



COMMUNITY SERVICE BOOKLET



MIDDLE COUNTRY
CENTRAL SCHOOL DISTRICT



2017-2018



Community Service

2017-18 EDITION

Middle Country Central School District

Centereach High School

14 43rd Street, Centereach NY

- East Suite: 631.285.8140
- North Suite: 631.285.8180
- West Suite: 631.285.8160

Newfield High School

145 Marshall Drive, Selden NY

- Guidance Office:
631.285.8330

Dawnwood Middle School

10 43rd Street, Centereach NY

- Guidance Office:
631.285.8210

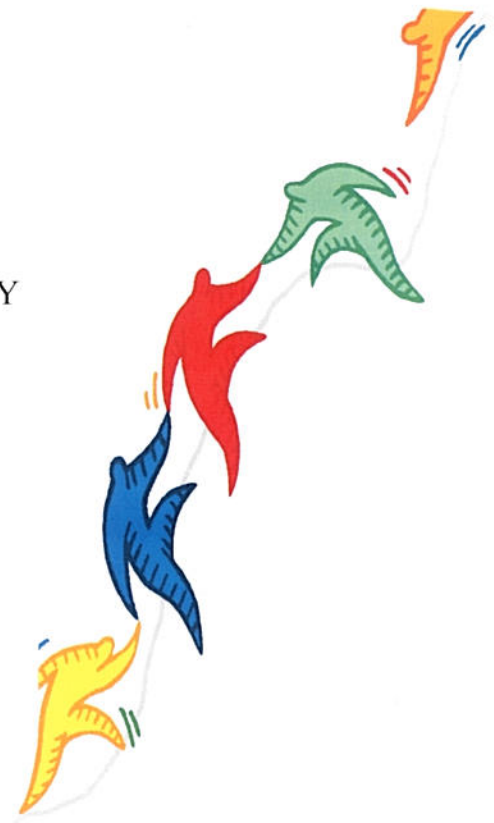
Selden Middle School

22 Jefferson Ave, Selden NY

- Guidance Office:
631.285.8410

Mark Palios

Coordinator of Guidance & Counseling
Services
631.285.8850



Attention

Our Guidance Departments are happy to provide this reference handbook in an effort to assist students who are eager to participate in community service.

"The best way to find yourself is to lose yourself in the service of others."

-Mahatma Gandhi

COMMUNITY SERVICE FAIR



Youth volunteering has increased steadily over the past ten years, with 30% of youth participating in volunteer activities at least once a month.

Youth who volunteer are more likely to do well in school, graduate and vote.

(Youth Volunteers: The benefits of community service by Molly Latham)

What are MCCSD students doing in our community?

Examples of actually current and former MCCSD students lending a helping hand.



Lauren D. volunteers at **St. Charles Hospital**. Lauren assists nursing staff with a variety of patient needs.

Neal P. volunteers at **Habitat for Humanity**. He had the opportunity to go to Florida and build houses for those in need.

Danielle K. volunteers at **The American Cancer Society**. She has fundraised as well as set up for relay events.

Mike Z. volunteered at **Trick-or-Treat Street**. Mike set up rooms, painted faces and helped clean up after the event was over!

Nick D. volunteered at **Brookhaven Hospital**. Assisted with the inputting of

records and other clerical duties while receiving great hands on experience.

Dereck F. volunteered at the **Senior Citizens Dinner**. He served food and escorted seniors to and from their seats.

Guidelines for receiving community service credit.

Community service will be noted on transcript after 25 hours or more of recognized services per year. A student can be awarded transcript recognition for each year of high school.

Recognition for community service will be based on an approved verification form.

The school/organization/club/agency has the right to terminate the contract prior to its completion because of poor student performance, attendance and/or inappropriate behavior.

Recognition will be awarded for summer volunteer work as well as any work completed during the school year.

After completing 25 hours of community service, students must return the "community service verification form" to your counselor.

All students are eligible for this program; seniors completing the community service credit will be recognized at graduation after meeting the 100 hour requirement.

