



MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 2 / ISSUE: 36

DATE: 5-31-24

HEADLINES

WEEK AT A GLANCE

AMANI CHRISTMAS

ART SHOW

UPDATES

[KINDNESS CORNER](#)

ANNOUNCEMENTS

Happy Birthday

Julie Needle 6/16

National History and Geography Bee (5/23)

-- NMS students competed in the National Geography Bee in Orlando, Florida on May 23rd. Eli Eliodor, and Teddy Griffin each earned points in the first round, but not enough to move on to the final round. Eli stated, "It was a good experience, and I had fun!" Teddy said, "I will be back next year, and I hope to bring my brother to compete with me!" Congratulations to both on making it to the nationals in Florida!!



TOGETHER WE MAKE A DIFFERENCE

Week at a glance

Washington DC Trip (6/4) -- The eighth grade will be leaving to DC on June 4th for four days, returning on June 7th. Enjoy DC with your classmates!!

Delilah Comes Back to the 6th Grade (6/7) -- WDC's education and outreach team visits the 6th grade to talk about the important role whales play in our ocean ecosystem. WDC is bringing Delilah, a life-sized inflatable right whale to meet and give our students the unique experience of going inside a whale!

8th Grade Semi Formal Dance (5/31) -- Hot off the press (See page 3)



Amani Christmas

We're thrilled to share the incredible outcome of Project Amani Christmas with our families and students! As a reminder, we worked together to collect items for gift boxes that were sent to each child at the Amani orphanage in Tanzania.

The boxes were delivered last month, and to express his gratitude, Brain Williams created a heartwarming thank you video for our school.

It's a powerful reminder of how our kindness can truly make a difference.

Watch the video here: [Amani Christmas](https://vimeo.com/951227019) (<https://vimeo.com/951227019>)

Please don't hesitate to reach out to me, Mrs. Whitt or Mr. Dupille if you have any questions.

Thank you again for your amazing support throughout this project!

Regards, NMS Community Service Club



TOGETHER WE MAKE A DIFFERENCE

NMS Art Show (5/29)

The 3rd Annual Art Show, celebrating the creativity of our students, grades 6 through 8 was on Wednesday. Our students beautiful work covered the walls



Designed by Isabella Bugaoan

and foyers, honoring our amazing student artists. Please see page 8 for additional photos.



Student Government Executive Board

Take a photo standing in front of the brand new NMS Step and Repeat that the Student Government purchased for the Norwell Middle School. We are excited to use the Step and Repeat at many future NMS sponsored events! Thank you to our Student Government!



Updates

NMS Got Talent -- The NMS Talent Show is on June 12th @ 6PM in the NMS cafeteria. The Talent Show was phenomenal last year! Tickets are \$5. Don't miss our students shine!

International Geo Bee -- Leo Bretsch scores at last year's National Geography Bee in Washington DC and qualified to compete in the bi-annual International Geography Bee that is taking place this summer in Vienna, Austria. He and his family have decided to make it a family vacation, and will be going to compete this summer.

PTO -- Thank you to Jana McCarthy for the last three years! We appreciate all that you have done for our students and school!

PLEASE join the PTO Facebook page - to share information on events + opportunities to volunteer [PTO Facebook](#)



CALENDAR

June

- 1 Graduation
- 4-7 DC Trip
- 7 6th Grade Delilah the Whale
- 10 7th Gr. Canobie Lake Park
- 10 School Committee @ 7PM
- 11 WL Final
- 12 NMS Talent Show @ 6PM



"Identify your problems but give your power and energy to solutions."

KINDNESS CORNER

"Kindness is doing what you can, where you are, with what you have." - The Random Acts of Kindness Foundation

Thank you to **Thomas Dean** and **Spencer Eagan** who stayed and made sure their lunch table was cleaned up. Thank you to **Thomas Wilson** and **Cullen O'Hare** who moved tables so that there was enough room for everyone. Thank you to **Evangeline Lydon** who stayed late to help set up for the Art Show. Actually, thank you to everyone that stayed late to help & thank you to **Tabitha Finn** for organizing the event for our community.

Everyday there are small acts like these that add up to make a big difference. Thank you!

Semi Formal



Semi Formal



Nation Latin Exam

The Latin classes at Norwell Middle School took part in the National Latin Exam back in February. They participated along with over 100,000 other students from across the 50 states and over two dozen other countries ranging from Spain and Brazil to China and Australia. The great majority of Norwell Middle School Latin scholars scored at or above the national average, including one who did a perfect paper and got every single answer correct! The following 26 eighth grade scholars and 20 seventh grade scholars received certificates and medals from the National Latin Exam to recognize their outstanding achievements on their respective exams.

