

Baldwin UFSD Referral List

If you need immediate assistance with a mental health concern please contact Long Island Crisis Center at 679-1111. They are available 24hrs/7days a week. In case of a mental health emergency call 911.

URGENT CARE

Cohens Childrens Medical Center Pediatric Behavior Urgent Care

269-01 76th Avenue

New Hyde Park, NY 11040

917-480-4495

<https://www.kids-care.com/wp-content/uploads/sites/3693/2017/08/PediatricBHUrgentCare.pdf>

Mindful Urgent Care

516-505-7200

510 Hempstead Turnpike #203, West Hempstead, NY 11552

<https://www.mindfulurgentcare.com/>

The Derner Hempstead Child Clinic

516-877-4820

16 Main Street

Hempstead, NY 11550

TELE THERAPY SERVICES

Triangle Cognitive Therapy - <https://www.trianglecognitivetherapy.com/> - 516-208-3792

Long Island Psychotherapy - <https://www.lipsychotherapy.com/> - 347-772-8373

Long Island Teletherapy - <https://longislandteletherapy.com/> - 631-498-6116

YES Community Counseling Center - <http://yesccc.org/> - 516-799-3203

JCorea Counseling Center - <https://jcoreacounseling.com/> - 516-280-7285

Perspectives Counseling Center - 516- 469-3495

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Long Island Cognitive Behavioral Psychology - <https://li-cbp.com/> - 631-896-9216

Psychological Health Collaborative www.psychhealthpartners.com - 516-466-253

Mindful Therapy - <https://www.mindfultherapyli.com/> - 631-486-7788

LEDDY Clinical Counseling Services - <http://leddyclinicalcounseling.com/> - 516-407-8544

Wavelengths Psychology - <https://www.wavelengthspsychology.com/> - 800-871-5491 - *Offering low cost and/or one time sessions*

BeyondTheBadgeNY - <https://www.beyondthebadgeny.org/contact-us.html> - *free 45 minute sessions for First Responders*

Calvary Hospital COVID-19 Grief Support Group

Thursdays from 1-2:30pm

This support group is FREE and is facilitated by Maria Georgopoulos, Director of Bereavement Services at Calvary Hospital

Call (646)739-1005 to schedule an intake

<https://drive.google.com/file/d/16kq45wL4weo5A35hNLXpe-9Af2Bg3r6u/view?usp=sharing>

Mountainside Virtual Friends and Family Support Group

Wednesdays from 6:30pm-8pm

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This support group is FREE and focuses on issues related to coping with the COVID-19 outbreak with a alcohol/substance use treatment/recovery perspective. They also offer a specific support group for families of First Responders.

Visit this website for more information:

https://mountainside.com/about-us/events/virtual-friends-and-family-support-group?fbclid=IwAR0u_aSys-zJXCSGks916Tj2ZCpNMTZBJn-KkWI mxRlj2uEfAxa7tX0pwfo

Psychological Health Partners (Drs. Klass, Shockey, Velting)

1025 Northern Boulevard, Suite 214 Roslyn Heights, New York 11576

Phone: 516-466-2537 Fax: 516-439-4936

<http://psychhealthpartners.com/>

“We at PHC are committed to providing support during this challenging time. All of our clinicians are available to conduct sessions via a secure video platform. We are accepting new child, teen, and adult patients. Let's continue to work together to maintain health and wellness.”

Family First provides individual, couples and family therapy. We're only offering telehealth services now and we accept NYSHIP Empire Plan insurance and offer a sliding scale.

For new appointments: 516-804-1010 or hello@familyfirstli.org

Based out of:

100 East Old Country Rd.

Mineola, NY 11501

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COUNSELING CENTERS:

Molloy Counseling Center

Molloy University

516.323.3854 to schedule an appointment.

South Shore Child Guidance Center

91 Guy Lombardo Avenue – Unit 1,

Freeport, NY 11520

516.868.3030

516.868.3374

For CARE Center inquiries, please contact: (516) 868-3030 extension 103

<https://www.epicli.org/south-shore-child-guidance/>

North Shore Child and Family Guidance

(516) 626-1971

480 Old Westbury Road, Roslyn Heights, NY 11577

info@northshorechildguidance.org

Wavelengths Psychology PC

4770 SUNRISE HIGHWAY, SUITE 105 MASSAPEQUA PARK, NY 11762 1-800-871-5491

<https://www.wavelengthspsychologypc.com/>

North Coast Psychological Services

Address: 575 Underhill Blvd, Syosset, NY 11791

Phone: (516) 780-0111

<https://www.northcoastpsy.com/>

Hispanic Counseling Center

344 Fulton Ave, Hempstead, NY 11550

info@hispaniccounseling.org

(516) 538 - 2613

<http://www.hispaniccounseling.org/>

YES Community Counseling Center

75 Grand Ave, Massapequa, NY 11758

(516) 799-3203

<http://yesccc.org/>

Gooding Wellness

Address: 181 Main St, Cold Spring Harbor, NY 11724

Phone: (631) 351-2940

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<https://www.goodingwellness.com/>