Seniors must complete and submit verification forms no later than May 1st.

Students are recognized at graduation for their participation when they complete a minimum of 100 hours of Community Service.

** Please note: Verification forms can be attained from the Guidance office and on the district home page.

** If you have any questions, please call or make an appointment with your guidance counselor.

COMMUNITY SERVICE FACTS: Serving for yourself!



Youth who volunteer do so out of altruism, strongly agreeing with statements such as "I would like to help make the world a better place," and "It's important to do things for others." Only 5% of students became involved with volunteering through a school requirement.

(Top 6 Facts About Youth Volunteers By Joanne Fritz)

America's Promise

<http://www.americaspromise.org/>

- A chance to provide healthy starts, create effective education and is a true opportunity to help others.

American Red Cross

<http://www.redcross.org/>

(Must be 14 years of age)
631.924.6700

- Learn to respond to disasters as well as participate in drives and other events.

Bricks 4 Kidz

http://www.bricks4kids.com/easter_nlongisland

- Teach younger children STEM concepts using Legos. This is run by Ms. Gilbert & Ms. June at CHS.
- Phone Number: 631.803.8379

Do Something

<http://www.dosomething.org/>

- A chance to fight back against bullying.

Human Services

Definition: programs or facilities for meeting basic health, welfare, and other needs of a society or group, as of the poor, sick, or elderly.

Possible College Majors: Psychology, Sociology, Counseling, Law, Nursing, Police Science, Social Work, Child Development, etc.

Possible Career Opportunities: Case worker, Mental Health Counselor, Probation Officer, Child Advocate, Gerontology Aide, Registered Nurse, Social Worker, Police Officer, Fire Fighter, etc.



Habitat for Humanity

<http://habitatnys.org/>

- Help build or rehabilitate a house for someone in need.

Hospice Foundation of America

<http://www.hospicefoundation.org/>

- Volunteer for those with the most need!

International Volunteer Programs Association

<http://www.volunteerinternational.org/>

- Take the opportunity to volunteer abroad.

Locks of Love

<http://www.locksoflove.org/index.html>

- Non-profit organization that provides hairpieces to financially disadvantaged children in need.

Long Island Volunteer Center

<http://www.longislandvolunteercenter.org/>

- Great resource for connecting with local agencies for one time or continuing events.

Meals on Wheels

<http://www.mowaa.org/>

- Make a difference in the lives of seniors.

National Domestic Violence Hotline

<http://www.thehotline.org/>

- Answer incoming hotline calls from victims of domestic violence and abuse. **(training required)**

Peace Corps

<http://peacecorps.gov/>

- See the world while extending a helping hand.

Project Linus

<http://projectlinus.org/index.html>

- Providing security through blankets.

Rotary International

<http://www.rotary.org/>

- Humanitarian, intercultural, and educational programs to improve the human condition.

Salvation Army

http://www.salvationarmyusa.org/usn/www_usn_2.nsf

- Help meet needs within your community.

RESPONSE of Suffolk County

<http://www.responsehotline.org/>

- Provide crisis counseling and additional resources. **(training required)**

Special Olympics

<http://www.specialolympics.org/default.aspx>

- Year-round sports training and athletic competition for people with intellectual disabilities.

MORE WEBPAGES COMING SOON

COMMUNITY SERVICE FACTS: It's a family affair



If family members
volunteer, youth will
too!

Among youth who are in families where both parents and siblings volunteer, 86 percent volunteer themselves, and 47 percent are regular volunteers. Only 14 percent do not volunteer themselves.

*(www.nationalservice.gov
November 2005)*

Atria-South Setauket
631.473.8000

Big Brothers/Big Sisters of LI
145 Sycamore Ave
Islandia
631.273.1469

***NEW* Brookhaven Health Care Facility**
Contact: Melissa Hansman
801 Gazzola Drive
East Patchogue
631.447.8800 ext 327

Centereach Junior Fire Dept.
95 Washington Avenue
Centereach
631.588.8652

Habitat for Humanity (Suffolk County)
(Must be 16 years of age)
643 Middle Country Road
Middle Island
631.924.4966 ext. 0

***NEW* Kids Need MoRE**
www.kidsneedmore.org
631.608.3135

Human Services

Definition: programs or facilities for meeting basic health, welfare, and other needs of a society or group, as of the poor, sick, or elderly.

