

# ALEDO INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL BYLAWS

## Article I.

### Identity and Purpose

#### Section 1. Name

This organization shall be known as the Aledo Independent School District School Health Advisory Council abbreviated as AISD SHAC or SHAC.

#### Section 2. Accountability

The AISD Board of Trustees, based on the state reporting requirements, shall determine the reporting accountability for the SHAC.

#### Section 3. Purpose

The purpose of the SHAC is to assist the district in ensuring that local community values are reflected in the district's health education instruction. Per Texas Education Code (TEC) 28.004, the district must consider the recommendations of the SHAC before making changes in the district's health education curriculum or instruction.

Specifically, in compliance with TEC 28.004, SHAC will advise the AISD Board of Trustees on the number of hours of instruction to be provided in health education; health education curriculum appropriate for specific grade levels that may include a coordinated health education program designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of:

- (A) Health education;
- (B) Physical education;
- (C) Nutritional services;
- (D) Parental involvement; and
- (E) Instruction to prevent the use of tobacco; and appropriate grade levels and methods of instruction for human sexuality instruction.
- (F) Other areas of concern as identified in TEC 28.004.

The scope of SHAC activity can be expanded as directed by the AISD Board of Trustees.

The SHAC will make recommendations to the district on topics relating to health and the health education of AISD students and AISD employees. In advising the district, the SHAC will be guided by the

# **ALEDO INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL BYLAWS**

ten components of Coordinated School Health as identified by the Department of State Health Services in their Whole School, Whole Community, Whole Child (WSCC) Model. These include 1. Nutrition Environment & Services, 2. Health Services, 3. Physical Environment, 4. Counseling, Psychological, & Social Services, 5. Employee Wellness, 6. Community Involvement, 7. Physical Education and Physical Activity, 8. Health Education, 9. Social & Emotional Climate, and 10. Family Engagement.

## **Article II.**

### **Membership and Composition**

#### **Section 1. Council Membership**

In compliance with TEC 28.004, the majority of the Council will be parents of students currently enrolled in AISD, who are not employed by AISD. There will be a minimum of two parent representatives from each campus. As a presumed combined campus, Aledo High School and Daniel Ninth Grade will have four parent representatives. The Aledo Learning Center campus will not have parent representation as enrollment of students at that campus is fluid and brief. The Early Childhood Academy will also not have parent representation as health curriculum and instruction does not begin until Kindergarten. Campus administrator or district administrator liaison may appoint one or more persons from each of the following groups or a representative from a group other than a group specified in TEC 28.004.

- 1) public school teachers;
- 2) public school administrators;
- 3) district students;
- 4) health care professionals;
- 5) the business community;
- 6) law enforcement;
- 7) senior citizens;
- 8) the clergy; and
- 9) non-profit health organizations.

# **ALEDO INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL BYLAWS**

## Section 2.      Composition

- A. Membership of the SHAC will reflect the community.
- B. The SHAC will consist of a voting membership, comprised of parents, staff, and students representing district schools, as well as a non-voting membership, comprised of representatives who are not specifically representing any district school.
- C. The Superintendent of Schools shall designate a non-voting administrative liaison. The primary responsibility of the Administrative Liaison will be to facilitate the smooth and timely flow of accurate information between AISD and the SHAC.
- D. At its discretion, the AISD School Board may appoint a Trustee to serve as a non-voting member of the SHAC.
- E. The SHAC will consist of no more than 46 members and no less than 15 members.
- F. A parent co-chair will be elected annually at the first meeting of each school year.

## Section 3.      Length of Terms

- A. Terms will be staggered to maintain continuity on the SHAC.
- B. Parents may be appointed for two-year terms, with the possibility of up to three consecutive re-appointments. Terms will begin on September 1 of each year. After being off the council for one term, a parent may be considered for reappointment.
- C. Community representatives may serve a two-year appointment with the possibility of up to three consecutive re-appointments. After being off the council for one term, a community representative may be considered for reappointment.
- D. Campus level AISD staff will be appointed for two years, with the possibility of up to two consecutive re-appointments.
- E. The Student(s) will be appointed during the junior year (2 year term) or senior year (1 year term).
- F. If a member is unable to fulfill their term, they will contact the district liaison. District liaison will arrange for an appropriate replacement.

## Section 4.      Responsibilities of the Members

- A. Members will be expected to attend meetings of the AISD School Health Advisory Council and other meetings as designated.
- B. Members will be expected to lend their experience and expertise in helping the SHAC make recommendations to the Board of Trustees on topics related to school health.
- C. Members will assist in building community support and awareness.
- D. The parent Co-chair will assist in planning and facilitating the meetings as well as making presentations to the community and school board as needed.

**ALEDO INDEPENDENT SCHOOL DISTRICT  
SCHOOL HEALTH ADVISORY COUNCIL  
BYLAWS**

Article III.

**Committees**

Section 1. Subcommittee on Physical Fitness

As required in TEC 28.004, the SHAC shall establish a physical activity and fitness planning subcommittee to consider issues relating to student physical activity and fitness and make policy recommendations to increase physical activity and improve fitness among students. The membership for this subcommittee will be determined at the first meeting of the year

Section 2. Ad Hoc Committees

Ad hoc committees may be established by the Council with a short-term purpose and are to be dissolved when their duties have been performed.

Article IV.

**Meetings**

Section 1. Public Meetings and Participation

The SHAC shall conduct scheduled meetings, times and places which will be determined by the members in the first meeting of each year. All meetings of the SHAC and its committees will be open to the public.

Committee Meetings:

Public Participation

**LIMIT ON PARTICIPATION:**

Audience participation, at a committee meeting, is limited to the portion of the meeting designated for that purpose. At all other times, during a committee meeting, the audience shall not enter into discussion or debate on matters being considered by the committee members.

During audience participation time, no presentation shall exceed 5 minutes. Delegations of more than five persons shall appoint one person to present their views before the committee. There will be a limit of 30 minutes of presentations per meeting.

# ALEDO INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL BYLAWS

At committee meetings a time shall be allotted to hear persons who desire to make comments to the committee. Persons who wish to participate in this portion of the meeting shall sign up with the district administrator facilitating the meeting before the meeting begins and shall indicate the topic about which they wish to speak in writing.

Specific factual information or recitation of existing policy may be furnished in response to inquiries if appropriate.

## Section 2.      Order of Business

The order of business shall be in accordance with an agenda, but such agenda shall be subject to alteration or suspension at the meeting.

## Section 3.      Quorum

A quorum of the members shall consist of one half of the SHAC voting membership.

## Section 4.      Attendance

Members who did not attend at least 65% of all SHAC meetings in the prior school year shall be considered inactive and will be replaced the following school year, even if their term was not completed (See Article II, Section 3F).

## Section 5.      Voting

Recommendations of the council will be determined by two thirds of the council members present and voting when the vote is taken. Proxies will not be accepted.

## Article V.

### Amendments to Bylaws

#### Method of Amendment

These by-laws may be amended on approval by two thirds of the council members present and voting and officially constituting a quorum.