

Celina ISD Wellness Policy Assessment	Progress	Responsible	Comments
Nutrition Guidelines			
The district's nutrition guidelines for reimbursable school meals and all other foods and beverages that are sold or made available to students during the school day shall be designed to: promote student health, reduce childhood obesity and shall be at least as restrictive as federal regulations and guidance allow.	Implemented	CN Director	Nutrition analysis on website; meets federal standards for meals and snacks sold are 'smart snack' compliant
Nutrition Promotion and Education			
The district shall implement, in accordance with law, a coordinated school health program with a nutrition education component. The district's nutrition promotion activities shall encourage participation in the NSLP, the SBP and any other supplemental food and nutrition programs offered by the district	Implemented	Campus Health Teachers	
Student Welfare Wellness and Health Services			
The district's food service staff, teachers and other district personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms and other appropriate settings	Implemented	Campus Personnel	Posters in cafeterias display healthy eating
The district shall share nutritional information with families and the general public to promote healthy food choices and positively influence the health of students	Implemented	CN Director and school nurse	Nutrition analysis on website and meets federal standards for meals and snacks sold are smart snack compliant; provide school nurse with all labels on foods served to students
The district shall ensure that food and beverage advertisements displayed at school will feature only products that meet federal guidelines for meals and snacks	Implemented	CN Director	Nutrition analysis on website; meets federal standards for meals and snacks sold are 'smart snack' compliant
The district shall deliver nutrition education to foster the adoption and maintenance of healthy eating behaviors	Implemented	Campus Health Teachers	
The district shall make nutrition education a district-wide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate	Implemented	Science and PE	
The district shall provide professional development for teachers and other staff responsible for the nutrition education program to ensure effective program implementation	In planning		
Physical Activity			
The district shall provide an environment to foster safe, enjoyable and developmentally appropriate fitness activities for all students. This includes student that do not participate in physical education classes or competitive sports.	On going		Throughout the school year, activities are planned for all students. Example: Jump Rope for Heart

The district shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate	In planning		
The district shall make appropriate before and after school physical activity programs available and encourage student participation	Implemented	YMCA	Provided to elementary, intermediate and middle school
The district shall make appropriate training and other activities available to district employees in order to promote enjoyable lifelong physical activity for staff and students	Implemented		Exercise room and track available
The district shall encourage parents to support their children's participation, to be active role models and to include physical activity in family events	Implemented	District	Notice on web
The district shall encourage students, parents, staff and community members use of the district's recreation facilities, such as tracks and playgrounds, that are available outside of the school day	Implemented	District	Notice on web
School Based Activities			
The district shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe and comfortable	Implemented	Principals and CN	Principals allow enough time when planning daily schedules
The district shall promote wellness for students and their families at suitable district and campus activities	On going		Throughout the school year, activities are planned for all students. Example: Jump Rope for Heart
The district shall promote employee wellness activities and involvement at suitable district and campus activities	Implemented	District	Camp Gladiator