The following 8th grade Latin scholars earned a:

Cum Laude certificate

McKenzie Sprague and Izabella Robertson;

Magna Cum Laude certificate

Hadley Amon, Stella McEachern, Katherine Murray,
Emma Langley, and Charlotte Reardon;

Maxima Cum Laude certificate *and a Silver Medal*

Jude Smith, Ethan Ribeiro, Andrew Park, Maureen Murray,
Anabel Reardon, Sophie D'Entremont, Samuel Johnson,
Ellen Almeida, Ryan McMahon, and Elsie Horlbeck;

Summa Cum Laude certificate *and a Gold Medal*

Jay Connor, Liam Foy, Abigail Gallagher, Luke Bjorlin, Nathan Hu,
Felix Kue, Ari Davis, Victoria Popova, and Jack Rohrbach.

The following 7th grade Latin scholars earned a

Cum Laude certificate

Maggie Hawk, Ruoyuan Li, and Ella Sullivan;

Magna Cum Laude certificate

Maya Foy, Norah Cakounes, Nathan Cotter,
John O'Neill, and Sophie Milton;

Maxima Cum Laude certificate *and a Silver Medal*

Leela Shankland, Isobel Troupe, James Mikus, Ariana Cartwright,
Anna Forcier, Pranjala Gowdru, and Millicent Kue;

Summa Cum Laude certificate *and a Gold Medal*

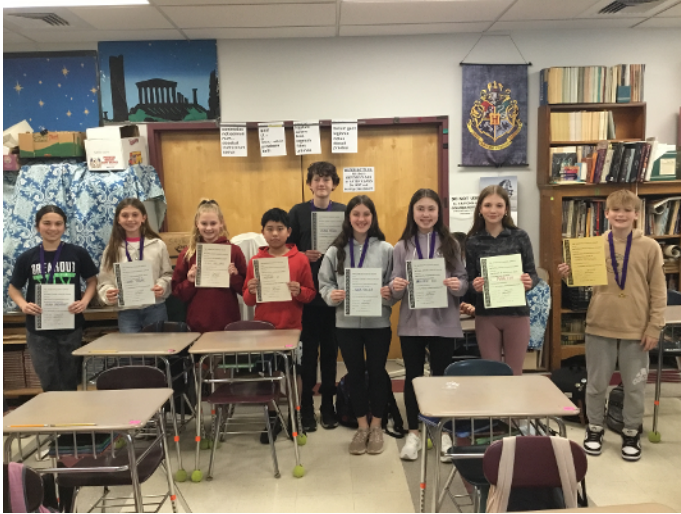
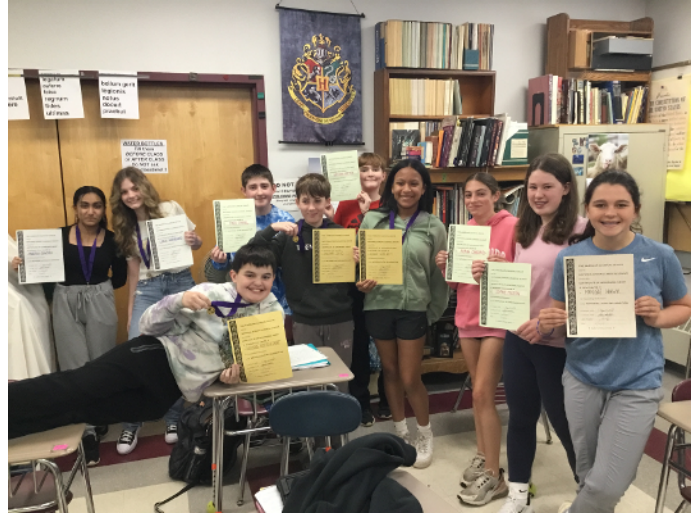
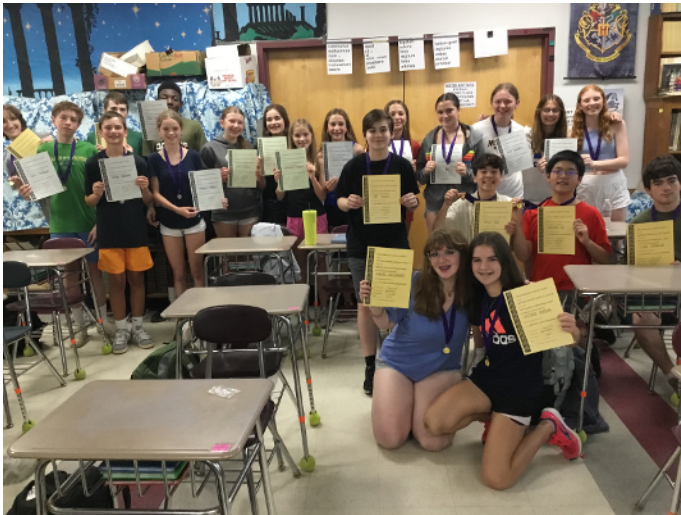
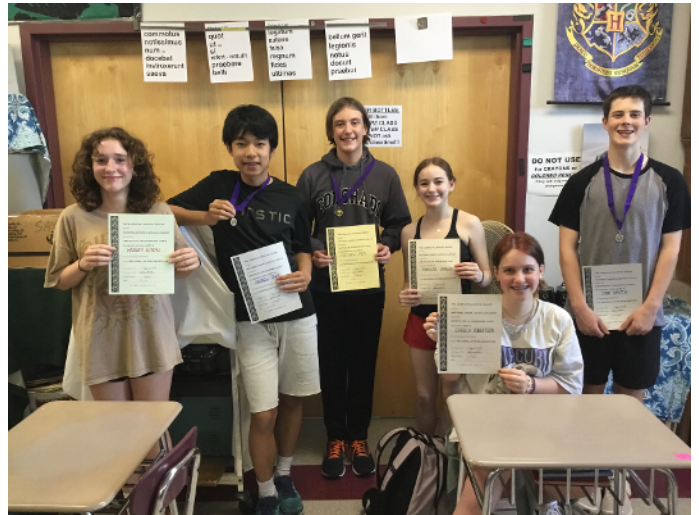
Zachary Simo, Soren Detwiler, Theodore Bettencourt,
Alana Hinchey, and Nola Carney.

