



# Foods Unwrapped

-Curriculum Guide-

Pequea Valley Agricultural Education



**Course Description:** People choose foods and beverages based on many factors. Included in many food choice decisions are appearance, taste, health benefits, budgetary concerns, food safety, cultural and religious values. Today's food industry takes many of these factors into account as they process foods for the consumer. This course will investigate the contribution of food ingredients in the final outcome of a food product. This course will focus on experimentation with food ingredients in the preparation and consumption of food.

**FFA Membership:** You are an FFA member when you are enrolled in an agriculture class taught by Mr. Masser and/or Mrs. VanSant! You are welcome to attend FFA meetings when they are held on Wednesdays. Keep your ears open for opportunities that may interest you such as...

Career Development Events - See [ffa.org](http://ffa.org) for a complete listing of events!

- Food Science and Technology
- Milk Quality and Products
- Meats Evaluation

Agriscience Research

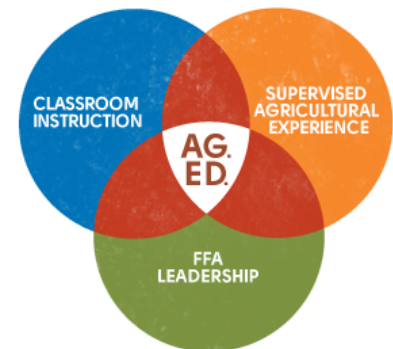
Leadership Event (Conferences, Public Speaking, Parliamentary Procedure)

Events occur throughout the year. Much of the preparation for these events occurs outside regular class time, but your hard work could get you a trip to the Penn State campus in June, National FFA Convention in Indianapolis, IN, or BOTH! See Mr. Masser or Mrs. VanSant for details.

**Supervised Agricultural Experience (SAE):** Looking to earn an additional elective credit for completing a project that interests you? The Agricultural Education department offers elective credit to students who successfully complete an SAE project.

An SAE is ANY project that is student-driven, agriculturally-related, and supervised by an agriculture teacher. These projects could include:

- Agriscience Fair Project
- Work Experiences
- Caring for Animals or Plants
- Improvement Projects
- Career Exploration Projects



*Have a cool idea for an SAE?*

Ask your teacher how you can get started. We have connections to local businesses that will hire you, provide you greenhouse space, space to house animals and more!

### Course Outline

| Week  | Unit  | Topic Areas   |
|---|---|---|
| Week 1  | Unit 1: Introduction to Food Science          | Topic 1: Foods science vs Food Technology                           |
| Week 2  |   | Topic 2: Laboratory skills  |
| Week 3  | Unit 2: Food Chemistry                        | Topic 1: Water  |
| Week 4  |   | Topic 2: Chemical Compounds in Food<br>Topic 3: Food pH             |
| Week 5  | Unit 3: Carbohydrates                         | Topic 1: Simple Carbohydrates                                       |
| Week 6  |   | Topic 2: Complex Carbohydrates<br>Topic 3: Carbohydrate Substitutes |
| Week 7  | Unit 4: Lipids                                | Topic 1: Types of Lipids  |
| Week 8  |   | Topic 2: Functional Properties of Lipids                            |
| Week 9  | Unit 5: Proteins                              | Topic 1: Functional Properties of Proteins                          |
| Week 10   |   | Topic 2: Enzymes  |
| <b>End of MP 1 - Mid-Term Exam OR Agriscience Project</b> |   |   |
| Week 11   | Unit 6: Food Microbiology                     | Topic 1: Labs Skills in Microbiology                                |
| Week 12   |   | Topic 2: Applications of Beneficial Microbiology                    |
| Week 13   |   | Topic 3: Foodborne Illness  |
| Week 14   |   |   |
| Week 15   | Unit 7: Food Science Research and Development | Topic 1: Product Development  |
| Week 16   |   | Topic 2: Sensory Evaluation   |
| Week 17   |   | Topic 3: Research Techniques in Food Science                        |
| Week 18   |   |   |
| Week 19   | Unit 8: Food Safety                           | Topic 1: HACCP  |
| Week 20   |   | Topic 2: ServSafe Certification Requirements                        |
| <b>End of MP 2 - Final Exam OR Agriscience Project</b>    |   |   |