



MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 1 / ISSUE: 7

DATE: 10-13-23

HEADLINES

HAUNTED HALLOWS

SOLAR ECLIPSE

SOUTH SHORE TECH.

BLUE AND GOLD

KINDNESS CORNER

ANNOUNCEMENTS

Late Bus

The late buses are on Tuesday, Wednesday and Thursday, and arrive at 2:45pm.

Clubs / Activities

Clubs and activities are in session.

Calling all Nurses!

We are always in need of substitute nurses. If you are interested in working as a substitute nurse, please reach out to our school nurse, Kelly Roche.

TOGETHER WE MAKE A DIFFERENCE

Haunted Hallows: Enter if you dare!!!

On Friday, October 20, from 6:00pm to 8:00pm, Norwell Middle School will host its second annual Haunted Hallows! It will not disappoint! Our dedicated team of teachers, high school students, and the NMS Student Council will transform the school into scenes of the Exorcist (Haunted House), Demon's Dark Forest, Witches Brew, Prison Asylum, Saw (Morgue), Undead Carnival and more. Undead "souls" will be walking the halls and looking for new victims.

Enter if you dare!

Any parent interested in helping to set up the haunted house or being an actor for the event, please sign up on the linked [Haunted Hallows Parent Sign-up](#)



Solar Eclipse Double Header

On **Saturday October 14th, 2023** there will be an annular eclipse of the Sun. Although Boston will not be in the direct path of the eclipse we will see a partial eclipse occur with approximately 30% of the Sun being covered by the Moon. This is the lead up to the **BIG** event on **April 8th, 2024** which will be the last Total Solar Eclipse in North America until **2045!** The path of totality will be just North of Boston, with approximately 80% of the Sun covered in our viewing area.

The 8th Grade science teachers and HS Astronomy teacher would like to welcome any students and families in the Norwell Community to join us at the Middle School to watch the eclipse. We will have eclipse glasses which can be loaned/ shared for safe viewing.

If you have eclipse glasses please bring your own!

WEATHER PERMITTING

When: Saturday October 14th, 2023

Where: NMS Back Field

Time: Eclipse starts at 12:20 PM
Eclipse ends at 2:35 PM

For Further information on the eclipse please read the [LINKED](#) information from the *National Science Teachers Association*.

After School Activities

We are excited that our after-school offerings are in session for the fall. Students are spending their time after school playing Jazz, learning about wellness and self-care, creating code, playing chess, kickball and more!



TOGETHER WE MAKE A DIFFERENCE

South Shore Technical High School

Amy Dow, from South Shore Technical High School (SST), met with interested 8th grade students and families today to share information about SST and all that it has to offer. Ms. Dow's presentation was helpful and informative! There will be an Open House at South Shore Technical High School on Saturday, October 21st from 10am-3pm and any interested students and families are encouraged to register on the schools' website and attend. [CLICK HERE](#)

If you have any questions, please reach out to our School Counselors, Mrs. Siffard or Mrs. Sailer. Thank you.

Blue and Gold Day



CALENDAR

October

13 Blue and Gold Day

13 7th Grade Cornhole Tourney

14 Solar Eclipse @ 12:20 pm @ NMS for all families

16 School Committee

19 7th Grade Hale Res.

20 PTO Meeting @ 9am

20 Haunted Hallows @ 6pm

24 Congress of Councils @ 7pm

25 Noelle Lambert @ 12:30pm

26 NHS Adams Family Musical

27 NHS Adams Family Musical

"Identify your problems but give your power and energy to solutions."

PTO

- 7th Grade Cornhole Tournament today (10/13)
- Turkey Trot - 11/19 9:30 am! (More info coming)
- PLEASE join our Facebook page - to share information on events +opportunities to volunteer [PTO Facebook](#)
- Any questions or interest in joining, email us at nmspto@gmail.co

7th Grade Cornhole

Friday, October 13th 2:15-4:15



KINDNESS CORNER

The month of October is when we kick off our Annual Kindness Campaign. This month, students will be viewing a slide show, grade-appropriate video and then signing a kindness pledge. We will share the slide shows with families after the students have seen them. We will also be welcoming Noelle Lambert here on October 25 at 12:30. Noelle is a former para-olympic athlete who will be sharing her story and her message of determination, perseverance and hope. To learn more about Noelle Lambert, visit her website [@noellelambert.com](http://noellelambert.com).