Perfect Paper

Nola Carney

Congratulations to all!

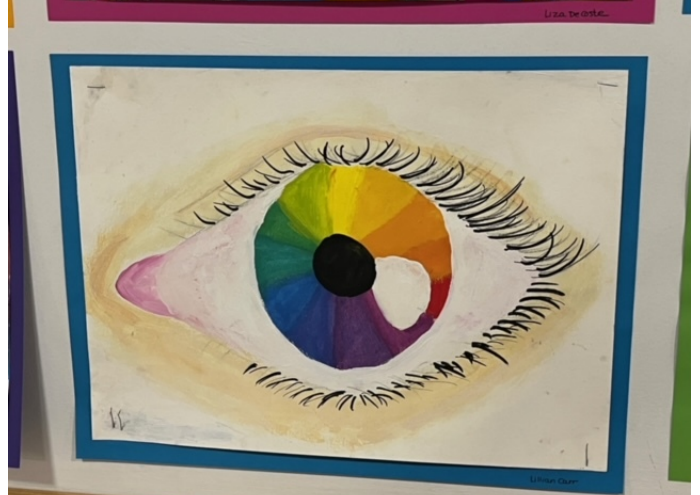
Nation Latin Exam



We are Cooking



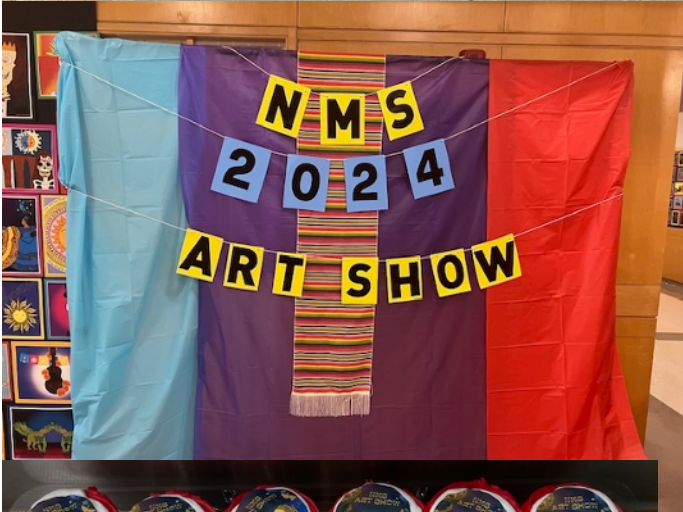
Art Show



Art Show



Art Show



Senior Walk



Please make sure your lunch accounts are paid in full before the end of the year. 2nd lunches and snacks will no longer be allowed, if the student have a balance due. Thank you for your attention to this matter.

