N MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

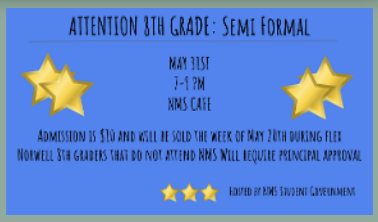
"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 2 / ISSUE: 35
DATE: 5-24-24

HEADLINES

WEEK AT A GLANCE
NMS ART SHOW
CLIPPER JAZZ NIGHT
UPDATES
KINDNESS CORNER

ANNOUNCEMENTS



Student Government

TOGETHER WE MAKE A DIFFERENCE

Week at a glance

- **National History and Geography Bee (5/23)** -- NMS students were invited to participate in the National Geography and History Bee in Orlando Florida on May 23rd. Eli Eliodor (Geography), and Teddy Griffin (Geography) have successfully moved on to the nationals in Florida in Geography. Congratulations!!

([Nationals Registration])

Washington DC Parent Meeting (5/28) -- We will be having a DC trip information meeting for parents and students on Tuesday, May 28th at 5:00 in the middle school cafe. We will provide you with all of the logistical information, itinerary, what to bring, behavioral expectations etc...

Please plan to attend with your child. In the event that you are unable to attend, we will follow up with an informational email covering the necessary items. Thank you, Carolyn Petrell

NMS Art Show (5/29) -- 3rd Annual Art Show, celebrating the creativity of our students, grades 6 through 8 on Wednesday, May 29th from 6 to 8PM. Please come out to see the beautiful work, meet the proud teachers, honor our amazing student artists and support art in our school and around the world. The event is an open house format.

8th Grade Semi Formal Dance (5/31) -- The Semi Formal is on Friday, May 31st from 7 to 9PM. Admission is $10. Tickets will not be sold at the door.

TOGETHER WE MAKE A DIFFERENCE

Clipper Jazz Night (5/22)

Both the Middle School and High school jazz groups performed on Wednesday night at the High School Little Theater at 7pm. It was a phenomenal evening with live music, some vocals, and one song off the book. The songs filled the little theatre with multiple solos and standout performances. Phenomenal Evening!! (See page 5 for additional photos)

CALENDAR

May
24 No HW Weekend
27 Memorial Day (No School)
28 Fastbridge Testing
28 School Council Mtg
28 DC Parent Mtg @ 5PM
29 NMS Art Show @ 6PM
30 Seniors (Graduates) Visit NMS
31 PTO Mtg @ 9AM
31 Panorama Student Survey and Flex Reading Survey
31 8th Grade Semi Formal Dance
June
1 Graduation
3 Staff Meeting

"Identify your problems but give your power and energy to solutions."

Updates

PCEA Awards -- The PCEA awards recipients are Mary Flanagan, Laura Callahan, Jen Burke, and Andrew Currie from NMS. Congratulations!!!

NMS Got Talent -- The NMS Talent Show is on June 12th @ 6PM in the NMS cafeteria. The Talent Show was phenomenal last year! Tickets are $5. Don't miss our students shine!

PTO -- PLEASE join the PTO Facebook page - to share information on events + opportunities to volunteer
PTO Facebook

Any questions or interest in joining, email PTO at nmspto@gmail.com

KINDNESS CORNER

Thank you to Jess Kinsman in the Library for helping Norwell Middle School celebrate Asian-Pacific Islander Heritage Month!

Best Buddies

Art Show

NMS
ART SHOW
HELD AT NORWELL MIDDLE SCHOOL
ON WEDNESDAY, MAY 29TH 2024
FROM 6:00 TO 8:00 PM
ORIGINAL ARTWORK CREATED BY ISABELLA BUGAOAN, GRADE 7

Clipper Jazz Night

ATTENTION 8TH GRADE: SEMI FORMAL

MAY 31ST
7-9 PM
NMS CAFE

ADMISSION IS $10 AND WILL BE SOLD THE WEEK OF MAY 20TH DURING FLEX
NORWELL 8TH GRADERS THAT DO NOT ATTEND NMS WILL REQUIRE PRINCIPAL APPROVAL

HOSTED BY NMS STUDENT GOVERNMENT

Reminders

Absence Reporting

- Please report student absences to the office as soon as possible.
- You can report absences by
  - calling the absence line: 781-659-8814 x1206 and leaving a message.
  - sending an email to the Main Office at nms.mainoffice@norwellschools.org.

Dismissing a Student during the School Day

- Please send a note to the office the morning of the dismissal.
- If there is not a note, parent/guardian will need to enter the building to sign their student out.
- Please provide a written note if somebody other than a parent/guardian is picking up a student during the day for dismissal.

