

# New York Pretzel

## PRODUCT INFORMATION SHEET

**Product Description:**  
**Pack/Unit:**

**Organic 51% Whole Grain Soft Pretzel (196)**  
100/2.5oz (71g) Net Case 15.65 LBS

**Ingredients:**

Organic Whole Wheat Flour, Organic Wheat Flour, Water, Yeast Guar Gum, Salt, Bicarbonate and Carbonates of Soda.  
Contains Wheat

### HEATING INSTRUCTIONS:

#### **Conventional or Toaster Oven:**

1. Place pretzel on cookie sheet and put into preheated oven at 375° F
2. If salt is desired, gently moisten pretzel and sprinkle on salt from the enclosed pack
3. Heat pretzels for 3-4 minutes

#### **Microwave Oven:**

1. Place pretzel on microwave tray
2. If salt is desired, gently moisten pretzel and sprinkle on salt from the enclosed pack
3. Heat pretzel for 30 seconds on high

**GTIN – 1-07-05318-00196-7**

---

### **NUTRITIONAL FACTS (based on 2.5oz/71g serving size)**

<b>Total Calories</b>	<b>150</b>	<b>Total Fat from Calories</b>	<b>10</b>
		<b>% of Daily Value</b>	
<b>Total Fat</b>	<b>1g</b>		<b>2%</b>
<b>Saturated Fat</b>	<b>0g</b>		<b>0%</b>
<b>Trans Fat</b>	<b>0g</b>		<b>0%</b>
<b>Cholesterol</b>	<b>0mg</b>		<b>0%</b>
<b>Sodium</b>	<b>190mg</b>		<b>8%</b>
<b>Total Carbohydrates</b>	<b>33g</b>		<b>11%</b>
<b>Dietary Fiber</b>	<b>3g</b>		<b>12%</b>
<b>Sugars</b>	<b>0g</b>		
<b>Protein</b>	<b>5g</b>		
<b>Vitamin A</b>			<b>0%</b>
<b>Vitamin C</b>			<b>0%</b>
<b>Calcium</b>			<b>2%</b>
<b>Iron</b>			<b>10%</b>

---

The listed serving size provides 2.25 bread/grain servings based on Group B in the Food Buying Guide oz. eq. serving size exhibit. Each serving size contains a minimum of 36g creditable grains and a minimum of 18g whole grains for the Child Nutrition program.