# N MINUTE

## A MINUTE TO SEE WHAT'S HAPPENING @ NMS

**"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."**

VOLUME: 1 / ISSUE: 31
DATE: 4-16-24

## HEADLINES

WEEK AT A GLANCE
SOLAR ECLIPSE
GEO/HISTORY BEE
ANNIE

## ANNOUNCEMENTS

**Camino**

Presenter, Sr. Gravina, shared his experiences walking the Camino de Santiago pilgrimage with our Spanish students on Friday (4/12). (See page 5)

SAVE THE DATE: 8TH GRADE SEMI FORMAL

MAY 31ST
7-9 PM
NMS CAFE

HOSTED BY THE NMS STUDENT GOVERNMENT: MORE DETAILS TO FOLLOW

## # TOGETHER WE MAKE A DIFFERENCE

### Week at a glance

- **Spring Clubs/Activities** -- Spring clubs and activities begin on Tuesday, April 23rd. Sign-ups begin on Monday, April 8th. Students can spend their time before and after school playing Jazz, learning about wellness, creating code, playing Dungeons and Dragons, cornhole, kickball and more! Students should have submitted the form (linked below) and payment to the main office by April 12, 2024 (If you missed the deadline, please email Mrs. Hess). To see the list of activities or print the sign-up form, please click on Spring Clubs/Activities
- **6th Grade Fieldtrip --** 6th graders will attend a performance of "Mayhem Poets" at UMASS Dartmouth on **Tuesday, April 23rd**. The theater graciously accommodated our group as the original trip to see "The Lightning Thief" in Dec. was canceled due to a snow day. **On Wed. April 24th, 6th grade** students will attend the performance of "A Wrinkle in Time" at Wheelock Theater in Boston.
- **PTO --** Meeting 4/26 @ 9AM at NMS. The superintendent will attend the meeting to review the school budget for 2024-2025.

### Annie

Phenomenal performance! It was heartfelt, comedic and the songs resonated through the auditorium. Congratulations to the cast, crew and to Mrs. Petrel and Mrs. Debenedictis!!! (See additional pictures on page 2 and 4)

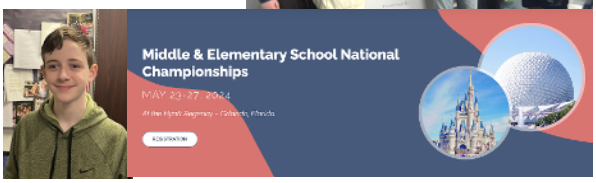
### Solar Eclipse

On Monday, April 8th, hundreds came to NMS to view the eclipse at the Norwell Middle School back field. Students excitedly put the solar glasses on in anticipation of the celestial event. Parent, "Thank you for hosting students and families for the eclipse today, it was very exciting." (See pictures on page 3)

## Geography/History Bee (Regionals)

NMS students competed in the Regional Geography and History Bee in Foxboro, MA at the Sage School on April 7th. Devan Parmar, NMS champion, successfully moved on to the nationals in Florida, ([Nationals Registration]) as well as Eli Eliodor, and Teddy Griffin.

**Congratulations to all of our students, who competed at the Regionals on Sunday!!!** (Leo Bretch (Geo), Eli Eliodor (Geo), Ava Finn (Geo), Teddy Griffin (Geo), Angelina Hutchison (Geo), and Devan Parmar (Moving on in both Geography and History) Ava stated, "It was a lot of fun, more should try it." Devan stated, "It was hard, but doable." Next year, they want to host!



## CALENDAR

April
15-19 April Vacation
22 School Council Mtg. @ 2PM
23 6th Grade Play (Field Trip)
24 6th Grade Play (Field Trip)
26 Playbook Initiative
26 PTO Mtg @ 9AM
29 School Committee Mtg

