

# Community Education

# Fall 2024 | Learning For All Ages



www.PriorLakeSavageCE.com | 952-226-0310

ADULT PROGRAMS | YOUTH PROGRAMS
KIDS' COMPANY | PRESCHOOL
EARLY CHILDHOOD FAMILY EDUCATION







F E S FREE ENTRY

PRIOR LAKE HIGH SCHOOL 7575 150TH ST. W

**SAVAGE, 55378** 

FOOD • LOCAL BUSINESSES • CHILDREN'S ACTIVITIES • LOCAL NON-PROFITS







September Held From 6-8pm

more information











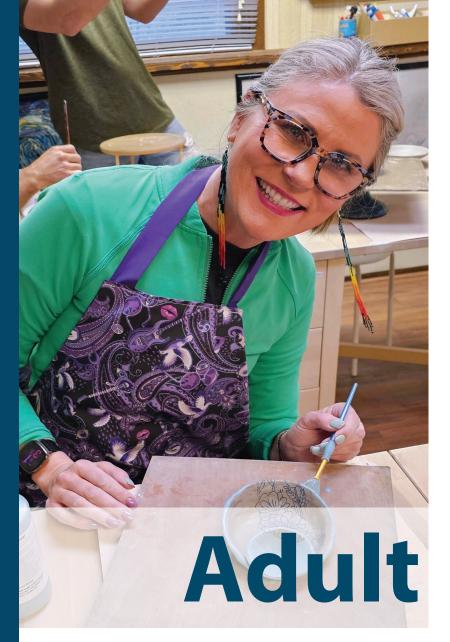


# Contents

ADULT PROGRAMS	4-25
Create	.4-7
Taste	.8-11
Discover	.12-15
Money	
Tech	
Wellness	
Family	
,	
YOUTH PROGRAMS	26-39
Youth After School (Gr. K-5)	
Kids' Company	
Youth After School (Gr. 6-12)	
Driver Education (Ages 14.5-18)	
Youth Nights & Weekends	
Little Tykes & Tots (Birth to Age 6)	
,	
FACILITY USE & RENTAL	39
EARLY LEARNING PROGRAMS	40-41
COMMUNITY RESOURCES	42-44
CONTACTUS	45
CONTACT US	43
<b>GUIDELINES &amp; REGISTRATION</b>	46-47







## **WHO WE ARE**

We offer high-quality learning and enrichment opportunities, helping us enhance our lives and strengthen our communities together. Community Education provides everyone the chance to explore their interests, develop their talents, and build connections within the community. Our range of programs includes Adult Basic Education, English language learning, and support for individuals working towards earning their high school diploma or GED.

Register Here

## DID YOU KNOW? >

#### **Class Confirmations**

Community Education does not mail class confirmations. If you provide an email address at the time of registration, a confirmation will be emailed to you. We will contact you by phone or email if there is a change. Please list a daytime phone number so we can reach you if a class is cancelled.

#### **Discounts**

UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID numbers when registering. Limits and restrictions may apply.

### **Tuition Assistance**

Tuition assistance and payment plans are available to residents of PLSAS. Assistance of 50% of class fee up to \$100 is available for one program per PLSAS resident in each catalog season (Youth or Adult). Some programs are not eligible. Call 952.226.0310 for assistance.

#### **Satisfaction Guarantee**

Please call the Community Education Office at 952.226.0310 if you are not satisfied with any class or activity in which you participated. We appreciate being notified as soon as a concern is noticed, so that we may have the opportunity to improve the programs for all participants.

#### Refunds

Class cancellation requests must be requested no later than 4 pm, five business days prior to the first day of class. Processing fees will be deducted from all refunds. To avoid these fees, please call us first if you plan to change your class or move to another session. See page 46 for more information.







## **Sharing Joy One** Card at a Time

### **Instructor: Kelly Lauterbach**

Get ready to explore the world of card making! You'll create a delightful collection of 10 all-occasion cards, perfect for birthdays, thinking-of-you messages, thank you notes, and more. We'll be using a range of exciting techniques to add unique flair to each card: stamping, ink blending, watercolor, and paper piecing. Please bring Tombow tape runner or similar product and favorite liquid adhesive (Nuvo).

Mon, September 9 6-9 pm #3394 1 session \$35 Twin Oaks Middle School 607 Art



#### Instructor: Elsie Redington

Crochet can be a source of relaxation and joy. Discover the magic behind this fiber art. Session 1: Become comfortable using your hook and yarn while creating the three base crochet stitches. When class ends, you should be working on your first project based on a simple pattern. Session 2: You'll show off your completed project before learning how a little magic will help you use the first session's stitches to make hats and cute squishy things.

Wed, Sept. 18 & Oct. 2 6-8 pm #3446A 2 sessions \$45 La ola del lago CE Classroom 291

Mon, Oct. 7 & 21 6-8 pm #3446B 2 sessions \$45

Twin Oaks Middle School 607 Art

## **Clay Creations: Adult Pottery Workshop** Instructor: Pottery by Holly

Hand-build a clay project, or try out the potter's wheel! Feel free to bring a beverage and get creative. Lots of project options to choose from, or create your own work of art. Class includes clay, glazes, tools, and firing. Pick up your project approximately 3 weeks later.

Fri, Sept. 20	6-8 pm
<b>#3105A</b>	1 session \$49
Fri, Oct. 25	6-8 pm
<b>#3105B</b>	1 session \$49
Fri, Nov. 22	6-8 pm
<b>#3105C</b>	1 session \$49
Fri, Dec. 13	6-8 pm
#3105D	1 session \$49
Location: 4264 Colora	ado St SE, Prior Lake

#### **No Mistakes Watercolor Instructor: Dar Brooks**

Think you're not creative? This class will change your mind! Join us to loosen up and master watercolor techniques, perfect for beginners and experienced artists alike. You'll learn to create focal areas, value systems, and use line and color for depth and impact. Enjoy exciting demonstrations and access to reference materials and brushes. Please bring your watercolor supplies, paper towels, a notebook, 140# cold press watercolor paper, and lunch. \*A starter kit can be pre-ordered by calling Dar at 612-940-2094.

Fri, Sept. 20 to Oct. 11 11 am to 2:30 pm 4 sessions \$99 #3361A Fri, Oct. 18 to Nov. 8 11 am to 2:30 pm #3361B 4 sessions \$99 Fri, Nov. 15 to Dec. 13 11 am to 2:30 pm

4 sessions \$99

No class: Nov. 29

#3361C

La ola del lago CE Classroom 291

## **Bob Ross Method of** Oil Painting

Instructor: Mike Tischendorf

Do you remember Bob Ross from his Joy of Painting series on PBS? Follow the stepby-step instruction to create your very own 20 x 16 masterpiece in the Bob Ross method of oil painting. Enjoy the relaxed approach in creating landscapes that will include mountains, lakes, hills, rivers, trees and sunsets. Even if you have never painted before, you will walk away with your very own unique piece of art that will amaze your family and friends. All supplies included in tuition. Different/Unique Painting each session.

Mon, September 23 6-9 pm #3436A 1 session \$79 Campfire in the Woods

Wed, October 30 6-9 pm #3191B 1 session \$79

**Peaks of Majesty** 

La ola del lago Room 260 Art

## **Seed Mosaic:** A Minnesota Tradition

Instructor: Erin Stahl

Each year, the Minnesota State Fair highlights stunning seed mosaics crafted by artists from across the state. In our seed mosaic workshop, you can become part of this rich tradition by creating your own unique seed art. You'll explore the history and techniques of mosaic art, then design and complete your own mosaic masterpiece. Afterward, you'll have the opportunity to present your creation to the group and introduce this unique Minnesotan art form to your family.

Mon, September 30 6:30-8 pm 1 session \$45 Twin Oaks Middle School 607 Art

# **Create**

# Watercolor Balloons and Wildflowers

#### Instructor: Angela Olson

Join us for an exciting session where we'll explore two fun watercolor techniques! You'll paint vibrant shapes and create wildflowers using drops of paint on wet paper. Bring a beverage of your choice and unleash your creativity! All supplies will be provided, but feel free to bring your own if you prefer.

Thu, October 3 6-8 pm #3100 1 session \$49 Location: 4264 Colorado St SE, Prior Lake

# Highway DIY Custom Cutting Boards and More

#### **Instructor: Kurt Dugas**

Everyone of any skill level can become a craftsman and create beautiful, functional, and artistic projects for your home! You will learn how to transform a slab of wood into a work of art while making memories with family or friends. Choose from four projects and six types of wood, all of which can be personalized with custom laser engraving for an additional fee.

Sat, October 5 2-4:30 pm #3191A 1 session \$75

Fri, November 1 6:30-9 pm #3191B 1 session \$75 Location: 24471 Helena Blvd, New Prague



## Custom Glass Mosaic: Suncatcher or Lamp

**Instructor: Lindsey Guetter** 

Glass mosaic sounds like a challenging art form however in this class you will learn how it can be fun and easy! Look through the idea book, browse the patterns and stencils and choose from dozens of colors of pre-cut glass. With the help from the instructor, you will create a colorful sun catcher or table lamp. The first evening will be designing and attaching the glass to your project. The second evening is grouting so please bring an old towel.

Mon, Nov. 18 & 25 6-9 pm

2 sessions

\$79 - 6" Suncatcher

\$85 - 8" Suncatcher

\$89 - 10" Suncatcher

\$95 - 8x8x3 Lamp

\$109 - 4x9 Lamp

Twin Oaks Middle School 607 Art

# Pet Portrait Painting Instructor: Vanessa Merry

Come paint a portrait of your beloved pet! A professional artist will pre-draw your pet's image onto a 16 x 20 canvas, ready for you to bring to life with paint during the class. After registering, please email a high-quality JPEG photo of your pet to jnagy@plsas.org. Each participant can paint one pet per canvas. Photos must be submitted at least one week before the class date. All supplies are provided. Pet portraits make amazing gifts!

Sat, September. 14 9 am to 12 pm #3434A 1 session \$69 Twin Oaks Middle School 607 Art



## Instructor: Vanessa Merry

Learn the history behind the Impressionist Art Movement. Who were the major contributing artists and what led up to the Impressionists movement? Gain a deeper appreciation for this style of painting while creating your own in the style of one of these famous artists with step-by-step instructions.

Thu, September 19 10 am to 12 pm **#3435A** 1 session \$39

Location: Diamondhead Education Center, 200 West Burnsville Parkway, Burnsville

## **Lead-Free Pewter Casting in Cuttlebone**

#### **Instructor: Sara Hanson**

In this hands-on, creative class, you'll carve a design into cuttlefish bone to create a mold. Fill the mold with lead-free pewter to cast your unique piece, which can be an ornament, sculpture, pendant, or other wearable. You'll pour the metal, finish with hand files, and optionally add colored inks. Choose jewelry hardware, a hanging ribbon, or mount your piece on a metal, wood, or stone base. No experience necessary.

Sat, December 7 10 am to 1 pm #3474 1 session \$49 Twin Oaks Middle School 607 Art



**Instructor: Vanessa Merry** 

Wool felting is a great hobby with many crafting possibilities. Learn to use felting needles, core wool, and colorful felt batting to create a colorful, sculptural pumpkin.

Mon, September 23 10 am to 12 pm #3435C 1 session \$45

Location: Diamondhead Education Center, 200 West Burnsville Parkway, Burnsville





## **Paint Like Sisley:** "Misty Morning"

#### Instructor: Vanessa Merry

Paint like Sisley! Learn about Impressionist art while you follow step-by-step instructions to create your own masterpiece. 8 x 10" canvas and all supplies provided.

Thu, September 26 6-8 pm #3435G 1 session \$45 Twin Oaks Middle School 607 Art



## **Oil Painting: Beginning &**

## **Beyond**

#### **Instructor: Vanessa Merry**

This class is designed for those wishing to learn how to oil paint or improve their skills through practical lessons. Artists love oil paints for their rich colors, durability, and their slow drying time, which allows plenty of time to work on a painting. Each lesson will begin with a demonstration, students will then have time to work independently with guidance from the instructor no matter their skill level. Supplies will be discussed at first class, supply fees are dependent on student selections and may range from \$50-\$75.

Tue, Oct. 1 to 22 6-8 pm #3435E 4 sessions \$99 Twin Oaks Middle School 607 Art



## **Fall Colors Partner Painting**

#### **Instructor: Vanessa Merry**

Join us for a fun-filled morning of painting with your child! This class is all about spending quality time together and having fun—no experience needed. Each participant will receive a 16 x 20 canvas, acrylic paints, and all the supplies necessary to create their own masterpiece. Your finished pieces can stand alone or be hung side-by-side to form a combined work of art. Our instructor will guide you step-by-step through the painting process.

Sat. October 5 10 am to 12 pm #3435F 1 session \$65 \$79/Adult + 2 child

Twin Oaks Middle School 607 Art



## **Paint Like Matisse:** "The Goldfish"

#### Instructor: Vanessa Merry

Paint like Matisse! Learn about Fauvism while you follow step-by-step instructions to create your own masterpiece. 8 x 10" canvas and all supplies provided.

Thu, October 10 6-8 pm #3435H 1 session \$45 La ola del lago CE Classroom 291



## Watercolor: **Beginning &**

## Beyond

#### Instructor: Vanessa Merry

Embark on a new creative path and learn the art of painting with watercolors. All are welcome, whether you have never before picked up a brush, or have dabbled in watercolors and want to learn more. Build confidence following practical demonstrations that introduce the concepts, tools, and techniques required to create your own works of art. Brushes and watercolors are provided by the instructor. Bring a pad of watercolor paper to class.

Tue, Oct. 29 to Nov. 19 12-2 pm #3435I 4 sessions \$99 Location: Diamondhead Education Center, 200 West Burnsville Parkway, Burnsville



# MEW! Art History & Painting -

## **Post Impressionist Art**

**Instructor: Vanessa Merry** 

Do you know what Post Impressionist art is or what sets it apart from the Impressionists? We'll discuss artists that came after the Impressionist movement and their contributions to the art world as we create a painting in the style of a famous artist following step-by-step instructions.

Thu, November 21 10 am to 12 pm #3435B 1 session \$39

Location: Diamondhead Education Center, 200 West Burnsville Parkway, Burnsville



## **Needle Felted Snowman**

#### **Instructor: Vanessa Merry**

Create a sculptural snowman out of wool roving and wire. Learn to use felting needles, Core wool, and colorful felt batting to create a cute little snowman that can be a holiday decoration or gift.

Tue, December 10 6-8 pm #3435D 1 session \$49 CE Classroom 291 La ola del lago



## **Ornament Acrylic** Pour

#### **Instructor: Vanessa Merry**

Pour painting is an innovative technique that uses acrylic paints to create stunning artwork. In this class, you will learn how to mix acrylic paints with other mediums to achieve a fluid consistency, allowing you to pour them directly over a globe ornament. Each participant will have the opportunity to work with two ornaments. These unique creations make beautiful holiday gifts.

Wed, November 20 6-8 pm #3435J 1 session \$49 Room 260 Art La ola del lago





## **Charcuterie Boards**

#### **Instructor: Heather Novak**

Learn about (nibble on) charcuterie and the art of creating an individual charcuterie board. Be prepared for putting together the perfect board, so you are ready for entertaining your next gathering of friends, family or coworkers! Board, food and 1 glass of non-alcoholic beverage are all included in class fee.

Thu, September 19 6:30-7:45 pm #3288 1 session \$49 Twin Oaks Middle School 308 FACS

## Sourdough

#### **Instructor: Heather Novak**

Sourdough became popular over the last vear as a healthier alternative to white or whole wheat bread. The lower phytate levels mean it is more digestible and nutritious. The prebiotics also help to keep your gut bacteria happy, and it may be less likely to spike blood sugar levels. In class, you will make a dozen muffins and go home with other recipes and a small amount of starter to continue making sourdough at home. Bring a quart glass jar with a lid to class.

Tue, October 8 6:30-8 pm #3278 1 session \$45 Twin Oaks Middle School 308 FACS



## **Kolacky: A Czech Staple**

#### Instructor: Heather Novak

Kolaches are traditional Czechoslovakian filled sweet bread. Over the years and with the immigration to America, Kolaches have evolved to look and taste different. with each baker making them to suit their region. Some are a closed bread roll, some are pastry like and open and yet another more like a thumbprint cookie. All originate from Europe and all are filled with yummy preserves. Come learn about the history of the Kolaches, create your own to take home and enjoy the rich tastes of ethnic baking.

Fri, November 1 6:00-9:00 pm #3232 1 session \$59 Twin Oaks Middle School 308 FACS



## **Chocolate Truffles, Creamy Caramels**

#### **Instructor: Heather Novak**

Decadent, smooth, rich chocolates and creamy, melt in your mouth, caramels are a must have for the upcoming holiday season or really for anytime. This hands on class will teach you how to make simple truffles, filled bon bons and caramels. Come learn to work with chocolate and caramel, make a sweet gift, or just have fun. .