Possible College Majors: Psychology, Sociology, Counseling, Law, Nursing, Police Science, Social Work, Child Development, etc.

Possible Career Opportunities: Case worker, Mental Health Counselor, Probation Officer, Child Advocate, Gerontology Aide, Registered Nurse, Social Worker, Police Officer, Fire Fighter, etc.

Little Angel Fund Inc.
www.littleangelfund.org
631.736.2512

John T. Mather Memorial Hospital
North Country Road
Port Jefferson
631.476.2749

Make A Wish Foundation of Suffolk County, Inc.
1 Commack Loop
Ronkonkoma
631.585.9474 ext. 325

Memorial Sloan-Kettering Cancer Center
650 Commack Road
Commack
212.639.2000

Middle Country Public Library
101 Eastwood Boulevard
Centereach
631.585.9393

Selden-Centereach Youth Association
1515 Middle Country Road
Centereach
631.732.2186

Selden Junior Fire Dept.
Woodmere Place
Selden
631.732.1234

St. Charles Hospital and Rehabilitation Center
200 Belle Terre Road
Port Jefferson
631.474.6365



Suffolk County Police Explorers
(Ages 14-21)
631.924.7000

Sunrise Assisted Living of Smithtown
30 Route 111
Smithtown
631.724.2299

Sunshine Prevention Center
(Must be 14 years of age to attend)
468 Boyle Road
Port Jefferson Station
631.476.3099

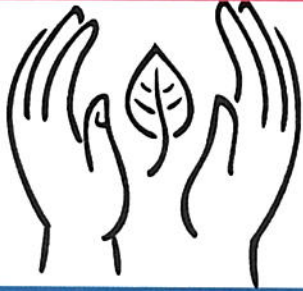
Tri-Community & Youth Agency
310 W. Hills Road
Huntington Station
631.673.3303

University Hospital & Medical Center at Stony Brook
Nicolls Road
Stony Brook
631.444.2610

Ward Melville Heritage Youth Corps
www.wmho.org
631.751.2244

Woodhaven Home for Adults
1350 Route 112
Port Jefferson Station
631.473.3304 ext. 1124

COMMUNITY SERVICE STORY: Help the environment



One of the most popular events is the Recyclabration. Held in the children's area at the Columbia Festival of the Arts, it has become an attraction for all ages. Volunteers collect materials for use in making artistic creations and set up tables at which participants can work. In fall 2005, hundreds of people crammed the tables making envelopes from old calendars, flowers out of plastic six-pack plastic rings, and art from CDs and phone wires. The opportunity is used to promote waste reduction, reuse, and recycling, to educate people about the importance of proper recycling.

(www.epa.gov)

Environmental/Animal Service

Definition: maintaining environmental habitats and preserving animals. Prevention of animal cruelty.

Possible College Majors: Environmental studies, Environmental science, Environmental management, Animal science, biology, Veterinary science etc.

Possible Career Opportunities: Veterinarian, Biologist, Conservation Officer, Ecologist, Animal Behavior Specialist, Park Ranger etc.



Actions without Borders

www.idealists.org

Volunteering opportunities in over 57,000 organizations around the world.

American Littoral Society

Beach Clean Up
800.449.0790

ASPCA

www.aspca.org

Prevent cruelty to animals.

EPA/Volunteer Water Monitoring

www.epa.gov/volunteer/

Monitor the conditions of your local streams, estuaries and wetlands.

FamilyCares

www.familycares.org/involve/default.cfm

Hands-on family projects that help others in need.

Guide Dog Foundation for the Blind

www.guidedog.org/voluntr/voluntr.htm

Help improve the quality of life for people who are blind, visually impaired, or with special needs.

