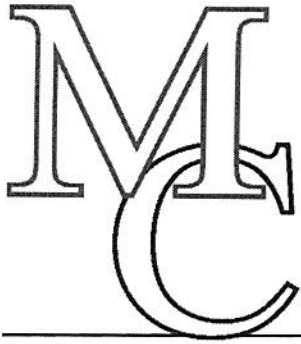


MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT



145 MARSHALL DRIVE • SELDEN, NY 11784
631-285-8650 • 631-285-8151 (fax) • www.mccsd.net

Roberta A. Gerold, Ed.D., Superintendent of Schools
Francine McMahon, Deputy Superintendent for Instruction
Herbert B. Chessler, Assistant Superintendent for Business
James G. Donovan, Assistant Superintendent for Human Resources
Joseph Mercado, Director of Health, Physical Education & Athletics

Health Services Office
145 Marshall Dr
Selden, NY 11784

Date: _____

School: _____ Nurse(s): _____ Phone: _____

Dear Parent/Guardian:

The district's School Health Services program supports your student's academic success by promoting health in the school setting. One way that we provide care for your student is by performing the health screenings as mandated by the State of New York.

During this school year, the following screenings will be required or completed at school:

Vision

Near Vision testing and color perception screening for all newly enrolled students.

Distance screening for newly enrolled students and students in Pre-K, Kindergarten, 1, 2, 3, 5, 7 and 11th grades.

Hearing

Screening will be done for all newly enrolled student and students in Pre-K, Kindergarten, 1,3,5,7 and 11th grades.

Scoliosis

Scoliosis (curvature of the spine) screening for girls in grades 5 & 7, and boys in grade 9.

Health Appraisal

A physical examination including Body Mass Index with Weight Status Category is required for all newly enrolled students and students in Pre-K, Kindergarten, 1, 3, 5, 7, 9 and 11th grades. Should the physical not be supplied within thirty days of the first day of school an appointment will be scheduled for your child with the District Physician.

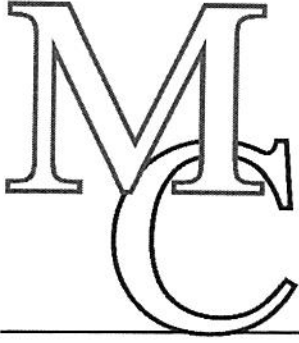
Dental Certificates

A dental certificate is requested for all newly enrolled students and students in Pre-K, Kindergarten, 1, 3, 5, 7, 9, & 11th grades.

A letter will be sent home if there are any findings on the screening done at school that would cause concern or need medical follow-up. Please call the school's Health Office if you have any questions or concerns.

The mission of the MCCSD is to empower and inspire all students to apply the knowledge, skills, and attitudes necessary to be creative problem solvers, to achieve personal success, and to contribute responsibly in a diverse and dynamic world.

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Health Services Office
145 Marshall Dr
Selden, NY 11784

Dear Parent/Guardian:

The School Health Services Office is responsible for healthful school living, for the preservation and promotion of every child's health to its highest potential, and together with the teaching staff, for the health education of the pupils.

Close daily contact with many other children will inevitably bring some exposure to a variety of communicable diseases, as well as any of the virus or flu strains that are common to the winter months. Watch your child for symptoms of illness before he/she comes to school. **DO NOT** send a sick child to school for diagnosis or treatment by the school nurse.

A temperature of **100 degrees or above**, sneezing, runny eyes and nose, any swollen glands, **nausea and vomiting**, headache, dizziness, **skin rashes**, unusual tiredness, unusual crossness, are some of the symptoms which are sufficient for keeping your child home. Allow for adequate convalescence after any illness, no matter how slight the illness may be. It is recommended that your child remain at home until his/her temperature is within normal range for a period of 24 hours.

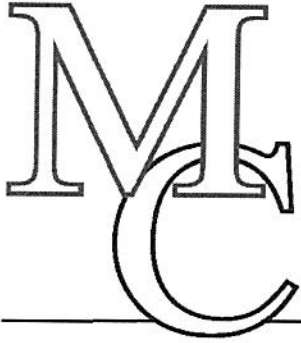
It is important for the children to develop a positive attitude toward health services early in life. Our staff makes every effort to take good care of your child during the school day. We welcome your inquiries and urge your cooperation.

Sincerely,

John M. Colletta, M.D.
District Physician

MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT
AT CENTEREACH

8 43RD STREET • CENTEREACH, NY 11720
631-285-8005 • 631-738-2719 (fax) • www.mccsd.net



Roberta A. Gerold, Ed.D., Superintendent of Schools
Francine McMahan, Deputy Superintendent for Instruction
Herbert B. Chessler, Assistant Superintendent for Business
James G. Donovan, Assistant Superintendent for Human Resources
Joseph Mercado, Director of Physical Education, Health and Athletics

July 2018

Dear Parent/Guardian:

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. Our school has been selected to be part of the survey, and we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent and it will be from the 2018/2019 school year. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health official develop programs that make it easier for children to be healthier.

If you do **not wish** to have your child's weight status group information included as part of the health Department's survey this year, please print and sign your name below and return this form no later than October 31, 2018.

School Nurse: _____ Phone Number: _____

Please do not include my child's weight status information in the 2017-2018 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature

Sincerely,

Joseph Mercado
Director Health, Physical Education & Athletics