Sat. November 23 9-11:30 am #3279 1 session \$55 Twin Oaks Middle School 308 FACS



## **Hand-Pulled Noodles**

#### **Instructor: Ploy Khunisom**

Hand-pulled noodles are so much fun and they are much easier to make than you would think. In this online interactive class, you will learn 2 different techniques to pull noodles. We will make 2 types of hand-pulled noodles: Biang Biang and Lamian noodles. We'll turn Biang Biang noodles into a noodle salad with chili sauce. We'll turn Lamian noodles into miso noodle soup.

Tue, October 8 6-8 pm #3290A 1 session \$39 Live Online Course

MEW!

## **Chinese Steamed** Buns

#### Instructor: Ploy Khunisom

Steamed buns (Bao) are a popular street food in many countries in East and Southeast Asia especially in China. They are easy to eat and provide complete nutrients in one bite. In this online interactive class, we'll make cha shu chicken bao with pickled vegetables and cabbage bao. We'll also make the dough from scratch.

Tue, October 22 6-8 pm #3290B 1 session \$39 Live Online Course

## **Bake & Take Instructor: Heather Novak**

**Holiday Cookies & Treats:** 

Be prepared for your next holiday "gettogether" and bring a friend for more baking fun! We will mix, bake, and decorate 10 different holiday treats completely from scratch using the freshest ingredients such as creamy butter, rich chocolates and nuts. No holiday is complete without the sprinkles. the spices and the peppermint. The treats are also all freezable so you can eat them later in the season if desired. Please bring containers and wax paper or parchment to bring 10 dozen treats home.

Sat, December 7 8:30 am to 1 pm #3503 1 session \$109 Twin Oaks Middle School 308 FACS



## **Thai Street Food**

## **Instructor: Ploy Khunisom**

Thai cuisine is full of aromatic ingredients, cooking styles, and dish decorations. In this online interactive class, we'll make 3 popular and delicious Thai dishes from scratch including Thai vermicelli salad, Thai coconut soup, and pad Thai with chicken.

Tue, November 5 6-8 pm #3290C 1 session \$39

Live Online Course

# MEW!

## **Vietnamese Street Food**

#### **Instructor: Ploy Khunisom**

Embrace the light and delicate flavors of Vietnamese cuisine known for fresh herbs, vegetables, and dipping sauce. In this online interactive cooking class, we'll make Vietnamese fresh rolls with dipping sauce and Vietnamese noodle soup (pho) with chicken.

Tue, December 17 6-8 pm #3290D 1 session \$39

Live Online Course



## **Air Fryer Advanced**

#### Instructor: Kirsten Madaus

If you thought air fryers were just for making crispy fries or reheating pizza, think again! Get ready to level up your air frying skills as Kirsten's demonstration takes you on a journey through the ins and outs of air fryer cooking, showing you how to create a wide variety of dishes without turning on your stove. You'll learn how to whip up delicious and healthy meals like Tandoori Salmon & Potatoes and Basque Style Cheesecake in no time.

Tue, Oct. 1 & 8 6:30-8 pm #3268B 2 sessions \$49

Live Online Course



## One Instant Pot®/ One Sheet Pan/

#### **One Skillet Meals**

#### **Instructor: Kirsten Madaus**

Simplify supper with one pot cooking! Using a sheet pan OR a skillet OR a pressure cooker to make a complete meal saves time and energy. Join Kirsten online in her kitchen as she demonstrates Skillet Gnocchi with Sausage and Peas, Sheet Pan Quesadillas or Pesce Primavera, and pressure cooker Beef Stroganoff Soup or Curried Wild Rice Soup for Two. Whether you're cooking for two or feeding a family, step-by-step instructions and practical tips will empower you to whip up mouth watering meals with ease.

Tue, September 24 6:30-8 pm #3268A 1 session \$29 Live Online Course

## **NEW!** Festive Appetizers and Boards

#### **Instructor: Kirsten Madaus**

Use your kitchen gadgets\* to create yummy appetizers for holiday gatherings, game nights, or just for fun. Join Kirsten live online from her home kitchen as she demonstrates. Instant Pot Hot Crab & Shrimp Dip, Air Fryer Buffalo Cauliflower, Goat Cheese & Garlic Crostini, Jalapeño Rarebit Poppers, Mediterranean Mezze Boards, and more! Registration includes extensive recipe handout and link to class recording so you can re-watch at your convenience. \*No air fryer or Instant Pot®? No problem! Recipes will include oven/stovetop directions too.

Tue. November 12 6:30-8 pm 1 session \$29 #3268C Live Online Course



# nEW!

## **Monthly Meal Planning**

#### **Instructor: Kirsten Madaus**

Are you tired of staring blankly into your fridge, wondering what to make for dinner? Do you find yourself constantly ordering takeout or making the same boring meals on repeat? Whether you're a beginner or a seasoned home cook, this live online class is perfect for anyone who wants to take their meal planning to the next level. From "a Month of Meatless Mondays" to "Taco Tuesdays Ten Ways" to "Souper Sundays", there's something for everyone. Learn tips and tricks for making meal prep a breeze.

Sat. December 7 3-5 pm #3268D Live Online Course

1 session \$49



#### Wine nEW! **Doppelgangers**

#### **Instructor: Catherine Tran**

Come explore the world of wine and meet the twins to the popular wine varietals you are already familiar with. Our sommelier will guide you through the tasting of at least 5 wines, and after, you will be able to wow your friends and family this holiday season with this new wine knowledge.

Wed, October 16 6-7:30 pm #3291A 1 session \$20 Location: Rhino Wine Bar

16186 Main Ave. Prior Lake



## **Stay Wild with These Winter Reds**

#### Instructor: Catherine Tran

As the weather changes, so do our wine preferences. Come discover your new go-to wine to prepare you for our long Minnesota winters. Our sommelier has picked out a great selection of reds for you to sip and savor.

Wed, November 13 6-7:30 pm #3291B 1 session \$20 Location: Rhino Wine Bar 16186 Main Ave, Prior Lake



## **Bubbling with Joy** Instructor: Catherine Tran

Back by popular demand! Our sommelier will guide you through the different sparkling varietals and cover their differences in bottling, grape, regions, age and more! You can taste the difference between the 6 or so sparkling wines and discover which bottle you will be popping this holiday season!

Wed, December 11 6-7:30 pm 1 session \$20 #3291C Location: Rhino Wine Bar 16186 Main Ave. Prior Lake

## **Taste**

#### **Marvelous Macarons**

#### **Instructor: Nancy Burgeson**

They are beautiful and so fun to make! Learn some simple tricks to make the process easy. The group will make three different kinds: lovely blueberry, lemon, and pink, cherry or strawberry. There will also be some chocolate macarons for you to sample. You will bake and assemble one recipe from start to finish, as well as decorate and assemble the other two recipes. You will be the talk of the party when you serve these little delicacies!

Thu, October 17 6-9 pm #3529A 1 session \$59 Twin Oaks Middle School 308 FACS



# NEW!

## Mile High Apple Pie

#### **Instructor: Nancy Burgeson**

Fall is in the air! This is the time of year to make the very best apple pie. If you say, "I can't make pies" then this class is for you. Nancy will take you through making a crust, to preparing all of the filling using the freshest apples from Brand Farms in Farmington. You will leave class with a hot apple pie to share with family and friends. Boxes provided, but please bring a rolling pin and potato peeler to class if you have them.

Thu, November 7 6-9 pm #3529B 1 session \$55 Twin Oaks Middle School 308 FACS

#### **Great MN Hot Dishes**

#### Instructor: Laurel Severson

Hot dish (n.) a one-dish supper baked in your oven using a single piece of cookware. Join us to create up to 15 sensational hot dishes using fresh ingredients (no canned soups) and easy preparation for a family meal or crowd-pleasing recipes for a pot luck! Many of these hot dishes can be made ahead, chilled than baked.

Mon, October 7 6-9 pm #3280 1 session \$59 Twin Oaks Middle School 308 FACS

#### Lefse

#### Instructor: Laurel Severson

This wonderful Norwegian delicacy is made for banquets, holidays, weddings and all special occasions. If you are Norwegian and missed recording Grandma's recipe, tips and techniques, this is the class for you! Learn the fine points in making the dough, cooking, storing and of course how to serve lefse with a bit of history and humor. Plan to sample your fresh, warm creations with traditional fillings plus take home finished lefse and dough to make some to share with family and friends.

Mon, November 11 6-9 pm #3270 1 session \$55 Twin Oaks Middle School 308 FACS

#### **Asian Favorites**

#### **Instructor: Jeff Sandino**

You'll begin by preparing delicious egg rolls stuffed with pork, shrimp and vegetables served with both hot mustard and sweet and sour sauce for dipping. You'll then prepare fried rice using chicken, shrimp, fresh vegetables, and the secret sauce. Classic pork chow mein follows served with crispy egg noodles along with egg foo young made with both, chicken and shrimp. We'll finish this extravaganza with a delightful lemon custard tort.

Wed, October 9 5:30-8:30 pm **#3519A** 1 session \$59 Twin Oaks Middle School 308 FACS



#### **Four Famous Cookies**

#### **Instructor: Laurel Severson**

Learn to create the rolled Norwegian cookie, Krumkakes made with cream, butter and cinnamon. Italian Pizzelles are also baked on top of the stove using an iron but are a flat, anise-flavored cookie. The chewy, almond Swedish Sandbakkels are delicate golden brown in color and are baked in tiny tins to resemble tarts. Finally, you will master deep fried Rosettes – those fragile Scandinavian delicacies dusted with confectioners' sugar. Expect great recipes plus the many tips and techniques that will make your baking a success! Please bring containers to bring your creations safely home.

Tue, December 3 6-9 pm #3524 1 session \$59 Twin Oaks Middle School 308 FACS

## **Tantalizing Thai Cuisine**

#### Instructor: Jeff Sandino

You'll begin by preparing fresh Vietnamese summer rolls paired with a variety of dipping sauces. You'll then prepare Pad Thai blending the vibrant flavors of Thailand with rice noodles, chicken, eggs, chilies, garlic, basil, and more. Vietnamese spring rolls follow, stuffed with pork, turkey, and glass noodles, fried, with nuoc cham for dipping. We'll finish with a smooth, creamy lime custard topped with a dollop of fresh whipped cream.

Tue, December 3 5:30-8:30 pm #3577 1 session \$59 Location: Shakopee High School Room 110 100 17th Ave W, Shakopee

# **Taste**



## **Instant Pot® Chicken Burrito**

## **Bowls, East Indian Butter Chicken and Homemade** Naan

#### **Instructor: Tess Georgakopoulos**

Have some fun participating in this virtual Instant Pot® (or multi-cooker) COOK-ALONG class! Two dishes will be made during this class. Choose one for your cook-along, and watch a demonstration of the other or if you have a second Instant Pot®on hand, make both! On the Menu: The instructors' own versions of Chicken Burrito Bowls, and the ever-popular Butter Chicken! Tess will also be providing step-by-step guidance for making Luscious Homemade Naan. Delicious recipes are made with ingredients that are probably already on hand.

Sat, September 21 4-6 pm #3504A 1 session \$39

Live Online Course

# MEW!

# **Chicken Shawarma**

#### Instructor: Tess Georgakopoulos

Experience the flavors of mouth watering Shawarma in your own kitchen! Similar to gyro, but an altogether different experience! Delicious, tender slices of meat, marinated in a spiced marinade and cooked to perfection. Guaranteed to become a family favorite! On the menu: Instructors versions of Quick Chicken Shawarma, Pita Pocket Bread, Special Drizzle/dipping sauce made with a base of Greek Yogurt, and a side of spectacular gluten free Roasted Chickpea & Curry Rice.

4-6:30 pm

1 session \$49

Sat, November 9 #3504C

Live Online Course

## MEW! Holiday Cookie **Magic, Royal Icing** & Stuffed Cookies Workshop

#### Instructor: Tess Georgakopoulos

Tess' Magical Cheesecake & Brownie Stuffed Chocolate Chip Cookies are back by popular demand! We will be making the stuffed cookies together during the class. Also returning is her beloved Holiday Cookie Bake & Decorate, where you'll learn to decorate cookies with Royal Icing. Two of the instructor's sugar cookie recipes will be provided. Participants can choose which sugar cookies to bake ahead of time in preparation for this portion of the class. No need for fancy tools; we'll use simple plastic sandwich bags for decorating.

Fri, December 6 #3504D

5-7 pm 1 session \$39

Live Online Course

## **Gourmet Detroit** Style Pizza, Pretzel Crust Pizza & Pizza Sauce Instructor: Tess Georgakopoulos

Few things bring more joy than the smell of freshly made Pizza. Participate in this fun-filled Pizza COOK-ALONG class where Tess will guide you through the process of creating TWO marvelous gourmet pizza creations that almost guarantee that takeout pizza will be a thing of the past! On the Menu: The instructors version of the everpopular Detroit Style Pizza, her most amazing Pretzel Crust Pizza, in addition to her personal over-the-top Pizza Sauce. Participants can personalize their pizzas with toppings of their choosing.

Sat, September 28 4-6:30 pm 1 session \$45 #3504B

Live Online Course



# Discover

## **Decluttering the Photo, Video** & Keepsake Overload

#### **Instructor: Amy Storch**

Discover easy steps to simplify your phone, computer, or boxes filled with important memories. Explore tips and shortcuts for easier sorting, organizing and scanning of old photos or documents as well as information on the latest cloud storage options so you can enjoy or share what matters most. During class, you'll develop your own simple personal photo plan for moving forward and getting it done. Optional: Bring a phone, laptop, iPad or tablet with 5-10 photos on it.

Tue, September 24 6-8 pm 1 session \$29 Twin Oaks Middle School Room 209



## **Partner Dancing for All Occasions**

#### **Instructor: Deanna Constantine**

No matter the occasion, you'll be prepared to dance! Be it a wedding, company party, reunion - you can be one of the best dancers at your next event! Taking steps from classic ballroom dances, you'll learn mini-routines that are easy to remember and danceable to all your favorite songs. Rock, jazz, blues, country, pop hits and more, these routines work for all genres. If you think you have no rhythm and two left feet, this is the perfect course for you! Couples stay dancing together and singles rotate with other singles.

Wed, Sept. 25 to Oct. 16 7-8:30 pm #3109 1 session \$69/person \$138/pair

Location: Eagle Creek Elementary 6855 Woodward Ave, Shakopee

## **Antique Appraisal Event**

#### Instructor: David Schlueter

Have you ever wondered what your family heirlooms are worth? Join us for a brief appraising presentation followed by an appraisal of at least one item per participant. Certified appraiser David Schlueter will examine additional items as time allows. Examples of items that can be appraised are fine jewelry, costume jewelry, precious gemstones, art, and coins. No firearms or Beanie Babies. Name and describe the item to be appraised on the registration form, and email photos of the item to jnagy@plsas.org after you register. Light refreshments will be provided.

Wed, October 16 6-9 pm 1 session \$29 #4454 Location: Shakopee Public Schools District Office room 201 1200 Town Square, Shakopee

## **Adult Spanish Conversation -Beginner Part 1**

## Instructor: Futura Language

#### **Professionals**

Always dreamed of learning Spanish or refreshing your high school Spanish? Then this class is for you! The primary focus will be on building conversational tools through interactive practice and exercises. Vocabulary topics will include common greetings and introductions, pronunciation, numbers, food, clothing, likes and dislikes. Grammar topics will include subject pronouns, the verb estar conjugation, gender of nouns, and plurality. Participants will learn how to carry on small conversations and each class will include interesting cultural anecdotes including Spanish word origin, dialect differences, and names in Spanish.

Mon, Oct. 21 to Nov. 25 6-7 pm Tue, Oct. 22 to Nov. 26 6-7 pm Wed, Oct. 16 to Nov. 20 6-7 pm 6 sessions \$129 #3037

Live Online Course

## **Adult Spanish Conversation -Beginner Part 2**

Instructor: Futura Language

#### **Professionals**

Learning a language is a lifelong journey! Participants will continue with practical conversational components and builder phrases enabling them to carry on small conversations related to giving and asking for directions and restaurant conversation. Vocabulary and grammar will include weather, seasons, dates with months, days of the week, family vocabulary along with the verbs ser and tener conjugations. Culture discussions will include the importance of food, family, and friendships in Spanish speaking countries. Applicable to new students and previous Beginner Part 1 Spanish conversation participants.

Tue, Oct. 22 to Nov. 26 6-7 pm #3037 6 sessions \$129 Live Online Course

## **Adult Spanish Conversation -Intermediate Part 2**

## Instructor: Futura Language

#### **Professionals**

;Hablas un poquito Español?Then this course is for you! Intermediate Spanish is specifically designed for the adult learner who has taken some Spanish in the past but wishes to improve conversational skills. Grammar and vocabulary concepts will include present tense AR verb conjugation, infinitive verbs, future tense with the verb IR, adverbs of frequency, useful prepositions, and more. Participants will practice conversation skills including learning how to make plans and discussing preferences. Applicable to new students and previous Beginner Spanish Part 1 and 2 conversation participants.