Greenpeace

www.greenpeace.org

Hands-on family projects that help the environment.

Hobbs Farm

178 Oxhead Road
Centereach
631.928.7375

KiDS NEED MORE

www.kidsneedmore.org

631.608.3135

Fundraising for families with cancer.

The Nature Conservancy

www.nature.org/volunteer/?src=16

Protecting nature, preserving life.

Pal-O-Mine Equestrian

www.pal-o-mine.org/volunteer.php

Pal-O-Mine Equestrian is a therapeutic horseback-riding program dedicated to teaching horseback-riding to individuals with disabilities.

Student Taking Action for Tomorrow's Environment

www.avalonparkandpreserve.org/STATE

Introduces students to a wide variety of nature centered projects and stewardships.

Youth Service America

<http://ysa.org>

Building a global culture of engaged youth committed to a lifetime of service.

**COMMUNITY
SERVICE
QUOTES:
What they say**



"Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."
-Martin Luther King Jr

Religious Service

Possible College Majors: Religious studies, Theology, Philosophy, Biblical Studies, Anthology, Church Music, Pastoral Studies etc.

Possible Career Opportunities: Clergy, Peace Corp, Journalist, Teacher, Counselor, Director in various programs etc.



Blessed Hope Baptist Church
3656 Route 112
Coram
631.696.3113

Centereach Bible Church
170 North Coleman Road
Centereach
631.732.3283

**Christ Community Church
Reformed**
66 Pembroke Drive
Stony Brook
631.751.2242

Calvary Baptist Church
324 Jayne Boulevard
Port Jefferson Station

First United Methodist Church
603 Main Street
Port Jefferson
631.473.0517

Grace & Truth Church
26 Westfield Road
Coram
631.732.3223

**Greek Orthodox Church of the
Assumption**
430 Sheep Pasture Road
Port Jefferson
631.473.0894

Hope Lutheran Church
46 Dare Road
Selden
631.732.2511

New Beginnings Christian Center
241 Middle Country Road
Coram
631.736.7000

St. Gerard Majella CCD
300 Terryville Road
Port Jefferson Station
631.928.2550 ext.230

St. James Episcopal
260 Beaver Dam Road
Brookhaven
631.286.0726

St. Margaret of Scotland
81 College Road
Selden
631.698.0798

St. Mark's Episcopal Church
208 Jamaica Avenue
Medford
631.475.7406

**St. Paul's Evangelical Lutheran
Church**
309 Patchogue Road
Port Jefferson Station
631.473.2236

**Unitarian Universalist Fellowship
at Stony Brook**
338 Nicolls Road
Setauket
631.751.0297

United Methodist Church
729 Hawkins Avenue
Lake Grove
631.588.5856

North Shore Jewish Center
385 Old Town Road
Port Jefferson Station
631.928.3737

Temple Beth Emeth
52 Mount Sinai Avenue
Mount Sinai
631.928.4103

**Young Israel of Coram Jewish
Center**
981 Old Town Road
Coram
631.698.3939

Temple Isaiah
1404 Stony Brook Road
Stony Brook
631.751.8518

COMMUNITY SERVICE FACTS: By the numbers

STUDENT COUNCIL



Current polls show that over 50 percent of high school and college-age youth performed community service within the past year, with nearly 6 in 10 volunteering at least once a month. About 61 million people volunteered last year, about 26% of the US population, for an estimated total of 8.1 billion hours valued at \$152 billion.

(The politics of community service in the US by Nancy Hanover)

Political Service

Definition: programs or facilities for in favor of a political party or group.

Possible College Majors: Political Science, Law, History, Urban Studies, etc.

Possible Career Opportunities: Financial advisor, Economic analyst, Lawyer, Politician, Government positions, etc.

The Democratic Party
www.democrats.org/about/our party
Help support America's Democratic Party.

The Republican Party
www.republicans.org
Help support America's Republican Party

Much more coming soon!
Continue to grow and help
your community!