



MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 1 / ISSUE: 10

DATE: 11-3-23

HEADLINES

COSTUME DAY

DIA DE LOS MUERTOS

PANORAMA

TERM I ENDS

KINDNESS CORNER

ANNOUNCEMENTS

The late buses are on Tuesday, Wednesday and Thursday, and arrive at 2:45pm.

Clubs / Activities

Clubs and activities are in session.



TOGETHER WE MAKE A DIFFERENCE

Costume Day (10/31)

It was an exciting day at NMS! The Community Service Club sponsored Costume Day at Norwell Middle School. Students donated money to the Norwell Food Pantry and were dressed up in costume. It was a lot of fun to see so many teachers and students dressed up to support a good cause. Thank you everyone who donated to help those in our community.



Dia de los Muertos

November 1st and 2nd is the Mexican celebration known as "Día de los Muertos" or "Day of the Dead". This is a festive day in Mexican culture, where beloved family members, friends or pets who have passed away are celebrated and remembered. The Mexican holiday remembers their loved ones by setting up ofrendas, or altars, that welcome their loved ones' spirits back to the living world. Students in Mrs. Callahan's Spanish classes collaborated with Mrs. Finn's art class to create our own "ofrenda" to celebrate Día de los Muertos.



Panorama Student Survey (Flex time Tuesday, 11/7)

As part of our relationship and community-building goal, we will be asking for your child to reflect on their own mindsets and approaches to learning via an online survey (Panorama survey) they will be completing during Flex time in school on November 7th. If you would prefer that your child not participate in the survey, please email me by November 6th at 12pm. The survey should take approx. 15 minutes. We are asking that all of our students participate in the survey, as their responses will provide invaluable insights into their experiences and how we can improve our schools to their needs.



TOGETHER WE MAKE A DIFFERENCE

Term I Ends (11/3)

Just a reminder, Term I report card grades will be posted to Aspen for parents to review on Thursday, November 9th.

Parent/Teacher Conferences

Fall parent-teacher conferences will be on November 13th (2:10-3pm), 15th (12-2:30pm), 16th (5-7pm) and 20th (2:10-3pm). This year conferences will be six minutes in length. Conferences are scheduled to allow parents to review their child's Semester one progress, and how to best support them moving forward.

CALENDAR

November

7 Panorama Student Survey

8 Safety Drill

8 PickaTime closes @ 11:59PM

9 Report Cards Posted

10 No School

11 Veterans Day

13 Conferences (2:10 to 3PM)

15 Early Release

15 Conferences (12 to 2:30PM)

16 Conferences (5 to 7PM)

17 PTO (9AM)

17 Holocaust Survivor Speaker (10AM)

"Identify your problems but give your power and energy to solutions."



ALL PROCEEDS BENEFIT NORWELL MIDDLE SCHOOL

NMS TURKEY 5K Run/Walk & KIDS TURKEY CHASE TROT

\$30
To enter (Students: \$25)
First 300 Registrants will receive an awesome Swag Bag!
11/15
Entry Fee \$35
Day of: \$40

SUNDAY, NOV. 19TH @ 9:00AM
Norwell High - 18 South Street
Kids Fun RUN- Turkey Chase (\$5) @ 9:00am
5K Walk/Run @ 9:30am

RaceWire Link:
2023nmsturkeytrot.racewire.com
Please Email Questions to:
nmspto@gmail.com

*Please Bring a DONATION for the NORWELL FOOD PANTRY

KINDNESS CORNER

"IT TAKES COURAGE TO BE KIND"

- Maya Angelou

Students - keep your eyes on your emails next week. We will be sending out kindness videos to each grade and then asking you to complete a Kindness Pledge that will be a Google Form. We will also be asking for your input on ideas and ways to facilitate 'Acts of Kindness' here at NMS.

RANDOM ACTS OF KINDNESS

This week, Will Davis was spotted holding the door open on the second floor at dismissal, making it easier for the 8th grade to get out to the buses. Jackson Hall-Evans helped a friend at lunch and Philip Amarault held the door open in the morning for a staff member with their hands full.

Every day there are small acts like these that add up to make a big difference. THANK YOU!