Wed, Oct. 16 to Nov. 20 6-7 pm #3037 6 sessions \$129 Live Online Course

# Discover

## Get Paid to Teach English -Overseas, in the US or Online

#### Instructor: Gina Henry

Teach your way around the world while getting paid for your "vacation"! English is the world's business and travel language. If you speak English, you can teach conversational English! You don't have to be certified or speak the local language. It can be a high paying career or simply a great way to go on vacation for free. Learn about teaching online, 2-month paid summer jobs, or fulltime work. Discover the best paying jobs, qualifications, certification programs and specific hiring organizations. Tuition includes instructor's 100-page digital book (a value \$39.95).

Sat. October 12 11 am to 2 pm #3082A 1 session \$45 Live Online Course



## The Secrets to Travel-**Hacking: Free Air, Hotel & Cash Back**

#### **Instructor: Gina Henry**

Earn thousands of airline miles & hotel reward points without ever stepping foot on a plane or paying for a hotel (the most expensive part of travel). Gina Henry has traveled free to over 100 countries & all 50 states. Learn easy "Beginner Strategies", advanced strategies & details of each reward program. Includes 100-page digital book (\$39.95 value).

Sat. October 19 11 am to 2 pm #3082B 1 session \$45

Live Online Course

#### **Tarot Retreat**

#### Instructor: Heidi Steffens

Explore the Fool's Journey, a metaphor for the journey of life, to learn the messages revealed by the tarot deck. We'll approach tarot in a variety of ways, look at layers of interpretations, and have fun with simple readings during class. Bring a lunch and your tarot cards with you, or select the option to purchase a boxed tarot set with guidebook. (7 day advanced registration required to receive the boxed set.)

Sat, January 25 9 am to 3 pm #4428 1 session \$99

\$129/cards

Twin Oaks Middle School Room 708 Media

## **Intro to Online Genealogy**

#### Instructor: Jen Shaffer

There has never been a better time to start discovering your family's history. Gone are the days of traveling to courthouse basements and archives. You can now research easily from your own home. Join the instructor as she teaches you how to get started, reviews of subscription websites, which tools to use, which types of records you'll find, plus how to be an effective and accurate researcher.

Mon, September 30 6:30-8 pm #3028A 1 session \$35 Live Online Course

## Level Up Your Genealogy 1 -**Intermediate**

#### Instructor: Jen Shaffer

MyHeritage and Ancestry.com are the biggest research sites, but what do you do when they don't have the information that you're looking for? This course covers how to use the Family Search catalog, working with autosomal DNA for known and unknown family lines and other repositories to use beyond the large genealogy platforms.

Tue, October 22 6:30-8 pm #3028B 1 session \$35

Live Online Course

# MEW!

## **Learn to Referee Basketball**

#### Instructor: Katie Ressie

Learn the basics of officiating youth basketball. This class will give you the foundation to learn the mechanics and rules around fouls, violations and growing your basketball IQ. This class does not provide certification, but will get you ready to officiate youth events such as the Amateur Athletic Union, community associations, and in-house city games. No experience is necessary.

Thu, Sept. 26 to Oct. 17 6-8 pm #5510 4 sessions \$56 \$64 w/whistle

Location: Sun Path Elementary, 2250 17th Ave E, Shakopee

## Level Up Your Genealogy 2 -Intermediate

#### Instructor: Jen Shaffer

Moving beyond auto-generated hits on the big platforms like Ancestry.com and MyHeritage is the only way to make progress in your research. Instructor will show you more ways to find obscure records, how to use them and research techniques used by the pros.

Wed, November 20 6:30-8 pm #3028C 1 session \$35

Live Online Course

## **Genealogy Methods: Research Skills Through Case Studies**

#### Instructor: Jen Shaffer

It can take years to learn how to research effectively. Watch as the instructor goes through the steps used as a professional genealogist to solve common research problems. These case studies will show you techniques that you can apply to your own research.

Thu. December 12 6:30-8 pm #3028D 1 session \$35

Live Online Course

# Discover

#### **Make & Take Fall Container**

#### Instructor: Sailer's Greenhouse

Sailer's Greenhouse will supply everything you need to create a beautiful harvest container for your home. Their expert gardening staff will help you create a colorful fall arrangement using cold tolerant annuals, perennials, kale and more!

Tue, September 17 1 session \$45 #3427A 5-6 pm #3427A 6-7 pm Location: Sailer's Greenhouse, 1610 170th St E, Shakopee



## **Travel Show with Premier World**

#### Discovery

#### **Instructor: Tony Etienne**

Now is the ideal time to learn and dream about touring again. At this presentation, you will see highlights of upcoming programs for 2025 including Great Trains & Grand Canyons, Mackinac Island & Niagara Falls, Cape Cod & Its Islands, and Switzerland & Christmas on the Danube. Bring your sense of adventure as we learn about the exciting destinations in this educational presentation. Join us and experience the world together again in 2025there will be plenty of time for questions and discussion.

Wed, September 18 6-7 pm #3271 1 session Free La ola del lago CE Classroom 291



## The Floras

# nEW!

## **The Floras Holiday Show**

Prepare to have a fun, festive and fifties flavored holiday show with The Floras! You'll hear holiday classics such as Rockin' Around The Christmas Tree, Jingle Bell Rock, Run Rudolph Run, Santa Baby and many more when Mark and Lisa Flora, and their daughter, Sky, take the stage. The show will be followed with coffee and treats.

Sat. November 23 11 am to 1 pm #Floras 2024 1 session \$24 Location: Shakopee High School Thrust Theater 100 17th Ave W, Shakopee

## Islamic Culture vs. **Cultural Islam**

#### Instructor: Building Blocks of Islam

Join us for a lively discussion about the religion of Islam and the various cultures that practice it. You'll learn about food, clothing, marriage celebrations and other traditions from the ethnic groups represented here in Minnesota. You'll also learn how cultural practices are sometimes misrepresented as "Islamic." This class will provide a safe space for you to ask any related questions about the religion of Islam and the culture of the people who practice it.

Wed, October 30 6-8:30 pm #3066 1 session Free Location: Shakopee High School, Saber Community Room, 100 17th Ave W, Shakopee

## **Driver Discount Program** (Ages 55+)

#### **Instructor: Precision Driving Center**

This 4-hour course is taught by a certified instructor and will cover updates in laws, the latest vehicle technology, and address traffic safety and accident prevention measures. The class is a presentation and there is no test or behind the wheel exam. The previous 8-hour requirement to earn the discount has been changed by the state. A 4-hour course is all that is required to earn the discount now! Courses should be completed every 3 years to maintain the discount.

Mon, September 23 1 session \$24 #6067A 5-9 pm

Mon, September 30 1 session \$24 9:30 am to 1:30 pm #6067B

Tue, October 22 1 session \$24 #6067C 5-9 pm

Mon. November 4 1 session \$24 #6067D 9:30 am to 1:30 pm

Thu, December 12 1 session \$24 #6067E 9:30 am to 1:30 pm La ola del lago CF Classroom 291

# new!

## Mike Lynch's Starwatch Party

#### **Instructor: Mike Lynch**

Join former WCCO meteorologist Mike Lynch to watch the great celestial show over Shakopee! He will have giant telescopes aimed at Jupiter, Saturn, Mars, star clusters, galaxies, and more! Get to know constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and many others. Great constellation mythological stories will also be shared. This activity is great for all ages, and kids must be accompanied by an adult. Feel free to bring a lawn chair and blanket to make yourself comfy and enjoy the show!

Thu, September 19 7:30-9:30 pm

#3065 1 session \$24/person

\$59/Family

Location: Eagle Creek Elementary Field, 6855 Woodward Ave, Shakopee

**14** For more information, call 952-226-0310.

# 2024

# 55+ Scott County Expo

Friday, Oct 18, 9am-1pm Jordan High School

600 Sunset Dr, Jordan, MN 55352



- Continental Breakfast
- Vendor Exhibits
- Entertainment
- Lunch
- Health Screenings
- Prize Drawings
- Antique Car Show



Featuring The Holy Rocka Rollaz

# Don't Miss The Holy Rocka Rollaz!

Entry:

Take an authentic trip back to the fantastic 50's with the music of Buddy Holly, Chuck Berry, Johnny Cash, Elvis Presley, and many more!

# To Register.





**Fee:** \$15

Online: bit.ly/2024-55Expo

Mail: Attn: Cullen Bahn, 500 Sunset Dr, Jordan, MN 55352

Contact: cbahn@isd717.org, 952-492-4223

Registration deadline: Oct 6

# Money

## **Women Only - Your Strategic Guide to Maximizing Social Security Benefits**

Instructor: Rolf White

Did you know that women face unique challenges when it comes to maximizing their Social Security benefits? Understand key Social Security provisions like: how to qualify for spousal and survivor benefits off your husband's record, Increasing your payments by delaying claims as long as possible, managing the earned income limits if you continue working, collecting on your ex-spouse's record after divorce and minimizing taxes on your Social Security income in retirement

Wed, September 25 6:30-8:15 pm #4249A 1 session \$19

Thu. December 12 6:30-8:15 pm #4249B 1 session \$19 Twin Oaks Middle School Room 207

#### **Taxes in Retirement**

Instructor: Rolf White

In retirement, your tax rate may vary widely over the years based on the timing and order. Learn about the following: the critical tax question you must answer BEFORE retirement, what the Social Security "tax trap" is and how you can avoid it and why tapping assets in the wrong order can trigger higher Medicare premiums.

Thu, October 3 6:30-8 pm

#4249C 1 session \$19/person \$29/pair

Twin Oaks Middle School Room 209

## **Savvy Social Security for Couples: Maximizing Your Benefits Together**

Instructor: Rolf White

Are you and your spouse nearing retirement age? Learn how to get the most out of your Social Security benefits as a couple. Topics include: how marriage impacts Social Security, deciding when to claim, coordinating with other income sources, taxes and social security, working while receiving benefits and techniques higherearning couples can utilize. This class is essential for married couples wanting to ensure they receive their full share of the Social Security benefits they've earned.

Tue, November 19 6:30-8 pm

1 session \$19/person #4249D \$29/pair

Twin Oaks Middle School Room 207

## How to Cut the Cable Cord

Instructor: Ron Timm

Cable (or satellite) television is the single most expensive utility for many households. This class will show you many viewing options that are free or much lower cost than cable. We'll discuss the pros and cons of cable, how to get internet without cable, how to get TV from your computer to your television, and much, much more. Find out why and how millions of TV watchers are ditching cable forever!

Tue, September 24 7-8:30 pm

#4248 1 session \$35/person \$60/pair

Twin Oaks Middle School Room 207

## Introduction to **Senior Housing**

#### Instructor: John Mazzara

Aging often involves transitioning to different housing. The process involves coordinating financial and physical health considerations and frequently downsizing a home. We review these aspects so you can plan. Housing options discussed: buying & renting, subsidized and elderly waivers, market-rate apartments, 55+, CCRC, independent/ assisted living age in place, memory care, cooperatives and condo/townhouses. Explore alternatives to just single-family living. Come with your questions to explore what will work best for you!

Thu, October 3 7-9 pm

1 session \$19/person #4168B

\$29/pair

Twin Oaks Middle School Room 207

## **How to Win with Investment Properties**

Instructor: John Mazzara

Ever considered becoming a landlord or investing in real estate but needed more information? Learn about opportunities in today's Twin Cities marketplace, how to analyze a property, tax considerations, and details to put in a lease. Becoming a landlord is work but can be very rewarding. We review all aspects of becoming a landlord from buying, selling and renting. A link to the book- "Reality-Based Real Estate Investing" will be provided- as well as a copy of "Reduce Your Risk in Real Estate" - \$45 value.

Mon, September 30 7-9 pm

#4168A 1 session \$19/person

\$29/pair

Twin Oaks Middle School Room 207

## **Medicare Made Simple**

**Instructor: Deborah Ochsendorf** 

Navigating the world of Medicare can be both overwhelming and confusing. This class will help explain the basics of Medicare, options for additional coverage, different enrollment periods, as well as avoiding common Medicare mistakes. With the Annual Election Period right around the corner this is a great time to learn about all the different Medicare options available to you! This election period runs from Oct. 15 - Dec. 7th and allows everyone who is on Medicare to make changes that will go into effect Jan 1, 2025.

Tue, October 15 10-11 am #4174A 1 session Free La ola del lago CE Sm. Classroom 293 Wed, November 20 10-11 am #4174B 1 session Free La ola del lago CE Sm. Classroom 293





## **Need to Know Changes to the College Process in 2024**

#### **Instructor: Cozy Wittman**

This past year has resulted in significant changes to the college planning process. Admission trends have changed around how colleges admit students. Substantial new financial aid rules may make college more expensive. Some colleges are going back to requiring standardized tests and others prefer them when awarding scholarships. Learn how these changes may impact your family, and new strategies to consider to give your student the best opportunity to be admitted and maximize scholarships and financial aid.

Mon, September 30 7:30-8:30 pm 1 session \$19/family #3087 Live Online Course



#### **Instructor: Kristin Davis**

Having a will is important for married couples, singles and divorced people. If you are without a will, the laws of Minnesota and a judge will make all the decisions regarding your estate. Don't let this happen. Learn about estates and wills, and prepare a legal will in class. Receive instructions and a professionally prepared form, have access to witnesses and a notary public. Prior to class, review the information forwarded to you. The will form is designed for individual use; couples cannot share this form (each person must register individually). Appropriate for people who have an estate of less than \$2,000,000, including life insurance, and do not own a business.

Tue, October 1 6:30-9 pm #4256 1 session \$49 Twin Oaks Middle School Room 207

This series is designed to help people contemplating starting their own business. The facilitators are experienced business professionals, both active and retired, who can provide one-to-one assistance. They are presented in collaboration with SCORE South Metro, and counselors to America's small business, a resource partner of the U.S. Small Business Administration (SBA). Classes available online or in-person.

## **Class 1: Startup Basics**

#### Instructor: Jim Gasper, **South Metro SCORE**

Test a business idea and identify the key factors that influence startup success. Gain an overview of the skills and tools needed when deciding to start a business, advantages and disadvantages of owning a business, the most profitable form for specific businesses and the fundamentals of formation, organization, marketing, cash flow and funding sources.

Wed, October 23 6:30-8 pm #4200A 1 session \$30 All 4 sessions \$99 La ola del lago CE Classroom 291

## **Class 2: Business Concepts**

#### Instructor: Young Lan Bebus, **South Metro SCORE**

Review your understanding of business concepts and gain step-by-step guidance in researching your idea, market and competition. Identify your target markets, describe your products and services and collect key competitive information to support a feasible plan.

Wed, October 30 6:30-8 pm #4200B 1 session \$30 All 4 sessions \$99 CE Classroom 291 La ola del lago

## **Class 3: Marketing Plan**

#### Instructor: Amy Anderson, **South Metro SCORE**

Learn marketing, communication methods and tools to maximize customer reach. Understand pricing strategies, positioning, differences between features and benefits and choose the correct sales channel and exercise your strategies.

Wed, November 6 6:30-8 pm #4200C 1 session \$30 All 4 sessions \$99 La ola del lago CE Classroom 291

## **Class 4: Financial Projections** and Funding Sources

Instructor: Laura and Andy Schmitz, **South Metro SCORE** 

Review sales and prices, financial risks and rewards, true startup costs, ongoing operating expenses, setting benchmarks for tracking progress and organization of all your financial information. Discuss how to finance your business, accounting, banking relations and monthly preparation and review of financial statements.

Wed, November 20 6:30-8:30 pm #4200D 1 session \$30 All 4 sessions\$99 CE Classroom 291 La ola del lago



## **Home Buyer Education**

#### Instructor: Bridget Ische

Purchasing a home can be overwhelming, especially in this market! We will navigate the entire home buying process and prepare you with skills necessary to successfully find and finance a house and how to do it with the least amount of stress. Learn the home buying process, applying for a mortgage, types of loans, down payment assistance, credit basics, making your offer stand out and more. Bring your questions, instructor will supply the snacks.

Tue, October 8 6-7:30 pm

#4176 1 session \$19/person

\$29/pair

Twin Oaks Middle School Room 207

# **Money and Tech**

## **Earn Extra Money Mystery Shopping**

#### Instructor: LeeAnne Krusemark

Have you seen ads telling you how to become a shopper, but only if you send them money? You do not have to pay to begin your new career in this exciting field. Participants must also attend "How to Start Any Home Business + 250 Home Business Ideas!" for a clear understanding of this endeavor. You will learn how to sign up with many legitimate mystery shopping companies, avoid pitfalls and scams, create a required mystery shopping resume and profile, and how to file your reports for payment.

