

AUGUST | 2024

Grades 7-12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1	2
5 Breakfast Nutrigrain Bar Fruit Milk Fruit Juice Lunch PB & J Sandwich Doritos Carrots Boxed Juice Craisins Milk	6 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch I.W. Grilled Cheese Tater Tots Green Beans Fruit Milk	7 Breakfast Cinnamon Roll Fruit Milk Fruit Juice Lunch Hamburger Lettuce/Tomato/Onion/Pickle French Fries Baked Beans Fruit Milk	8 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Popcorn Chicken/W.W. Roll Mashed Potatoes Steamed Broccoli Fruit Milk	9 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza Green Beans Corn Fruit Milk
12 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Spicy Chicken Sandwich Lettuce/Tomato/Onion/pickle Fries Mixed Vegetables Fruit Milk	13 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Pork Rib Sandwich Baked Beans Tater Tots Fruit Milk	14 Breakfast Bacon & Egg Biscuit Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Steamed Broccoli Fruit Milk	15 Breakfast Lemon Bread Fruit Milk Fruit Juice "Taco in a Bag Lunch" Lettuce/Tomato/ Shredded Cheese Salsa Black Beans Corn Fruit Milk	16 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Pork BBQ Sandwich French Fries Green Beans Fruit Milk
19 Breakfast 2Ct. Poptart Fruit Milk Fruit Juice Lunch Hamburger Lettuce/Tomato/Onion/Pickle French Fries Baked Beans Fruit Milk	20 Breakfast Fruit Filled Frudel Fruit Milk Fruit Juice Lunch I.W. Grilled Cheese Tater Tots Green Beans Fruit Milk	21 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch PB&J Sandwich Doritos Carrots Boxed Juice Fruit Milk	22 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Popcorn Chicken/W.W. Roll Mashed Potatoes Steamed Broccoli Fruit Milk	23 Breakfast Biscuit & Gravy Fruit Milk Fruit Juice Lunch Sliced Pizza Green Beans Corn Fruit Milk
26 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Spicy Chicken Sandwich Lettuce/Tomato/Onion/Pickle Fries Mixed Vegetables Fruit Milk	27 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Pork Rib Sandwich Baked Beans Tater Tots Fruit Milk	28 Breakfast Bacon & Egg Biscuit Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Steamed Broccoli Fruit Milk	29 Breakfast Breakfast Bread Fruit Milk Fruit Juice "Taco in a Bag Lunch" Lettuce/Tomato Shredded Cheese Salsa Black Beans Corn Fruit Milk	30 No School Labor Day Break

News

Breakfast and Lunch offered daily at No Cost.

Variety Cereal/Cereal Bar offered daily at Breakfast.

Milk Offered:
1 % White
1% Chocolate

Tossed Salad offered Daily at Lunch at JCMS. Salad Bar offered Daily at JCHS

Fresh and/ or Canned Fruit offered daily at Lunch.

Menus Subject to Change.

This institution is an equal opportunity provider.