



# MINUTE

## *A MINUTE TO SEE WHAT'S HAPPENING @ NMS*

**"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."**

VOLUME: 1 / ISSUE: 6

DATE: 10-6-23

### HEADLINES

AFTER SCHOOL

SOLAR ECLIPSE

HONORS BAND

HAUNTED HALLOWS

SCIENCE ON THE BEACH

### ANNOUNCEMENTS

#### *Late Buses*

*The late buses are on Tuesday, Wednesday and Thursday, and arrive at 2:45pm.*

#### *Clubs / Activities*

*Clubs and activities will begin on the second week of October. We have sent out the Clubs/Activities sign up list.*

### # TOGETHER WE MAKE A DIFFERENCE

## **After School Activities**

We are excited to begin our after-school offerings for this fall. Students can spend their time after school playing Jazz, learning about wellness and self-care, creating code, playing chess, kickball and more!

To register for one of these exciting programs, simply click on the link below and that will bring you to our [Activities Page](#) on the NMS Website. Use the link to download and print the registration form. Students should then bring the form and payment to the main office no later than October 6, 2023.

### **Solar Eclipse Double Header**

On **Saturday October 14th, 2023** there will be an annular eclipse of the Sun. Although Boston will not be in the direct path of the eclipse we will see a partial eclipse occur with approximately 30% of the Sun being covered by the Moon. This is the lead up to the **BIG** event on **April 8th, 2024** which will be the last Total Solar Eclipse in North America until **2045!** The path of totality will be just North of Boston, with approximately 80% of the Sun covered in our viewing area.

The 8th Grade science teachers and HS Astronomy teacher would like to welcome any students and families in the Norwell Community to join us at the Middle School to watch the eclipse. We will have eclipse glasses which can be loaned/ shared for safe viewing.

If you have eclipse glasses please bring your own!

#### **WEATHER PERMITTING**

**When:** Saturday October 14th, 2023

**Where:** NMS Back Field

**Time:** Eclipse starts at 12:20 PM  
Eclipse ends at 2:35 PM

For Further information on the eclipse please read the **LINKED** information from the *National Science Teachers Association*.

## **NMS Plays at Bridgewater State Honors Band**



## # TOGETHER WE MAKE A DIFFERENCE

### **Haunted Hallows 10/20 (6 - 8PM)**

The Student Government is excited to host the second annual Haunted Hallows event! Last year we had 250 of our NMS students attend the event. We had staff, high school students, and parents volunteer their time to bring the event to reality. The support was amazing and we need your help again this year! We appreciate all you do to make NMS a place where students and staff want to be. You can access the parent support form below and let us know if you can help in any way. We appreciate all of your support! Kacey and Nancy, Student Government advisors



[Haunted Hallows Parent Sign-up](#)

### **SCIENCE ON THE BEACH**

The eighth grade took a field trip to Peggotty beach to study a number of earth science concepts such as sediment sorting and longshore currents and erosion.

The students had a great time walking the beach, making scientific observations and using a variety of tools to gather evidence! ie Which way does the current flow on Peggotty Beach? We will see what the evidence says!



### **7th Grade Cornhole**

Friday, October 13th 2:15-4:15



[Cornhole Parent Sign-up 10/13](#)

Pickleball -- Great Time / Awesome Event!

Turkey Trot - 11/19 9:30 am! (More info coming)

PLEASE join our Facebook page - to share information on events +opportunities to volunteer

<https://www.facebook.com/groups/1677683842302185/?ref=share>

Any questions or interest in joining, email us at [nmspto@gmail.co](mailto:nmspto@gmail.co)

### CALENDAR

October

7-9 No HW Weekend

9 Holiday / No School

10 Fastbridge Screener

11 District-wide PTO Meeting; Sparrell Building 9AM

13 Blue and Gold Day

13 7th Grade Cornhole Tournament

16 School Committee

20 PTO Meeting @ 9am

20 Haunted Hallows @ 6pm

24 Congress of Councils @7pm

25 Noelle Lambert (Speaker) @ 12:30pm

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*"Identify your problems but give your power and energy to solutions."*

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### FASTBRIDGE SCREENER 10/10/23

#### Things to Konw:

- There will be an extended homeroom for the Math screener and ELA will be administered during Flex
- All students should have a CHARGED iPad
- All students should have HEADPHONES
- Students will access Fastbridge through Clever, as they have in the past.
- Students should have a pencil - no calculators on math
- Students should bring a QUIET READING book for after they finish

NORWELL SEPAC presents

# Kids & Friendship

Join **Katy Boucher**, founder of **The Accord School**, for an evening of lively conversation on how to help our kids navigate their ever-changing social world.