Forgotten Items

- When bringing in a forgotten item for a student, please leave it with a label on the "I Forgot It" table by the front lobby.
- It is a student's responsibility to check the table for the forgotten item.
- If a student does not call home for the item, please do not bring the item to school as they likely do not need it.

Cell Phones

- Students'cell phones should be off and in their locker or bag during the day.
- Parents / guardians should not text or call their students' cell phone during the school day as it disrupts the class. Messages can be left at the office for students.

HAVE USED OR UNWANTED MARKERS, PENS

WOODEN OR MECHANICAL PENCILS?

Last year the Norwell Recycling and Sustainability Committee successfully initiated a project to recycle crayons and continues to collect used or unwanted crayons. We are now adding markers, pens and wooden and mechanical pencils to our collections for recycling. We are working in partnership with Staples, which has recently added them to their list of materials that can be recycled.

Collection boxes are located at-

Grace Farrar Cole School

William G. Vinal School

Norwell Middle School

Norwell High School

New Nursery School

First Parish PreSchool

Ridge Hill School

Nature Center PreSchool at the South Shore Science Center

Bright Horizons

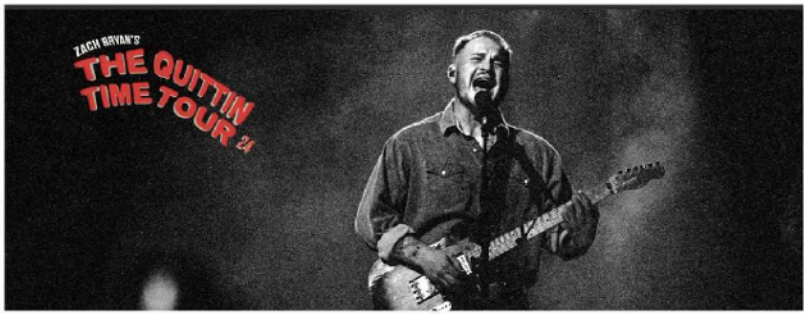
Norwell Public Library

Norwell Recycling Center

Chess

Open Chess in room 208. Free for all students, every Thursday throughout the school year.

Please see Mr. Fraser if you have any questions.



WIN 2 TICKETS TO SEE ZACH BRYAN IN CONCERT AT GILLETTE STADIUM

Norwell Boosters is raffling off two tickets to the sold-out ***Zach Bryan The Quittin Time Tour 24*** concert at Gillette Stadium on June 26, 2024.

3 ways to enter now ($25 for 1 or $100 for 5 chances):

- TEXT **boosters4zach** to 33100
- SCAN the QR code
- GO TO **http://go.rallyup.com/boosters-zachbryan**

All net proceeds go to Norwell High School Boosters, our athletic programs and student-athletes – Thank you for your support!

Norwell Youth Football

Are you ready for some football? Registration is now open for Norwell Youth Football, grades 3-8. Visit **norwellyouthfootball.com** for more information on this fun, team-building game that encourages players of all abilities. We hope to see you on the turf! Register by June 20 to be included in our drawing for $50 Dick's Sporting Goods gift certificates that are good for anything in the store!

If there are any questions, please contact us at norwellyouthfootball@gmail.com

Thanks again for all of your help, and please let me know if you have any questions or concerns.

Pete Hajjar

President of Norwell Youth Football

Attention Norwell Community!

Exciting News!

Norwell Youth Cheer registration is now officially OPEN! Thanks to our incredible partnership with SHD Marketing, we're thrilled to announce the launch of our brand new website, making registration easier and more convenient than ever before!

Registration is open to incoming grades 3-8th for the Fall 2024 Youth Football Program.

Whether your child is a seasoned cheerleader or looking to try something new, we welcomeall levels of experience!

Here's what you need to know:

Who: Incoming grades 3-8th

What: Norwell Youth Cheer Registration

Where: Visit our new websitehttps://www.norwellyouthcheer.com/to register!

When: Registration is NOW OPEN, so don't wait to secure your spot as it will close on June 17th!

Join us in fostering teamwork, spirit, and fun in our vibrant Norwell community! Let's make this season one to remember!

NORWELL HIGH SCHOOL

MOSES FITNESS & BREAKFAST CLUB

STRENGTH TRAINING

PREP FOR SUCCESS & JR. PREP FOR SUCCESS

Norwell High School Athletic Coaches, Moses Fitness and Breakfast Club Strength Training will be offering students (Based on your grade for the 2024-2025 academic year) the opportunity to participate in our pre-season strength and conditioning program. Please note that breakfast will not be provided.