Thu, October 17 5-6 pm #4250A 1 session \$29

Live Online Course

## **How to Start Any Home Business +250 Legitimate Home Business Ideas**

#### Instructor: LeeAnne Krusemark

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business startup workshop you will ever find. You will discover: more than 250 legitimate home business ideas, mandatory legal documentation, and many ways to market your product/ service and how to take tax deductions (this workshop included!)

Thu, October 17 6-8 pm #4250B 1 session \$39

Live Online Course

## **Make Money with a Virtual Assistant/Word Processing Business**

#### Instructor: LeeAnne Krusemark

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to market your services, effective home office equipment choices, and 100 ways to make money with a computer. **Participants** must also attend "How to Start Any Home Business + 250 Home Business Ideas!" for a clear understanding of this endeavor. There really is a need for your services, so be your own boss, set your own hours, and make more money.

Thu, October 17 8-9 pm #4250C 1 session \$29

Live Online Course



## **Social Media for Business**

#### Instructor: Nickie Welsh

Driving new customer traffic to your website and promoting your business is imperative in today's technology world. Don't let your skillset or company get left behind by missing the key social media rules you need to know! In this class, you'll learn how to craft a simple but effective social media marketing strategy, listen directly to customers and implement tips to grow your business all while staying organized without getting overwhelmed by technology.

Mon, September 9 6-7:30 pm #4257A 1 session \$29 Location: Shakopee Public School District Office Room 201 1200 Town Square, Shakopee

## **How to Use Uber for Transportation** and Independence

#### Instructor: Nickie Welsh

Do you hate to drive in bad weather or when it's dark outside? Expand your transportation options and independence through the ride sharing service, Uber. In this class, you will learn the basics and gain the knowledge on how to use Uber. Learn to use Uber at major airports so that you can travel with confidence and without having to ask a friend for a ride, as well as other appointments and errands. Open up your travel options with this fun and engaging classi

Sun, November 17 11 am to 12:30 pm #4257B 1 session \$29 Location: Shakopee Public School District Office Room 201 1200 Town Square, Shakopee



## **Practical ChatGPT**

#### Instructor: Nickie Welsh

Have you been curious about what ChatGPT is exactly and how it may affect you? Learn what you need to know about ChatGPT powered by artificial intelligence in this fun and engaging class! You will understand how it works and why it's taking the world by storm. You'll also learn practical everyday uses for ChatGPT in the workforce and at home. Don't get left behind in today's tech savvy world, and attend this upcoming training!

Mon, October 21 6-7:30 pm #4257C 1 session \$39 Twin Oaks Middle School Room 708 Media

# Wellness

## **Aqua Exercise - New Location**

#### **Instructor: Alice Sachs**

No swimming skills necessary, easily adaptable to any fitness level. You'll get clear, concise instructions for each section of class: warm-up, strengthening/toning, aerobic, targeted arm work and cool-down. Focus on range of motion, resistance, and strength building. Optional: Bring 1-2 pound hand weights to increase your work out. Participants must be able to enter and exit the pool independently.

Tue/Thu, Sept. 5 to 24 <b>#5401A</b>	6:30-7:45 pm 6 sessions \$48
Tue/Thu, Oct. 1 to 22  No class: Oct. 15	6:30-7:45 pm
#5401B	6 sessions \$48
Tue/Thu, Oct. 29 to Nov. 26	6:30-7:45 pm
No class: Nov. 7, 12 &14 #5401D	6 sessions \$48
Tue/Thu, Dec. 3 to 19 No class: Nov. 28	6:30-7:45 pm
#5401E	6 sessions \$48
Location: Eagle Ridge Middle School Pool 13955 Glendale Road, Savage	

#### Intro to Yoga

#### **Instructor: Christina Henkel**

Have you ever wanted to take a yoga class, but didn't feel comfortable? Or, do you have pain or an injury and you don't know if yoga will hurt or help? Come and take this introductory session! The instructor is both a licensed Physical Therapist and a Registered Yoga Teacher. In this class, you will learn yoga poses and principles that can help with stress, flexibility, strength and posture. Modifications and advancements will be shown which makes this class open to all. It is recommended that participants can get up and down from the floor unassisted. Please bring a yoga mat and a water bottle.

Thu, Sept. 19 to Oct. 17 6:30-7:30 pm #6199D 5 sessions \$55 Location: PhysiYo, 8646 Eagle Creek Circle, Suite 102/109, Savage

## **Chair Yoga**

#### Instructor: Christina Henkel &

#### **Dennis Enser-Rico**

Chair yoga is a gentle practice in which postures are performed while seated and/ or with the aid of a chair. It is a great form of yoga for beginners or anyone who wants to focus on a gentle practice, has balance issues or issues getting up and down from the floor.

Wed, Sept. 11 to Oct. 16 4-4:45 pm #6199A 6 sessions \$65 Location: PhysiYo, 8646 Eagle Creek Circle, Suite 102/109, Savage

## Flow (Vinyasa) Yoga

#### Instructor: Christina Henkel &

#### Sara Karimi

This class connects movement to breath in a sequence of yoga poses that flow together. Both mental and physical wellness will be addressed with decreased stress and increased flexibility and strength. This class can be tailored to your own pace, so all fitness levels will benefit. However, it is recommended that students in this class are able to get up and off the floor unassisted to participate. All levels welcome!

Tue, Sept. 10 to Oct. 15 6:30-7:30 pm **#6199B** 6 sessions \$65 Location: PhysiYo, 8646 Eagle Creek Circle, Suite 102/109, Savage

## **Yoga Sculpt**

## Instructor: Christina Henkel &

#### Laura Bast

Transform your yoga practice with our unique Yoga Sculpt class, designed for those seeking a safer approach to body toning and strength building. Our low-impact class perfectly blends the mindfulness and flexibility of yoga with effective strength-training techniques, all while being kind to your joints. This class will incorporate light weights and resistance bands to help build strength and endurance in addition to traditional yoga.

Sat, Sept. 14 to Oct. 19 10-10:45 am
#6199C 6 sessions \$65
Location: PhysiYo, 8646 Eagle Creek Circle,
Suite 102/109, Savage



#### **Instructor: Sharon Brown**

POUND is an exhilarating full-body workout combining cardio, conditioning, & strength training with yoga and Pilates inspired movements. Using Ripstix (provided by instructor) lightly-weighted drumsticks engineered specifically for exercise. POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels and easy to modify. POUND provides the perfect atmosphere for letting loose, getting energized, improving your health, & rocking out! POUND appeals to rockstars of all ages & abilities.

Thu, Sept. 26 to Nov. 7 5:30-6:15 pm No class: Oct. 17 & 31 #6264A 5 sessions \$40

Thu, Nov. 14 to Dec. 19 5:30-6:15 pm

**No class: Nov. 28 #6264B** La ola del lago

5 sessions \$40 Cafeteria



## Free Open Walk

The indoor walking track in the PLHS Activity Center will be open most evenings for those who wish to walk or run at their own pace for cardiovascular and fitness benefits during cold weather months. **Preregistration is required.** Please add the registration to your shopping cart and check out, you will be put on our email list to receive notifications of changes and no walk/run dates. Scan the QR code to check-in each time you attend. Dates and times subject to change based upon high school activities.

Mon-Thu, October 21 to May 1 6-8 pm Prior Lake High School Activity Center Track

# Wellness

## **Wednesday Night Basketball**

Adults are invited to join pickup basketball games for recreation and fitness. It offers an excellent cardiovascular workout and is available year-round, from September 2024 to May 2025 (subject to cancellation). \$5 entry fee collected at the door. Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities.

Wed, Sept. 25 to May 21 6-8 pm No Basketball: Oct. 16, Nov. 27, Dec. 25, Jan. 1, April 2

Drop in rate \$5 (Pay at the door) Twin Oaks Middle School Jerebek A/B

## **Wednesday Night Pickleball**

Join us for Pickleball Open Play – a dynamic blend of badminton, ping pong, and tennis. It's easy to learn, fun, and offers a great workout. All ages and skill levels are welcome, no formal instruction needed. Equipment is provided, but feel free to bring your own paddle. \$5 entry fee collected at the door. No pressure, just fun! Mark your calendar and invite friends. Don't miss out on the excitement – see you there!

Wed, Sept. 25 to April 30 6:30-8:30 pm No Pickleball: Oct. 16, Nov. 27, Dec. 25, Jan. 1, April 2

Drop in rate \$5 (Pay at the door) Twin Oaks Middle School Blue Gvm

## **Goat Yoga**

#### **Instructor: Gray Hobby Farm**

Are you passionate about goats and yoga? If so, this experience is tailor-made for you! Goats are not only playful and loving but also known for their stress-relieving and therapeutic qualities. Join us for a unique class that promises to nourish both your mind and body. Engage in yoga practice while forming a special bond with a goat companion. Yoga mats will be provided, so come dressed in comfortable attire and get ready for an unforgettable session!

Sat, September 21 12-1 pm #6278 1 session \$30 Location: Gray Hobby Farm 16375 Creekwood Rd, Prior Lake

## Shinrin Yoku - Forest Bathing

Join us on an immersive, meditative and awe-inspiring Japanese forest bathing experience. Feel nature's fractals, sounds and sensations reduce your stress and anxiety and enhance your focus. Give yourself permission to slow down and connect your senses to the healing beauty of our green forested spaces.

Sat, September 21 9-11 am #6286A 1 session \$45 Location: Spring Lake Regional Park 15851 Skuya Dr NW, Prior Lake

Sat. October 19 9-11 am #6286B 1 session \$45 Location: Cleary Lake Park Visitor Center 18106 Texas Ave, Prior Lake

## **Body Ready Birth Workshop**

## Instructor: Dr. Kristen Hager

Empower yourself to be an active participant in birthing your baby. In this couples workshop, we'll cover common issues that often slow down labor, experience movements and positions for the different stages of labor, learn how to establish a labor flow state and more. Bring a support person for hands-on techniques and to fully participate in the birth rehearsal. Dress for movement. Mats/props will be provided. You will be granted lifetime access to the online student portal with movement videos for continued practice. Great to attend in late second or third trimester, but it's never too early to prepare for birth!

Sat, October 5 10:30 am to 2:30 pm #6290A 1 session \$225/pair Twin Oaks Middle School Room 205

## **CPR/AED/First Aid**

#### **Instructor: Emily Millard**

Would you love to take a CPR/AED/First Aid course but it never seems to fit into your schedule? Well here is your opportunity! We offer an online option paired with an inperson Certification Completion to become certified in CPR/AFD/First Aid.

#### More information online.

Tue, October 8 6-8 pm #6000f 1 session \$129 CE Classroom 291 La ola del lago



## **Chakra Cleansing** Course

#### Instructor: Shayla Bohn & Jes Hentges

An eight-week introduction to the chakras with a focus on rebalancing these energy centers. Learn why these energy centers matter and how to apply them to everyday living. We will be using and teaching you different techniques, such as breath work, yoga, meditation, sound healing and journaling. Through these holistic practices, you will be empowered to create new habits to live an energetically healthy, fulfilling life on purpose.

Tue, Sept. 10 to Oct. 29 6-7:30 pm #6126 8 sessions \$180 Twin Oaks Middle School Blue Gym

## Have You Heard of a Death Dula?

#### Instructor: Ann Viveros

Join us in exploring the profound mystery of death and the support a Death Doula can offer. Discover the growing trend of having a Death Doula by your side during this significant life transition. The instructor believes in honoring death as a sacred part of life's beauty and celebration. Grab a hot tea, coffee or water, and let's discuss a topic often avoided until necessary. You'll gain insights to encourage meaningful conversations with your loved ones.

Sat, October 12 10 am to 12 pm #3440 1 session \$29 Location: Diamondhead Education Center 200 West Burnsville Parkway, Burnsville

# Wellness



## **Declutter Your** Mind

#### **Instructor: Valerie Petit**

Stop wasting energy on worries beyond your control! Learn to identify and eliminate these draining worries by developing awareness of what you can influence and what you cannot. Break the cycle of feeling overwhelmed.

Tue, October 1 5:30-6:30 pm #6291A 1 session \$39 Twin Oaks Middle School Room 209



## **Infusing Fun: Bring Playfulness Back**

#### Instructor: Valerie Petit

Explore which areas of your life are craving playfulness. Rediscover the art of joy, one playful step at a time. Experience enhanced well-being and relationships, increased positivity, and a revived sense of fulfillment.

Mon, November 11 5:30-6:30 pm #6291C 1 session \$39 Twin Oaks Middle School Room 209



## Why Do I Have Headaches/

## Migraines?

#### Instructor: Dr. Montana Belford

We'll dig deep into potential root causes, including torque patterns, organ stress, or brain and nervous system pressures. You'll see that root causes are different for everyone. You'll also learn ways to reduce your symptoms through reflex points, dietary changes, and other techniques to use at home. If you or someone you know struggles with headaches or migraines this class is a great opportunity to potentially learn why and what things you can do at home to improve your symptoms.

Thu, October 24 6-7 pm

#6100B 1 session \$10/person

\$15/Pair

Thu. December 12 6-7 pm

#6100C 1 session \$10/person

\$15/Pair

CE Classroom 291 La ola del lago



## **Decision Fatigue:** Less Overwhelm,

#### **Better Results**

#### Instructor: Valerie Petit

Ever feel stressed and tired from making too many choices? Learn how beating Decision Fatigue brings less stress and better choices. Feel more relaxed, make smarter decisions!

Tue, October 22 5:30-6:30 pm #6291B 1 session \$39 Twin Oaks Middle School Room 209



## **Breaking Through:** What's Holding

### You Back?

#### Instructor: Valerie Petit

Ever feel stuck, like life isn't quite working out the way you want it? Explore the unseen barriers holding you back. Uncover, understand, and break down these barriers with easy simple steps so you can start turning things around.

Tue, December 3 5:30-6:30 pm #6291D 1 session \$39 Twin Oaks Middle School Room 209



# **Beating the Winter**

#### Instructor: Amy Quinn

Explore managing winter seasonal mood issues through a wide variety of resources. You will have the opportunity to make a strategic plan for having the best winter yet!

Mon, November 4 6:30-8 pm

#6292 1 session \$35/person \$65/pair

Twin Oaks Middle School Room 207

## **Peripheral Neuropathy**

## Instructor: Dr. Cody Rodewald, D.C.

Go from feeling overwhelmed and frustrated due to neuropathy, to improving your symptoms and your quality of life naturally. Reduce the symptoms of your neuropathy without the use of medications, injections or surgery. Identify the 3 biggest mistakes people make when treating their neuropathy so you can avoid them and have success.

Wed, October 9 6:30-7:30 pm #6036 1 session \$10/person \$15/pair

Twin Oaks Middle School Room 207



## **At Home Massage**

#### Instructor: Dr. Montana Belford

Do you or loved ones complain of chronically tight shoulders/neck, headaches, or an achy low back? In this class, you will learn potential root causes for those complaints, including torque and twist patterns that can lead to sore muscles, and techniques for relaxing these areas. Bring a partner, and improve your knowledge of the human body, as well as massage and other techniques you can do on yourself and others to relieve pain at home.

Thu, September 26 6-7 pm

#6100C 1 session \$15/pair Twin Oaks Middle School Room 207

# **Family**



## Intro to Alzheimer's

#### Instructor: Alzheimer's Association

This class covers the difference between Alzheimer's and dementia, risk factors and warning signs, resources, and how you can join the fight against the disease.

Tue, October 15 #4226A

6:30-7:30 pm 1 session Free

Live Online Course



## **Impowered Caregiver Series:**

## **Building Foundations of** Caregiving

#### Instructor: Alzheimer's Association

These classes are designed to increase caregiver confidence while reducing stress. They offer helpful ways to approach the responsibilities of caring for someone living with dementia using a person-centered approach. This class explores the role of the caregiver and changes they may experience, how to build a support team and ways to manage caregiver stress.

Tue, November 12 #4226B

6:30-7:30 pm 1 session Free

Live Online Course



## **Impowered Caregiver Series: Supporting Independence**

#### Instructor: Alzheimer's Association

These classes are designed to increase caregiver confidence while reducing stress. They offer helpful ways to approach the responsibilities of caring for someone living with dementia using a personcentered approach. This class focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

Tue, December 10 6:30-7:30 pm #4226C 1 session Free

Live Online Course





## **Brain Blossom: A Brain-Based**

## **Perspective on Supporting Children Through Development**

#### Instructor: Dr. Kristen Hager

There are no purposeless behaviors! Behavior is communication and a window into the brain. The brain develops along a predictable trajectory and stress during childhood can impact and deflect development. This class will cover brain development basics, clinical implications of stress, and how parents can be better equipped to connect, support, help, and advocate for their children.

