



MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 1 / ISSUE: 13

DATE: 11-22-23

HEADLINES

WEEK AT A GLANCE

PEER SUPPORT

TURKEY TROT

TURKEY BOWL

KINDNESS CORNER

ANNOUNCEMENTS



TOGETHER WE MAKE A DIFFERENCE



I hope everyone has the opportunity to enjoy the holiday with family and friends!

Week at a glance

- **No HW** weekend 11/22 to 11/26
- **Best Buddies** 11/29 -- Skipper, the Clipper therapy dog, will be visiting best buddies on 11/29 in room 243 at 2PM.
- **JR/SE** 12/2 -- On Saturday December 2, 7th and 8th Grade Band and Chorus students will be auditioning for the Southeast District Honor Bands and Choirs. Students who score high enough will be invited to perform in the festival held March 8th and 9th, 2024.
- **Student Government** 12/7 -- Student leaders will be organizing the holiday spirit week (12/18 to 12/23) (there are some great ideas!), staff holiday appreciation, and an all school dance theme for a March 15th dance
- **Parents Night Out** 12/7 -- SEPAC invites all parents to the Fours in Norwell on December 7th @ 7PM for a night out (see additional information on page 13)

Peer Support

Mrs. Carton and Mrs. Downey are working with some amazing 8th grade students helping peers (grades 6-8) during flex time with difficult math topics. The students give up their free time during Flex to provide support to their peers and work collaboratively with our teachers. These amazing students are: Anabel Reardon, Maureen Murray, Katherine Murray, and Charlotte Reardon! Excellent teamwork! Thanks to our students and to Mrs. Carton, Mrs. Downey and Mrs. Siffard + Mrs. Sailer (helped set up the support).



TOGETHER WE MAKE A DIFFERENCE

NMS Turkey Trot



CALENDAR

November

22 Early Release

22 No HW Weekend

23 Thanksgiving (Holiday)

24 Holiday

28 School Council @ 2:15PM

December

2 Jr/SE (Music)

6 Winter Concert (7th+8th Grade)
at 7PM @ NHS

Turkey Bowl

**Exciting Day with games, trivia
and champions! Staff Wins
Volleyball 11-8**

(See more on Page 6)



*"Identify your
problems but give your
power and energy to
solutions."*

NMS Turkey Trot

Phenomenal Event! There was so much energy out at the race, it was contagious! Thank you to all of our volunteers and sponsors, and a special thanks to Veronica Carney and Jana McCarthy! Incredible job! Thanks for helping make NMS a special place for our student!!

PTO

- PLEASE join our Facebook page - to share information on events + opportunities to volunteer PTO Facebook
- Any questions or interest in joining, email us at nmspto@gmail.com

KINDNESS CORNER

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." - J.F. Kennedy

RANDOM ACTS OF KINDNESS

Last week, Sophie Lowry was recognized by her teacher for supporting a student in class and for helping another student pick up books and supplies that had been dropped in the hallway. Harry Carbone cheered on his teammates on and gave high-fives during "Rob the Nest." Evan McCarthy and Drew Vroman demonstrated school spirit and good sportsmanship at Sunday's Turkey Trot. Nour Rbeiz was recognized by her teachers for being a leader in class who "seems to always do the right thing."

Every day there are small acts like these that add up to make a big difference. THANK YOU!

Turkey Trot



Turkey Trot



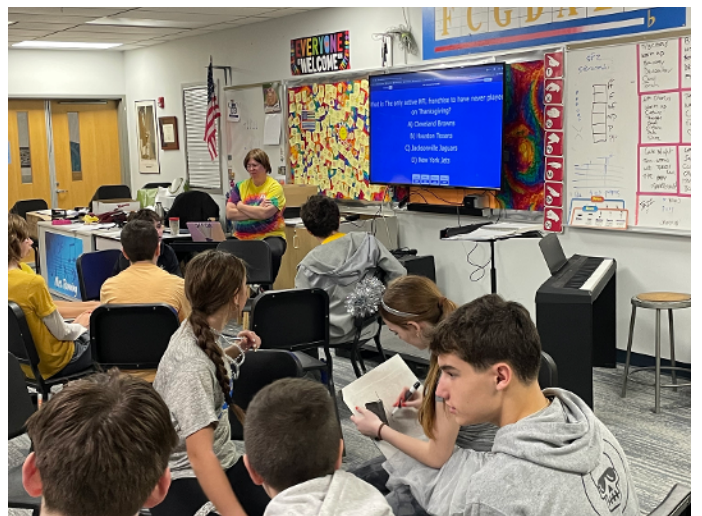
Turkey Trot



Turkey Bowl



Turkey Bowl



Turkey Bowl



Turkey Bowl



Turkey Bowl



Turkey Bowl





THURSDAYS IN THE ART ROOM 2:00 TO 2:45 PM

Are you looking for a place where you will be **accepted no matter what...**
a place where you can safely **express your individuality**?

If you answered yes, **SAGA** could be the right place for you!

SAGA is a **welcoming** group, **run by students** and overseen by teacher mentors, creating a **safe space** for discussing similarities, differences, and personal **well being**. **SAGA** is a place that creates a **peaceful** environment **for everybody** no matter their identity. **SAGA** is open to all middle school students who are on a journey of **self discovery** and **acceptance**.

If you're interested, meet us in the Art Room on Thursdays after school.

Feel free to show up with any questions, no sign up is necessary.

ALL ARE WELCOME!



“SHINE THE LIGHT” LUMINARY EVENT: HONORING OUR LOVED ONES WITH DEMENTIA



THURSDAY, DECEMBER 21, 2023
NORWELL TOWN HALL, CIRCULAR ENTRANCE
4:30 - 6:00 P.M.