PREP FOR SUCCESS - Grades 8th - 12th

Registration form HERE

JR. PREP FOR SUCCESS - Grades 3th - 7th

Registration form HERE

REGISTRATION DEADLINE IS SATURDAY JUNE 1, 2024

PROGRAM DATES:

PREP FOR SUCCESS - The program will run on – Monday, Wednesdays & Fridays starting on July 8, 2024 and ending on August 9 , 2024

JR. PREP FOR SUCCESS - The program will run on – Tuesday & Thursdays starting on July 9, 2024 and ending on August 8, 2024

TME OF PROGRAM:

PREP FOR SUCCESS - The program will start at 7:00 AM and end at 8:30 AM

JR. PREP FOR SUCCESS - The program will start at 7:30 AM and end at 8:30 AM

COST OF PROGRAM:

PREP FOR SUCCESS - $200

Link to pay for Prep for Success HERE

JR. PREP FOR SUCCESS - $150

Link to pay for Jr. Prep for Success HERE

Payment must be made at time of registration. Please follow the links above the Unipay site under Norwell School Dept. and Athletic Fees.

AREAS OF FOCUS

SPEED DEVELOPMENT, AGILITY AND CHANGE OF DIRECTION WORK AT CCC

o Running form and sprint technique drills

o Reaction drills for improved quickness

o Ladder and cone agility drills for increased foot-speed and agility

o Balance and Coordination

o Sprint training utilizing elastic resistance bands for multi-directional speed movements

PLYOMETRICS @ WEIGHT TRAINING / CORE TRAINING IN HS GYM & WEIGHT ROOM

o Plyometric training for first step explosive power and quickness

o Sport functional strength and core training utilizing various methods of resistance including: medicine balls, free weights, elastic, and other training techniques

o Single leg strength and balance movements for improved athletic performance

Jr. Prep for Success will not be doing weight training

This registration form is the FIRST step of the registration process. The SECOND step of the registration process is payment online through Unipay.

Thanks,

JJ Niamkey

Athletic Director

Norwell High School Athletic Hall of Fame

FUTURE HALL OF FAMER

T-SHIRT FUNDRAISER

The NHS Athletic Hall of Fame is filled with Championship Winning Teams, All-Star Athletes, & Local Legends who broke records all across the South Shore. Now, The Hall of Fame wants to invite Norwell's current athletes to view themselves as Future Hall of Famers!

SCAN HERE TO ORDER YOUR DRY-FIT SHIRTS AVAILABLE IN YOUTH, MEN & WOMEN'S SIZES!

DON'T WAIT THIS FUNDRAISER CLOSES ON 5/28/24

www.www.customink.com/fundraising/norwells-future-hall-of-famers

All funds raised will go directly to Norwell High School Boosters Foundation Inc

With the end-of-the-year suddenly upon us, the Norwell Education Foundation (NEF) wants to help celebrate the ROCKSTARS in your life! Is there a teacher, administrator, nurse, secretary, custodian, or other school-based staff member who makes a meaningful difference in the life of your child? With the ROCKSTAR program, students, families, room parents, and other community members can **make a donation to the NEF on behalf of a staff member deserving of thanks and celebration. A ROCKSTAR recognition letter with your personal message and gift will be hand-delivered to the ROCKSTAR educator by a member of the Norwell Education Foundation.** Your donation will directly impact students in the Norwell Public Schools by funding teacher-written grants that pilot new technologies and diversified learning environments. Please visit this link to submit your recognition, and follow-up with a donation here. **Don't miss your opportunity to celebrate the amazing educators in your life - the fundraiser ends June 7th.** The Board of the Norwell Education Foundation thanks you!

Please submit to: Nmspto@gmail.com

PLAYBILL

DISCOVER NORWELL ARTS

Support the Arts!

Place an Ad in Norwell Arts PLAYBILL and see it at productions and events for two school years!

A wonderful opportunity to support NHS art, theater, and music programs while promoting your business or sending a special family message.

Full Page Ad	*Half Page Ad*	*Quarter Page Ad*
$1,000	$500	$250

Contributions at all levels will be recognized in the PLAYBILL.
Your support is greatly appreciated!

To Purchase an Ad go to:
NORWELLARTS.ORG

Norwell Arts is a parent-led nonprofit that supports the growth of art, theatre, and music programs at Norwell Public Schools through education, fundraising, and community engagement.

Reading Initiative

We are excited to tell you about a school-wide Reading Challenge starting Term 3.
For terms 3 and 4, we are encouraging your students to read ***more***!

To help them on their way, we are devoting Friday Flextime to independent reading.
They choose the books or magazines that they want to read.

And we could use your help!

According to research, **"**effective programs include active parent involvement, partnerships among community institutions, and collaboration among significant adults in students' lives**."** Your help and support at home is a crucial factor in supporting reading development. So how can you help?

