



Oven Baked Cheetos® Whole Grain Rich Crunchy Cheese Snacks .875 oz. (24.8 g.)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	120
Calories from Fat	40
	%Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients: Whole Corn Meal, Enriched Corn Meal (Corn Meal, Ferrrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Maltodextrin (Made from Corn), Whey Protein Concentrate, Monosodium Glutamate, Natural and Artificial Flavors, Lactic Acid, Citric Acid, and Artificial Color (Yellow 6).

CONTAINS MILK INGREDIENTS.

Case UPC	000-28400-62933-1
Bag UPC	0-28400-62328-5
Case Pack	104/.875 oz.
Kosher Status	Not Kosher
Gluten Free	Pending
Whole Grain Rich	Yes
Grain – oz. eq.	1.25 oz. eq. Grain
Weight of Grain	21.2 g
Document Updated	4/20/16



I verify the above information is accurate as of 4/20/16.

Jan Ruegg
Jan Ruegg

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Plano, TX 75024-4099



Smart Snacks Product Calculator Results

Brand:
Oven Baked Cheetos

Product Name:
**Whole Grain Oven Baked
Cheetos**

Serving Size:
24.80 g

First Ingredient:
whole corn meal

Your whole grain product meets all
nutrient standards.

Nutrition Facts

Serving Size 24.80 g

Servings Per Container

Amount Per Serving

Calories 120

Calories from Fat 40

Total Fat (g) 4.5

Saturated Fat (g) 1

Trans Fat (g) 0

Sodium (mg) 200

Carbohydrates

Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

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