**Wednesday November 1st**

**6:30-8:00pm**

**Norwell Middle School**

**328 Main Street, Norwell**



Parents will walk away with practical guidance that they can put to use the very next day!



[www.theaccordschool.org](http://www.theaccordschool.org)

## Absences

Let the office know of the absence as soon as possible. The office handles all reporting of absences (students can be in contact with their teacher for work and let teachers know about an absence, but absences should be reported to the office, not each individual teacher).

We have 3 different ways to report absences, use the platform you prefer.

1. You can call the absence line @ 781-659-8814 ext. 1206 and leave a message.
2. Send an email to the main office [nms.mainoffice@norwellschools.org](mailto:nms.mainoffice@norwellschools.org)
3. You can send in an email via the [website Absence / Dismissal link](#) to NMS Office email, (see below)

### ABSENCES / DISMISSALS

Click to report an absence or dismissal. Please put ABSENCE or DISMISSAL in the subject line.

## Dismissals

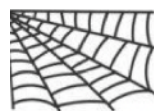
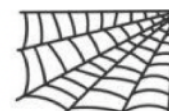
We would appreciate knowing about any dismissals prior to the time of dismissal in written form.

- You can send in a note with your student and have them drop it at the office first thing in the morning
  - Upon arrival to dismiss your student, please come to the door or call and we will send your student out to you if you have provided a note beforehand. If we do not have a note, we will need you to come into the office to sign out your student. Thank you in advance for your cooperation.
- Students CANNOT be dismissed early from school to another family or sibling without written permission from the parents.

On October 31st, the Community Service club will be hosting Costume Day!

Only school appropriate costumes are welcome. No masks or weapons of any kind. Please bring in 1 dollar as a donation to the local food pantry!

Don't be a mummy, give the food pantry some money!

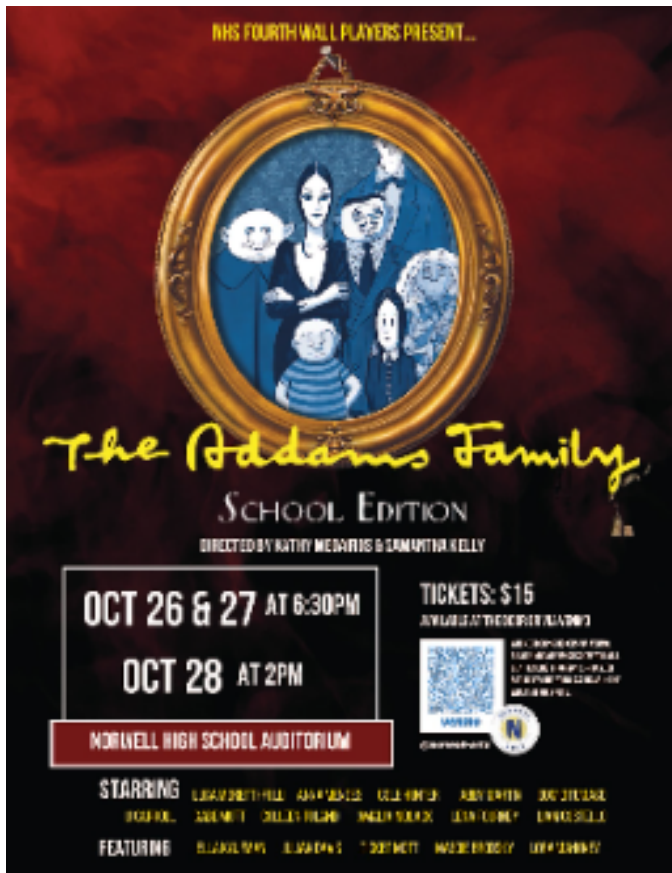


# Costume day October 31st

Bring in a dollar to donate to the local food pantry.