Tue, October 1 #6290B

6:30-7:30 pm 1 session \$10/person

\$15/pair

Twin Oaks Middle School Room 205



## **Early Signs of** Mental Illness in

## Youth

#### Instructor: Beth Lovre

Early Warning Signs is a workshop whose educational objectives are to help parents, quardians and foster parents learn early warning signs of mental illnesses and trauma, gain an understanding of the impact of mental Illnesses and trauma on children and youth, and learn strategies to support children who live with an illness. Suicide warning signs and resources are also covered.

Thu. November 7 #6293

6:30-8 pm 1 session Free

Live Online Course

## **May I Have Your Attention** Please?

### Instructor: Richard Frieder & Myka Hanson

This practical workshop is focused on identifying and improving focus and attention skills in children and adults. A significant number of individuals struggle with their ability to focus and pay attention. This includes individuals diagnosed with ADHD as well as those just struggling to stay on task in the classroom or at work. Attention issues result in high frustration levels and keep individuals from achieving their full potential. This workshop will identify the different types of attention, how they impact learning and performance as well as practical strategies to improve attention skills.

Tue, November 12 6:30-8 pm

#2458 1 session \$19/person

\$29/pair

Twin Oaks Middle School Room 207



#### Instructor: Shannon Fakhoury

Shannon Fakhoury, the West Metro Regional Navigator with The Link, will be presenting on current human trafficking trends in the West Metro area. Her talk will cover how to discuss trafficking and exploitation with young people, strategies for staying safe online, and available resources for caregivers.

Tue, December 3 6:30-8 pm Twin Oaks Middle School Room 708 Media #2460 1 session Free



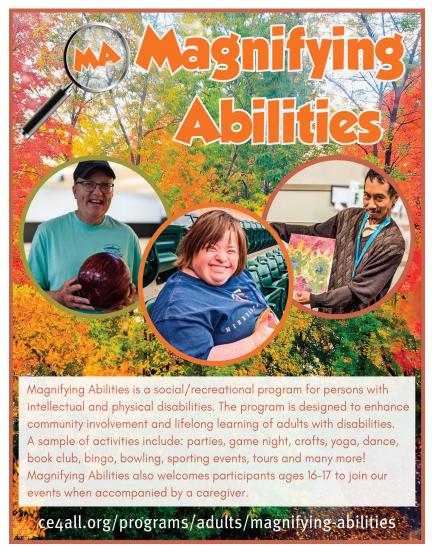


# Prevention Starts with All

#### Instructor: Chris Hennen

Hear former professional basketball player and motivational speaker, Chris Hennen, speak about his recovery from addiction. Chris has spoken to over two million students, athletes and community members, sparking honest discussions on the topics of substance use disorder and wellness. Chris continues to share his story nationally with a renewed focus on prevention education and challenging audiences to rethink how we look at the disease of addiction – changing the focus from the last day to the first.

Tue, November 19 7-8:30 pm **#2471** 1 session Free Twin Oaks Middle School Auditorium





COME IF YOU DARE TO OUR COMMUNITY

# Ralloween Party

THE HAUNTING STARTS ON

SATURDAY, OCTOBER 26 2:30-5 PM TWIN OAKS MIDDLE SCHOOL



PRE-REGISTRATION REQUIRED AT WWW.PRIORLAKESAVAGECE.COM



\*Canned good donations accepted for the CAP Agency

- Wear a Costume for the **Individual and Family Contests**
- Play Games for Prizes
- Tour the Haunted House
- Dance to the DJ



our generous sponsors who make this party possible:

Thank you to all of our volunteers and

**Prior Lake-Savage** Optimist Club, **Prior Lake Lions. Prior Lake VFW** Student Council. NHS. **Jr. Optimists** 



Questions? Want to Volunteer? Call Bobbi at 952-226-0311 or email bbirkholz@plsas.org

## SOUTHWEST METRO INTERMEDIATE DISTRICT 288

# ADULT EDUCATION CLASSES

GED Preparation • Family Literacy & PACE • English as a Learned Language (ELL) • Citizenship • Computer & Professional Skills



# REGISTER ONLINE

Scan the square using the camera app on your smartphone to be directed to the form.

#### **CONTACT JENNIFER HENNES**

(952) 567-8128 | JHENNES@SWMETRO288.ORG



f | @SWMETRO
VISIT | SWMETRO288.ORG



# NOW AVAILABLE: ONLINE & CAREER-FOCUSED CLASSES!

CHASKA | PRIOR LAKE | SHAKOPEE | ONLINE

Adult Basic Education Services are offered through SouthWest Metro Intermediate District 288 whose members include Community Education programs from the following school districts: District 108 Central, District 716 Belle Plaine, District 720 Shakopee, District 110 Waconia, District 717 Jordan, District 721 New Prague, District 112 Eastern Carver County Schools, and District 719 Prior Lake-Savage.

# GED Y APRENDIZAJE DE LA LENGUA INGLESA (ELL)

CLASES DE EDUCACIÓN PARA ADULTOS 2023-2024

Disponibles en línea y en persona

PREPARACIÓN PARA EL GED
En línea | Chaska | Prior Lake | Shakopee

EDUCACIÓN FAMILIAR Y PROGRESO Inglés para padres e hijos

Chaska | Shakopee

APRENDIZAJE DE LA LENGUA INGLESA (ELL) Chaska | Prior Lake | Shakopee | En línea

CONVERSACIONES SOBRE CIUDADANÍA
En línea

COMPETENCIAS DIGITALES E INGLÉS PARA EL TRABAJO

Shakopee

#### **INSCRÍBASE EN LÍNEA**



Escanee el cuadrado utilizando la aplicación de la cámara de su smartphone para ser dirigido al formulario.

# HORMARINTA WAXBARASHAD GUUD (HWG)IYO BARASHADA LUUQADA INGIRIISIGA (BLI)

FASALADA WAXBARASHDA DADKA WAAWEYN EE 2023-24

DIYAAR GAROWGA HORMARINTA WAXBARASHADA GUUD (HWG) Onlayn | Chaska | Prior Lake | Shakopee

AQOONTA QOYSKA & XAWAARAHA Ingiriisiga loogu talagalay waalidiinta & carruurta Chaska | Shakopee

INGIRIISIGA LUUQAD LA BARTAY AHAAN (ILBA) Chaska | Prior Lake | Shakopee | Onlayn

WADAHADALKA DEEGAANIMADA Onlayn

INGIRIISKA XIRFADAHA & GOOBTA SHAQADA Shakopee

#### ISKA DIWAAN GELI ONLAYN



Sawir afar geesoodka siman adigoo isticmaalaya abka kamarada ee casrigaaga si loogu jiheeyo foomka.

# Занятия английским языком и GED

#### Занятия 2023 - 2024

Подготовка к GED
Онлайн | Chaska | Prior Lake | Shakopee

Семейная грамотность Занятия английским для родителей и детей Chaska I Shakopee

Изучающие английский язык (ELL) Chaska | Prior Lake | Shakopee | Онлайн

Подготовка к получению гражданства Онлайн

ЦИФРОВЫЕ И АНГЛИЙСКИЕ НАВЫКИ ДЛЯ РАБОТЫ

Shakopee

#### ЗАРЕГИСТРИРОВАТЬСЯ НА САЙТЕ



Нажмите здесь, чтобы зарегистрироваться на курсы



## **WHO WE ARE**

We offer high-quality learning and enrichment opportunities for youth in the community. Community Education provides everyone the chance to explore their interests, develop their talents, and build connections. Our range of programs for preschool, youth, middle and high school age programs include E-STEM, art, theater, sports, driver education, ski trips and more.

## DID YOU KNOW?

#### **Tuition Assistance**

Tuition assistance and payment plans are available to residents of PLSAS. Assistance of 50% of class fee up to \$100 is available for one program per PLSAS resident in each catalog season (Youth or Adult). Some programs are not eligible. Call 952.226.0310 for assistance.

## **Late Pick-up Information**

Programs end promptly at their scheduled end time. The child's authorized pick-up person should pick up when the class ends. If you will be arriving after the program ends please notify the Community Education office at 952-226-0310 and make arrangements for an emergency contact or authorized pick-up person to pick-up your child. We ask that you prepare in advance for poor road conditions due to weather. If a child is picked-up from a program 10 minutes after the class ends, Community Education will assess a late pick up fee. Fees are as follows:

Late Arrival up to 10 mins - \$20 Late Arrival between 11-20 mins - \$40 Late Arrival beyond 20 mins - \$60

If your child is not picked up and you or your emergency contacts cannot be reached 30 minutes after the class ends, local authorities may be called to take responsibility for your child.

If you are significantly late to pick up your child more than 3 times, Community Ed has the right to remove your child from any Community Ed programs with no refunds.

#### Refunds

Class cancellation requests must be requested no later than 4 pm, five business days prior to the first day of class. Processing fees will be deducted from all refunds. To avoid these fees, please call us first if you plan to change your class or move to another session. See page 46 for more information.





# **After School (Gr. K-5)**

## **After School Soccer Skills** (Gr. K-5)

#### **Instructor: Dash Sports**

DASH Sports soccer camps provide players a well-rounded soccer experience covering a broad range of soccer skills training (dribbling, passing, shooting, & defense) and skill-based games. Players will receive instruction in a fun, positive environment while learning values of 'Respect, Hustle, and Pride'. Camp ends with a scrimmage on the final day. Athletes should bring a water bottle (spikes and shin guards are optional). Balls are provided.

<b>2652Cf Five Hawks</b> Mon, Sept. 23 to Oct. 7 3:05-4:25 pm	Outdoor Field 3 sessions \$85
<b>2652Cf Glendale</b> Wed, Sept. 18 to Oct. 9 <i>No class: Oct. 2</i> 3:55-5:15 pm	Outdoor Field 3 sessions \$85
<b>2652Cf Hamilton Ridge</b> Fri, Sept. 27 to Oct. 11 3:55-5:15 pm	Outdoor Field 3 sessions \$85
<b>2652Cf Jeffers Pond</b> Thu, Sept. 26 to Oct. 10 3:55-5:15 pm	Outdoor Field 3 sessions \$85
<b>2652Cf La ola del lago</b> Tue, Sept. 24 to Oct. 8 3:55-5:15 pm	Outdoor Field 3 sessions \$85
<b>2652Cf Redtail Ridge</b> Thu, Sept. 26 to Oct. 10 3:05-4:25 pm	Outdoor Field 3 sessions \$85
<b>2652Cf WestWood</b> Mon, Sept. 23 to Oct. 7 3:55-5:15 pm	Outdoor Field 3 sessions \$85

# MEW!

## **After School Flag** Football (Gr. K-5)

#### **Instructor: Dash Sports**

DASH Sports flag football camps provide players with a well-rounded football experience in a little to no contact safe environment. Key elements of passing, catching, rushing, and defense will be taught and practiced, and players will be grouped and challenged at an appropriate level in a fun, positive environment while learning values of 'Respect, Hustle, and Pride'. Camp ends with a scrimmage on the final day. Athletes should bring a water bottle (spikes/ cleats and mouthguards are optional). Footballs and flag belts are provided.

<b>2652Af Five Hawks</b> Mon, Oct. 14 to Nov. 4 3:05-4:05 pm	Outdoor Field 4 sessions \$85
<b>2652Af Glendale</b> Wed, Oct. 23 to Nov. 13 3:55-4:55 pm	Outdoor Field 4 sessions \$85
<b>2652Af Hamilton Ridge</b> Fri, Oct. 25 to Nov. 15 <i>No class: Nov. 8</i> 3:55-5:15 pm	Outdoor Field 3 sessions \$85
<b>2652Af Jeffers Pond</b> Tue, Oct. 15 to Nov. 5 3:55-4:55 pm	Outdoor Field 4 sessions \$85
<b>2652Af La ola del lago</b> Tue, Oct. 15 to Nov. 5 3:55-4:55 pm	Outdoor Field 4 sessions \$85
<b>2652Af Redtail Ridge</b> Wed, Oct. 23 to Nov. 13 3:05-4:05 pm	Outdoor Field 4 sessions \$85
<b>2652Af WestWood</b> Mon, Oct. 14 to Nov. 4 3:50-4:50 pm	Outdoor Field 4 sessions \$85

## **After School Basketball** (Gr. K-5)

#### **Instructor: Dash Sports**

DASH Sports basketball camps provide players a well-rounded basketball experience covering a broad range of skills training and skill-based games. Players will be taught how to properly shoot, pass, dribble, and play defense in a fun and positive environment. Camps end with scrimmages/games on the final day. Athletes should bring a water bottle. Balls are provided.

<b>2652Bf Five Hawks</b> Mon, Nov. 18 to Dec. 16 <b>No class: Nov. 25</b> 3:05-4:05 pm	Room: Gym 4 sessions \$85
<b>2652Bf Glendale</b> Tue, Nov. 26 to Dec. 17 3:55-4:55 pm	Room: Gym 4 sessions \$85
<b>2652Bf Hamilton Ridge</b> Fri, Nov. 22 to Dec. 13 <i>No class: Nov. 29</i> 3:55-5:15 pm	Room: Gym 3 sessions \$85
<b>2652Bf Jeffers Pond</b> Tue, Nov. 26 to Dec. 17 3:55-4:55 pm	Room: Gym 4 sessions \$85
<b>2652Bf La ola del lago</b> Thu, Nov. 14 to Dec. 19 <b>No class: Nov. 21 &amp; 28</b> 3:55-4:55 pm	Room: Gym 4 sessions \$85
<b>2652Bf Redtail Ridge</b> Wed, Nov. 20 to Dec. 18 <b>No class: Nov. 27 &amp; Dec. 4</b> 3:05-4:25 pm	Room: Gym 3 sessions \$85
2652Bf WestWood Mon, Nov. 18 to Dec. 16 No class: Nov. 25	Room: Gym 4 sessions \$85

3:55-4:55 pm

# **After School (Gr. K-5)**

## Chess (Gr. K-5)

#### **Instructor: Twin Cities Chess**

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome. All equipment is provided for Chess Club. Come make some new friends!

2851f Five Hawks Tue, Oct. 8 to Dec. 3 No class: Nov. 19

3:00-4:00 pm

3:50-4:50 pm

Room: Media 8 sessions \$125

2851f Glendale Mon, Oct. 7 to Dec. 2 No class: Nov. 25

Room: Art 8 sessions \$125

2851f Hamilton Ridge Room: Art Wed, Oct. 9 to Dec. 18 8 sessions \$125

No class: Oct. 16, Nov. 27 & Dec. 4

3:55-4:55 pm

2851f Jeffers Pond Room: Media Wed, Oct. 9 to Dec. 18 8 sessions \$125 No class: Oct. 16, Nov. 27 & Dec. 4

3:55-4:55 pm

2851f La ola del lago Room: Art Fri, Oct. 4 to Dec. 13 8 sessions \$125

No class: Oct. 18, Nov. 8 & 29 3:50-4:50 pm

2851f Redtail Ridge Room: Media Fri, Oct. 4 to Dec. 13 8 sessions \$125

No class: Oct. 18, Nov. 8 & 29

3:00-4:00 pm

2851f WestWood Room: Media 8 sessions \$125 Tue, Oct. 8 to Dec. 3

No class: Nov. 19

3:50-4:50 pm

## **Drawing Palooza (Gr. K-5) Instructor: Young Rembrandts**

Got a little artist at home turning every corner into their personal gallery? It's time for their creativity to meet the vibrant world of Young Rembrandts! Watch in awe as their pencils whirl across the paper, drawing everything from yummy taffy apples to charming seasonal scarecrows, and bunnies full of sass. We are even sprinkling a bit of Van Gogh magic with some vibrant sunflower sketches. Embark on an artistic adventure filled with colors and imagination they'll absolutely adore. Enroll today and watch their artistic flair flourish!

Room: Art

5 sessions \$79

2556Af Five Hawks Wed. Oct 9 to Nov 13

No class: Oct. 16 3:05-4:05 pm

2556Af Glendale Room: Art Thu, Sept. 26 to Oct. 24 4 sessions \$69

No class: Oct. 17 3:55-4:55 pm

2556Af Hamilton Ridge Room: Art Tue, Oct. 22 to Nov. 12 4 sessions \$69 3:55-4:55 pm

2556Af Jeffers Pond Room: Art Mon, Sept. 30 to Oct. 28 5 sessions \$79 3:55-4:55 pm

2556Af La ola del lago Room: Art Mon, Oct. 14 to Nov. 11 5 sessions \$79 3:50-4:50 pm

2556Af Redtail Ridge Room: Art Tue, Sept. 24 to Oct. 22 5 sessions \$79 3:05-4:05 pm

2556Af WestWood Room: Art Fri, Sept. 27 to Nov. 1 5 sessions \$79 No class: Oct. 18

3:50-4:50 pm

## Festive Drawings (Gr. K-5)

#### **Instructor: Young Rembrandts**

Spark your child's imagination with a Young Rembrandts Cartooning Class! They'll discover the power of exaggeration with Cow Expressions and Elf Expressions, perfect for conveying a whirlwind of emotions. Basketball Fun will score big with sports fans, while Baking Sequence and Decorating Sequence promise seasonal fun and creativity. Gift your child the joy of learning and artistry. Enroll them in a Young Rembrandts Cartooning Class today and watch their creativity soar!

