



MIDDLE COUNTRY
CENTRAL SCHOOL DISTRICT



COMMUNITY SERVICE BOOKLET

2023-2024



Community

2023-2024 Edition

Service

Middle Country Central School District

*Centereach High School
14 43rd Street, Centereach NY
Main Office: 631.285.8105*

*Dawnwood Middle School
10 43rd Street, Centereach NY
Guidance Office: 631.285.8210*

*Dr. Mark Palios, Ed.D.
Coordinator of Guidance and Student
Counseling
Office Number: 631.285.8850*

*Newfield High School
145 Marshall Drive, Selden NY
Guidance Office: 631.285.8330*

*Selden Middle School
22 Jefferson Ave, Selden NY
Guidance Office: 631.285.8410*



Attention

Our Guidance Departments are happy to provide this reference handbook in an effort to assist students who are eager to participate in community service.

“The best way to find yourself is to lose yourself in the service of others.”

-Mahatma Gandhi



Quick Look

What are MCCSD students doing in our community?

Examples of actual current and former MCCSD students lending a helping hand.

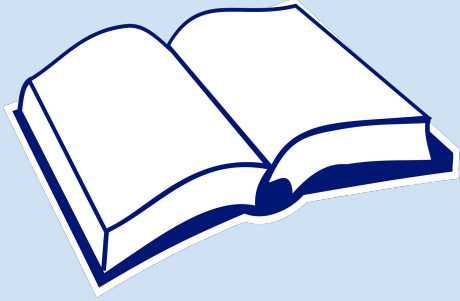
- **Lauren D** volunteers at **St. Charles Hospital**. Lauren assists nursing staff with a variety of patient needs.
- **Neal P** volunteers at **Habitat for Humanity**. He had the opportunity to go to Florida and build houses for those in need.
- **Danielle K** volunteers at **The American Cancer Society**. She has fundraised as well as set up for local relay events.
- **Mike Z** volunteered at **Trick-or-Treat Street**. Mike set up rooms, painted faces and helped clean up after the event was over!
- **Nick D** volunteered at **Brookhaven Hospital**. He assisted with the inputting of records and other clerical duties while receiving great hands on experience.
- **Derek F** volunteered at **The Senior Citizens Dinner**. He served food and escorted seniors to and from their seats.

Community Service Facts: Students who serve

Youth volunteering has increased steadily over the past ten years, with 30% of youth participating in volunteer activities at least once a month.

Youth who volunteer are more likely to do well in school, graduate and vote.

(Youth Volunteers: The benefits of community service by Molly Latham)

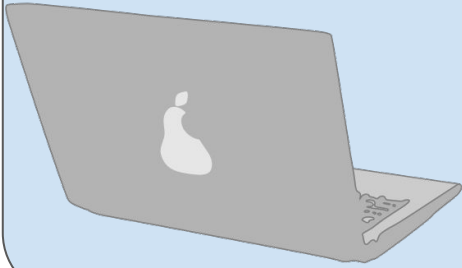


Guidelines

- Community service will be noted on transcript after 25 hours or more of recognized services per year. A student can be awarded transcript recognition for each year of high school.
- Recognition for community service will be based on an approved verification form that must be handed into your guidance counselor.
- Recognition will be awarded for summer volunteer work as well as any work completed during the school year.
- After completing 25 hours of community service, students must return the “community service verification form” to your counselor.
- Seniors completing the community service credit will be recognized at graduation after meeting the 100 hour requirement.
- **Seniors must complete and submit verification forms no later than May 1st.**

** Please note: Verification forms can be obtained from the Guidance office and on the district home page.

** If you have any questions, please call or make an appointment with your guidance counselor.



Virtual Options

COVID-19 has changed the way we live our lives. Students interested in helping the community while also maintaining safe and healthy distance can now do so virtually.

Catchafire

This volunteer search tool is exclusively for online volunteer projects. Each one has a timeline that can range anywhere from an hour to a few weeks.

www.catchafire.org

Translators Without Borders

For those fluent in more than one language, check out this nonprofit that combines language skills with humanitarian aid.

www.twbplatform.org

United Nations

UNV connects you with organizations working for peace and development in need of skills like research, writing, art, and design.

www.unv.org

Points of Light

Points of Light pulls volunteer opportunities from sites around the web to provide the most comprehensive database of volunteer opportunities around the world.

www.engage.pointsoflight.org

DoSomething.org

DoSomething empowers young people to enact social change both online or off.

www.dosomething.org

VolunteerMatch

As the world leader in volunteerism we feel a responsibility to unite our broader community, and to use this moment to become stronger.

www.volunteermatch.org

Smithsonian

Help make their collections more accessible by volunteering online to transcribe historical documents or edit Wikipedia articles related

www.transcription.si.edu

Zooniverse

Zooniverse is a platform for people-powered research that literally wouldn't be possible (or practical) without the help of online volunteers.

www.zooniverse.org

PureWow

Check out our roundup of worthy organizations and start donating your time to a cause that matters, without risking your health.