**Don't be a mummy give us some money.**





## NORWELL YOUTH TRAVEL BASKETBALL

Tryouts 2023-24 @ [Norwell High School](#)

### Boys

**Grade 3:** 10/12 (6:00-7:00pm) – 1<sup>ST</sup> YEAR BEING OFFERED BY PROGRAM

**Grade 4:** 10/10 (6:00-7:00pm)

**Grade 5:** 10/10 (7:00-8:00pm)

**Grade 6:** 10/12 (7:00-8:00pm)

**Grade 7:** 10/12 (8:00-9:00pm)

**Grade 8:** 10/10 (8:00-9:00pm)

### Register:

\*must be a Norwell Resident

\*\*Tryouts being held at Norwell High School

\*\*\*Anyone who cannot attend one of the tryouts above is free to attend another session, please just notify the league of this via the email address below

\*\*\*\*Any parents interested in coaching should notify the league

### Questions?

Email: [norwelltravelbball@gmail.com](mailto:norwelltravelbball@gmail.com)



Norwell Council on Aging Presents:

## NAVIGATING DEMENTIA PROGRAMMING SERIES

293 Pine Street  
Norwell, MA 02061

For Adults of All Ages

**CALL THE COA TO REGISTER: 781-659-7878**



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| <p><b>Wednesday, Sept. 20 at 6:00 p.m., Norwell Council on Aging</b></p> <p><b>UNDERSTANDING ALZHEIMER'S &amp; DEMENTIA</b></p> <p>Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research &amp; FDA approved treatments.<br/><i>Presented by the Alzheimer's Association</i></p>                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>Wednesday, Sept 27 at 6:00 p.m., Norwell Council on Aging</b></p> <p><b>DEMENTIA DIAGNOSIS AND RESEARCH PARTICIPATION</b></p> <p>Are you or someone you know experiencing changes in memory or thinking? Join us for this discussion on the dementia diagnosis process and participation in research.<br/><i>Presented by Dr. Mary-ellen Meadows, PhD, Massachusetts Alzheimer's Disease Research Center</i></p>                                                                                                                                                                                                                                                                                                                                       |
| <p><b>Thursday, Oct. 5 at 6:00 p.m., Norwell Council on Aging</b></p> <p><b>THE EFFECTS OF DEMENTIA ON FAMILIES</b></p> <p>Your loved one has received a dementia diagnosis, so now what? Join us for the discussion on how to educate yourself and your family about dementia, the effects on a family and how to plan for the future.<br/><i>Presented by Grace Doherty, CDP, IRDPP, Area Community Liaison, Epoch Senior Living</i></p>                                                                                                                                                                                                                                                                                                                   |
| <p><b>Wednesday, Oct. 18 at 6:00 p.m., Norwell Council on Aging</b></p> <p><b>MONEY MANAGEMENT: A GUIDE FOR CAREGIVERS</b></p> <p>If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.<br/><i>Presented by the Alzheimer's Association</i></p>                                                                                                                                                                                                                                                                           |
| <p><b>Wednesday, Oct. 25 at 6:00 p.m., Norwell Council on Aging</b></p> <p><b>CREATING A CARE TEAM</b></p> <p>Join us for a panel discussion with industry experts to understand what resources may be available to help create your caregiving support team.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <p><b>Thursday, Nov. 2 at 6:00 p.m., Norwell Council on Aging</b></p> <p><b>IMPORTANT LEGAL DOCUMENTS &amp; MASSHEALTH: WHAT YOU NEED TO KNOW!</b></p> <p>Estate planning is important for everyone, but especially after a dementia diagnosis. This is the time for you and your loved ones to be sure that current and future needs are addressed. Join us for this presentation on important legal documents to consider in your plan and a general overview of navigating MassHealth.<br/><i>Presented by Laura Goodman, Esq. and Julie B. Harte, Paralegal, at Margolis Bloom &amp; O'Agostino</i></p>                                                                                                                                                  |
| <p><b>Wednesday, Nov. 8 at 6:00 p.m., Norwell Council on Aging</b></p> <p><b>WHAT MATTERS MOST</b></p> <p>Join us for an interactive conversation about the importance of early exploration into what matters most to a dementia patient as it relates to their physical body, physical environment and spiritual needs at end of life. This will help to inform loved ones and care givers how to best provide comfort care and peace of mind and spirit. This 90 minute session includes grounding meditations, journaling exercises and guided visualization exercises.<br/><i>Presented by Almie Yawick, Early Exploration of Physical &amp; Spiritual Comfort Care for End of Life, Certified Conscious Dying Coach, Educator &amp; Death Doula</i></p> |