2556Bf Five Hawks Wed, Nov. 20 to Dec. 18 No class: Nov. 27 & Dec. 4 Room: Art 3 sessions \$59

3:00-4:00 pm

2556Bf Glendale Thu, Dec. 5 to 19

Room: Art 3 sessions \$59

3:55-4:55 pm

2556Bf Hamilton Ridge Room: Art 3 sessions \$59 Tue, Dec. 3 to 17 3:55-4:55 pm

2556Bf Jeffers Pond

3 sessions \$59 Mon, Dec. 2 to 16 3:55-4:55 pm

2556Bf La ola del lago Mon, Dec. 2 to 16 3:55-4:55 pm

Room: Art 3 sessions \$59

Room: Art

2556Bf Redtail Ridge

Room: Art Tue, Dec. 3 to 17 3 sessions \$59 3:05-4:05 pm

2556Bf WestWood Fri, Dec. 6 to 20 3:50-4:50 pm

Room: Art 3 sessions \$59

# **After School (Gr. K-5)**



Watch for more info coming soon!

## **Colorful Creations (Gr. K-5)**

#### Instructor: Abrakadoodle

Let's have some fun this fall making creative art. We will use our imaginations to create some Wild Things inspired by Maurice Sendak's book "Where the wild things are", draw a dog, sculpt some Halloween creations and more. We'll explore lots of mediums to create our colorful art.

2806Af Jeffers Pond

Wed, Sept. 25 to Oct. 30 No class: Oct. 2 & 16

3:50-4:50 pm

3:00-4:00 pm

2806Af Redtail Ridge Mon, Oct. 7 to 28

Room: Art 4 sessions \$75

Room: Art

4 sessions \$75

## **Ultimate Holiday Gifts** (Gr. K-5)

#### **Instructor: Abrakadoodle**

Get a head start on the holidays with this fun gift making class. This year we'll make a colorful 3-D Holiday tree, sculpt a perky penguin, paint some magical Reindeer, create a mosaic snowman and more. These projects are perfect gifts for your friends and family or keep them for yourself! Our most popular class of the year! New gifts for 2024.

2806Bf Jeffers Pond Wed, Nov. 13 to Dec. 18

No class: Nov. 27 & Dec. 4

3:50-4:50 pm

2806Bf La ola del lago Tue, Nov. 12 to Dec. 10 No class: Nov. 19

3:50-4:50 pm

2806Bf Redtail Ridge Mon, Nov. 11 to Dec. 9 No class: Nov. 25 3:00-4:00 pm

Room: Art 4 sessions \$75

Room: Art

Room: Art

4 sessions \$75

4 sessions \$75

## Handmade for the Holiday (Gr. K-5)

Instructor: Kidcreate Studio

DASH Sports soccer camps provide players a well-rounded soccer experience covering a broad range of soccer skills training (dribbling, passing, shooting, & defense) and skill-based games. Players will receive instruction in a fun, positive environment while learning values of 'Respect, Hustle, and Pride'. Camp ends with a scrimmage on the final day. Athletes should bring a water bottle (spikes and shin guards are optional). Balls are provided.

2812Af Five Hawks Fri. Nov. 15 to Dec. 13

No class: Nov. 29 3:05-4:05 pm

2812Af Glendale

No class: Nov. 29

3:55-4:55 pm

Fri, Nov. 15 to Dec. 13

4 sessions \$79

Room: Art

Room: Art 4 sessions \$79 2812Af Hamilton Ridge

Room: Art Mon, Nov. 11 to Dec. 9 4 sessions \$79 No class: Nov. 25

3:55-4:55 pm

2812Af WestWood Mon, Nov. 13 to Dec. 18 No class: Nov. 27 & Dec. 4

4 sessions \$79

Room: Art

3:55-4:55 pm



## SCHOOL YEAR 2024-25

Before School Child Care 1 6:30 AM - School Start After School Child Care | School End - 6 PM

2, 3, 4, & 5-day Schedule Options

Located in All Elementary Schools Kindergarten - 5th Grade

priorlake-savage.ce.eleyo.com/kidscompany kidscompany@plsas.org I (952) 226-0375







# After School (Gr. 6-12)

## **Middle School Archery** (Gr. 6-8)

#### Instructor: Three Rivers Park Staff

Join instructors from the Outdoor Recreation School to learn how to safely shoot a compound bow. Students will build their skills through interactive archery games and challenges. Safety, history, and proper shooting techniques will be covered in this series. All equipment is provided. Unless weather is severe, this is a rain or shine, outside program. Dress for the weather. Parents are responsible for pick up at 4 pm at the range at Cleary Lake Park. The address is 18106 Texas Avenue, Prior Lake. Class size is limited to 10, so register early. Bus Departs from the lower level of Twin Oaks Middle School.

Tue, Sept. 17 to Oct. 1 2:30-4 pm #2842 3 sessions \$159 Cleary Lake Park, 18106 Texas Ave, Prior Lake

#### Middle School Golf (Gr. 6-8) Instructor: Three Rivers Park Staff

Don't miss your tee time, join Middle School Golf! Golf is for you whether you are a beginner or you have a lot of experience. Package includes group lessons from a golf instructor, time on the driving range and putting green, and one tee time per week for those of you that the Cleary Lake Staff feel could complete a round. One-way transportation provided to Cleary Lake Park for the 2:30 pm session only. Parents are responsible for pick up from the golf course (18106 Texas Avenue, Prior Lake). Please bring your own clubs. Dress for the weather.

Tue/Thu, Sept. 17 to Oct. 10 2:30-4 pm #2778A 8 sessions \$245

Tue/Thu, Sept. 17 to Oct. 10 4-5:30 pm #2778B 8 sessions \$199 Cleary Lake Park, 18106 Texas Ave, Prior Lake

## Middle School Chess (Gr. 6-8) **Instructor: Twin Cities Chess**

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome. All equipment is provided for Chess Club. Come make some new friends!

Mon, Oct. 7 to Dec. 2 2:15-3:15 pm #2851Af Middle School 8 sessions \$125 No class: Oct. 14

Hidden Oaks Middle School Rm. 493 Media

## ZAPS ACT Seminar (Gr. 10-12)

#### Instructor: Doorway to College

ZAPS test-preparation seminars are carefully designed to help you do your personal best on the ACT. Students who complete the ZAPS seminar—and practice the tips and strategies at home—typically raise their ACT scores by 2 or more points. You will be taught strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the test. You will receive a comprehensive Study Guide and 24 practice tests with detailed answer explanations. Please bring a calculator and two pencils to the seminar.

Mon/Tue, Sept. 30 & Oct. 1 3:15-5:45 pm #4006A 2 sessions \$115

Mon/Tue, Sept. 30 & Oct. 1 6-8:30 pm #4006B 2 sessions \$115

Prior Lake High School Room D225/D227





In-person and Virtual options available: Mon-Thu, In-person 3:15-6:15 or Online 4-7 pm Sept. 9 to 24

Sept. 25 to Oct. 10 (Oct. 2 & 10 online) Oct. 14 to 31 (No class: Oct. 16 & 17)

Nov. 6 to 21

Dec. 2 to 17 (Dec. 4 & 5 online)

Class Location: Prior Lake High School

**30 HOURS OF CLASSROOM** 

\$220

## DRIVER EDUCATION

Students age 14.5+ can start Driver Education classes. Upon completion of the 30 hours of classroom, students will receive a Blue Completion Card. After completing the classroom requirement and turn 15+, students can test for the permit at a DMV testing station. Upon, receiving the permit, students may schedule the required Behind-the-Wheel training. After completing all the state requirements, students age 16+ may take the road test at a DMV testing station.

# LET'S GET YOUR DRIVER'S LICENSE





# **Nights & Weekends**

## T-Ball (Ages 5-8)

#### Instructor: Skyhawks

Catch on! Learn the fundamentals of fielding, catching, throwing, hitting, and base running; all in a fun, positive environment. This program for beginning players teaches new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. Please bring appropriate clothing, running shoes, a baseball glove, and sunscreen each day.

Mon, Sept. 16 to Oct. 7 6:05-7:05 pm 4 sessions \$85 #2670 Twin Oaks Middle School Softball Field

## Soccer (Ages 5-8)

### Instructor: Skyhawks

Skyhawks has a variety of soccer programs for parents looking to introduce their children to the fundamentals of the world's most popular sport. Young athletes gain the technical skills and sport knowledge required for the next progression of soccer. This camp focuses on dribbling, passing, shooting and ball control and uses a wide variety of skill games and scrimmages throughout the week. The final day of camp culminates in a tournament day, where participants can showcase their newly learned skills! Shin quards are recommended.

Sat, Sept. 21 to Oct. 12 10:20-11:20 am #2674A 4 sessions \$85 La ola del lago Outdoor Field

## Floor Hockey (Ages 5-8)

#### Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stickhandling and speed. Specifically designed for beginning and intermediate players, this program teaches athletes street/ floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

Tue, Oct. 22 to Nov. 19 6:05-7:05 pm

No class: Nov. 5

#2666 4 sessions \$85

Hidden Oaks Middle School Gym C

## STEM Soccer (Ages 8-12)

#### Instructor: Skyhawks

This program combines strategic STEM based activities with traditional Skyhawks soccer instruction and a focus on life skills such as teamwork and sportsmanship. STEM Sports soccer curriculum gives students the opportunity to get behind the sport they love with modules on soccer ball design, throw in science, angles and goal line technology! Participants will also learn the fundamentals of passing, shooting, dribbling and defense through skill based drills and scrimmages. Skyhawks puts the Sports in STEM.

Sat, Sept. 21 to Oct. 12 11:30-12:45 pm #2674B 4 sessions \$95 La ola del lago Outdoor Field



## **Golf Squad** (Gr. K-5)

#### Instructor: Golf Squad

Golf Squad Camps are instructed by golf industry professionals. The Golf Squad Camp handbook is specifically designed as an interactive teaching tool for the student. We focus on teaching the fundamentals of the game of golf as well as valuable life lessons that help the students develop. The students will learn the fundamentals of the game, which include putting, chipping, full swing irons and full swing woods. They will also learn relationship building, proper etiquette, and rules of the game. All training equipment and fitted clubs are provided during class. Simply register, show up and build the foundation to enjoy golf for a lifetime.

Tue, Sept. 17 to Oct. 8 5-6:30 pm #2503 4 sessions \$165 Outdoor Field La ola del lago

## Pickleball (Ages 5-10)

#### Instructor: Skyhawks

America's #1 growing sport, pickleball is now available with Skyhawk Sports! Our pickleball program introduces kids to the basics of pickleball in a fun approach. Campers will learn how to serve, hit groundstrokes and volley with instruction from our coaches while we provide a fun atmosphere with exercises and games to help promote the sport of pickleball. This exciting new sport will create lifelong friends and skills that can translate into other sports as well.

Mon. Oct. 21 to Nov. 11 4:45-5:45 pm #2989A Ages 5-7 4 sessions \$85

Mon, Oct. 21 to Nov. 11 5:55-6:55 pm #2989B Ages 8-10 4 sessions \$85 Twin Oaks Middle School Tennis Courts

## Tennis (Ages 4-11)

#### **Instructor: Carlson Tennis**

The quickstart format to these programs, along with the Carlson Tennis teaching methods, get you playing guickly. Please bring an age appropriate racket. Rackets will be available for class use if you do not have one. Tennis participants may be invited to compete in tournaments outside of Tennis sessions. These competitions are not sponsored by Community Education, and additional fees may apply.

Rising Stars (Ages 7-8) 6-7 pm Course description online 4 sessions \$89

#2866B1 Wed, Oct. 2 to 30

No class: Oct. 16 #2866B2 Wed. Nov. 6 to Dec. 4

No class: Nov. 27

Future Stars (Ages 9-11) 7-8 pm Course description online 4 sessions \$89

**#2866C1** Wed. Oct. 2 to 30 No class: Oct. 16

#2866C2 Wed, Nov. 6 to Dec. 4

No class: Nov. 27

La ola del lago Gym

Little Stars (Ages 4-6) 5:15-6 pm See page 37 for more information

# **Nights & Weekends**

## **Basketball (Ages 5-9)**

Instructor: Skyhawks

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Please wear appropriate clothing and shoes.

Sat, Oct. 26 to Nov. 16 #2699Af Ages 5-6	10:20-11:20 am 4 sessions \$85
Sat, Oct. 26 to Nov. 16 #2699Bf Ages 6-9	11:30-12:30 pm 4 sessions \$85
Sat, Nov. 23 to Dec. 21 <b>No class: Nov. 30</b> #2699Cf Ages 5-6	10:20-11:20 am 4 sessions \$85
Sat, Nov. 23 to Dec. 21 No class: Nov. 30 #2699Df Ages 6-9	11:30-12:30 pm 4 sessions \$85
Twin Oaks Middle School	Blue Gvm

## **Beginner Gymnastics** (Ages 5-12)

Instructor: Patrick Kloeckner

The Prior Lake High School Gymnastics team is excited to offer an introduction to gymnastics camp. Typically held in the summer, this camp helps raise money for the high school gymnastics team! Aimed at ages 5-12 gymnasts will be introduced to the High Beam, Vault, and Bars, floor, trampoline, and have a strength and conditioning station. The high school team and coaches will coach and facilitate each station. We will do our best to meet your athlete where they are at and give a challenge to those who need it!

M/W/Th, Nov. 4-/	5:30-6:30 pm
#2654Af Ages 5-6	3 sessions \$60
•	
M/W/Th, Nov. 4-7	6:35-7:35 pm
#2654Bf Ages 7-12	3 sessions \$60
Twin Oaks Middle School	Blue Gym

## **Volleyball - Beginner to** Advanced (Ages 5-12)

**Instructor: Skyhawks** 

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and games that focus on passing, setting, hitting, and serving. This co-ed program will incorporate essential life-lessons such as teamwork and sportsmanship.

Skyhawks Advanced Volleyball is for experienced players, ages 9-12, who want to refine their skills, elevate their game strategies, and compete at a higher level.

Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and scrimmages aimed at developing the whole player.

Mon, Nov. 18 to Dec. 16 5:25-6:10 pm **#2676Af Ages 5-9 Beg/Int** 4 sessions \$75

Mon, Nov. 18 to Dec. 16 6:20-7:20 pm #2676Bf Ages 9-12 Adv 4 sessions \$85 Twin Oaks Middle School Jerebek A/B

## **Learn How to Play Dungeons** and Dragons (Gr. 6-8)

Instructor: Michael Gillis

The Dungeons & Dragons role-playing game is about storytelling in worlds of swords and sorcery. Like games of make believe, D&D is driven by imagination. It's about picturing a crumbling castle in a darkening forest and imagining how a fantasy adventurer might react to the challenges that scene presents. Learn to create a character, work with others to solve challenges and have fun exploring your imagination.

Sat, Sept. 17 to Nov. 23 9 am to 12 pm

No class: Oct. 19

#2993 10 sessions \$199 Twin Oaks Middle School 708 Media

and first aid kit

## **FAST Kids - Staying Safe at Home (Ages 7-10)**

**Instructor: Emergency Outfitters** 

First Aid and Safety Trained Kids is a 4-hour course for ages 7-10. This course helps prepare children for staying safe at and away from home. Lessons cover basic first aid, water safety, vehicle safety, home emergencies, injury prevention, stranger and internet safety. Students will receive a book, handouts and a home first aid kit as part of the class.

Sat, September 14	8:30-12:30 pm
#2757	1 session \$65
Twin Oaks Middle School	Room 209

## Babysitting 101 (Ages 10-13)

**Instructor: Emergency Outfitters** 

This course follows the American Academy of Pediatrics (AAP) – Babysitter Lessons And Safety Training (BLAST). This course is best suited for ages 10-13 interested in learning the current practices of caring for young children and how to manage their babysitting business. Students will learn safety and injury prevention, first aid basics, feeding and caring for infants and how to handle behavior problems. Students receive a reference book, handouts, babysitting bag

Sat, November 16	8:30- 4 pm
<b>#4008A</b>	1 session \$89
Sat, December 14	8:30- 4 pm
#4008B	1 session \$89
Twin Oaks Middle School	Blue Gym

# Nights & Weekends

## **Clay Creations (Ages 5-10)**

#### Instructor: Holly Bozaich

Hand-build a fun pottery project led by Miss Holly. Class includes clay, glazes, tools, and firing. Pick up your project in approximately three weeks. Pottery wheel will not be used in this class.