Long Island Mind and Body

520 Franklin Avenue
Suite 110
Garden City, NY 11530

Long Island Counseling Center

510 Hempstead Turnpike, West Hempstead, NY 11552
(516) 437-6050

South Nassau Mental Health Counseling Center

South Nassau Communities Hospital Mental Health Counseling Center

2277 Grand Avenue
Baldwin, NY 11510
(516) 377-5400
Fax: (516) 377-5490

<https://www.southnassau.org/sn/mental-health-counseling-center>

St. John's University Center for Psychological Services

St. John's University
Seton Complex
152-11 Union Turnpike
Flushing, NY 11367
Tel: (718) 990-1900
Fax: (718) 990-1586
psychcenter @stjohns.edu

Healing and Growth Counseling

770 Sunrise Highway, Suite 102
Massapequa Park, NY 11762
P: (516) 406-8991
F: (888) 978-6167
E-mail: CindyZabinski@healinggrowthcounseling.com

Robert Farrell, Ph.D., ABPP

Director, Postgraduate Psychotherapy Center

Hy Weinberg Center, Room 325
p – 516.877.4841
e – rfarrell@adelphi.edu
<https://derner.adelphi.edu/experiential-learning/services-for-the-community/postgraduate-psychotherapy-center/>

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Jasmine Trangucci, LCSW-R, PLLC, THTC

Psychotherapist

1917 Harte street
North Baldwin, NY 11510

(917) 582-4483 (direct line)

(516) 705-0680 (fax)

(718) 522-4739 (fax)

jasminetranguccilcswr@gmail.com

Molloy College's Mental Health and Wellness Center (MHWC) is affiliated with the College's Clinical Mental Health Counseling Program (CMHC). The MHWC provides affordable, low cost, high-quality psychotherapy services for individuals in our community. Graduate students from the CMHC Program provide counseling services under the supervision of licensed clinicians and mental health professionals.

Day and evening appointments are available. Call 516.323.3854 to schedule an appointment.

Email: MHWC@molloy.edu

Phone: 516.323.3854

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<u>Centers</u>	<u>Ages</u>	<u>Specializations</u>	<u>Insurance</u>
<p><u>South Nassau Community Hospital</u> Outpatient Mental Health Center 1 Healthy Way Baldwin NY, 11510 (516) 377-5400</p>	<p>4-21</p>	<p>Mental Health 1:! Medication Management Support Group Group Counseling Individual Therapy</p>	<p>Yes, accept insurance</p>
<p><u>South Shore Child Guidance Center</u> 17 West Merrick Road Freeport, NY 11520-3892 (516) 868-3030 http://www.southshorechildguidance.org/ Directors: Mary Lou Jones, CSW, DSW & Ed Stevenson, Ph.D.</p>	<p>5-18 (above 18 if parents have a history of abuse. Will be sent to Health Center)</p>	<p>ADHD, Behavioral Therapy</p>	<p>Yes, accept insurance</p>
<p><u>Baldwin Counseling Center</u> 775 Brooklyn Avenue Baldwin, NY 11510 (516) 868-0444 (516) 764-8477 Paul Engel & Neil Henry, CSW</p>	<p>All ages</p>	<p>None</p>	<p>Yes, accept insurance</p>

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<p><u>Oceanside Counseling Center</u> 71 Homecrest Court Oceanside, NY 11572 (516) 766-6283</p>	<p>14 and above (dependent on condition)</p>	<p>Substance abuse</p>	<p>Yes, accept insurance</p>
<p><u>North Shore Child and Family</u> <u>Guidance Center</u> 480 Old Westbury Rd Roslyn Heights, NY 11577 Tel: (516) 626-1971 Fax: (516) 626-8043</p> <p><i>Westbury location</i> 999 Brush Hollow Rd Westbury, NY 11590 Tel: (516) 997-2926 Fax: (516) 997-4721</p> <p><i>Manhasset location</i> 80 North Service Rd-LIE Manhasset, NY 11030 Tel: (516) 484-3174 Fax: (516) 484-2729</p>	<p>3-21</p> <p>3-25</p> <p>Teenagers</p>	<p>Mental health and behavioral issues</p> <p>Mental health Drug and Alcohol</p> <p>Mental Health Behavioral issues ADHD</p>	<p>Yes, take insurance</p>

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<p><u>Wavelengths Psychology</u> Garden City, NY Massapequa (855)-588-2343</p>	<p>3 - elderly</p>	<p>CBT EMDR Neurofeedback Psychodynamic therapy</p>	<p>No</p>
<p><u>The Derner Hempstead Child Clinic</u> 16 Main Street Hempstead, NY, 11550 (516)-877-4820</p>	<p>6.5 – senior citizen</p>	<p>Doctoral students in training for psychodynamic therapy</p>	<p>No (\$50/session. Sliding income)</p>
<p><u>Long Island Mind & Body</u> Frank Dowling, M.D. 520 Franklin Avenue, Suite 110 Garden City, NY, 11530 (516)-747-1470</p>	<p>All ages</p>	<p>None</p>	<p>No</p>
<p><u>Family First</u> 100 East Old Country Road, Suite 14 Mineola, NY, 11501</p>	<p>6 – elderly</p>	<p>Couples therapy Teenagers with substance use</p>	<p>No (Fee for service and sliding scale)</p>