May
5 PTO Pickleball Event

*"Identify your problems but give your power and energy to solutions."*

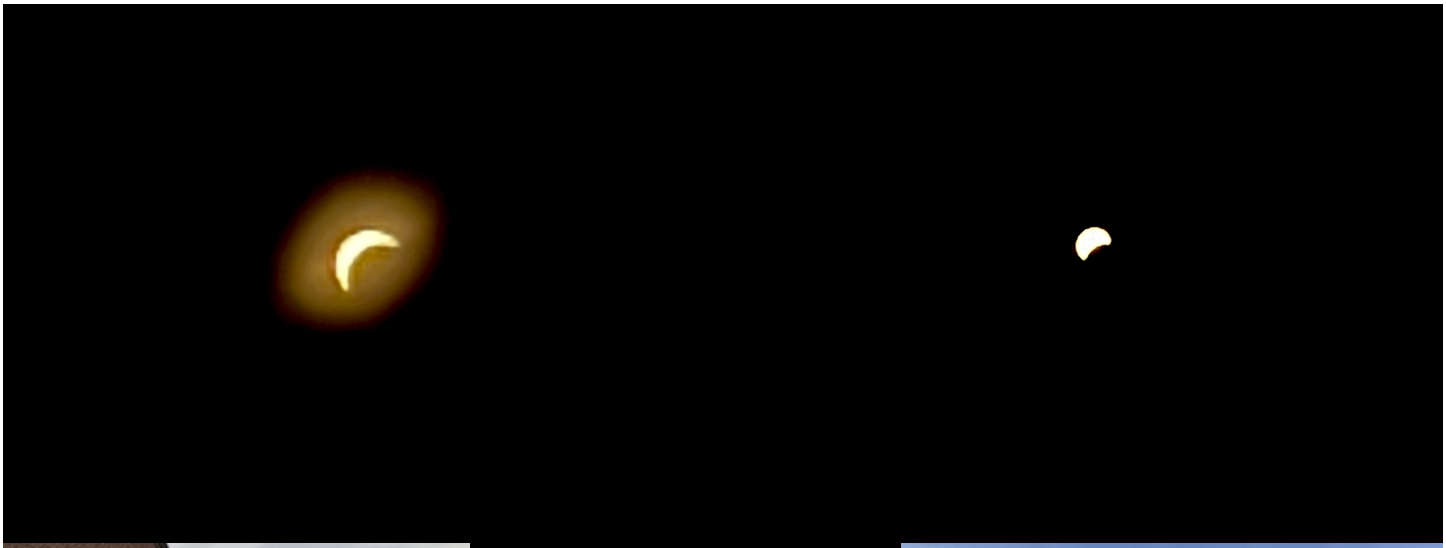
### Cast of Characters

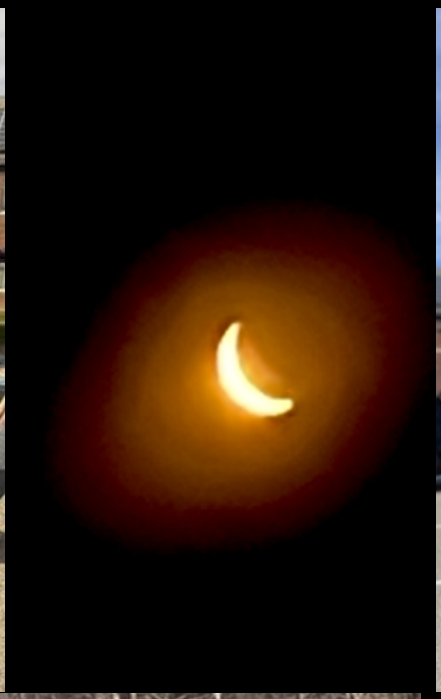
| | |
|---|---|
| **Annie** | Francesca Miele |
| **Oliver Warbucks** | Thomas Donovan |
| **Grace Farrell** | Sophie d'Entremont |
| **Miss Hannigan** | Sophia Mousseau |
| **Molly** | Lucy Bjorlin |
| **Pepper** | Chloe Connerty |
| **Duffy** | Bel Burns |
| **Kate** | Lillian Carr |
| **Tessie** | Josie Haug |
| **July** | Katherine Gavin |
| **Rooster** | Trystan Sheridan |
| **Lily St. Regis** | Ella Sullivan |
| **Sandy** | Addison |
| **Officer Ward** | Thane Homer |
| **Bundles McCloskey** | Ben Allegrini |
| **Apple Seller / Announcer** | Owen Dewberry |
| **Bert Healy / FDR** | Luke Bjorlin |
| **Drake** | Daniel Britton |
| **Cecille** | Elizabeth Seneschal |
| **Mrs Greer** | Eloise Perniola |
| **Annette** | Mia Chan |
| **Mrs Pugh** | Molly Marsh |
| **Stars-to-be** | Amy Guman, Eloise Perniola, Elin Gorman |
| **Usherette** | Nola Carney |
| **Orphans** | Aubrey Bornstein, Madisyn Butler, Neve DiMarzio, Mila Hoops, Maeve Lawson, Kalen LeBlanc, Linsey LeBlanc, Stella Lent, Maeve Madden, Sofia Mellor, Abigail Paquette, Vanessa Scribner, Bridget Yee |
| **Servants** | Isabella Bugaoan, Nola Carney, Emily Cogan, Layla Draik, Meredith Elsden, Anna Forcier, Abigail Gallagher, Kayla Goggin, Elin Gorman, Avery Gormley, Pranjala Gowdru,, Addie Hobart, Brielle Lestage, Madison Murray, Sabrina Niblack, Marin O'Donnell, Sam Puleo, Isobel Troupe, Sophia Yahner, Briana Yee |