1. PUT BOOKS IN THEIR HANDS

Get books, magazines, and graphic novels that match your student's interests. Head to the library. Hit a bookstore. Buy Lacrosse or Fortnite magazines—*whatever they'll read!*

2. ENCOURAGE READING IN FLEX TIME

According to the research, reading is positively correlated with a strong vocabulary, higher math scores. higher science and history scores, strong writing skills. higher scores on standardized tests, reduced levels of stress. increased empathy, more brain connectivity, and even a longer life! Please encourage your student to read during Flex Friday.

3. KEEP IT GOING AT HOME

We know life is busy! We get it! But where could you encourage more reading? Before bed? Before screen time? On a long car ride? Read the same book as your child and watch the movie after finishing the book? Gift a grandparent the same book and do a child-grandparent book-club date? Think creatively to get students engaged with reading more at home!

4. DONATE BOOKS

If you have upper elementary school and/or middle school books and magazines that you are no longer using, we'll take them! Drop donations in the READING PROGRAM BOX at drop off; we will shelf them around the school for students to use during Flex Friday!

ATTENTION 8TH GRADERS:

ARE YOU INTERESTED IN JOINING THE N.H.S. SKI TEAM IN HIGH SCHOOL????

SKI
NORWELL
TEAM

COME TO AN INFORMATIONAL MEETING!

WHEN: WEDNESDAY MAY 29 DURING FLEX

WHERE: MRS. RODGERS' ROOM (#203)

(WE WILL TALK ABOUT PRE-SEASON FUNDRAISING AND THE WINTER SCHEDULE!)

Norwell Fine Arts Fest

The following students had their art selected for the Fine Arts Fest on May 23rd

Blair, Kellen R
Charron, Elena C
D'Entremont, Claire B
DiNunno, Theodore C
Elsden, Charlotte L
Frazier, Catalina S
Greene, Maggie
Hutchison, Angelina M
Lawson, Maeve M
Lent, Stella M
Madden, Maeve C
Maguire, Shelby E
Messner, Elliott A
Minihane, Timothy P
Niblack, Sabrina M
Phan, Mya P
Riley, Lauren E
Scribner, Vanessa J
Tuttle, Charles E
White, Robert J
Hobart, Addie
Forcier, Anna
Seneschal, Brendan
Lestage, Brielle
Maguire, Charlotte
Schmitt, Danny
Provenzano, Dominick
Sullivan, Ella
Cogan, Emily
Schauber, Georgia
Bugaoan, Isabella
Troupe, Isobel
Doherty, Jimmy
Haug, Josie
Leblanc, Kalen
Leary, Kendall
Horwitz, Lainey
Shankland, Leela
Carr, Lillian
Roukous, Lola
Wisdom, Lydia
Elsden, Meredith
Kue, Millie
Cotter, Nathan
Carney, Nola
Gowdru, Pranjala
Whitehouse, Priscilla
Li, Ruoyuan
Barros, Sean
Bettencourt, Teddy
Herman, Dylan
Hines, Luke
Hoops, Mila
Murray, Maddie
Amon, Hadley
Andrew, Alexis
Bliss-Chin, Naomi
Britton, Danny
Chan, Mia
Cleverly, Leah
Connor, Jay
Davis, Ari
D'Entremont, Sophie
DiMarzio, Sage
Donovan, Thomas
Dowd, Adrienne
Dowd, Amelia
Fitzsimmons, Johnny
Forbes, Sophia
Gorman, Elin
Greene, Eileen
Hajjar, Phoebe
Homer, Thane
Hotarek, Katherine
Krastin, Audrey
Kue, Felix
McCormick, Nolan
McEachern, Stella
Morse, Tyler
Perniola, Eloise
Popova, Victoria
Ramkissoon, Emma
Randlett, Eleanor
Rizkalla, Naomi
Robertson, Izzy
Seneschal, Elizabeth
Tobin, Shaelyn
Yahner, Sophia
Yee, Briana
Young, Topher

Your artwork has been selected to be displayed at the

NORWELL FINE ARTS FEST

ON MAY 23RD FROM 5:00 TO 7:00 PM

Above work created by Pranjala Gowdru

The event is an open house format so hopefully you can swing by for a little while with your family and see your work as well as so many other amazing pieces of art created by students grades K to 12 in the district. It is a wonderful evening to celebrate the arts in our community. If you are unable to attend, this work will still be on display at our upcoming **NMS Art Show on Wednesday, May 29th from 6 to 8 pm.**

I want to commend you on your amazing effort in art this year. I am so proud of you! Thanks and hope to see you there!

Mrs. Finn ♡