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<p><u>Adelphi University</u> Gordon F. Derner Institute Hy Weinberg Center, Garden City, NY 11530</p> <p><i>The Psychotherapy Center</i> Tel: (516) 877-484 Director: Jack Herskovits, Psy.D. (516) 877-4840</p> <p><i>The Center for Social Training</i> (CST) Tel: (516) 351-0322 Director: Dr. Sapountzis</p>	<p style="text-align: center;">All ages</p>	<p style="text-align: center;">None</p>	<p style="text-align: center;">Depends on referral</p>
<p><u>YES Community Counseling Center</u> 75 Grand Ave, Massapequa, NY 11758 <u>Tel: (516) 799-3203</u></p>	<p style="text-align: center;">5+</p>	<p style="text-align: center;">Drug and alcohol Family</p>	<p style="text-align: center;">Yes Also a sliding scale option</p>
<p><u>Cohen’s Children Medical Center</u> Northwell Health – Pediatric Behavioral Urgent Care 269-01 76th Avenue New Hyde Park, NY, 11040 917-480-4495</p>	<p style="text-align: center;">5-17</p>	<p style="text-align: center;">Crisis psychotherapy, Evidence-based screening/risk assessments, Coordination of care, Short-term crisis treatment, Referral and linkage to follow-up care</p>	

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Psychologists

<u>Centers</u>	<u>Ages</u>	<u>Specializations</u>	<u>Insurance</u>
Dr. William Bryson-Brockman Pediatric Psychologist Winthrop NYU 516-663-4432	2-18	ADHD, autism, anxiety	Yes
Friend Zone Kids 40 Maple Avenue Rockville Centre, NY, 11570 516-569-2824	5-14	Social skills groups, can utilize IEP	No
Stephanie Lauer, LMHC Seaford, New York 11783 (855) 544-0653	5-elderly	Anxiety, Depression, Personality Disorders	No; flexible sliding scale

Social Workers

<u>Centers</u>	<u>Ages</u>	<u>Specializations</u>	<u>Insurance</u>
Christina Campagnola, CSW 66 Lincoln Court Rockville Centre, NY, 11570 516-678-1855	12 and up	Anxiety, Eating disorders, depression, social, family	No

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Jonathon Cooper, LCSW Offices in West Hempstead and Port Washington www.thinkinggroups.com 516-486-5776	5-21	ADHD Spectrum, ODD, Communication issues (Except for low functioning autism)	Yes, GHI and Empire
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Psychiatrists

<u>Centers</u>	<u>Ages</u>	<u>Specializations</u>	<u>Insurance</u>
Dr. Andrew Kent 1841 Merrick Ave Merrick, NY, 11556 516-379-5900		No	No
Dr. Louis Najerian 324 Park Avenue Manhasset, NY, 11030 516-627-3980	4 - 84	PTSD, ADHD, CD, adolescent depression	No (Fee for service)
Kiran Kamdar, MD Syosset (516)-469-3837	5 – 80	No	No

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George Bush, MD 1044 Franklin Avenue, Suite 213 Garden City, NY, 11530 (526)-570-7831	All ages	No	No
Carmel Foley, MD 420 Lakeville Road, Suite 110 New Hyde Park, NY, 11040 (718)-470-3550	5-17	Mood disorder, depression, anxiety	No
Andrew Singer, MD 999 Central Avenue, Suite 209 Woodmere, NY, 11598 (516)-295-9088		Medication management, ADHD, Autism, Mood disorder, Anxiety disorder, School refusal	No
Scott Albin, DO Roslyn (516)-714-5811 (516)-484-0135			

Neurologists

<u>Centers</u>	<u>Open</u>	<u>Ages</u>	<u>Specializations</u>	<u>Wait List</u>	<u>Insurance</u>

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Dr. Atlaru 516-663-9494		Birth - 18	Autism, seizures, concussions, headaches	No	Yes (doesn't take Affinity and Healthfirst from Medicaid)
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Nurse Practitioners

<u>Centers</u>	<u>Open</u>	<u>Ages</u>	<u>Specializations</u>	<u>Wait List</u>	<u>Insurance</u>
Jacob Palathinkal, NP		5 - 18	ADHD, depression, ODD	No	No

Social Services

<u>Centers</u>		<u>Ages</u>	<u>Specializations</u>	<u>Insurance</u>
Catholic Charities		5 and under 18 and over	WIC Program Regina Residence (Referral comes through DSS)	

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Nassau County EOC 136 Jackson Street Hempstead, NY 11550 516-292-9710				
<u>Family & Children's Association</u> 100 E. Old Country Road Mineola, NY 11501 (516) 746-0350		Children's Mental Health, Family Education and Support, Residential Care, Addiction prevention, treatment, and recovery, Senior and Adult Services		