



4 STAGES OF LIFE

Children & Teens / Schools
Young Adults / Colleges
Adults / Business & Industry
Seniors / Senior Dining

4 FOOD GROUPS

Grains
Proteins
Vegetables
Fruits

BELIEF STATEMENT

*Taher, Inc. recognizes
foods and eating habits have changed.
We are concerned about the impact
to our customers and the future health
of our children.*

*As mindful stewards, we are committed to the health,
wellness, and responsible eating habits
of our customers 4 life.*

*With the leadership of our Nutrition & Wellness
Department, along with our Chef Council,
we incorporate products and recipes
that use fresh, high quality
wholesome foods.*

AS PART OF OUR FOOD4LIFE® INITIATIVE,

WE WILL:

- Offer items made-from-scratch
- Offer fresh Grab-n-Go selections incorporating natural products with no artificial ingredients or preservatives.
- Incorporate naturally sweetened beverages and trans fat-free snacks.
- Promote locally grown fruit and produce.

AND...

- Publish Food4Life® flyers incorporating tips on healthy lifestyles.
- Exclude trans fat in all we serve, and utilize healthy oils.

Provided and prepared by

TAHER
Professional
Food Service Management