



**Smart Snacks
Product Calculator
Results**

Brand:
Fleldbrook Foods

Product Name:
**Vanilla-Chocolate Cup Low Fat
Dessert**

Serving Size:
85.05 g

First Ingredient:
Nonfat milk

• Your dairy product meets all nutrient standards.

Nutrition Facts

Serving Size 3 oz (about 85.05 g)

Amount Per Serving

Calories 70 **Calories from Fat NA**

Total Fat (g) 1

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 50

Carbohydrates

Sugars (g) 12

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:





Product Name: VANILLA-CHOCOLATE CUP LOW FAT FROZEN DAIRY DESSERT
DATE: 4/23/2014 mlf

NUTRITION FACTS
Per Serving

Serving Size: 1 CUP (48 g)
Servings per container: 1

Amount Per Serving

Calories:	70	Calories from fat:	10
		% Daily Value *	
Total Fat:	1 g		2%
Saturated fat:	0.5 g		4%
Trans Fat:	0 g		
Cholesterol:	5 mg		2%
Sodium:	50 mg		2%
Carbohydrates:	13 g		4%
Dietary fiber:	0 g		0%
Sugars:	12 g		
Protein:	2 g		

Percentage of U.S. Recommended Daily Intakes (US RDI):

Vitamin A:	0	Vitamin C:	0
Calcium:	8	Iron:	0

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Nonfat milk and milkfat, corn syrup, sugar, whey, maltodextrin, cocoa powder processed with alkali, mono- and diglycerides, guar gum, locust bean gum, calcium sulfate, polysorbate 80, natural and artificial flavor, carrageenan, vitamin A palmitate.

Contains: Milk.

Vanilla Flavored/Chocolate Low Fat Frozen Dairy Dessert
Artificial Flavor Added

3 fl oz (89 mL)

Plant Number: 36-0300

Kosher Symbol: OU-D



Product Name: VANILLA-CHOCOLATE CUP LOW FAT ICE CREAM
DATE: 5/21/2014 mlf

NUTRITION FACTS
Per Serving

Serving Size: 1 CUP (48 g)
Servings per container: 1

Amount Per Serving

Calories:	70	Calories from fat:	10
		% Daily Value *	
Total Fat:	1 g		2%
Saturated fat:	0.5 g		4%
Trans Fat:	0 g		
Cholesterol:	5 mg		2%
Sodium:	40 mg		2%
Carbohydrates:	12 g		4%
Dietary fiber:	0 g		0%
Sugars:	11 g		
Protein:	2 g		

Percentage of U.S. Recommended Daily Intakes (US RDI):

Vitamin A:	0	Vitamin C:	0
Calcium:	8	Iron:	0

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Nonfat milk and milkfat, corn syrup, sugar, whey, maltodextrin, cocoa powder processed with alkali, guar gum, mono- and diglycerides, xanthan gum, locust bean gum, polysorbate 80, natural and artificial flavor, carrageenan, vitamin A palmitate.
Contains: Milk.

Vanilla Flavored/Chocolate Low Fat Ice Cream
Artificial Flavor Added

3 fl oz (89 mL)

Plant Number: 36-0300
Kosher Symbol: OU-D