LIBRARY BOO -K SHARE

This week many students had the opportunity to visit the NMS Library to participate in a book tasting. Mystery, horror, and suspense titles were on display for students to preview and check out. There were read alouds of first chapters and short stories to pique student interest. It was so wonderful to see so many students enjoying this annual event.



Costume Day



Grade 6 Brick Building

In a practical project for the 6th grade students on the Locke/Macdonald/Coffey team, the students had a chance to test their problem solving as well as their engineering skills, when they tested mud bricks in a series of simulations. The Social Studies project is designed to show the harsh conditions that settlers of the Fertile Crescent had to contend with. The students spent the periods outside and several 'Master Brick Makers' were discovered.





Norwell Council on Aging Presents:
NAVIGATING DEMENTIA
 PROGRAMMING SERIES

293 Pine Street
 Norwell, MA 02061

For Adults of All Ages
CALL THE COA TO REGISTER: 781-659-7878

Wednesday, Sept. 20 at 6:00 p.m., Norwell Council on Aging
UNDERSTANDING ALZHEIMER'S & DEMENTIA

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research & FDA approved treatments.
Presented by the Alzheimer's Association

Wednesday, Sept. 27 at 6:00 p.m., Norwell Council on Aging
DEMENTIA DIAGNOSIS AND RESEARCH PARTICIPATION

Are you or someone you know experiencing changes in memory or thinking? Join us for this discussion on the dementia diagnosis process and participation in research.
Presented by Dr. Mary-Ellen Meadows, PhD, Massachusetts Alzheimer's Disease Research Center

Thursday, Oct. 5 at 6:00 p.m., Norwell Council on Aging
THE EFFECTS OF DEMENTIA ON FAMILIES

Your loved one has received a dementia diagnosis, so now what? Join us for the discussion on how to educate yourself and your family about dementia, the effects on a family and how to plan for the future.
Presented by Grace Doherty, CDP, IRDIP, Area Community Liaison, Epoch Senior Living

Wednesday, Oct. 18 at 6:00 p.m., Norwell Council on Aging
MONEY MANAGEMENT: A GUIDE FOR CAREGIVERS

If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.
Presented by the Alzheimer's Association

Wednesday, Oct. 25 at 6:00 p.m., Norwell Council on Aging
CREATING A CARE TEAM

Join us for a panel discussion with industry experts to understand what resources may be available to help create your caregiving support team.

Thursday, Nov. 2 at 6:00 p.m., Norwell Council on Aging
IMPORTANT LEGAL DOCUMENTS & MASSHEALTH: WHAT YOU NEED TO KNOW!

Estate planning is important for everyone, but especially after a dementia diagnosis. This is the time for you and your loved ones to be sure that current and future needs are addressed. Join us for this presentation on important legal documents to consider in your plan and a general overview of navigating MassHealth.
Presented by Laura Goodman, Esq. and Julie B. Harte, Paralegal, at Margolis Bloom & O'Agostino

Wednesday, Nov. 8 at 6:00 p.m., Norwell Council on Aging
WHAT MATTERS MOST

Join us for an interactive conversation about the importance of early exploration into what matters most to a dementia patient as it relates to their physical body, physical environment and spiritual needs at end of life. This will help to inform loved ones and care givers how to best provide comfort care and peace of mind and spirit. This 90 minute session includes grounding meditations, journaling exercises and guided visualization exercises.
Presented by Aimee Yawick, Early Exploration of Physical & Spiritual Comfort Care for End of Life, Certified Conscious Dying Coach, Educator & Death Doula



3rd Annual Teddy Bear Drive

This fall, we will be hosting our 3rd Annual Teddy Bear Drive from November 6th - December 1st. All teddy bears will be donated to the [Wonderfund of Massachusetts](#), which works on behalf of 53,000 children engaged with the department of children and families who have been impacted by abuse and neglect. Please help us to provide comfort to these children by donating NEW teddy bears. There are boxes in each school lobby.

