

CPSB EMPLOYEE/RETIREE WELLNESS PREVENTIVE CARE INCENTIVE

FREQUENTLY ASKED QUESTIONS

Q. What is a FULL TIME CPSB Employee?

A. An employee who is paid on the last working day of the month, an employee **eligible for** (not enrolled in) employee benefits (i.e. Health insurance, life insurance, etc.)

Q. Do I have to be enrolled in CPSB health insurance plan?

A. Retiree – YES Active - YES

Q. How do I enroll in the Preventive Care Incentive Program?

A. Complete the Preventive Incentive Program Enrollment Form. Forms are available online at www.cpsb.org - under Risk Management Department – Health Insurance/Benefits – Wellness. You may submit by emailing wellness@cpsb.org, fax 217-4241, inter-office mail or come by Risk Management Department (RM).

Q. What is the Preventive care incentive?

A. If you complete all requirements, you will receive 5% off the **EMPLOYEE/RETIREE** (not dependent) portion of health insurance premium at our May 1, 2025 renewal.

Q. Can I get a discount on my spouse/dependent if they complete both requirements?

A. No. Spouse/dependents are not eligible to participate in this program.

Q. If I miss the CPSB Health & Wellness Fair, can I still participate in this program?

A. Yes.

Q. Do I need to submit any documentation for my biometric screenings?

A1. Complete Biometric Screening at CPSB Health & Wellness Fair: NO. CHRISTUS OCHSNER will provide CPSB a list. CPSB will NOT receive any results of the screenings.

A2. Complete Biometric Screening at my doctor's office: YES. You will submit the CPSB Wellness Program Verification of Services form signed by your doctor to RM Department, or you may email a copy of EOB or receipt showing services rendered to wellness@cpsb.org. We are only accepting screenings dated 5/1/24 – 4/30/25.

Q. Does the 5% off discount apply to all Health Insurance Plan options?

A. Yes. It will be 5% off of EMPLOYEE/RETIREE (not dependent) portion of the May 1, 2024 renewal premium for all plans. (See below for dollar amounts per plan)

Q. How can I verify my accumulated points?

A. Contact Risk Management @ 217-4240 ext. 3008 or email wellness@cpsb.org.

Q. How do I get credit for services performed by my doctor?

A. You will need to submit the CPSB Wellness Program Verification of Services form signed by your doctor to RM department, or you may email a copy of EOB or receipt showing services rendered to wellness@cpsb.org.

Q. When are the employee health related informational seminars?

A. CPSB will post the dates/times/locations of each session on www.cpsb.org under Risk Management Department – Health Insurance/Benefits - Wellness.

Example: Based on the May 1, 2024 renewal, the discount (regardless number of dependents) would be:

NOTE: This is only an example. Discounts will be recalculated at the May 1, 2025 renewal.

Employee/Retiree High Plan ($\$360.13 \times 5\%$) = \$18.01
Retiree High Plan w/Medicare A & B ($\$235.30 \times 5\%$) = \$11.77
Employee/Retiree Low Plan ($\$180.08 \times 5\%$) = \$9.00
Retiree Low Plan w/Medicare A & B ($\$117.65 \times 5\%$) = \$5.88
Employee/Retiree PPACA Plan ($\$101.94 \times 5\%$) = \$ 5.10
Retiree Medicare Advantage ($\$105.26 \times 5\%$) = \$5.26 EXPIRES 12/31/24
Retiree Medicare Advantage (Available Fall 2024) AS OF 1/01/25