early warning signs of relationship abuse. Students are educated about what they can do if they witness or experience these warning signs.

FREE

The Apple of My Eye: Parents & Community Members

This program consists of three modules designed to prevent, detect and report child sexual abuse along with information and statistics regarding adult rape prevention. The program includes prevention tips, red flags, and tricks abusers use to access children. Parents are educated about the grooming process, types of child predators, Megan's Law, information the Registry provides, and more. Parents will learn skills to protect their child from sexual abuse and services available to crime victims.

The Apple of My Eye II: Professionals Working With Children

This program consists of three modules designed to prevent, detect and report child sexual abuse along with information and statistics regarding adult rape prevention. The program includes prevention tips, red flags, and tricks abusers use to access children. Parents are educated about the grooming process, types of child predators, Megan's Law, information the Registry provides, and more. Parents will learn skills to protect their child from sexual abuse and services available to crime victims. A more in-depth discussion of mandated reporting is included in this version of The Apple of My Eye and all participants will receive a Certificate of Completion.

NEW

Sexual Harassment Training: Working Professionals in New York State

This training covers the New York State and Federal laws pertaining to sexual harassment in the workplace. It also includes examples of conduct that would constitute sexual harassment, to whom one should report this conduct, and remedies available to the employee. All available forums for adjudicating complaints including information addressing conduct by supervisors and additional responsibilities for such supervisors is also discussed.

Multiple-Session Programs:

Safe Dates: 7th – 12th Grade

This 4-session **evidence-based** workshop educates students to recognize the difference between caring, supportive relationships and controlling, manipulative, abusive relationships. Through group interactions, roleplays, and discussions, students learn causes and consequences of dating abuse and skills to develop healthy relationships through effective communication.

Voices: 7th – 12th Grade

This 18-session **evidence-based** workshop addresses the unique needs of adolescent girls and young women. It empowers them to seek out and celebrate their "true selves" by providing a safe space, encouragement, structure, and the support they need to embrace their journeys of self-discovery. The program includes modules on self, connecting with others, and healthy living.

NEW

It's All One: 9th – 12th Grade

This 8-session **evidence-based** curriculum covers a wide range of topics around sexual health, human rights, HIV, healthy relationships, communication skills, and advocating for individuals' rights.

NEW

CALL TO SCHEDULE A PROGRAM IN YOUR COMMUNITY
(631) 689-2672



www.crimevictimscenter.org www.parentsformeganslaw.org

Rape Crisis Center 24 Hour Hotline - (631) 332-9234
Violent Crime & Hate Crime 24 Hour Hotline - (631) 626-3156
Office - (631) 689-2672