RANDOM ACTS OF KINDNESS

Just this Wednesday, Abigail Gallagher was caught holding the door for teachers as they entered the building, Justice Boone and Robert White held the door for students leaving for the buses. Also this week, Mason Crane and Georgia Schaubert helped pick up in the cafeteria and Jed Lombardi was recognized for supporting students in PE class.

Every day there are small acts like these that add up to make a big difference.

NORWELL SEPAC presents

Kids & Friendship

Join **Katy Boucher**, founder of **The Accord School**, for an evening of lively conversation on how to help our kids navigate their ever-changing social world.

Wednesday November 1st

6:30-8:00pm

Norwell Middle School

328 Main Street, Norwell



Parents will walk away with practical guidance that they can put to use the very next day!



www.theaccordschool.org

Absences

Let the office know of the absence as soon as possible. The office handles all reporting of absences (students can be in contact with their teacher for work and let teachers know about an absence, **but absences should be reported to the office, not each individual teacher**).

We have 3 different ways to report absences, use the platform you prefer.

1. You can call the absence line @ 781-659-8814 ext. 1206 and leave a message.
2. Send an email to the main office nms.mainoffice@norwellschools.org
3. You can send in an email via the [website Absence / Dismissal link](#) to NMS Office email, (see below)

ABSENCES / DISMISSALS

Click to report an absence or dismissal. Please put ABSENCE or DISMISSAL in the subject line.

Dismissals

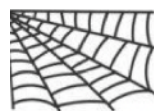
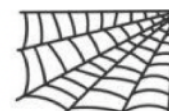
We would appreciate knowing about any dismissals prior to the time of dismissal in written form.

- You can send in a note with your student and have them drop it at the office first thing in the morning
 - Upon arrival to dismiss your student, please come to the door or call and we will send your student out to you if you have provided a note beforehand. If we do not have a note, we will need you to come into the office to sign out your student. Thank you in advance for your cooperation.
- Students CANNOT be dismissed early from school to another family or sibling without written permission from the parents.

On October 31st, the Community Service club will be hosting **Costume Day!**

Only school appropriate costumes are welcome. No masks or weapons of any kind. Please bring in 1 dollar as a donation to the local food pantry!

Don't be a mummy, give the food pantry some money!



Costume day October 31st

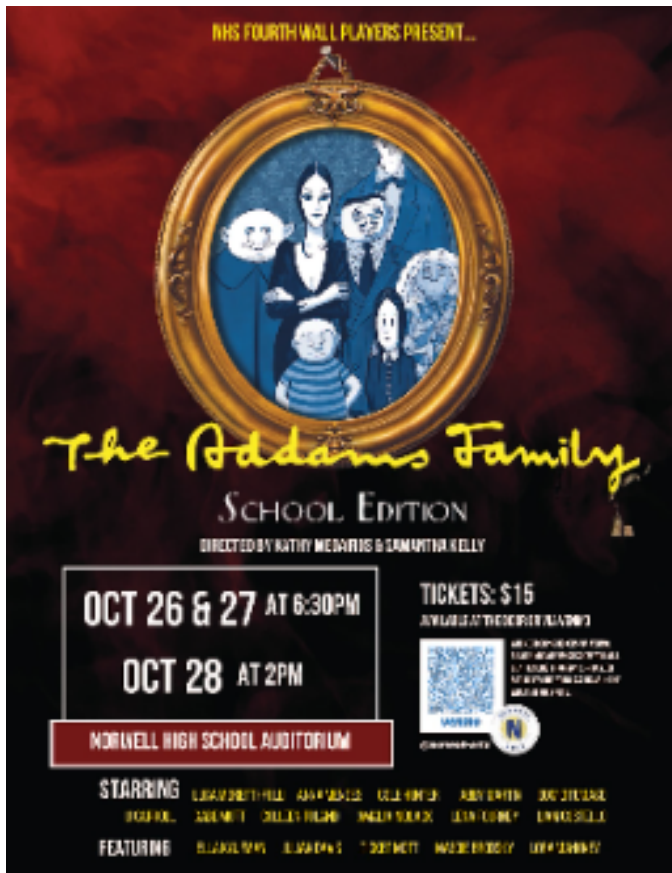


Bring in a dollar to donate to the local food pantry.



