



# Help ensure optimal eye health

Vision coverage can be an integral part of overall health.

## A flexible plan option

Vision benefits from UnitedHealthcare give your employees:

- Additional maternity and pediatric vision benefits
- Access to a large provider network
- Integrated services that check for serious medical conditions
- Freedom to choose treatment options and eyewear

## Additional maternity and pediatric vision benefits

### Broad benefits at no additional premium cost

During pregnancy, 15% of women can experience a change in their vision.<sup>1</sup> And a child's vision may change frequently during their school years, affecting academic and sports performance. We offer the following maternity and pediatric vision benefits, including:

- **Coverage for a second eye exam** each plan year
- **Coverage for 1 new pair of glasses (frames and lenses)** if the vision prescription changes .5 diopter\* or greater in a plan year
- **Polycarbonate lenses** for dependent children at no additional premium cost

Maternity benefit may not be available in all provider locations. Employees should check with their provider before using benefits.

\*A diopter is the unit used to measure the optical power of the lens that an eye requires. Standard copays apply.

## What eye exams show us

# 4x

Employees are more than 4x likely to visit their eye care provider than their primary care provider.<sup>2</sup>

# 23

conditions can be identified through a dilated fundus exam, including diabetes, hypertension and high cholesterol.<sup>3</sup>

## Allowances and discounts to help reduce out-of-pocket costs

- **Flexible frame coverage\***—The frame allowance fully covers many popular frames. For those that cost more than the allowance, a discount may be applied to the coverage, further reducing out-of-pocket costs.
- **Popular lens options**—Our vision plans offer price protection, high-index lenses and anti-reflective coatings. Standard scratch-resistant coating is included at no charge.
- **Broad contact lens benefits\***—Fitting and evaluation fees for many popular brands of disposable and planned replacement contacts are covered after applicable copays. Up to 2 follow-up visits are also covered. Employees can apply their allowance to purchase the contacts of their choice. Savings are also available through [uhccontacts.com](https://www.uhccontacts.com).
- **Laser vision correction**—Employees have access to procedures at a discount with QualSight® LASIK
- **Preferred pricing on hearing aids**—Employees can purchase custom-programmed hearing aids through UnitedHealthcare Hearing, with savings of up to 80% on industry pricing.<sup>4</sup> The hearing aids use advanced technology to enhance speech understanding and comfort.

## Easier access to providers and vision information

Employees can visit [myuhcvision.com](https://myuhcvision.com) to access the provider locator, get door-to-door directions, print a vision ID card, view benefit information, find answers to questions and more.

## Further your employees' overall health with vision benefits

UnitedHealthcare Vision provides your employees with additional coverage that may contribute to their overall health and help save them money.



### Vision care is tied to overall wellness

Diabetes, high blood pressure, autoimmune diseases and cancers may be detected during an eye exam.<sup>5</sup>

Learn more

Contact your broker or UnitedHealthcare representative.

United  
Healthcare  
Vision

\*Benefit applies to frame or contact lenses. Frame discounts do not apply when prohibited by frame manufacturer.

<sup>1</sup> American Optometric Association online survey fielded between April 29, 2019, and May 5, 2019, with 1,000 recent and mothers-to-be between the ages of 18 and 52. [aoa.org/patients-and-public/caring-for-your-vision/pregnancy-and-vision](https://aoa.org/patients-and-public/caring-for-your-vision/pregnancy-and-vision); [babycenter.com/0\\_vision-changes-during-pregnancy\\_1456567.bc](https://babycenter.com/0_vision-changes-during-pregnancy_1456567.bc).

<sup>2</sup> National Association of Vision Care Plans. "New eye-opening evidence links vision benefits to healthier vision behavior." Sept. 27, 2016.

<sup>3</sup> UnitedHealthcare, 2014. "Impact of Eye Exams in Identifying Chronic Conditions."

<sup>4</sup> President's Council of Advisors on Science and Technology and UnitedHealthcare claims data, 2019.

<sup>5</sup> American Academy of Ophthalmology. "Your Eyes Could Be the Windows to Your Health." [aao.org/eye-health/tips-prevention/diagnosing-systemic-diseases-eye-exams](https://aao.org/eye-health/tips-prevention/diagnosing-systemic-diseases-eye-exams). Accessed June 2018.

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This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.

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