



GC# 30296

Smart Snacks Product Calculator Results

Brand:
Frederick Farms

Product Name:
3oz LF Chocolate Ripple Cup

Serving Size:
51.00 g

First Ingredient:
Milk

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 51.00 g

Servings Per Container

Amount Per Serving

Calories 80 Calories from Fat NA

Total Fat (g) 1

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 50

Carbohydrates

Sugars (g) 11

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:



3oz. LF Chocolate Ripple Cup (NO HFCS)

Created 3/24/2017 – DTG

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Nutrition Facts	
1 servings per container	
Serving size	3 Fl. Oz. (51g)
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 50mg	2%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 6g Added Sugars	12%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 77mg	6%
Iron 0mg	0%
Potassium 126mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: MILK, NONFAT MILK, LIQUID SUGAR (SUGAR, WATER), CORN SYRUP, CHOCOLATE SAUCE (CORN SYRUP, WATER, SUGAR, COCOA, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, POTASSIUM SORBATE [PRESERVATIVE], VANILLIN), WHEY, MALTODEXTRIN, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL VANILLA FLAVOR, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, VITAMIN A PALMITATE.

Contains: Milk.