### Production Staff

| | |
|---|---|
| Directors | Carolyn Petrell & Cindy DeBenedictis |
| Lighting | Joseph Davenport |
| Music | Allie DeBenedictis |
| Animal Handler | Rochelle Scudder |
| Ticket Sales Coordinator | Julie Needle |
| Backstage Coordinator | Kacey Zych |
| Sound | Bergsten Music |
| Set Design | Megan McGraw |
| Backdrop | Charles H. Stewart |
| Videographer | TRB Design |
| Costumes | The Costumer |
| Costume Coordinator | Megan McGraw |
| Choreographers | Kayla Goggin, Chloe Connerty |
| Dance Captains | Nola Carney, Kayla LeBlanc, Eloise Perniola, Isobel Troupe |
| Stage Crew | Hadley Amon, Matthew Britton, Naomi Bliss-Chin, Nicholas Boyden, Holden Burns, Eileen Greene, Tavin Hallman, Nathan Hu, Grayson Moylette, Madilyn Park, Lauren Riley, Izzy Robertson, Topher Young |

# Eclipse





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# Camino

**Presenter, Sr. Gravina, shared his experiences walking the Camino de Santiago pilgrimage with our Spanish students on Friday (4/12).**

# Camino

El Camino de Santiago
PLAY LIKE A CHAMPION TODAY

El Camino de Santiago
PLAY LIKE A CHAMPION TODAY

# Reading Initiative

We are excited to tell you about a school-wide Reading Challenge starting Term 3.
For terms 3 and 4, we are encouraging your students to read ***more***!

To help them on their way, we are devoting Friday Flextime to independent reading.
***They*** choose the books or magazines that they want to read.

## And we could use your help!

According to research, **"**effective programs include active parent involvement, partnerships among community institutions, and collaboration among significant adults in students' lives**."** Your help and support at home is a crucial factor in supporting reading development. So how can you help?

1. **PUT BOOKS IN THEIR HANDS**
   Get books, magazines, and graphic novels that match your student's interests. Head to the library. Hit a bookstore. Buy Lacrosse or Fortnite magazines—*whatever they'll read!*

2. **ENCOURAGE READING IN FLEX TIME**
   According to the research, reading is positively correlated with a strong vocabulary, higher math scores. higher science and history scores, strong writing skills. higher scores on standardized tests, reduced levels of stress. increased empathy, more brain connectivity, and even a longer life! Please encourage your student to read during Flex Friday.

3. **KEEP IT GOING AT HOME**
   We know life is busy! We get it! But where could you encourage more reading? Before bed? Before screen time? On a long car ride? Read the same book as your child and watch the movie after finishing the book? Gift a grandparent the same book and do a child-grandparent book-club date? Think creatively to get students engaged with reading more at home!