Reminders

Absence Reporting

- Please report student absences to the office as soon as possible.
- You can report absences by
 - calling the absence line: 781-659-8814 x1206 and leaving a message.
 - sending an email to the Main Office at nms.mainoffice@norwellschools.org.

Dismissing a Student during the School Day

- Please send a note to the office the morning of the dismissal.
- If there is not a note, parent/guardian will need to enter the building to sign their student out.
- Please provide a written note if somebody other than a parent/guardian is picking up a student during the day for dismissal.

Forgotten Items

- When bringing in a forgotten item for a student, please leave it with a label on the "I Forgot It" table by the front lobby.
- It is a student's responsibility to check the table for the forgotten item.
- If a student does not call home for the item, please do not bring the item to school as they likely do not need it.

Cell Phones

- Students' cell phones should be off and in their locker or bag during the day.
- Parents / guardians should not text or call their students' cell phone during the school day as it disrupts the class. Messages can be left at the office for students.

HAVE USED OR UNWANTED MARKERS, PENS

WOODEN OR MECHANICAL PENCILS?

Last year the Norwell Recycling and Sustainability Committee successfully initiated a project to recycle crayons and continues to collect used or unwanted crayons. We are now adding markers, pens and wooden and mechanical pencils to our collections for recycling. We are working in partnership with Staples, which has recently added them to their list of materials that can be recycled.

Collection boxes are located at-

Grace Farrar Cole School

William G. Vinal School

Norwell Middle School

Norwell High School

New Nursery School

First Parish PreSchool

Ridge Hill School

Nature Center PreSchool at the South Shore Science Center

Bright Horizons

Norwell Public Library

Norwell Recycling Center

Chess

Open Chess in room 208. Free for all students, every Thursday throughout the school year.

Please see Mr. Fraser if you have any questions.





WIN 2 TICKETS TO SEE ZACH BRYAN IN CONCERT AT GILLETTE STADIUM

Norwell Boosters is raffling off two tickets to the sold-out **Zach Bryan The Quittin Time Tour 24** concert at Gillette Stadium on June 26, 2024.

3 ways to enter now (\$25 for 1 or \$100 for 5 chances):

- TEXT **boosters4zach** to 33100
- SCAN the QR code
- GO TO <http://go.rallyup.com/boosters-zachbryan>



All net proceeds go to Norwell High School Boosters, our athletic programs and student-athletes – Thank you for your support!

Norwell Youth Football

Are you ready for some football? Registration is now open for Norwell Youth Football, grades 3-8. Visit norwellyouthfootball.com for more information on this fun, team-building game that encourages players of all abilities. We hope to see you on the turf! Register by June 20 to be included in our drawing for \$50 Dick's Sporting Goods gift certificates that are good for anything in the store!

If there are any questions, please contact us at norwellyouthfootball@gmail.com

Thanks again for all of your help, and please let me know if you have any questions or concerns.

Pete Hajjar

President of Norwell Youth Football



Attention Norwell Community!

Exciting News!

Norwell Youth Cheer registration is now officially OPEN! Thanks to our incredible partnership with SHD Marketing, we're thrilled to announce the launch of our brand new website, making registration easier and more convenient than ever before!

Registration is open to incoming grades 3-8th for the Fall 2024 Youth Football Program.

Whether your child is a seasoned cheerleader or looking to try something new, we welcome all levels of experience!

Here's what you need to know:

Who: Incoming grades 3-8th

What: Norwell Youth Cheer Registration

Where: Visit our new website <https://www.norwellyouthcheer.com/> to register!

When: Registration is NOW OPEN, so don't wait to secure your spot as it will close on June 17th!

Join us in fostering teamwork, spirit, and fun in our vibrant Norwell community! Let's make this season one to remember!

NORWELL HIGH SCHOOL
MOSES FITNESS & BREAKFAST CLUB
STRENGTH TRAINING
PREP FOR SUCCESS & JR. PREP FOR SUCCESS

Norwell High School Athletic Coaches, Moses Fitness and Breakfast Club Strength Training will be offering students (Based on your grade for the 2024-2025 academic year) the opportunity to participate in our pre-season strength and conditioning program. Please note that breakfast will not be provided.