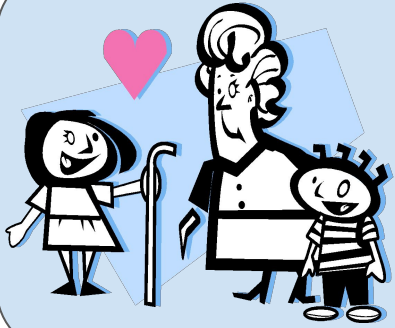
www.purewow.com

Community Service Facts:
Be safe, help others

Volunteers under the age of 24, account for 22.6% of all volunteers.

Volunteerism improves health by strengthening the body, improving mood, and lessening stress in participants.

(VolunteerHub.com)



Human Service

Definition: programs or facilities for meeting basic health, welfare, and other needs of a society or group, as of the poor, sick or elderly.

Possible College Majors: Psychology, Sociology, Counseling, Law, Nursing, Police Science, Social Work, Child Development, etc.

Possible Career Opportunities: Case Worker, Mental Health Counselor, Probation Officer, Child Advocate, Gerontology Aide, Registered Nurse, Social Worker, Police Officer, Fire Fighter, etc.

America's Promise

A chance to provide healthy starts, create effective education and is a true opportunity to help others,
www.americaspromise.org

American Red Cross

Learn to respond to disasters as well as participate in drives and other events.
www.redcross.org
631.924.6700

Habitat for Humanity

Help build or rehabilitate a house for someone in need.
www.habitatnys.org

Hospice Foundation of America

Volunteer for those with the most need!
www.hospicefoundation.org

International Volunteer Programs Association

Take the opportunity to volunteer abroad.
www.volunteerinternational.org

Meals on Wheels

Make a difference in the lives of seniors.
www.mowaa.org

Locks of Love

Non-profit organization that provides hairpieces to financially disadvantaged children.
www.locksoflove.org

Long Island Volunteer Center

Great resources for connecting with local agencies for one time or continuing events.
www.longislandvolunteercenter.org

Community Service Facts: Serving for yourself

Youth who volunteer do so out of altruism, strongly agreeing with statements such as “I would like to help make the world a better place.” and “It’s important to do things for others.” Only 5% of students became involved with volunteering through a school requirement.

(Top 6 Facts About Youth Volunteers By Joanne Fritz)



Human Service

Peace Corps

See the world while extending a helping hand.

www.peacecorps.gov

Project Linus

Providing security blankets.

www.projectlinus.org

Rotary International

Humanitarian, intercultural, and educational programs to improve the human condition.

www.rotary.org

Special Olympics

Year-round sports training and athletic competition for people with intellectual disabilities.

www.specialolympics.org

Salvation Army

Help meet the needs within your community.

www.salvationarmyusa.org

Kids Need MoRE

A nonprofit organization dedicated to enhancing the lives of children, families, & young adults coping with cancer and life-threatening illness.

www.kidsneedmore.org

Little Angel Fund Inc.

www.littleangelfund.org

John T. Mather Memorial Hospital

Port Jefferson
631.476.2749

Make A Wish Foundation of Suffolk County

Ronkonkoma
631.585.9474 ext. 325

Memorial Sloan-Kettering Cancer Center

Commack
212.639.2000

Middle Country Public Library

Centereach
631.585.9393

Brookhaven Health Care Facility

East Patchogue
631.447.8800 ext 327

Selden Junior Fire Department

Selden
631.732.1234

St. Charles Hospital and Rehabilitation Center

Port Jefferson
631.474.6365

Suffolk County Police Explorers

(Ages 14-21)
631.924.7000

University Hospital & Medical Center

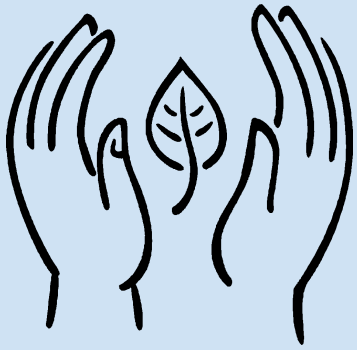
Stony Brook
631.444.2610

Community Service Facts: It's a family affair

If family members volunteer, youth will too!

Among youth who are in families where both parents and siblings volunteer, 86% volunteer themselves, and 47% are regular volunteers. Only 14% do not volunteer themselves.

(www.nationalservice.gov November 2005))



Environmental/ Animal Service

Definition: Maintaining environmental habitats and preserving animals. Prevention of animal cruelty.

Possible College Majors: Environmental Studies, Environmental Science, Environmental Management, Animal Science, Biology, Veterinary Science, ect.

Possible Career Opportunities: Veterinarian, Biologist, Conservation Officer, Ecologist, Animal Behavior Specialist, Park Ranger ect.