Sat, September 14	1-2:30 pm
<b>#3105A</b>	1 session \$39
Sat, October 12	1-2:30 pm
<b>#3105B</b>	1 session \$39
Sat, November 16	1-2:30 pm
#3105C	1 session \$39

Sat, December 14 1-2:30 pm #3105D 1 session \$39 Location: Pottery by Holly

4264 Colorado St SE, Prior Lake

## "Keeper of the Tales: Stories from 1001 Arabian Nights" by Tim Wright (Gr. 2-12)

#### Instructor: Child's Play Theater

You're invited to the bazaar, where a wise old beggar will set your imagination on a magic carpet ride through tales filled with laughter, love and life lessons! When a spoiled young princess comes across the storytelling beggar in the marketplace, she gets more than what she came for... and is forever changed by it. Featuring lesser-known stories such as "The Husband and the Parrot," "The Donkey Driver and the Two Thieves," and "The Fisherman and the Genie" among others, the beggar skillfully brings the stories alive, highlighting the unique morals of each.

Sat, Sept. 28 to Nov. 23 8:30-12 pm #2868A 8 sessions \$149 Twin Oaks Middle School Auditorium

# MEW!

## **Halloween E-STEM** (Ages 4-7)

#### Instructor: Sarah Lund

Join us for a Halloween E-STEM class! Our young learners will brew bubbling potions, engineer "creepy carrot" fences, concoct pumpkin gut slime, stack candy corn pumpkin towers and indulge in fun, festive snacks!

Tue, Oct. 1 to 22	5:45-7 pm
#2540	4 sessions \$89
La ola del lago	Art Room

## Toon Time (Gr. 3-6)

#### **Instructor: Young Rembrandts**

Learn the basics of cartooning and create your own characters! Each day students will learn techniques used in cartooning. Subjects like characteristics, features, exaggeration, action, and personification will contribute to your child's artistic advancement! Young Rembrandts students will immediately apply their new skills in every class to create their own original cartoon characters. Sign up today! Beginners are welcome.

Mon, Oct. 21 to Nov. 11 5:30-6:30 pm #2556B 4 sessions \$65 Twin Oaks Middle School Room 607 Art

## **Creepy Cupcakes (Ages 8-15** or Ages 4-7 w/Adult)

#### Instructor: Heather Novak

Indulge your sweet tooth and unleash your creativity in our Halloween-themed cupcake decorating class! Join us for a wickedly fun and delicious adventure as we transform ordinary cupcakes into hauntingly beautiful treats perfect for the season. In this hands-on class, participants will learn decorating techniques and tricks to create a variety of Halloween-themed designs using frosting and an array of decorative toppings. Participants are welcome to come in costume to add to the festive atmosphere! Please bring a cupcake tin or 9 x 13 pan to bring your creations home.

Tue, October 22 6:30-8 pm #2507A 1 session \$45 Twin Oaks Middle School Room 308 FACS



## **Holiday E-STEM** (Ages 4-7)

#### **Instructor: Sarah Lund**

Join our Christmas E-STEM class with Mrs. Sarah for a magical and educational holiday experience! In this festive program, your child will explore the wonders of science, technology, engineering, arts and math all while celebrating the spirit of Christmas. Some of our engaging activities include chemistry, gingerbread slime, how to catch an Elf, and hot cocoa math. Fun, festive snacks will be provided.

Mon/Tue, Dec. 9 to 17 5:45-7 pm #2541 4 sessions \$89 La ola del lago Art Room

## **Drawing Baby Animals** (Gr. 3-6)

#### **Instructor: Young Rembrandts**

Embark on an enchanting journey through the diverse world of baby animals. Begin with the heartwarming realism of nature's young, from the gentle gaze of a fawn to playful otters. Transition into the whimsical Kawaii style, capturing those irresistibly cute, wide-eyed creatures. Add a twist as we imagine baby animals donning fashionable attire, blending humor with creativity. Dive into legends with mythical baby creatures, merging mystery with artistry.

Wed, Oct. 23 to Nov. 13 5:30-6:30 pm #2556A 4 sessions \$65 La ola del lago Room 260 Art

## **Queen's Gambit Chess Tournament (Ages 5+) Instructor: Twin Cities Chess**

Checkmate! All experience levels are welcome and players are divided into the following groupings by Age: 5-8, 9-12, 13-17 and 18 +. Each participant plays five rounds. Pizza Lunch and a drink for each participant is provided, as well as trophies, medals and other awards. We recommend bringing a snack. This tournament is refereed and run by the Twin Cities Chess Club, in partnership with Shakopee Community Education.

Sat, November 2 10-2:30 pm #2851 1 session \$35 Twin Oaks Middle School Upper Level

# Nights & Weekends

## **Dungeons & Dragons 101:** One Shot Campaign (Gr. 3-6)

Instructor: Tech Academy

Go on an epic adventure for all ages and experience levels. D&D is a timeless roleplaying game that helps kids develop math skills, storytelling, and collaboration skills. Work in small groups of 4-7 students to complete this one-shot campaign.

Sat, Sept. 14 &21 9-11 am #2731A 2 sessions \$85

Live Online Course



## **Defense Robotics** and Technology

(Gr. 1-5)

#### **Instructor: Young Engineers**

Learn about synchronous and asynchronous movement, friction and sensor techniques. During the class, they will build independently or in pairs working robotic models of Military Tank, Landmine sweeper, Commando soldier, Military radar system and other.

Mon, Oct. 7 to Nov. 4 6:30-8 pm

No class: Oct. 14

#2991A 4 sessions \$105 Twin Oaks Middle School Room 509

## **Code Championship Tournament (Gr. 3-9)**

Build a computer bot to play head-to-head against other coders! Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. These tournaments will be hosted online using Google Meet and the Code Championship website on browsers Chrome or Firefox. Players must be able to navigate the internet: basic typing and mouse control. The link to the Google Meet event will be emailed two days before

Sat, Oct. 26 to Nov. 16 9-11 am #2517 4 sessions \$85

Live Online Course

## MEW!

## **Extreme Coding** with AI & Chat GPT

(Gr. 4-8)

#### **Instructor: Tech Academy**

Dive into more advanced computer science topics, including artificial intelligence, and machine learning. You'll learn how to code your very own "Choose Your Own Adventure" game using the power of Python and ChatGPT API libraries.

Wed, Oct. 23 & 30 6-7:30 pm #2731B 2 sessions \$59 Live Online Course

# MEU/

## **Game Coding:** Mario Kart (Gr. 3-6)

#### Instructor: Tech Academy

In this class, we introduce students' programming concepts using Scratch. Scratch is a drag-and-drop creative coding platform developed by MIT. Students will be instructed to make a Mario Kart - style game. Then pick custom characters, track to customize their games.

Sat, November 9 9 am to 12 pm #2731C 1 session \$59

Live Online Course

# MEW!

## **Video Production:** YouTube Shorts &

## IG Reels & TikTok (Gr. 3-8)

Instructor: Tech Academy

Learn the art of production video shorts for TikTok, YouTube Shorts, and Instagram Reels. Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques.

Sat. Nov. 16 & 23 10 am to 12 pm 2 sessions \$75 #2731D Live Online Course



## **Video Production: Podcasting**

(Gr. 4-8)

### **Instructor: Tech Academy**

Learn the ins and outs of producing your own podcast. Explore ideas, make a script map, and more. We will also go over refining your audio using Audacity. Edit your video, add transitions, insert a soundtrack. Then share your finished video with the world.

Sat, December 7 #2731E

9-11 am 1 session \$45

Live Online Course

#### Instructor: AbaMath

the tournament.

NEW!

## **Aviation and Ground Robotics**

(Gr. 1-5)

#### **Instructor: Young Engineers**

Learn about transmissions, Power and Speed Gears and Elastic energy. During the class, they will build independently or in pairs working robotic models of Rescue Helicopter, Airplane, Forklift, Unloading truck and other.

Mon, Nov. 11 to Dec. 2 6:30-8 pm #2991B 4 sessions \$105 Twin Oaks Middle School Room 509



## Extreme Coding: **Artificial**

## Intelligence (Gr. 3-6)

**Instructor: Tech Academy** 

Dive into more advanced computer science topics, including augmented reality, artificial intelligence, and machine learning. Computers are getting smarter every day due to advances in machine learning algorithms. Coders can teach computers to recognize faces, play games, and find patterns. In our class, we will create a chatbot, Rock Paper Scissors game, and more.

Wed, December 18 #2731F

6-8 pm 1 session \$45

Live Online Course



### **Youth Programs**

### **Little Tykes & Tots**

### **Wish Upon a Ballet** (Ages 3-6)

**Instructor: Mayer Arts** 

Wish Upon a Ballet offers a dynamic children's dance program blending popular stories with ballet, fostering creativity beyond steps. Through music, props like parachutes and scarves, children experience fairy tales while learning ballet fundamentals in an engaging manner. Stories and songs are child-friendly, ensuring a delightful experience. Participants develop strength, flexibility, and an appreciation for dance and music. Each session concludes with a special performance for parents, family, and friends. Join us for fun-filled classes! Girls and boys need ballet shoes and comfy attire; shoes available for purchase on the first day.

Tue, Sept. 10 to Oct. 22 9:30-10:15 am #2610 Little Mermaid 7 sessions \$85

Tue, Oct. 29 to Dec. 10 9:30-10:15 am #2610 Toy Story 7 sessions \$85 La ola del lago CE Classroom 291

### **Baseball Tots (Ages 3-4)**

**Instructor: Skyhawks** 

Baseball Tots is a development program for kids that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game. One parent/ guardian encouraged to participate with their child.

Mon, Sept. 16 to Oct. 7 4 sessions \$65 #2732B1f 4:45-5:15 pm #2732B2f 5:25-5:55 pm Twin Oaks Middle School Softball Field

### **Music Together** (Newborn-6 yrs w/Adult)

Instructor: Kari Owens, Music Together

Discover the joy of making Music Together! Sing, laugh, move and learn along with your baby, toddler or preschooler for 45-minutes of pure fun each week in these award winning classes. We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing and jamming. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music makers just by having fun making music themselves. Classes are mixed-age so the siblings can be together. Infants, if not attending with a sibling, pay full tuition. Infants under eight months on the first day of the session attend free with a paid sibling. Receive a CD, a code to download the music, an illustrated songbook and parent education materials. Try a free demo class to see if this program is a good fit for your family. \*Class includes "grandfriends", residents from Savage Senior Living.

#### Savage Senior Living at Fen Pointe -5950 W 13th Lane

Thu, Sept. 12 Free Demo 9:30-10:15 am Thu, Sept. 12 Free Demo 10:30-11:15am

Thu, Sept. 26 to Dec. 5\*

No class: Nov. 28 #2904A Savage 9·30-10·15 am #2904B Savage 10:30-11:15am

Prior Lake Library -16210 Eagle Creek Ave SE

Fri, Sept. 13 Free Demo 9:45-10:30 am Fri, Sept. 13 Free Demo 10:45-11:30 am

Fri, Sept. 27 to Dec. 6 No class: Nov. 29

#2904C Prior Lake 9:30-10:15 am #2904D Prior Lake 10:45-11:30 am

> 10 sessions \$199/first child \$119/sibling

### Soccer Tots (Ages 3-4)

Instructor: Skyhawks

The goal of this class is to develop kicking, running control, and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity and is FUN, FUN, FUN! One parent/guardian encouraged to participate with their child.

Sat, Sept. 21 to Oct. 12 4 sessions \$65 #2732C1f 9-9:30 am #2732C2f 9:40-10:10 am La ola del lago Outdoor Field

### Floor Hockey Tots (Ages 3-4)

Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stick handling and speed. Specifically designed for beginner players, this program teaches athletes street/floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

Tue, Oct. 22 to Nov. 19 4 sessions \$65 No class: Nov. 5 #2732D1f 4:45-5:15 pm #2732D2f 5:25-5:55 pm Hidden Oaks Middle School Gym C

### **Hoopster Tots (Ages 3-4)**

**Instructor: Skyhawks** 

Hoopster Tots focuses on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Sat. Oct. 26 to Nov. 16 4 sessions \$65 #2732E1f 9-9:30 am #2732E2f 9:40-10:10 am

Twin Oaks Middle School Gym C

Sat, Nov. 23 to Dec. 21 4 sessions \$65

No class: Nov. 30

#2732E3f 9-9:30 am #2732E4f 9:40-10:10 am Twin Oaks Middle School Jerebek A/B

### **Little Tykes & Tots**

### **Acting Fun for Little** Ones (Ages 4-7)

### Instructor: Child's Play Theater

During this class, students will get a small taste of a theatre experience when we take two-three classic kids stories and turn them into small skits for the kids to perform in front of an audience. This year we will enjoy some of the fabulous works of Dr. Seuss that have been a favorite of students for many years. Performance is on Nov. 23 at 1:00 pm just prior to the older students play performance. Parents will need to purchase a ticket for \$5 to attend their child's performance and can stay to watch the older student perform the play "Keeper of the Tales: Stories from 1001 Arabian Nights."

Sat, Oct. 26 to Nov. 23 10:30-12 pm Performance: Nov. 23 - 1 pm

#2868 5 sessions \$75 Twin Oaks Middle School 107 Resource

### **Tennis: Little Stars (Ages 4-6)**

#### **Instructors: Carlson Tennis**

The guickstart format to these programs, along with the Carlson Tennis teaching methods, get you playing quickly. Please bring an age appropriate racket. Rackets will be available for class use if you do not have one. Full descriptions for each level online.

Wed, Oct. 2 to 30 5:15-6 pm

No class: Oct. 16

#2866A1 4 sessions \$75

Wed, Nov. 6 to Dec. 4 5:15-6 pm

No class: Nov. 27

#2866A2 4 sessions \$75

### **Volleyball Tots (Ages 3-4)**

#### **Instructor: Skyhawks**

A great way to learn a signature sport! One of the more difficult motor skills to grasp for children, these classes help them learn to bump, set, and spike, as well as developing agility, reaction, speed, and teamwork.

Mon, Nov. 18 to Dec. 16 4:45-5:15 pm 4 sessions \$65

Twin Oaks Middle School Gym C













For more information contact: **Facilities Coordinator** at 952-226-0350 or **Facilities** Administrative Asst at 952-226-0324











### Early Childhood Development Milestones to Age 5

Every child is unique. No two children develop, grow and learn at exactly the same pace. And yet children develop in predictable ways. Take notes as your little one learns. Babies and toddlers are growing, learning and changing all the time. It's fun to watch! We suggest you keep track of the new things they do and the milestones they reach. If you are concerned about your child's growth, development or learning, we encourage you to contact us at HelpMeGrowMN.org or 1-866-693-4769.

### Parent Coaching We Are Here to Help!

Parenting is a tough job! Maybe you have questions or concerns about your child's development or behavior, maybe you would like some resources, maybe you just want to talk to someone about life's daily challenges, whatever the reason-our parent educators are here for you! Email Becki or Kim and then a meeting, phone call or online chat can be scheduled. Becki - rfonder@plsas.org and/or Kim - kchapin@plsas.org









E-STEM School and 4 Star Rated Program





### **Early Childhood Family Education (ECFE)**

- Unique to Minnesota, ECFE is a program which strengthens families with young children through play, education and support.
- ECFE is based on the idea that parents provide their child's first and most significant learning environment and parents are children's first and most enduring teachers.
- Licensed parent educators and early childhood teachers team to make each class a welcoming, rich experience for both parents and children.
- ECFE classes are offered from birth to 5 years, with many options to fit your schedule, including evenings and Saturdays.
- All caregivers are welcome! Special grandparents, nannies, aunts, uncles and other special grownups can register and attend classes.



#### **Parent Education**

- Parent Education is embedded in all ECFE Classes to provide support and encouragement in your role as a parent or caregiver.
- Current research-based information on child development is standard.
- Peer connection: We are in this together!
- Community Connections: Awareness of community resources and support services.
- Classes denoted with this symbol have a separate parent discussion time or are a parent only class.



#### **Preschool Classes**

- Learning is a social process where children grow through play and exploration. Preschool programs focus on creating a strong foundation for learning.
- Curriculum that is intentionally aligned with Kindergarten standards to ensure concepts and skills lay the groundwork for those taught in Kindergarten.
- Core learning areas that are embedded in the curriculum and include language and literacy, mathematics, dramatic play, the arts and learning in nature.
- Highly qualified, licensed teachers who inspire kids and work passionately to help them be Kindergarten ready.



### **Support Services**

- Early Childhood Screening
- Early Childhood Special Education
- Financial Assistance
- Parent Coaching
- Early Learning Advisory Council



### JOIN US!

# Advisory Council

The purpose of the Community Education Services Advisory council is to recommend areas of program development, expand and improve communication, assist in the coordination and elimination of duplicate programs and services, promote the community education philosophy of lifelong learning and to recommend appropriate program offerings and budgets.

### **MISSION**

Our mission is to inspire and empower each student to reach their full potential.