PREP FOR SUCCESS - Grades 8th - 12th

Registration form [HERE](#)

JR. PREP FOR SUCCESS - Grades 3th - 7th

Registration form [HERE](#)

REGISTRATION DEADLINE IS SATURDAY JUNE 1, 2024

PROGRAM DATES:

PREP FOR SUCCESS - The program will run on – Monday, Wednesdays & Fridays starting on July 8, 2024 and ending on August 9 , 2024

JR. PREP FOR SUCCESS - The program will run on – Tuesday & Thursdays starting on July 9, 2024 and ending on August 8, 2024

TME OF PROGRAM:

PREP FOR SUCCESS - The program will start at 7:00 AM and end at 8:30 AM

JR. PREP FOR SUCCESS - The program will start at 7:30 AM and end at 8:30 AM

COST OF PROGRAM:

PREP FOR SUCCESS - \$200

Link to pay for Prep for Success [HERE](#)

JR. PREP FOR SUCCESS - \$150

Link to pay for Jr. Prep for Success [HERE](#)

Payment must be made at time of registration. Please follow the links above the Unipay site under Norwell School Dept. and Athletic Fees.

AREAS OF FOCUS

SPEED DEVELOPMENT, AGILITY AND CHANGE OF DIRECTION WORK AT CCC

- o Running form and sprint technique drills
- o Reaction drills for improved quickness
- o Ladder and cone agility drills for increased foot-speed and agility
- o Balance and Coordination
- o Sprint training utilizing elastic resistance bands for multi-directional speed movements

PLYOMETRICS @ WEIGHT TRAINING / CORE TRAINING IN HS GYM & WEIGHT ROOM

- o Plyometric training for first step explosive power and quickness
- o Sport functional strength and core training utilizing various methods of resistance including: medicine balls, free weights, elastic, and other training techniques
- o Single leg strength and balance movements for improved athletic performance

Jr. Prep for Success will not be doing weight training

This registration form is the FIRST step of the registration process. The SECOND step of the registration process is payment online through Unipay.

Thanks,

JJ Niamkey

Athletic Director



Design the next

NMS TURKEY TROT T-SHIRT

Deadline June 7th

RACE INFO: 5K - SUNDAY, NOVEMBER 24TH 2024

Winner will receive a \$25 Michaels or Target Gift Card

Please submit to: Nmspto@gmail.com



PLAYBILL

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the Arts!



Art



THEATER



MUSIC

*Place an Ad in Norwell Arts PLAYBILL and see it
at productions and events for two school years!*

A wonderful opportunity to support NHS art, theater, and music programs
while promoting your business or sending a special family message.

Full Page Ad
\$1,000

Half Page Ad
\$500

Quarter Page Ad
\$250

*Contributions at all levels will be recognized in the PLAYBILL.
Your support is greatly appreciated!*



To Purchase an Ad go to:
NORWELLARTS.ORG



Norwell Arts is a parent-led nonprofit that supports the growth of art, theatre, and music programs at Norwell Public Schools through education, fundraising, and community engagement.



We are excited to tell you about a school-wide Reading Challenge starting Term 3. For terms 3 and 4, we are encouraging your students to read **more!**

To help them on their way, we are devoting Friday Flextime to independent reading. **They** choose the books or magazines that they want to read.

And we could use your help!

According to [research](#), “effective programs include active parent involvement, partnerships among community institutions, and collaboration among significant adults in students’ lives.” Your help and support at home is a crucial factor in supporting reading development. So how can you help?

1. PUT BOOKS IN THEIR HANDS

Get books, magazines, and graphic novels that match your student’s interests. Head to the library. Hit a bookstore. Buy Lacrosse or Fortnite magazines—*whatever they’ll read!*

2. ENCOURAGE READING IN FLEX TIME

According to the research, reading is positively correlated with [a strong vocabulary](#), [higher math scores](#), [higher science and history scores](#), [strong writing skills](#), [higher scores on standardized tests](#), [reduced levels of stress](#), [increased empathy](#), [more brain connectivity](#), and [even a longer life!](#) Please encourage your student to read during Flex Friday.

3. KEEP IT GOING AT HOME

We know life is busy! We get it! But where could you encourage more reading? Before bed? Before screen time? On a long car ride? Read the same book as your child and watch the movie after finishing the book? Gift a grandparent the same book and do a child-grandparent book-club date? Think creatively to get students engaged with reading more at home!

4. DONATE BOOKS

If you have upper elementary school and/or middle school books and magazines that you are no longer using, we’ll take them! Drop donations in the READING PROGRAM BOX at drop off; we will shelf them around the school for students to use during Flex Friday!