SAGA

Are you looking for a place where you will be accepted no matter what, and can safely express your individuality? If you answered yes, SAGA could be the right place for you. SAGA is a welcoming group, run by students and overseen by teacher mentors, creating a safe space for discussing similarities, differences, and personal well being. SAGA is a place that creates a peaceful environment for everybody no matter their identity. SAGA is open to all middle school students who are on a journey of self discovery and acceptance. SAGA is held in the Art Room on Thursdays after school, feel free to show up with any questions, no sign up is necessary, all are welcome.

Absences

Let the office know of the absence as soon as possible. The office handles all reporting of absences (students can be in contact with their teacher for work and let teachers know about an absence, **but absences should be reported to the office, not each individual teacher**).

We have 3 different ways to report absences, use the platform you prefer.

1. You can call the absence line @ 781-659-8814 ext. 1206 and leave a message.
2. Send an email to the main office nms.mainoffice@norwellschools.org
3. You can send in an email via the [website Absence / Dismissal link](#) to NMS Office email, (see below)

ABSENCES / DISMISSALS

Click to report an absence or dismissal. Please put ABSENCE or DISMISSAL in the subject line.

Dismissals

We would appreciate knowing about any dismissals prior to the time of dismissal in written form.

- You can send in a note with your student and have them drop it at the office first thing in the morning
 - Upon arrival to dismiss your student, please come to the door or call and we will send your student out to you if you have provided a note beforehand. If we do not have a note, we will need you to come into the office to sign out your student. Thank you in advance for your cooperation.
- Students CANNOT be dismissed early from school to another family or sibling without written permission from the parents.

Nowell Ski Team

The Norwell High School Ski Team can't wait to get back on the slopes for the 23'-24' season! We plan to build upon our very successful season last year! Our 35 student-athletes bring tremendous grit and grace to the mountain, proudly representing our school and our community.

This year, the team takes on an additional challenge: fundraising to offset the tremendous increases in transportation to our race mountain, Ragged Mountain in NH. We've partnered with the NHS Boosters to reach our goal of \$14,000 to defray our costs through sale of merchandise, ski tuning, and finding sponsors for our program. See Mrs. Rodgers for any questions..

N SKI TEAM

Get ready to hit the slopes with NHS Ski Team Gear!

All items will be embroidered with N or Norwell Ski Team logo

Adult: XS S M L XL XXL

Sweats available in Youth sizes
(\$5 extra per item for XXL)

Item	Size	Price	0	Total
Solo Vest		\$175		
Lined hat	o/s	\$25		
Sweatpants		\$50		
Hoodie		\$60		
Women's Sherpa Shirt		\$100		
Men's Sherpa Shirt		\$115		

Total Due _____

Name _____

Email _____

Phone _____

Orders received by 11/22/23 have target delivery by 12/20/23

Cash, check, Venmo to NHS-Boosters (add SKI TEAM in memo)
and credit card through
<https://norwellboosters.org/ski-team-fundraiser/>

Item details



Stio Azura
Insulated vest navy
with "N"



New Era Flannel
lined hat with "N"



Champion reverse
weave sweatpants,
navy with Norwell Ski
Team "N"



Champion reverse
weave hoodie,
navy with Norwell
Ski Team "N"



LL Bean Sherpa shirt
Black Watch Plaid, with
Norwell Ski Team "N"

Email completed form and
questions to:
Jen Chase
jchase@gmail.com
Kristen Proffitt
ktstang@gmail.com

CLIPPER FUN NIGHT Friday November 17th 6-8pm

Norwell 4th and 5th graders

@Cole School

RUN BY NHS SKI TEAM

Pizza, snacks, drinks,
games, crafts, music

\$25 per student

Click link below to sign up



Norwell Girls Youth Lacrosse

It is hard to believe, but it is time to sign up for Girls Spring lacrosse! See details below:

Registration: Opens Friday October 27th and closes December 15th– click on this link to register [Norwell Girls Youth Lacrosse | Home \(norwellgirlslacrosse.com\)](http://norwellgirlslacrosse.com)

Grades: 1-2 (Practices on Monday nights); 3-4 (Practices on Tuesday nights); 5-8 (Practices on Thursday nights)

Fee: \$240 for 3rd– 8th and \$155 for 1st/2nd (no refunds)