
COLE MINERS' DIG



Mark your Calendar

11/23 - Early Release

11/24-25 - Thanksgiving Break

12/02 - Trimester Ends

12/07 - School Council - 3:30pm

12/09 - Report Cards available in Aspen

12/10 - Winter Fair

Principal's Notes

We were so glad to be back in school this week after the short week last week. Third grade students enjoyed a Wampanoag visitor from Plimoth Patuxet on Monday while 5th graders celebrated their learning with a Colonial Day on Wednesday. All staff enjoyed the wide variety of soups that families made and sent in for Soup Day on Wednesday for Teacher Appreciation. They were all delicious! Parent/Teacher conferences took place on Wednesday and Thursday. Thank you for celebrating your child's progress and effort with them and for encouraging goal setting after these conferences. We ended the week with NHS students visiting the 4th and 5th grade classrooms to lead peer education lessons on Bully Proofing.

Next week will be another fast week as we head into Thanksgiving. There will not be a Cole Miners' Dig next week.

On Monday, Grade 4 students will host the Community Meeting focused on the theme of Gratitude. Parents and community members are welcome to join us from 9:00-9:20.

As a reminder, classroom teachers send out weekly communications that include important curriculum updates, upcoming dates/events, and conversation starters for home. If you have any questions about what is happening in your child's classroom or dates for events, please check the weekly newsletters for this information.

December 6th parent program

Internet safety speaker Katie Greer will do presentations on December 6th for students in grades four through twelve. According to Katie, her goal is to "walk kids through a decision-making process that considers the immediate and long-term impact of everything they do online- the AWESOME and the not-so-awesome".

Please join us for Katie's parent presentation at 6:30PM on December 6th in the high school auditorium.

Katie was the Director of Internet Safety in the Massachusetts Attorney General's Office and then worked with the Massachusetts State Police as an Intelligence Analyst. She has been featured in USA Today, TIME Magazine, Good Housekeeping, and Parents Magazine and has been a keynote speaker at schools, law enforcement agencies, large corporations and community organizations. You can read more about Katie Greer on her [website](#).

November's Lunch Menu click [here](#).

As a reminder, we share pictures and updates on the Cole PTO facebook page. Please consider joining the Cole PTO facebook page.



Any remaining items in Lost and Found will be donated to a charity on November 30th. If your child is missing an item please have them stop by Lost and Found to see if any of the items belong to them. If your child's name is on it, it will be returned to your child.

Nurse's Notes

There have been many stories about RSV in the news lately. As you can imagine, it can be stressful for parents with young children or those with respiratory conditions. Older kids *tend* to do better, but can still end up with significant or prolonged cold-like symptoms. RSV can spread through droplets when someone coughs or sneezes. People (adults and children) can get it if they touch something that's contaminated (like desks, doorknobs, hands and clothing) RSV can also live on surfaces for a few days. This is why it is important to go back to the old mindset of washing your hands and not touching your face. Many pediatrician's offices and urgent care facilities can test for Flu/RSV/Covid. Per the CDC, people who are infected with RSV are **usually contagious for 3 to 8 days and may become contagious a day or two before they start showing signs of illness**. Masking is still encouraged along with frequent hand washing if your child is experiencing active cold symptoms.

Some of you may already be aware, but the stomach bug is going around as well. If your child is experiencing vomiting/diarrhea at home or is sent home from school, they must be out **24 hrs from the last episode**. There have been a few instances where a child has come back before they are ready and end up getting sick again at school. If your child is out with a fever (100.0 or greater), they will need to be out until they are **24 hours fever-free without any fever-reducing agent**. Thank you for understanding!

Library Corner



The Cole School Book Challenge is back! This year students in grades 3-5 may read **any** chapter book or graphic novel they want to earn points towards a ribbon, medal, or trophy. For full information visit www.norwellschools.org/Page/7868. This year I will be introducing a companion challenge for students in grades 1 and 2 as well; stay tuned!

Also this month, students in grades 3,4, and 5 learned about **Sora**, the school library version of Overdrive, which allows students to check out e-books and digital audio books from our Norwell

Public Schools collections, as well as public libraries. Check out the Cole Library's Smore newsletter for login information: <https://www.smore.com/97fpk>. **Happy reading!**

Counselor's Corner

Happy Friday! In recognition of the upcoming Thanksgiving break, try practicing [these gratitude activities](#) at home! *If your family could use support getting your Thanksgiving meal or holiday gifts, we have resources to support you- please email Mrs. Walsh and your information will be kept strictly confidential. The Norwell Food Pantry is giving out Thanksgiving meal items on Tuesday, 11/22 from 2-4 pm, where you can choose your own items.*

We are hoping to get small skill groups going early in December, which will be created based on recent social-emotional screener data from teachers. We will reach out to families of students who could benefit from a group in the next couple of weeks.

Mrs. Walsh (school counselor) can be reached at anne.walsh@norwellschools.org, and Dr. Ciolkosz (school psychologist) at leah.ciolkosz@norwellschools.org.

Community News

NMS PTO FUNDRAISER



**NMS
TURKEY
TROT**

5K RUN/WALK

NOV. 20, 2022 AT 9:00AM
NORWELL HIGH - 18 SOUTH STREET

LINK FOR RACEWIRE
NMSTURKEYTROT.RACEWIRE.COM

REGISTRATION OPEN
9/20/22 THROUGH MIDNIGHT ON 11/16/22
THERE ARE NO LATE OR "DAY OF" REGISTRATIONS

THANK YOU TO BIG DAY FITNESS FOR THIS SPECIAL
FREE OFFER TO TURKEY TROT REGISTRANTS!
- A free consultation for adults
- A free 1:1 training session for adults
- Two free weeks of adult small group personal training sessions.
Fill up this simple form and they will get in touch with you. →



**PLEASE REMEMBER TO BRING A DONATION
FOR THE NORWELL FOOD PANTRY**



Norwell Education Foundation

PO Box 711 • Norwell, MA 02061

www.norwelledfound.org • info@norwelledfound.org

This holiday season, the Norwell Education Foundation (NEF) wants to help celebrate the ROCKSTARS in your life! Is there a teacher, administrator, nurse, secretary, custodian, or other school-based staff member who makes a meaningful difference in the life of your child? With the ROCKSTAR program, students, families, room parents, and other community members can make a donation to the NEF on behalf of a staff member deserving of thanks and celebration. A ROCKSTAR recognition letter with your personal message and holiday flower will be hand-delivered to the ROCKSTAR educator by a member of the Norwell Education Foundation. Your donation will directly impact students in the Norwell Public Schools by funding teacher-written grants that pilot new technologies and diversified learning environments.

Please click [here](https://www.norwelledfound.org/rockstar), or visit <https://www.norwelledfound.org/rockstar>, to celebrate a Rockstar educator today!

With Thanks,
The Board of the Norwell Education Foundation