4. **DONATE BOOKS**
   If you have upper elementary school and/or middle school books and magazines that you are no longer using, we'll take them! Drop donations in the READING PROGRAM BOX at drop off; we will shelf them around the school for students to use during Flex Friday!

## HAVE USED OR UNWANTED MARKERS, PENS

## WOODEN OR MECHANICAL PENCILS?

Last year the Norwell Recycling and Sustainability Committee successfully initiated a project to recycle crayons and continues to collect used or unwanted crayons. We are now adding markers, pens and wooden and mechanical pencils to our collections for recycling. We are working in partnership with Staples, which has recently added them to their list of materials that can be recycled.

Collection boxes are located at-

Grace Farrar Cole School

William G. Vinal School

Norwell Middle School

Norwell High School

New Nursery School

First Parish PreSchool

Ridge Hill School

Nature Center PreSchool at the South Shore Science Center

Bright Horizons

Norwell Public Library

Norwell Recycling Center

## Chess

Open Chess in room 208. Free for all students, every Thursday throughout the school year.

Please see Mr. Fraser if you have any questions.

# Reminders

## Absence Reporting

- Please report student absences to the office as soon as possible.
- You can report absences by
    - calling the absence line: 781-659-8814 x1206 and leaving a message.
    - sending an email to the Main Office at nms.mainoffice@norwellschools.org.

## Dismissing a Student during the School Day

- Please send a note to the office the morning of the dismissal.
- If there is not a note, parent/guardian will need to enter the building to sign their student out.
- Please provide a written note if somebody other than a parent/guardian is picking up a student during the day for dismissal.

## Forgotten Items

- When bringing in a forgotten item for a student, please leave it with a label on the "I Forgot It" table by the front lobby.
- It is a student's responsibility to check the table for the forgotten item.
- If a student does not call home for the item, please do not bring the item to school as they likely do not need it.

## Cell Phones

- Students'cell phones should be off and in their locker or bag during the day.
- Parents / guardians should not text or call their students' cell phone during the school day as it disrupts the class.  Messages can be left at the office for students.

# PRACTICAL STRATEGIES TO BOOST EXECUTIVE FUNCTIONING SKILLS

SPONSORED BY: CANTON PARENT ADVISORY COUNCIL FOR STUDENT SERVICES , LUCE CAPT, WACHUSETT SEPAC, SHARON SEPAC, STOUGHTON SEPAC, MILLIS SEPAC, NORTH READING SEPAC, NORTH MIDDLESEX SEPAC, NEEDHAM SEPAC, WAYLAND SEPAC, DUXBURY SEPAC, WALTHAM SEPAC, PEABODY SEPAC, NORTHBORO/SOUTHBORO SEPAC, MANSFIELD SEPAC, STONEHAM SEPAC, NORTHBRIDGE SEPAC, NORWELL SEPAC, EAST HAMPTON SEPAC, SOMERVILLE SEPAC, FOXBORO SEPAC

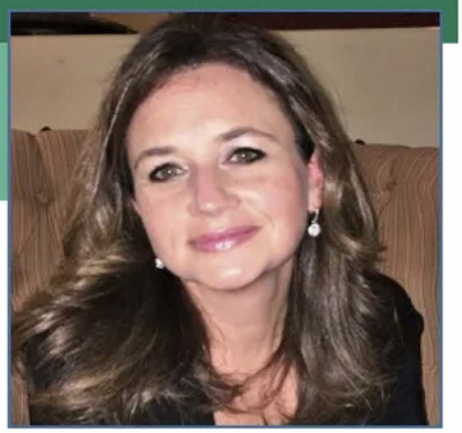
**WHAT ARE EXECUTIVE FUNCTIONING SKILLS?**

THEY ENABLE US TO PAY ATTENTION, TO ORGANIZE, AND PLAN TASK AND MATERIALS, TO STAY FOCUSED ON THEM AND MANAGE EMOTIONS AND BE FLEXIBLE , AND TO KEEP TRACK OF WHAT WE ARE DOING

LEARN PRACTICAL STRATEGIES TO HELP YOUR CHILD DEVELOP SKILLS AND BECOME MORE INDEPENDENT

SPEAKER

## Sarah Ward



Sarah is an internationally recognized expert on executive function skills and regularly presents seminars and workshops on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Sarah has co-authored the 360 Thinking Executive program and co-developed the educational products the Academic Planner and Tracknets, as well as the Time Tracker Program and Get Ready *Do*Done instructional approach. Described as 'revolutionary' and 'groundbreaking' their 360 Thinking Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to and consulted with over 1600 public and private schools in the United States, Canada, Europe, Asia, Australia and Africa.

