



Schuylkill Valley High School



August/September 2024



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk

Students **MUST** select a **MINIMUM** of 3 meal components offered and 1 **MUST** be a fruit or vegetable

A selection of white and flavored 1% and skim milk are offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			22	23
			Walking Tacos with Lettuce & Tomato, Corn Fruit Choice	Chicken Tenders w/ Dinner Roll Glazed Carrots & Scalloped Potatoes Fruit Choice
26	27	28	29	30
Pasta w/ Meatballs Mixed Vegetables & Tossed Salad Fruit Choice	Bacon, Egg and Cheese on Croissant Hash Brown Patty & Green Beans Fruit Choice	Cheese Steak Broccoli, Baked Beans Fruit Choice	Cheeseburger Curly Fries, Glazed Carrots Fruit Choice	<i>HOLIDAY</i> <i>NO SCHOOL</i>
2	3	4	5	6
<i>HOLIDAY</i> <i>NO SCHOOL</i>	Beef Nachos Grande' w/Lettuce & Tomato, Corn, Mexican Beans Fruit Choice	Teriyaki Chicken over Rice Broccoli & Celery Sticks Fruit Choice	Hot Ham & Cheese Croissant Glazed Carrots, Tater Tots Fruit Choice	Toasted Cheese Sandwich Tomato Soup, Corn Fruit Choice
9	10	11	12	13
Pasta w/ Meatballs Mixed Vegetables, Tossed Salad Fruit Choice	Quarter Pound Hot Dog Baked Beans, Carrot Sticks Fruit Choice	Rib B Que Sandwich Mashed Potatoes, Corn Fruit Choice	Cheeseburger Glazed Carrots & French Fries Fruit Choice	Popcorn Chicken w/ Dinner Roll Green Beans, Augraten Potatoes Fruit Choice
16	17	18	19	20
Chicken Filet Sandwich Smile Fries, Fresh Baby Carrots Fruit Choice	Walking Tacos w/ Lettuce & Tomato, Corn and Mexican Beans Fruit Choice	General Tso's Chicken over Rice w/ Roll, Broccoli & Celery Sticks Fruit Choice	Meatball Sub Peas, French Fries Fruit Choice	Chicken Tenders w/ Dinner Roll Glazed Carrots & Scalloped Potatoes Fruit Choice
23	24	25	26	27
Pasta w/ Meatballs Mixed Vegetables & Tossed Salad Fruit Choice	Bacon, Egg and Cheese on Croissant Hash Brown Patty & Green Beans Fruit Choice	Cheese Steak Broccoli, Celery Sticks Fruit Choice	Cheeseburger Curly Fries, Glazed Carrots Fruit Choice	Chicken Nuggets w/ Dinner Roll, Baked Beans & Corn Fruit Choice
30				Meal Prices Breakfast - Free for all Students Lunch - \$3.10 - Paid
Chicken Parm w/ Pasta Tossed Salad, Green Beans Fruit Choice				

OFFERED DAILY - The following entrees will be offered daily as an alternate to the featured daily entrée - PIZZA, PBJ UNCRUSTABLE SANDWICH, ITALIAN SUB, WRAP OF THE DAY AND ENTRÉE SALAD W/ PROTEIN.