

MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT



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Roberta A. Gerold, Ed.D., Superintendent of Schools
Francine McMahon, Deputy Superintendent for Instruction
Beth Rella, Ed.D, Assistant Superintendent for Business
James G. Donovan, Assistant Superintendent for Human Resources
Joseph Mercado, Director of Health, Physical Education & Athletics

Health Services Office
145 Marshall Dr
Selden, NY 11784

Dear Parent/Guardian:

The School Health Services Office is responsible for healthful school living, for the preservation and promotion of every child's health to its highest potential, and together with the teaching staff, for the health education of the pupils.

Close daily contact with many other children will inevitably bring some exposure to a variety of communicable diseases, as well as any of the virus or flu strains that are common to the winter months. Watch your child for symptoms of illness before he/she comes to school. **DO NOT** send a sick child to school for diagnosis or treatment by the school nurse.

A temperature of **100 degrees or above**, sneezing, runny eyes and nose, any swollen glands, **nausea and vomiting**, headache, dizziness, **skin rashes**, unusual tiredness, unusual crossness, are some of the symptoms which are sufficient for keeping your child home. Allow for adequate convalescence after any illness, no matter how slight the illness may be. It is recommended that your child remain at home until his/her temperature is within normal range for a period of 24 hours, without the use of fever reducing medication.

It is important for the children to develop a positive attitude toward health services early in life. Our staff makes every effort to take good care of your child during the school day. We welcome your inquiries and urge your cooperation.

Sincerely,

John Colletta, M.D.

John M. Colletta, M.D.
District Physician