To accomplish this mission requires parents, family, schools, faith communities, businesses, community organizations and all people living within our community work together.

This can be done through a cooperative effort in meeting the recreational, educational, social and cultural needs and wants of the community.

### **MEETINGS**

This council meets on Thursdays from 12-1 pm at Community Education, 5061 Minnesota St SE, Prior Lake. There is an in-person and virtual option to attend. Lunch provided for those attending in-person.

The meeting dates are: September 19, November 14, January 9, March 13, May 8

If you are interested please reach out to Joel Dahl, Director at 952-226-0312 or joeldahl@plsas.org



### **Success • Support • Safety**

Vote on a school funding request this fall

On November 5, 2024, Prior Lake-Savage Area School (PLSAS) district residents will be asked to vote on an operating levy referendum that would sustain academic programs, bolster the district's financial stability and allow us to invest in academics and safety.

### If voters approve the ballot question, investments will include:

### Enhancing academic excellence that increases student performance and outcomes

- Add teaching specialists in every building to collaborate with teachers and ensure district-wide instructional coordination, elevate academic rigor and provide support for students who need it.
- Increase Spanish Immersion staffing to align the curriculum across all grade levels.
- · Maintain class sizes.

### Increasing staffing for behavior intervention and student support

- Introduce school counselors to K-5 schools, and add an additional counselor at Prior Lake High School (PLHS) to align with our middle school staffing.
- Add two school psychologists to assist in addressing behavioral and academic needs across the district.

#### Expanding career pathway programs

 At the MN Center for Advanced Professional Studies (MNCAPS), increase space to accommodate more students and strengthen partnerships with the local business community.

### Strengthening safety and security at all schools

- Update classroom door locks for quick emergency locking.
- Add surveillance cameras and security film on entrance windows.
- Construct a more secure lowerlevel entrance at PLHS.

# If voters do not approve the ballot question, the district is projected to have a budget shortfall, resulting in the need to make significant annual budget reductions, which are likely to include the following:

- School closure(s) resulting in elementary boundary changes.
- Increase in class sizes.
- Reduction in staffing and personnel expenditures across the district resulting in reduced services and student supports.
- Move MNCAPS to a district facility.
- Reduce programs for students including:
  - Limit Spanish Immersion to K-5 only
  - Eliminate MNCAPS pathway(s)
  - Eliminate middle school activities
  - Reduce Laker Online staffing
  - Reduce secondary electives
- Reduce student access to educational technology.
- · Increase fees for community facility use.
- Close pool at Twin Oaks.

#### Tax impact

The proposal will ask voters to revoke the existing operating levy and replace it with a new levy that will provide about \$10.8 million additional per year for 10 years. The tax impact on a \$445,500 home will be an additional \$45 per month.

PLSAS' current operating levy is one of the lowest in the area, which means our district has less money than neighboring districts to operate our schools and provide competitive programming for students.

#### Learn more

Visit: www.plsas.org/referendum

#### **COMMUNITY CONTACTS**

Northern Star Scouting www.northernstar.org

Camp Fire MN www.campfiremn.org

City of Prior Lake 952-447-9800

www.priorlakemn.gov

City of Prior Lake

952-447-9820 Recreation Dept.

www.priorlakemn.gov/recreation

City of Savage 952-882-2660

www.cityofsavage.com

City of Savage

Recreation Dept. 952-224-3420 www.cityofsavage.com/parks-recreation

Girl Scouts River Valleys 800-845-0787 www.girlscoutsrv.org

**PLAY** 

(Prior Lake Athletics for Youth) 952-440-7529

www.playinfo.org

Prior Lake Players www.plplayers.org

Prior Lake-Savage Hockey Association

www.plsha.com

Prior Lake Snowmobile Association

www.priorlakesnow.com

Prior Lake Soccer Club

www.priorlakesoccer.org

Prior Lake Youth Wrestling

www.priorlakewrestlingclub.org

Scott County Libraries

Prior Lake 952-447-3375 Savage 952-707-1770

South Metro Storm Swim Club

www.mnstorm.org

Three Rivers Park District 763-559-6700

www.threeriversparks.org

U of M Extension - Scott County - 4H 952-492-5410



### **Early Head Start**

Head Start is a CAP Agency Program serving Scott, Carver and Dakota Counties. They offer Preschool Programs for Ages 3 to 5. Children with Special Needs are welcome and there is no cost to income eligible families. There is limited availability. For an application call 651-322-3500 or visit www.capagency.org for more information.

### **Crisis Nursery**

The Crisis Nursery welcomes calls from parents in any situation needing a sympathetic ear, parenting tips or information about community resources. In a crisis situation, the Crisis Nursery may be able to provide short term child care for children ages newborn to 12 years, if their families are residents of Scott or Carver Counties. Call Crisis Nursery's help line at 612-839-5101. Trained advocates are available to help during a crisis. If you are interested in displaying brochures, making donations or volunteering as a care provider, contact the CAP Agency at 952-402-9851. Make a difference in a child's life!

### **Parents Forever - Divorce Education**

a respectful divorce with the least negative they need for nutritious and well-balanced impact on children. These sessions are for any meals. The program provides support to help person in the process of divorce, considering stretch your household food budget. It is not divorce, in conflict regarding custody intended to meet all of your household's food or visitations and/or anyone wanting needs. It is a supplement. If you are approved information on divorce, mediation or for SNAP, you can use your benefits at many custody. This series is cosponsored with stores, farmers markets and senior dining several family-serving agencies of Carver sites. For more information call 1-800-657and Scott Counties.

www.extension.umn.edu/family/parentsforever

### **Big Brother Big Sister**

You can make a positive difference by volunteering your time to a child. Can you help a child THINK BIG? There is always a child in need of your FRIENDSHIP, so don't wait any longer. The FOCUS is not on spending money but spending time with a child, building a trusting friendship. You can share a walk in the park, play games, hobbies, recreational activities, run errands, bake cookies or sit and talk. Please call 651-789-2400. Your assistance in helping to recruit volunteers in your community is always most appreciated.

### WIC (Women, Infants and Children)

WIC is a nutrition education program for women who are pregnant, nursing or postpartum and for families with infants and children under age five. The program provides nutrition information, counseling for pregnant and nursing mothers and supplemental foods such as milk, cheese, juice, cereals and infant formula to promote good health. WIC eligibility is based on household income guidelines. Appointments must be made in advance. If you live in Scott County please call 952-496-2125 or check the website at www.capagency.org for more information

### **Supplemental Nutrition Assistance Program**

SNAP Formerly know as Food Stamps, helps The goal of this workshop series is to achieve Minnesotans with low incomes get the food 3698 or fns.usda.gov.



### Are you or is someone you know being abused?

For help or information in Scott and carver Counties, call 952-873-4214 Visit www.svamn.org



# Contact Us

### www.PriorLakeSavageCE.com | 952-226-0310

**Community Education** 

Main Office ......952-226-0310 Fax.....952-226-0379 5061 Minnesota St SE, Prior Lake, MN Enter Through Door 14N communityed@plsas.org

**Director of Community Education** 

Joel Dahl......952-226-0312 joeldahl@plsas.org

Manager

Bobbi Birkholz......952-226-0311 bbirkholz@plsas.org

**Adult and Community Engagement Coordinator** 

Jenny Nagy......952-226-0315 jnagy@plsas.org

**Youth Programs Coordinator** 

Kiley Meyhoefer.....952-226-0309 kmeyhoefer@plsas.org

**Administrative Assistant** 

Linda Carlson......952-226-0322 lincarlson@plsas.org

### **Facility Use and Rental**

Facility Use Coordinator

Gina Fern.....952-226-0350 gfern@plsas.org

**Administrative Assistant** 

Kaitlin Hauck......952-226-0324 khauck@plsas.org





**Kids' Company** 

Main Office ......952-226-0375 Fax.....952-226-0379 5061 Minnesota St SE, Prior Lake, MN Enter Through Door 14N kidscompany@plsas.org

Coordinator

Ashley Kruse......952-226-0378 akruse@plsas.org

**Assistant Coordinator** 

Marijane Cochnauer ......952-226-0376 mcochnauer@plsas.org

**Administrative Assistant** 

Ann-Marie Nopola ......952-226-0317 anopola@plsas.org

**ECFE/Circle of Friends Preschool** 

Main Office ......952-226-0950 Attendance......952-226-0958 Fax.....952-226-0949 5304 Westwood Dr SE, Prior Lake Lower Level Entrance, Door 6W earlylearning@plsas.org

**Assistant Director of Early Learning** 

Erin Metoxen ......952-226-0908 emetoxen@plsas.org

**Early Learning Assistant Coordinator** 

Vicki Spieler......952-226-0956 vspieler@plsas.org

**Lead Building Administrative Assistant** 

Julie Miller.....952-226-0952 jumiller@plsas.org

**Building Administrative Assistant** 

Deb Tribby......952-226-0975 dtribby@plsas.org

### **Class Locations**

### **Hidden Oaks Middle School**

Door 1W 15855 Fish Point Rd SE, Prior Lake

### La ola del lago at Grainwood

Door 14N 5061 Minnesota St SE, Prior Lake

### **Prior Lake High School**

Door 10E Lower Level Door 1N Upper Level 7575 150th St W, Savage

### **Twin Oaks Middle School**

Door 1E 15860 Fish Point Rd SE, Prior Lake

**Online** - Classes will be taught as interactive webinars which are accessible on most computers, phones and tablets. You will be emailed a link to the class with further instructions, 2-3 days before the start of the class. Please provide a valid email address during registration.

**Off-site -** Class location information is located in the catalog under the class section. You may also find location information in the course confirmation emailed to you at the time of registration and also in the course reminder emailed two days before the class start date.

### **Guidelines and Procedures**

**Class Confirmations** | Community Education does not mail class confirmations. If you provide an email address at the time of registration, a confirmation will be emailed to you. We will contact you by phone or email if there is a change. Please list a daytime phone number so we can reach you if a class is cancelled. If there is a last minute change, signs are posted at each site with your class information including class title, room numbers and times of classes.

**Cancellation** | Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. If we have to cancel a class, every effort will be made to contact all the participants who preregistered. Please include on your registration form a phone number where you can be contacted during the day. Community Education assumes no responsibility for reaching registrants who do not provide an accessible daytime phone number. When ever possible messages will be left on voicemail/answering machines. If an email is provided at time of registration, notifications will also be sent to the address provided.

Classes may be cancelled due to inclement weather or for other unavoidable reasons. These sessions are made up whenever possible. If school closes during the day due to bad weather, Community Education will cancel all activities. Call 952–226–0310 for evening or weekend cancellation information.

**Refunds** | Class cancellations requested no later than 4:00 pm, five business days prior to the first day of class may be eligible for a refund. Processing fees will be deducted from all refunds. To avoid these fees, please call us first if you plan to change your class or move to another session.

- Class Fee = (\$0-\$29) Processing fee of \$5 deducted from refund.
- Class Fee = (\$30-\$149) Processing fee of \$10 deducted from refund.
- Class Fee = (\$150+) Processing fee of \$20 deducted from refund.

Refunds are not issued after 4:00 pm five business days before a class starts, due to commitments made to the instructors. Call or visit the CE office to cancel a registration.

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. Participants will receive a full refund for CE initiated cancellations. Full refunds are also issued for weather cancellations, if a course cannot be rescheduled or if the rescheduled date does not work for the participant.

**Special Requests** | If special assistance/accommodations is needed to participate in a Community Education Program, please contact us at least 2 weeks prior to start of program to allow enough time for special accommodations. SPED services may be provided based on student qualification.

**Participant Waiver |** Registration for any class waives all rights and claims for any and all injuries from whatever cause suffered by participation in activities.

**Student Absences** | To be eligible to participate in CE programs, classes or events, students are expected to be in school all day. Students who are ill or miss for other reasons not considered excused absences will not be allowed to participate in Community Education programs that day.

**Lost or Stolen Items** | CE is not responsible for lost, stolen or damaged items. Please do not bring valuables with you to class.

**Non-endorsement Policy** | Prior Lake–Savage Community Education works with specialists in their fields who are interested in presenting classes in their areas of expertise to the community. We do not endorse the opinions or business affiliations of the instructors.

All financial seminars are carefully screened to ensure they are strictly informational in nature. Although most seminars are presented by professional financial planners, the design is non-biased and non-sales oriented. You will not be pressured to make a purchase or meet with sales people. We prohibit the direct distribution of flyers, pamphlets or marketing materials that promote specific products, services or companies. We do, however, offer you the opportunity to receive an instructor's business card or you can ask for more information should you have additional, specific questions that go beyond the content or time frame of the seminar. We hope your participation in these programs will be enjoyable. For questions, call Jenny at 952-226-0315.

Registrations are on a first-come, first-serve basis and open to adults 18+ unless specified. Pre-registration is required for class participation. Registering online is the quickest and easiest way to guarantee your spot.

Privacy | The information requested during registration will be used to verify eligibility as well as determine staff, facility and equipment needs. Your registration information may be provided to school district staff, volunteers, instructors, the school district attorney, insurer and auditor. Your email infirmation is for internal use only and will not be sold or solicited. Photographs or videos of classes in action may be taken and used for district publications and web pages. If you object to having your likeness used, please notify the CE office at 952-226-0310 each time your register.

**Tuition Assistance** | Tuition assistance and payment plans are available to residents of PLSAS. Assistance of 50% of class fee up to \$100 is available for one program per PLSAS resident in each catalog season (Youth or Adult). Some programs are not eligible. Call 952.226.0310 for assistance.

**Discounts** | UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID number when registering. Limits and restrictions may apply.



**Satisfaction Guarantee** | Please call the CE office at 952-226-0310 if you are not satisfied with any class or activity in which you participated. We appreciate being notified as soon as a concern is noticed so that we may have the opportunity to improve the program for all participants.

Class	Particin:	ant Info	rmation
Class	rai uciba	aiit iiiio	i illativii.

Participant Name	Birth date		
Course Name	Class ID		
Date/Time	Cost		
Participant Name	Birth date		
Course Name	Class ID		
Date/Time	Cost		
Participant Name	Birth date		
Course Name	Class ID		
Date/Time	Cost		
Parent/Guardian Name(If Registering for Youth Program) Address			
City	Zip		
(H) Phone (C) Phon	ne		
Email for confirmation			
Please Make Checks Payable to ISD 719 - <i>All checks processed electronically</i> Mail to: ISD 719, Community Education, 5061 Minnesota St SE, Prior Lake, MN 55372			
UCare ID #	_		
Card #	Exp. Date:		
Checking or Savings ACH Routing #			
ACH Account #			
CASH CHECK echeck DEBIT	Phone-952-226-0310 Fax-952-226-0379 www.priorlakesavagece.com		

### **Our Office Will Be Closed**

September 2, November 27, 28, 29, December 24, 25, 31, January 1, April 3, 4, May 26 & June 19.

During this time, please register online or mail your registration.





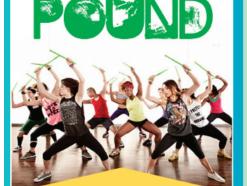
### ECRWSS POSTAL CUSTOMER

Dated Time Sensitive Materials. Please Deliver by September 1, 2024





## FEATURED CLASSES



### NEW! POUND. Rockout. Workout.

See page 19 for more information
POUND is an exhilarating full-body
workout combining cardio,
conditioning, & strength training with
yoga and Pilates inspired movements.
Using Ripstix, a lightly-weighted
drumsticks engineered specifically for
exercise, POUND transforms drumming
into an incredibly effective way of
working out. Designed for all fitness
levels and easy to modify. POUND
provides the perfect atmosphere for
letting loose, getting energized,
improving your health, & rocking out!

#### **Ploy Khunisom**

See page 8 for more information
Ploy Khunisom is a native of
Thailand. She went to Suan Dusit
International Culinary School in Bangkok
Thailand, the pastry arts program at
Boston University, and the plant-based
patisserie program at Le Cordon Bleu. She
earned a Master of Liberal Arts in
Sustainability at Harvard University and a
Master of Education at Cambridge
College. Having traveled to over 30
countries, she has enjoyed and learned to
cook a variety of cuisines around the



Hand-Pulled Noodles - Oct. 8 Chinese Steamed Buns - Oct. 22 Thai Street Food - Nov. 5 Vietnamese Street Food - Dec. 17

### NEW! E-STEM with Sarah Lund (Ages 4-7)

See page 34 for more information
Join us for some hands-on E-STEM
learning! Our young learners explore
the wonders of science, technology,
engineering, arts and math
Some of our engaging activities include
bubbling potions, concoct pumpkin gut
slime, how to catch an Elf, and hot
cocoa math.

Fun, festive snacks will be provided.

Halloween E-STEM - Tue, Oct. 1 to 22

Holiday E-STEM - Mon/Tue, Dec. 9 to 17



952-226-0310