## VIRTUAL WORKSHOP

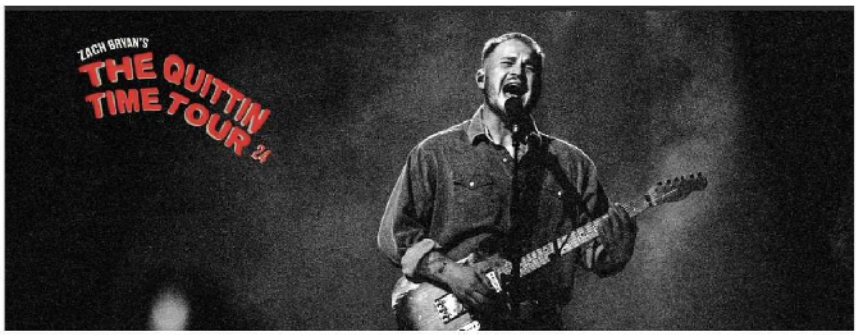
**TUESDAY APRIL 23, 2024**

**6PM**

## Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_kNs3z1sfTAGnaQZa3MZ-xQ

After registering, you will receive a confirmation email containing information about joining the webinar.




# WIN 2 TICKETS TO SEE ZACH BRYAN IN CONCERT AT GILLETTE STADIUM

Norwell Boosters is raffling off two tickets to the sold-out ***Zach Bryan The Quittin Time Tour 24*** concert at Gillette Stadium on June 26, 2024.

3 ways to enter now ($25 for 1 or $100 for 5 chances):

- TEXT **boosters4zach** to 33100
- SCAN the QR code
- GO TO **http://go.rallyup.com/boosters-zachbryan**

*All net proceeds go to Norwell High School Boosters, our athletic programs and student-athletes – Thank you for your support!*

*A free webinar sponsored by the Hamilton/Wenham, Hingham, and Norwell SEPACs*

# "Fostering Self-awareness and Self-advocacy in Youth with Social Cognitive Deficits"

**Join NESCA Director of Transition Services Kelley Challen and Pediatric Neuropsychologist Dr. Moira Creedon from NESCA's Newton and Hingham locations for a free webinar and live Q&A**

**Date:** Tuesday, April 30, 2024

**Time:** 7:00PM - 8:30PM ET

**Register:** https://nesca-newton.zoom.us/webinar/register/WN_5aZ41jT7TZ2-42a9_1GKDg

In this talk, we will discuss ways that parents/caregivers and educators can help youth, from early ages through young adulthood, to develop increased awareness of learning style, cognition, areas of strength, interests, as well as challenges, disability-related needs, and self-management strategies. We will also discuss disability disclosure and acceptance, including student participation in their team meeting process—which will be important preparation for the NEW MA IEP format that students will be participating in beginning in Fall 2024.

## About the Presenters

**Kelley Challen, Ed.M., CAS, Director of Transition Services**
An expert transition specialist, Kelley Challen directs NESCA's person-centered and highly individualized transition services. She specializes in comprehensive assessment, vocational/life skill assessment for students with complex disabilities, planning/prep for college-bound students, and consultation, program development, and/or case management regarding post-12th grade programming.

**Moira Creedon, Ph.D., Pediatric Neuropsychologist; Hingham Director**
Dr. Creedon offers her expertise in evaluating children and teens with a variety of presenting issues. She is interested in uncovering an individual's unique pattern of strengths and weaknesses to best formulate a plan for intervention and success. She tailors each assessment to address a range of referral questions, such as developmental disabilities, including Autism Spectrum Disorder, learning disabilities, attention challenges, executive functioning deficits, and social-emotional struggles.

NESCA
www.nesca-newton.com