Don't be a mummy give us some money.





October is National Dyslexia Awareness Month

Join us! Monday, October 23, 2023
7:00pm Webinar

Did you know Dyslexia is one of the most common language-based learning disabilities? Please join us and guest speaker Joanna Roderiques, M.S.Ed, C-SLDI, for a discussion on dyslexia. We will discuss common myths, signs and strengths of dyslexia at different ages, interventions and resources.

Register in advance for this meeting:

<https://us02web.zoom.us/join/register/tZwtcO2grT4qGNMAZMQIX3vsw9wUszDv2G09>

After registering, you will receive a confirmation email containing information about joining the meeting.



Joanna Roderiques is an Orton-Gillingham certified tutor and special educator, who worked in the Massachusetts public school system for 8 years and now owns a tutoring service in Plymouth. She is passionate about helping kids "crack the code" for reading as it leads to greater self-confidence and happiness. Her instruction serves not only kids with dyslexia, but other language based disabilities and speech-sound disorders.



Norwell Council on Aging Presents:

NAVIGATING DEMENTIA PROGRAMMING SERIES

293 Pine Street
Norwell, MA 02061

For Adults of All Ages

CALL THE COA TO REGISTER: 781-659-7878



<p>Wednesday, Sept. 20 at 6:00 p.m., Norwell Council on Aging</p> <p>UNDERSTANDING ALZHEIMER'S & DEMENTIA</p> <p>Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research & FDA approved treatments. <i>Presented by the Alzheimer's Association</i></p>
<p>Wednesday, Sept 27 at 6:00 p.m., Norwell Council on Aging</p> <p>DEMENTIA DIAGNOSIS AND RESEARCH PARTICIPATION</p> <p>Are you or someone you know experiencing changes in memory or thinking? Join us for this discussion on the dementia diagnosis process and participation in research. <i>Presented by Dr. Mary-ellen Meadows, PhD, Massachusetts Alzheimer's Disease Research Center</i></p>
<p>Thursday, Oct. 5 at 6:00 p.m., Norwell Council on Aging</p> <p>THE EFFECTS OF DEMENTIA ON FAMILIES</p> <p>Your loved one has received a dementia diagnosis, so now what? Join us for the discussion on how to educate yourself and your family about dementia, the effects on a family and how to plan for the future. <i>Presented by Grace Doherty, CDP, BRDP, Area Community Liaison, Epoch Senior Living</i></p>
<p>Wednesday, Oct. 18 at 6:00 p.m., Norwell Council on Aging</p> <p>MONEY MANAGEMENT: A GUIDE FOR CAREGIVERS</p> <p>If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning. <i>Presented by the Alzheimer's Association</i></p>
<p>Wednesday, Oct. 25 at 6:00 p.m., Norwell Council on Aging</p> <p>CREATING A CARE TEAM</p> <p>Join us for a panel discussion with industry experts to understand what resources may be available to help create your caregiving support team.</p>
<p>Thursday, Nov. 2 at 6:00 p.m., Norwell Council on Aging</p> <p>IMPORTANT LEGAL DOCUMENTS & MASSHEALTH: WHAT YOU NEED TO KNOW!</p> <p>Estate planning is important for everyone, but especially after a dementia diagnosis. This is the time for you and your loved ones to be sure that current and future needs are addressed. Join us for this presentation on important legal documents to consider in your plan and a general overview of navigating MassHealth. <i>Presented by Laura Goodman, Esq. and Julie B. Harte, Paralegal, at Margolis Bloom & O'Agostino</i></p>
<p>Wednesday, Nov. 8 at 6:00 p.m., Norwell Council on Aging</p> <p>WHAT MATTERS MOST</p> <p>Join us for an interactive conversation about the importance of early exploration into what matters most to a dementia patient as it relates to their physical body, physical environment and spiritual needs at end of life. This will help to inform loved ones and care givers how to best provide comfort care and peace of mind and spirit. This 90 minute session includes grounding meditations, journaling exercises and guided visualization exercises. <i>Presented by Aimee Yawick, Early Exploration of Physical & Spiritual Comfort Care for End of Life, Certified Conscious Dying Coach, Educator & Death Doula</i></p>