Actions Without Borders

Volunteering opportunities in over 57,000 organizations around the world.

www.idealists.org

American Littoral Society

Beach clean up
800.449.0790

ASPCA

Prevent cruelty to animals.

www.aspca.org

EPA/Volunteer Water Monitoring

Monitor the conditions of your local streams, estuaries and wetlands.

www.epa.gov/volunteer

Guide Dog Foundation for the Blind

Help improve the quality of life for people who are blind, visually impaired, or special needs.

www.guidedog.org

Greenpeace

Hands-on family projects that help the environment.

www.greenpeace.com

Hobbs Farm

178 Oxhead Rd
Centereach
631.928.7375

The National Conservancy

Protecting nature, preserving life.

www.nature.org

Pal-O-Mine Equestrian

Pal-O-Mine Equestrian is a therapeutic horseback-riding program dedicated to teaching horseback-riding to individual with disabilities.

www.pal-o-mine.org

Student Taking Action for Tomorrow's Environment

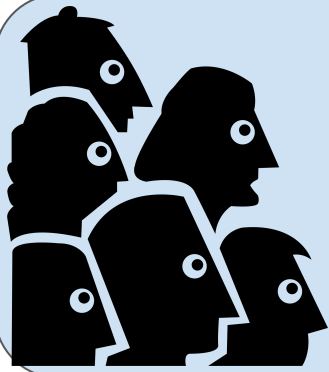
Introduces students to a wide variety of nature centered projects and stewardships.

www.avalonparkandpreserve.org

Community Service
Facts:
Helping the environment

One of the most popular events is the recyclabration. Held in the children's area at the Columbia Festival of the Arts, it has become an attraction for all ages.

(www.epa.gov)



Religious Service

Possible College Majors: Religious Studies, Theology, Philosophy, Biblical Studies, Anthology, Church Music, Pastoral Studies etc.

Possible Career Opportunities: Clergy, Peace Corp, Journalist, Teacher, Counselor, Director of Programs, ect.

Blessed Hope Baptist Church

3656 Route 112
Coram
631.696.3113

Centereach Bible Church

170 North Coleman Road
Centereach
631.732.3283

Christ Community Church Reformed

66 Pembroke Drive
Stony Brook
631.751.2242

Calvary Baptist Church

324 Jayne Blvd
Port Jefferson Station

First United Methodist Church

603 Main Street
Port Jefferson
631.473.0517

Grace & Truth

26 Westfield Road
Coram
631.732.3223

Greek Orthodox Church of the Assumption

430 SHeep Pasture Road
Port Jefferson
631.473.0894

Hope Lutheran Church

46 Dare Rd.
Selden
631.732.2511

New Beginnings Christian Center

241 Middle Country Rd
Coram
631.736.7000

St. Gerard Majella CCD

300 Terryville Rd
Port Jefferson Station
631.928.2550 ext. 230

St. James Episcopal

260 Beaver Dam Rd
Brookhaven
631.286.0723

St. Margaret of Scotland

81 College Rd
Selden
631.698.0798

Community Service Facts: What they say

“Everybody can be great... because anybody can serve. You don’t have to have a college degree to serve. You don’t have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.”

-Martin Luther King Jr



Religious Service

St. Mark's Episcopal Church

208 Jamaica Ave
Medford
631.475.7406

St. Paul's Evangelical Lutheran Church

309 Patchogue Rd
Port Jefferson Station
631.473.2236

Unitarian Universalist Fellowship at Stony Brook

338 Nicolls Rd
Setauket
631.751.0297

United Methodist Church

729 Hawkins Ave
Lake Grove
631.588.5856

North Shore Jewish Center

385 Old Town Rd
Port Jefferson Station
631.928.3737

Temple Beth Emeth

52 Mount Sinai Ave
Mount Sinai
631.928.4103

Young Israel of Coram Jewish Center

981 Old Town Rd
Coram
631.698.3939

Temple Isaiah

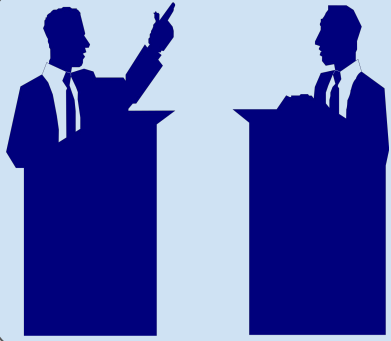
1404 Stony Brook Rd
Stony Brook
631.751.8518

Community Service Facts: Communities in spirit

The majority of religious organization are nonprofit and depend on volunteers to carry out their missions.

34.1% of volunteering in America is done for religious organizations.

(trvst.com)



Political Service

Definition: programs or facilities in favor of a political party or group.

Possible College Majors: Political Science, Law, History, Urban Studies, ect.

Possible Career Opportunities: Financial Advisor, Economic Analyst, Lawyer, Politician, Government Positions, ect.

The Democratic Party

Help support America's
Democratic Party

www.democrats.org

The Republican Party

Help support America's
Republican Party

www.republicans.org

The Green Party

Help support America's
Green Party

www.gp.org

The Libertarian Party

Help support America's
Libertarian Party

www.lp.org

Community Service Facts: By the numbers

Current polls show that over 50% of high school and college-age youth performed community service within the past year, with nearly 6 in 10 volunteering at least once a month. About 61 million people volunteered last year, about 26% of the US population, for an estimated total of 8.1 billion hours valued at \$152 billion.

(The politics of community service in the US by Nancy Handover)