Shining our lights together to diminish the darkness
and illuminate a path towards a world without
dementia.

HOW CAN YOU HELP?

Each \$5 donation provides a luminary bag with your
personalized message displayed honoring a loved one with
dementia. Please include your name, phone number, the
name(s) of you loved one(s) and luminary message.

Checks can be made payable and sent to:

Norwell Council on Aging

P.O. Box 699

Norwell, MA 02061

or dropped off at the Norwell Senior Center at 293 Pine St, by December 18.

For more information, call the Norwell Council on Aging at 781-659-7878

*Proceeds support the Forget Me Not Cafe social program
for those living with dementia and their care-partner*

**NORWELL
SEPAC**



Please join Norwell SEPAC for a

Parent Night Out

You're invited to The Fours-Norwell

Do you want to connect with other parents in our town? Do you need
a night out before the craziness of the holidays? We would love to see
some new and old faces! Bring a friend too! The more the merrier!

Date: Thursday, December 7th

Time: 7:00 pm

Location: The Fours-Norwell 285 Washington Street,
Norwell

All are welcome! We hope you can join us!



3rd Annual Teddy Bear Drive

This fall, we will be hosting our 3rd Annual Teddy Bear Drive from
November 6th - December 1st. All teddy bears will be donated to
the [Wonderfund of Massachusetts](#), which works on behalf of
53,000 children engaged with the department of children and
families who have been impacted by abuse and neglect. Please
help us to provide comfort to these children by donating NEW
teddy bears. There are boxes in each school lobby.

SAGA

Are you looking for a place where you will be
accepted no matter what, and can safely express
your individuality? If you answered yes, SAGA
could be the right place for you. SAGA is a
welcoming group, run by students and overseen
by teacher mentors, creating a safe space for
discussing similarities, differences, and personal
well being. SAGA is a place that creates a
peaceful environment for everybody no matter
their identity. SAGA is open to all middle school
students who are on a journey of self discovery
and acceptance. SAGA is held in the Art Room on
Thursdays after school, feel free to show up with
any questions, no sign up is necessary, all are
welcome.

Norwell Girls Youth Lacrosse

It is hard to believe, but it is time to sign up for Girls Spring lacrosse! See details below:

Registration: Opens Friday October 27th and closes December 15th– click on this link to register [Norwell Girls Youth Lacrosse | Home \(norwellgirlslacrosse.com\)](http://norwellgirlslacrosse.com)

Grades: 1-2 (Practices on Monday nights); 3-4 (Practices on Tuesday nights); 5-8 (Practices on Thursday nights)

Fee: \$240 for 3rd– 8th and \$155 for 1st/2nd (no refunds)

Absences

Let the office know of the absence as soon as possible. The office handles all reporting of absences (students can be in contact with their teacher for work and let teachers know about an absence, **but absences should be reported to the office, not each individual teacher**).

We have 3 different ways to report absences, use the platform you prefer.

1. You can call the absence line @ 781-659-8814 ext. 1206 and leave a message.
2. Send an email to the main office nms.mainoffice@norwellschools.org
3. You can send in an email via the [website Absence / Dismissal link](#) to NMS Office email, (see below)

ABSENCES / DISMISSALS

Click to report an absence or dismissal. Please put ABSENCE or DISMISSAL in the subject line.

Dismissals

We would appreciate knowing about any dismissals prior to the time of dismissal in written form.

- You can send in a note with your student and have them drop it at the office first thing in the morning
 - Upon arrival to dismiss your student, please come to the door or call and we will send your student out to you if you have provided a note beforehand. If we do not have a note, we will need you to come into the office to sign out your student. Thank you in advance for your cooperation.
- Students CANNOT be dismissed early from school to another family or sibling without written permission from the parents.

Nowell Ski Team

The Norwell High School Ski Team can't wait to get back on the slopes for the 23'-24' season! We plan to build upon our very successful season last year! Our 35 student-athletes bring tremendous grit and grace to the mountain, proudly representing our school and our community.

This year, the team takes on an additional challenge: fundraising to offset the tremendous increases in transportation to our race mountain, Ragged Mountain in NH. We've partnered with the NHS Boosters to reach our goal of \$14,000 to defray our costs through sale of merchandise, ski tuning, and finding sponsors for our program. See Mrs. Rodgers for any questions..



Get ready to hit the slopes with
NHS Ski Team Gear!

All items will be embroidered with
N or Norwell Ski Team logo
Adult: XS S M L XL XXL
Sweats available in Youth sizes
(\$5 extra per item for XXL)

Item	Size	Price	#	Total
Stio Vest (M/W)		\$175		
Lined hat	o/s	\$25		
Sweatpants		\$50		
Hoodie		\$60		
Women's Sherpa Shirt		\$100		
Men's Sherpa Shirt		\$115		

Total Due _____

Name _____

Email _____

Phone _____

Orders received by 11/22/23 have target
delivery by 12/20/23

Cash, check, Venmo to NHS-Boosters (add SKI
TEAM in memo)
and credit card through
<https://norwellboosters.org/ski-team-fundraiser/>

Item details



Stio Aurora
Insulated vest navy
with "N"



New Era Flannel
lined hat with "N"



Champion reverse
weave sweatpants,
navy with Norwell Ski
Team "N"



Champion reverse
weave hoodie,
navy with Norwell
Ski Team "N"



LL Bean Sherpa shirt
Black Watch Plaid, with
Norwell Ski Team "N"

Email completed form and
questions to:
Iris Chase
jordan@gsail.com
Kristen Paulin
ktstam@gsail.com